

Useful Information

Doctors and Healthcare

Doctors Surgery: To make an appointment or speak to a doctor, 01647 24272, Monday to Friday between 8am and 6pm (except Bank or statutory holidays)

Out of Hours: Call 111. Emergency: Call 999

The Patient Group: Amanda Vooght (Chair), 01647 24593

TALKWORKS Depression & Anxiety Service (South & West Devon): 0300 555 33 44 **Minor Injuries Unit:** Okehampton Medical Centre, 8.15am to 6pm, Monday to Friday

Emergency Services

Electricity: 0800 365 900 Non-emergency: 101

Gas: 0800 111 999 **Crimestoppers:** 0800 555 111

Water: 0344 346 2020 **Neighbourhood Watch:** Jean Martin, 01647 24586

Police

Highways Agency: 0300 123 5000

Streetlights, potholes: 0345 155 1004, csc.roads@devon.gov.uk

Schools and Local Organisations

Cheriton Bishop Primary School: 01647 24817 (term time only)

Head Teacher: Mr Alex Cross, Secretary: Mrs Jane Fielding. Contact: admincheritonbishop@thelink.academy

Friends of Cheriton Bishop Primary School (PTFA): 01647 24817 (term time only)

Chair: Anna Southall. Contact: ptfacheritonbishop@gmail.com

Acorn Community Support: 01647 252701

Squirrels, Beavers, Cubs, Scouts, & Explorers: Ollie Milverton, 07706 695928

Young Farmers: Lily ford, 07495708029

North Dartmoor Walking Group: Jon Whitehead, 01647 281454

Farming Community Networks (FCNs) helpline: 0300 111999 or Joanne Jones, 07897 540278

Churches

Anglican Team Ministry: Rev. Martin Wood, The Rectory, Church Lane, Cheriton Bishop, 01647 24119, Tuesday to Sunday

Church Warden: Alan Greenslade, 01647 24002

West Down Chapel: Derek Coren, 01647 24264

Halls & Meeting Rooms

Village Hall: Online booking: https://v2.hallmaster.co.uk/Diary/MainPanel/13887

Telephone: Jo Carter, 07899 074835, Email: cheritonbishopvillagehall@gmail.com

General enquiries: Jon Whitehead, 01647 281454.

Spalding Hall: Jean Martin, 01647 24586 (if no reply after 24 hrs, call Paul Mitchell, 01647 24405)

Flagmasters Eddie & Fiona Hall, 01647 252966

Local Authorities

Cheriton Bishop Parish Councillors:

Adrian Frv

Roger Marshall, (Vice Chair), 07707 893306

Peter O'Neill (Chair), 07932 660550

Cllr Caroline Royle

Crockernwell Parish Councillors:

Peter Brennan (Chair),

Cllr.Brennan.Drewsteignton@outlook.com

Parish Clerks:

Jane Clark (Cheriton Bishop), clerk@cheritonbishop-pc.org.uk
Lou Butler (Drewsteignton), clerk.drewsteigntonpc@outlook.com

Jane Clark (Tedburn St Mary), 07932 386023

Mid Devon District Councillors:

Martin Binks, mbinks@middevon.gov.uk

Sandy Chenore, schenore@middevon.gov.uk

Devon County Councillor:

Jim Cairney (Crediton), jim.cairney@devon.gov.uk

Sue Davies (Hatherleigh & Chagford), sue.davies@devon.gov.uk

West Devon Borough Councillor:

Steve Guthrie, cllr.steve.guthrie@westdevon.gov.uk

Member of Parliament:

Mel Stride MP (Central Devon)

House of Commons, London, SW1 1AA

Welcome to the Newsletter

Things are changing for lots of people this month, whether it's starting a new school, college, university or something completely different. Rev. Martin Wood has written a lovely article about 'New Beginnings' on page 21.

Talking of change... our wonderful village needs help with finding residents who are willing and able to be a part of the Parish Council. I like to imagine it's similar to *The Vicar of Dibley* with biscuits, banter and bickering, but that's why I wouldn't be the best person to have on-board!

The Parish Council manages communityfocused services and amenities on our behalf, but they need more support from us in order to make a difference.

So, if you are interested in helping out, you're over 18, and you've lived in the area for at least 12 months, why not put your hat in the ring? The PC meet once a month, so pop in to a meeting to find out what they're all about. See page 23.



Classified Ads

Looking to buy? Something to sell? Items to Free-Cycle? FREE

If you would like to advertise your items in our Classifieds section, please email: cheritonnews@gmail.com

Newsletter Team

Editor: Lucy Cooper

01647 272765

cheritonnews@gmail.com

Advertising: Jo Carter

cheritonads@gmail.com

Production: Jan Mitchell

Patience Netherway

Caryn Tripp Tracy Edwards

Collation: Paul Mitchell

Patience Netherway

Web Editing: James Jillians

Advertising Rates Yellow Pages Adverts

If you would like to advertise in our Yellow Pages section, please email cheritonads@gmail.com

Advertising in 10 issues:

1/4 page = £50 1/2 page = £95

Ads in the White Pages (per issue):

Black & White: Full page = £25

Black & White: Half page = £12.50

Email: cheritonnews@gmail.com

Flyer Inserts

We can insert an A4 Flyer, single or double-sided. Please supply 250 copies

Cost of inserting A4 flyer = £10

Please email: cheritonads@gmail.com

Regular Diary Dates

Meetings, Hobbies & Interests

Beavers (6-8 yrs): Every Thursday (term time). Contact: Ollie Milverton - 07706 695928

Cheriton Bishop Lunch Club: The first Tuesday of each month at The Kings Arms

Contact: Jean Martin - 01647 24586

Cheriton Bishop Baby & Toddler Group: Fridays (term time), 9:30am to 11:30am, CB Village Hall

Cheriton Bishop Pre-School & Primary School: Contact: admincheritonbishop@thelink.academy

Cubs (8-10 yrs): Thursdays (term time only). Contact: Ollie Milverton - 07706 695928

Curry & Quiz Night: The first Sunday of each month at The Old Thatch Inn (September - April) Contact: The Fun Quiz (a) The Old Thatch on Facebook. To be added to the *WhatsApp* group list, message JT - 07717 148550. To book a table, please contact: 01647 279460

Dartmoor Creative Textiles: Every first Tuesday afternoon in the month

Contact: Elaine Clark - elainejclark@hotmail.co.uk

Explorers (14-18 yrs): Every other Thursday evening (term time)

Contact: James Jillians - James.b.jillians@gmail.com

Folk Group - Folkus: Every Friday evening from 8pm

Contact: Jenny Grist - 01647 281110 or email - jennyjanegrist@outlook.com

Gardening Club: Every third Monday evening in the month (Autumn & Winter)

Contact: Janet Jeffery - 01647 24414

Open Mic Night: Monthly at The Old Thatch Inn. Check Newsletter and Facebook for dates

Contact: Steve Colderick - colderick@btinternet.com

Parish Council: Every second Monday evening in the month

Pilates: Wednesdays (term time only), 6:30pm, CB Village Hall. Booking: www.adelespilates.co.uk

Scouts (10-14 yrs): Monday evenings (term time). Contact: Ollie Milverton - 07706 695928

Short Mat Bowling: Mondays, 2pm - 4.30pm, Village Hall. Contact: David Tripp - 01647 24582

Squirrels (4-6 yrs): Every other Saturday (term time). Contact: Ollie Milverton - 07706 695928

Tea @ The Hub - Acorn: Fortnightly on a Friday, 2-4pm at YFC Hub

Contact: Mandy or Fran - 01647 252701

Walking Group: For daytime walks see the North Dartmoor Walking Group Facebook page

Contact: Jon Whitehead - 01647 281454

Yoga: Tuesdays, 6.30pm - 7.30pm, CB Village Hall. Booking: www.devonrootsyoga.co.uk/bookings

Young Farmers: Every 1st and 3rd Tuesday evening in the month. Contact: Lily Ford - 07495708029

Please Keep the Information Page Up-to-Date

Please email *cheritonnews@gmail.com* if you need to add a fixture, or update / delete details and information in this section. Thank you.

[Updated July & August 2025]

Dates for your Diary

September 2025

1st	Short Mat Bowls	Cheriton Bishop Village Hall	2pm
2nd	Acorn Lunch Club	The Kings Arms, Tedburn St Mary	12.30pm
2nd	Dartmoor Creative Textiles	Batik Workshop	12 noon - 4pm
3rd	Shopping at Sainsbury's	Acorn	Page 10
5th	Social & Quiz Night	Longdown Village Hall	7.30pm
6th	Q & A: Joanna Harris MBE, author	The Boniface Centre, Crediton	Page 7
11th	Memory Lane Café	Acorn	Page 10
12th	Tea @ The Hub	Young Farmers Club Hub	2pm - 4pm
15th	CB Gardening Club: Propagation	Spalding Hall	7.30pm
15th	W Gardening Club: <i>Dahlias</i>	Whitestone Parish Hall	7.30pm
16th	Acorn Outing	Exmouth	Page 10
17th	Shopping at Sainsbury's	Acorn	Page 10
19th	Rainbow Club	Carers Support Group (Acorn)	Page 10
24th	Connection Café	Waterfall Tea Room, Lydford Gorge	10am - midday
25th	Memory Lane Café	Acorn	Page 10
26th	Tea @ The Hub	Young Farmers Club Hub	2pm - 4pm
28th	TADS Panto - Get Involved!	Tedburn St. Mary Village Hall	2pm
29th	Skittles League	Longdown Village Hall	Page 8

Save The Date...

11th October	Cheriton Bishop Village - Autumn Tidy Up, from 9.30am	Page 9
20th October	Cheriton Bishop Gardening Club: Willow Workshop, 7.30pm	Page 7
8th November	Cheriton Bishop Gardening Club: Annual Dinner	Page 7

Newsletter Copy Deadline

Please send your information, events & articles for the **October** issue by:

Saturday 20th September

Editorial:

Lucy Cooper - cheritonnews@gmail.com, 01647 272765

Advertising:

Jo Carter - cheritonads@gmail.com



Courses from Devon YFC



Lantra Rough Terrain Telehandler 2 days

Monday 1st & Tuesday 2nd September, 9am – 4pm, Gooseford Dairy, EX20 2QQ

£366.00 (Funding available for members and non members)

Skills for Life

Members of the YFC can benefit from training in areas that will help either with your job, such as gaining a Proficiency Test or Certificate of Competence in vocational areas of your choice, or help you develop some skills that will give you confidence in your personal life.

Training Courses

There are many subjects available, and we source partners and trainers to help you get the training you need to succeed. You would have to pay for your training, but many of the subjects covered are subsidised by the YFC, so it will cost you considerably less than if you went out to get it on your own.

Please get in contact with the Skills for Life Coordinator at skills@devonyfc.co.uk.

Food Safety & Hygiene Level 2 for Catering

Online course available at £24

For more information or to enrol, please visit www.devonyfc.co.uk/yfc-training/

Denise Turner

Administration & Finance Officer

Devon Federation of Young Farmers' Clubs The Devon Rural Hub, The Amory Building, Cheriton Bishop, Devon EX6 6JH

Teign Valley

Men's Sheds

Thursdays in September, 9:30am to 12:30pm, Embercombe, EX6 7QQ

What are Men's Sheds?

'Sheds' are kitted-out community spaces where men can enjoy practical hobbies. They're about making friends, learning and sharing skills - and for a bit of banter over a cup of tea or coffee.

If you have skills to share, or you have very little or no experience and want to learn, then you will be very welcome! There is an annual membership fee of £10, and a session fee of £5 for each session.

Coffee & tea available. A minibus (courtesy of Acorn) is available most weeks if required, at £5 per session.

Recent Developments

We've been making full use of the new work area with increased numbers, and its meant more space in the main area for large projects and safe working. The pine marten boxes are almost complete, and this month saw the installation of the corner display unit in the Embercombe reception area. Work continues on a moveable outdoor shelving unit for the Christow shop.

For details, to register an interest, or to arrange transport, please email teignvalleyshed@gmail.com.

Steve Cook

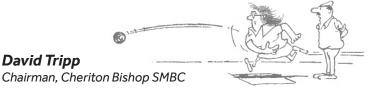
Teign Valley & Haldon Hill Mission Community

The Teign Valley Men's Shed has received funding from the Lottery Fund, the Devon Communities Fund and the Mid-Devon Healthcare Trust, and donations in kind from Wickes.

Short Mat Bowls

Monday 1st September, from 2pm, Cheriton Bishop Village Hall

Newcomers are welcome but please contact me beforehand on **07775 813 676** or **01647 24582.** From October, we will offer an hour-long practice session from 1pm, with tuition to hone your skills and learn the etiquette before the full session, at 2pm.



Bridge Club

Tuesdays, 7.30pm, Morchard Bishop Parish Hall

Would you like to play Bridge at our friendly club? With a free lesson beforehand for those who want it. Come along and give us a try.

John Chater, 01363 877096

North Dartmoor Walking Group

Our walks are typically about 2 hours and 4-5 miles and not too arduous.

We welcome anyone to join us. We share transport so if you do not drive, please contact us!

Jon Whitehead 01647 281454

To feature an event in the What's On? or Save The Date sections, please email: cheritonnews@gmail.com

Copy deadline is 20th of the month for inclusion in the following month.

Cheriton Bishop Village Hall News

We have recently put in place a new online booking system! To book the hall or to check availability, please visit the CB Village Website, then find the Village Hall link (below). If you would like a regular booking, please contact Jo Carter.

Cheriton Bishop Village Website: https://cheritonbishop.org.uk/ Booking link: https://v2.hallmaster.co.uk/Diary/MainPanel/13887

Jo Carter, cheritonbishopvillagehall@gmail.com, 07899 074835

Session	Residents & local organisations	Half session (max 2 hours)	Commercial
Morning 7am-12 noon	£25.00	£12.50	£50.00
Afternoon 12.30pm-5.30pm	£25.00	£12.50	£50.00
Evening 6pm-11pm	£30.00	£15.00	£60.00
Morning + Afternoon	£35.00		£70.00
Afternoon + Evening	£40.00		£80.00
Day + Evening	£60.00		£120.00



Acorn Community Support

Lunch Club

Tuesday 2nd September, 12.30pm, The Kings Arms, Tedburn St Mary

Join friends and neighbours for lunch at the pub with Acorn Community Support.

We would love to see new faces, so call me to tell me your choices from the menu below, and come join us. Choose from three mains and two desserts for £11 per person.

Please note if you need to cancel your booking within 24 hours of meal, first let Jean know and then contact the pub. If it's longer than 24 hours, just let Jean know.

Menu

- Hunters Chicken Breast,
 Bacon in BBQ Sauce, Salad & Chips
- · Scampi & Chips with Tartar Sauce
- · Penang curry, rice and Pappadum
- Fruit Pie & Custard
- Ice Cream

Please call me by 28th August to place your order and to let me know if you need a lift.

Jean Martin, 01647 24586

Dartmoor Creative Textiles



Batik Workshop

Tuesday 2nd September, 12 noon - 4pm, Cheriton Bishop Village Hall

We start the new term with a visit from Franca Westaway. Franca is a Batik specialist and she will be sharing her passion with us. Living on the North Cornish coast, her work is inspired by her surroundings, the sky and rugged coastline.

Batik originated on the island of Java in Indonesia many centuries ago and is a process of applying wax and dyes to fabric to achieve intricate and delicate designs.

These skills were handed down from generation to generation in Indonesia and other areas of South Asia. Village women could earn money to support their families, and each region had their own style.

This creative experience could be a little messy but hopefully the artefacts can be used as pictures or embellished in the future.

Elaine Clark

elainejclark@hotmail.co.uk

Longdown Village Hall

Social & Quiz

Friday 5th September, 7.30pm

Usual social evening with a quiz included (no entry fee). Make up your own team or come along and join another. Prize for winning team.

Bar is open, hot pasties on sale.

Louise Brind



Joanne Harris Comes To Crediton!

Saturday 6th September, 7pm (doors open 6.30pm), The Boniface Centre, Crediton

The Folklore Library & Archive, a small registered charity based in Crediton, is delighted to announce that it is hosting an evening with internationally bestselling author **Joanne Harris MBE.**

Joanne will discuss her writing career and her new novel *Vianne*, the prequel to her 1999 novel *Chocolat*. Includes Q&A and book signing.



To make the event a true celebration of chocolate, we're inviting Devon's independent chocolatiers to sell their wares at the event, and The Bookery will be handling book sales for us. Tickets are £10 from Crediton Library, or via *bit.ly/joanneharriscrediton*.

We're really excited to be bringing someone of Joanne's status to Crediton!

Tracey Norman

Project Manager

On behalf of *The Folklore Library & Archive* Registered Charity Number 1203418 www.folklorelibrary.com



Cheriton Bishop Gardening Club

Propagation

Monday 15th September, 7.30pm, Spalding Hall

Now that September has arrived our season of winter talks begins. For our first meeting, we have a talk by professional gardener, Saul Walker, on propagation. We all know about sowing seeds and taking cuttings, but there are other methods too which Saul will be explaining.

Willow Workshop

Monday 20th October, 7.30pm, Cheriton Bishop Village Hall

The October meeting is in the Village Hall because we need more space for a willow workshop, making small willow decorations. Free to members or £3 on the evening for non-members, willow will be supplied.

Annual Dinner

Saturday 8th November

Do book the date of our annual dinner in November. Details will be published in the newsletter nearer the time.

Janet Jeffery, 07502 282 412

Whitestone Gardening Club Dazzling Dahlias

Monday 15th September, 7.30pm, Whitestone Parish Hall

With showy blooms in a range of colours, sizes and shapes, dahlias light up sunny borders through summer and into late autumn. They suit most garden styles, from tropical to cottage borders, and smaller types can be grown in containers. As dahlias aren't hardy, they need protection over winter.

Ron Bramhall

Longdown Village Hall Skittles League



A charity skittles competition is running week **15th to 19th September.** We are also looking for more teams to join our Longdown skittles league which starts on **29th September.**

If you are interested in joining the competition or the league please contact me asap.

Marge Addicott, 01392 811315

Connection Café

Wednesday 24th September, 10am - Midday, Waterfall Tea Room, Lydford Gorge



Providing a safe space for people to get together, chat and connect with others. There will be books, board games or art activities.

The cafe runs on the last Wednesday of each month.

Drop in and find the connection café table, look out for the sign. Here you'll find a lovely volunteer ready to chat.

A great way to connect with people and make new friends. Free to attend, and the tea room will be open for those who would like to buy a hot drink.

The Connection Café in October with be on Wednesday 29th. See you there!

The Spalding Hall

Bookings: Jean Martin - 01647 24586

Chairs, crockery, cutlery and tables may also be available to hire for use off site.

Hourly rate	£7.50
Morning (7am-12 noon)	£22.00
Afternoon (12.30pm-5.30pm)	£22.00
Morning and afternoon	£35.00
Evening (6pm-11pm)	£25.00
Day + Evening	£60.00

Oh Yes It Is; Oh No It Isn't!



It is actually, it's panto season!



Have you ever fancied getting involved in a pantomime? No, not politics, local amateur theatre!

In January 2026 TADS will be presenting:

Robin Hood & The Babes in the Wood

Directed by Sarah Drake and Andrew Smith

On stage, off stage, back stage, front stage, side sta... you get the idea. Wherever you are happy to be, there is a role for you.

The introduction to this year's pantomime, and the first read through of the script, will be on **Sunday 28th September, 2pm, Tedburn St. Mary Village Hall**

Come & join the fun!

Save The Date...

Cheriton Bishop Village

Autumn Tidy Up!

Saturday 11th October, 9.30am, Stone Cross

Could you offer some time to help keep our village tidy? Could you help us paint a bus stop? Or perhaps with some litter picking?

Any help much appreciated to keep our village looking cared for. Many hands make light work, so bring a friend and please bring hand tools.

Let us know if there are any areas that need attention.

Tim - 01647 24593 or *Peter* - 01647 24580



Update from Acorn



"All the months are crude experiments, out of which the perfect September is made."

Virginia Woolf

Heading into the golden days of September we will carry on the theme of Summer with outings to the seaside from both ends of the area. Lots of other activities planned so please book as soon as you can.

Please note that the Acorn **Balance Classes** with Louise Towl, will commence on 4th September. Book with the Acorn Office.

All Acorn Areas

Tea @ the Hub, 2pm - 4pm, YFC Head Office, Cheriton Bishop

Fridays 12th & 26th September

Join us for tea, coffee and cake. Mingle with new friends and catch up with old friends. No need to book, just turn up!

Memory Lane Café

Thursdays 11th & 25th September

If you know of someone who you feel may benefit from this targeted club, then please call as below. This club is the 2nd Thursday and the last Thursday of the month – hence the larger gap in some months.

Rainbow Club - Carers Support Group

Friday 19th September

Do you care for a partner or a close family member? Perhaps a monthly get together with other carers in a similar position might be just what you need. Free informal / confidential chat with a cup of tea. Please call the office number below to learn more.

From Cheriton Bishop Lunch Club

Tuesday 2nd September
The Kings Arms, Tedburn St Mary
Contact Jean Martin on 01647 24586 to book
(a few of days in advance please).

Shopping at Sainsbury's

Wednesdays 3rd & 17th September

The bus will collect you from home and return you safely back with your shopping.

Outing

Tuesday 16th September: Exmouth

From the Teign Valley Lunch Club

Tuesday 2nd September: The Welcome Stranger

Outing

Wednesday 17th September: Visit to Dawlish with lunch

Coffee Mornings

Tuesdays 9th & 23rd September, 10.30am to midday, Teign Valley Community Hall

Activities such as Bingo, quizzes and much more with plenty of chatter to go with your coffee and cake! Our members will make you very welcome.

Shopping

Fridays 5th (Sainsbury's, Alphington) & 19th September (Tesco, Newton Abbot)

The bus will collect you from home and return you safely back with your shopping.

Best wishes.

The A(corn) Team

Book Your Seat...

Seats on our minibus are allocated on a first come first served basis. If you would like to book a seat for any of our trips, lunches or coffee mornings, then please contact Mandy or Fran at the Acorn office on **01647 252701**.



Village Hall Update: Situations Vacant

The Cheriton Bishop Village Hall Management Committee are looking for a Booking Secretary and Treasurer.

If you are interested and would like to be part of the Committee to help run our wonderful village hall, please contact Jon Whitehead on **07792 785740** or email: *j.whitehead53@btinternet.com*

NEW Online Booking

For online bookings, please visit the booking link: https://v2.hallmaster.co.uk/Scheduler/View/13887? startRoom=29280 or contact Jo Carter via email: cheritonbishopvillagehall@gmail.com



ACE Archaeology Club

ACE Archaeology Club is an active group based in central Devon. Our aim is to find and record archaeology in this part of Devon (and farther afield), and also to encourage others to get to know and look after the fantastic heritage that exists in the area.

The Club provides opportunities to meet others interested in archaeology, to visit sites of interest and to take part in excavation and other aspects of practical and experimental archaeology.

Our members range from enthusiastic amateurs to professionals, all of whom are happy to pass on and share their knowledge.

If you would like more information, or would like to join ACE, please email acemembership99@gmail.com.

The subscription per person for a year is £10. Dates are subject to change, so check our website and Facebook page for updates **www.acearchaeologyclub.wordpress.com**.

Erica Williamson

Planned Dates:

- 1st 5th September:
 Test pitting opportunity,
 Samford Spiney, Dartmoor
- 6th September: Routes meeting, Winkleigh
- 13th September: Mediaeval accommodation, Widdicombe
- 11th October: Archaeological sites around NorthTawton

Support Your Community

We are truly grateful to all our fabulous volunteers. If you would like to contribute some time to Acorn Community Support by becoming a volunteer then please contact the office on **01647 252701.**



Tigers Explorer Scouts

This summer the Tigers Explorer Scout unit decided to work on the Naturalist Badge.

We decided to focus on bats, so we took part in the Devon Wildlife Trust's Devon Bat Survey. This involved placing a stationary detector in the woods around our Scout Hut for three nights, allowing it to detect the ultrasound calls which bats use for echolocation.

Bat detection is a fickle process, and the detection apparatus must not be disturbed while it records. The apparatus itself consists of an ultrasound microphone connected to a data logger. Once the recording is complete, the collected files can be uploaded to an online system for analysis.

The detector recorded 430 bat calls and 84 bird calls, many probably from the same individuals. Some were 'Low Confidence' on the species identification so were excluded. There were 8 species of bat call in total:

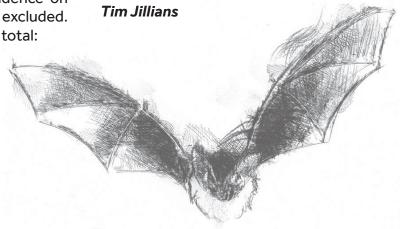
- 325 Common Pipistrelle
- 39 Whiskered Bat
- 9 Daubenton's Bat
- 4 Noctule calls
- 2 Soprano Pipistrelle
- 1 Brandt's Bat
- 1 Lesser Horseshoe Bat
- 1 Natterer's Bat

Common Pipistrelles greatly outnumber all the other bat species! They are the UK's most common bat species. Natterer's Bats are scarce in the UK, but of Least Concern on the Red List of Threatened species, along with all 7 other species we detected.

Explorers also visited the William Pengelly Cave Studies Trust near Buckfastleigh, where we were shown around their ancient caves, and then used some hand-held bat detectors around the woodland. We were able to detect the Greater Horseshoe Bat, which has seen a sharp decline in the UK.

Get Involved

Our Explorers group do many different outdoors activities and we would welcome any new 14-17 year olds to come and try a session! Email tigersexplorers@gmail.com.



Visit The Cheriton Bishop Village Website

For more information about Cheriton Bishop, Crockernwell and the surrounding area, please visit: **www.cheritonbishop.org.uk**

If you have anything you would like to add to our website, (information, local clubs, village life images etc), please visit: **cheritonbishop.org.uk/contact/**

Village postcards can be found online: cheritonbishop.org.uk/photos-and-postcards/

Tedburn WI

July Meeting

Following the business section of the July meeting, Tedburn St Mary WI enjoyed an excellent presentation delivered by the speaker for the evening, Katie Cross, founder of the bakery business 'Cake or Death'.

Katie gave fascinating and informative talk about her career and business. Katie, is based in Fore Street, Exeter, and employs a team of local staff. E-commerce accounts for most sales, with cakes being ordered online through the Cake or Death website and sent out in their hundreds each week via the mail, but you are very welcome to visit the bakery and buy in person. Katie also sells her cakes at local events, including Exeter Christmas market.

Tedburn St Mary WI members were fortunate enough to sample the chocolate brownies Cake or Death produces and declared them to be absolutely delicious. They felt they would be the perfect postal letterbox gift to send to family and friends to celebrate a variety of occasions.

A huge thank you to Katie for her excellent presentation, the delicious brownies and her generous raffle prize donations. WI members also took part in the monthly competitions, a raffle, with the prizes donated by Cake or Death and enjoyed tea, coffee and biscuits.

Members of Tedburn St Mary WI recently visited Fingle Bridge for a fantastic celebratory birthday tea. Thank you to the staff at The Fingle Bridge Inn for a super afternoon.

August Meeting

The August meeting took the form of an excursion to Powderham Castle. Members visited the castle, situated on the Exe Estuary, which has been home to the Earls of Devon and their families for generations.



Built in 1391 by Sir Philip Courtenay, Powderham was built as a medieval great hall, but over the last six centuries has been much adapted and altered.

We spent time admiring the beautiful gardens and scenery, before taking an informative and entertaining guided tour of the castle. This was followed by delicious and enjoyable refreshments at the castle tearooms. As can be seen in this photograph, everyone had a super time.

Members shared time together at a fantastic lunch held at Farmer Luxton's in Okehampton, where they enjoyed home cooked local produce and the opportunity to complete some shopping. Thank you to the staff at Farmer Luxton's for looking after us so well.

We have also participated in walks and art sessions and are now busy preparing for the Tedburn St Mary village fair, where we will be running the tea tent. Do plan to come along to this event, which will be held on **Saturday 13th September.**

Our meetings are held in Tedburn St Mary Village Hall on the first Tuesday of each month, at 7.30pm. (Our next meeting is in September). As always, we love to meet prospective new members, and you will be warmly welcomed if you would like to attend. There are lots of activities on offer at Tedburn St Mary WI every month, including good speakers, walks, and knitting and craft sessions. Remember that the first meeting attended is free, to enable you to decide whether to join our WI. Just contact either Jane or Rachel. Their details are listed below.

President: *Jane*, **07814659526** Secretary: *Rachel*, **01642 61868**

News from the Moor

As I write we are once again in a mini heatwave. Some folks may be happy about that, others (especially gardeners and farmers) may be doing a rain dance. Whatever your views, it has certainly helped all the families on summer holidays or days out to make the most of the glorious places in our care

Highlights over the past couple of months have been the open air theatre performances at Castle Drogo. These were definitely more pleasant thanks to the dry weather!

We have also had Summer of Play trails and activities at Lydford Gorge, Castle Drogo and Parke. The Drogo one had a 1970s vibe and watching families on space hoppers or doing hopscotch has been a joy.

It is also show season and we have had stands at Dunsford show, Meldon festival, Chagford show and Lustleigh show. We thoroughly enjoy being part of these great events – especially for the ice creams!

Before we know it, we are preparing for autumn. Important dates for your diary are our free entry days as part of Heritage Open Days. This is a great way to share our local heritage with folks who may not have heard of us before or where money may be a barrier to exploring:

- Castle Drogo: Wednesday 17th September, 10am – 5pm
- **Lydford Gorge:** Friday 19th and Saturday 20th September, 10am 4pm
- Finch Foundry: Saturday 20th September, 11am – 3pm BOOKING ESSENTIAL
- Castle Drogo turbine house:
 Sunday 21st September, 11am 3pm

You can find further information on the Heritage Open Days website. There are all sorts of other interesting heritage sites opening during this festival so well worth a look to see what else is going on in the area.

Enjoy the rest of summer and I hope to see you out and about over the next few months.

Date for the Diary

After the awful weather spoiling our plans last year, we have high hopes for lovely winter sunshine this year for *St Clements Day* at Finch Foundry. Please put *Saturday 22nd November* in your diary and save the date! More info to come nearer the time.

I hope to bump in to you at some point over the summer. Best wishes all,

Paula Clarke

Volunteering & Community Manager, Dartmoor **07826 94510**, paula.clarke@nationaltrust.org.uk

Cheriton Bishop Facebook Page

The Facebook page is for the residents of Cheriton Bishop and the surrounding area. It has been created to remind people of events that are taking place, clubs etc, somewhere to post photographs of the village, gardening, nature, if you need help that someone in the village maybe able to assist with, plants to swap or sell, pretty much anything really.

If you would like to be part of this Facebook group, please send a request to: **www.facebook.com groups/433590694063276**

Citizen's Advice



Beware Parcel Scams!

Parcel delivery scams are becoming increasingly common and harder to spot. Ones involving texts and emails are known as *phishing* and aim to trick you into giving away your personal information and financial details so your bank account and money can be accessed.

One way scammers do this is by enticing people to click on links which can lead to fake websites in the hope that this information will be entered. While scammers can pretend to be from any parcel delivery company, they may choose Royal Mail because it's the UK's largest delivery company.

These scams can be in the form of a text, an email or a phone call. There are also reports of fake 'Something for You' cards which Royal Mail leave when a delivery is attempted but there is nobody at home.

Spotting the signs of a delivery scam:

- If you're waiting for a parcel and get a message that asks you to pay to get it, or reschedule the delivery, it's usually a scam.
- Don't click any links or attachments in the text or email.
 Delivery companies won't ask you to pay them this way.
- Scammers often pretend to be from an organisation like Royal Mail and try to get you to click on a fake version of the genuine website.
- To check if a link is genuine, hover your mouse over the link without clicking on it, or press and hold on the link on a mobile device. You should then see the address the link goes to.
- Check the address carefully; many fake addresses can at first sight appear to be real.
- Beware of spelling or grammar errors or generalised greetings rather than your name.
- Don't feel pressured to act; you can always contact the genuine company directly and ask if they have been trying to contact you.

Royal Mail has a useful page on its website: www.royalmail. com/help/scam-examples and Citizens Advice has helpful advice on what to do if you think you have been scammed: www.citizensadvice.org.uk/consumer/scams/what-to-do-if-youvebeenscammed/

Scammers are getting increasingly sophisticated and people can feel foolish when they have been taken in but don't; report it so they can be tracked down and stopped!

A Stitch in Time...

When people come to us for our help, they are often at crisis point. One problem has multiplied itself into lots of problems and the end result is that people feel totally overwhelmed, exhausted and, very often, fearful. The simple message this month is don't let it get to that stage before you come to us for help.

For example, our specially trained energy team can advise on strategies to conserve energy and help keep costs down. If you are concerned about potential debt issues, our debt team can help you structure a manageable budget, prioritise your payments and advise you as to whether you are likely to be able to negotiate reduced bills for some utilities. We can also run a benefits check to see if you are entitled to claim any benefits, even if you are working. There is a wealth of information available on our local website: www.citizensadvicetnmwd. org.uk and you can also check out the National Citizens Advice website: www.citizensadvice.org.uk You will find links for more detailed information and on our website. you can view our library of advice columns which we send to local publications monthly, focussing on particular issues and outlining the advice we give.

If you are worried about what the winter might hold for you, just take a few minutes to browse our website and see if it provides some food for thought. It will cost you nothing but potentially, it could help you nip a potential problem in the bud.

Rosanna Teale

Citizens Advice Torridge, North, Mid & West Devon

Neighbourhood Watch



Disturbing Items to Report

You may already have heard that a terribly cruel crime happened in a field, just two miles from the centre of the village, towards Yeoford overnight on Monday 11th August.

A Pony was attacked with something like a machete and sustained injuries to its shoulder and back, one of which punctured her lung. The injuries were so bad that the poor animal had to be put down. The owner is bereft and just can't understand what the individual/s were thinking by taking such action.

The Police are urging horse owners and all those with livestock in the area to be extra vigilant.

Check fields where animals are kept regularly and that fences, hedges and gates are in good shape and that no one is in the field with them.

The second crime is fly tipping at Mounson Farm (Venbridge Hill on the left side) which is believed to have taken place on Saturday 8th August in the track on the right side of the road as the road bends sharply left. The rubbish consists of roof materials, guttering, insulation and timber.

Two more similar dumping incidents have been reported in the Hittisleigh area. This is a serious problem carried out by mindless individuals to save money with no respect for the lovely countryside or the owner on whose land it is dumped having to pay for the clean up. In both of these cases did you see or hear anything on or around those times?

Do you have any CCTV cameras that may have picked something up?

When driving or out and about did you notice anything that seemed odd or unusual? Contact the police with any information.

It seems we all need to be more vigilant and aware of what could be happening on our doorstep.

Post Office

The government has launched a review of all post offices which of course includes those in Devon.

What the review will find and what form it will recommend the post office should take, we will have to wait for the outcome.

The post office is a vital link and service to communities especially to those in the country side.

The stronger the assessment is of our local post office by showing a high degree of use the better, so you know what to do.

Knife Crime

There has been a lot of reports on knife crime. During 'no questions asked July' Devon and Cornwall Police had over 300 swords and knives handed in. From 1st August, Ninja swords became illegal to own or possess.

Knife surrender bins are now permanently sited in many police stations, so the public can dispose of knives safely and discreetly.

However to put it into context, the Police say that Devon and Cornwall remains one of the safest places to live and NW very much hopes that it remains that way.

NW Safety Note

Always try to be observant and vigilant and keep your eyes open. We are all encouraged to report a crime, any suspicious behaviour or vehicles around.

It is up to us to do our part and be on our guard when out and about. Report any findings to the Police.

Contacts

Jean Martin: **01647 24586**

Police: 101 or 999 for an emergency

Surgery News Update

Annual Winter Flu & Covid Clinics

As the colder months approach (although that seems very far off at the moment) so does flu season. This isn't just a bad cold – it can be serious, especially for older adults, young children, pregnant women and those with long-term health conditions. Booking your flu vaccine with us means your records are up to date, and we can offer personalised advice based on your health history.

Saturday Clinics

We will be holding clinics on Saturday 4th October and Saturday 11th October for Flu and Covid vaccinations at Cheriton Bishop Surgery.

All Other Appointments

You will of course still be able to book appointments for Flu and Covid during normal clinics if you are eligible at both Cheriton Bishop and Christow.

We will run clinics on Tuesday evenings for those who are unable to attend during core hours.

Eligibility

You will be eligible for the annual Flu vaccine if you are:

- Over 65
- Have certain conditions (asthma, diabetes, or heart disease)
- You will be eligible for the winter Covid vaccine if you are OVER 75 or severely immunocompromised

How to book your appointment

Please visit your NHS App to book an appointment online, our website OR contact the surgery on **01647 24272** to arrange an appointment with our reception team or check eligibility.

The Patient Group



We are looking for two or three patients of the practice to share views and to help with the communication process between the doctors and staff at the surgery and us, the patients.

We all know how lucky we are to have such a great surgery facility for the numerous villages and hamlets within the practice boundary, but the surgery is always looking for ways to improve.

As we are keen to reach out to all elements of the community, we would love the composition of the small committee to be as diverse as possible.

The commitment is simple: around 6 meeting per year lasting no more than an hour. If you are interested, please email: d-icb.cheritonbishop@nhs.net.

Photo Competition Winner!



We are excited to announce the winner of our recent Teign Valley Photography Competition! A huge thank you to everyone who entered - your creativity and talent has truly amazed us.

Congratulations to *Vikki Lewis*, whose beautiful photo captured the hearts of our team. Her stunning image will be displayed in our surgery waiting room!

We will also be displaying a range of the entries in our waiting room over the next few months.

Health & Lifestyle

Nose Breathing

I recently read an interesting book and wanted to share some of the key points from it. It's called Breath by James Nestor, and it's all about the power of something we do constantly but rarely think about - breathing. Nestor shows that how we breathe can have a huge impact on our health, energy levels, sleep, and even mental clarity.

The book explores how modern humans have developed poor breathing habits, especially breathing through the mouth. This, Nestor argues, is linked to a wide range of health problems. Through historical research, scientific studies, and personal experiments, he highlights just how vital proper breathing is—and how overlooked it's become in modern life.

One of the main takeaways is the importance of nose breathing, which offers several benefits:

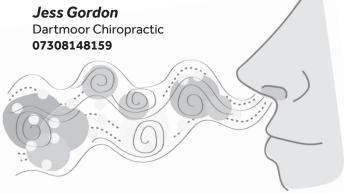
- · Filters, humidifies, and warms the air
- Improves oxygen intake and circulation
- Helps regulate heart rate and blood pressure
- Activates the diaphragm and calms the nervous system
- Encourages proper facial and dental development

Mouth breathing can lead to:

- Poor sleep quality and snoring or sleep apnoea
- Increased risk of allergies and asthma
- Dry mouth and bad breath
- Weakened immune function
- Long-term facial and dental issues

Since reading Breath, I've become much more aware of my own breathing patterns. I've started focusing on nose breathing throughout the day and at night, and I've already noticed better sleep and more focus. It's a fascinating and practical read that really changed the way I think about something so simple and automatic. I would highly recommend the book, and nose breathing!

With love and appreciation!



Tedburn St Mary Tennis Club

Anyone for Tennis?

We are a friendly village club with beautiful views over the countryside. Join us today, you will always get a friendly welcome! To find out more, to join the club or to hire a court, please email: tedburntennisclub@gmail.com

Phil Dyson

Chair, Tedburn St Mary Tennis Club



In the Garden

September Surprises

After a summer with high temperatures and very little rain, many gardens are looking a little wilted and tired.

As the days get shorter and nights cooler, thirsty plants are under less stress. Rain becomes more likely and hopefully the ground is moister.

Some plants have taken all summer to mature into their flowering stage and this is their moment. The beautiful grass, Pennisetum alopecuroides, starts to produce its soft bottlebrush plumes. Stipa gigantea has long lasting, tall, airy seed heads which catch the light as they move in the wind. Sedum spectabile (now called hylotelephium) has large flat pink flowers, often covered in appreciative bees.

Dahlias are in their full glory in their many spectacular shapes and colours. If kept dead headed and supported, they will look good until the first frosts.

Asters come into their own, as do chrysanthemums and rudbeckia, all giving welcome colour and pizzazz to the garden.

There are Spring bulbs on offer in September and these can be planted (apart from tulips which are best left until November). In pots this is straight forward but if the ground is too hard for bulb planting it might be better to wait until October.

Semi-ripe cuttings can be taken now. Take cuttings from plants like rosemary, thyme

and lavender where this year's growth has started to harden, and place them around the edge of a pot of free draining compost.

Garlic can be planted now and there will be lots of harvesting to be done.

During the hot summer, the importance of deeper rooted plants such as trees and shrubs and even roses, has become apparent. Hedges too remained the green stalwarts of the dry landscape, so maybe we should all be planting more of these as autumn approaches.

Sally Rix

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Church Messages

Churchwarden's Ramblings

I hope that you have all had a relaxing Summer and are looking forward to Autumn.

Many thanks to those who have been donating fresh fruit and vegetables to the Food Larder, the Larder itself is well used and in need of donations.

The Harvest Festival will be celebrated at a 6pm service on Sunday 5th October and we would be pleased to receive Harvest donations of, dried and tinned foods for use in the Food Larder. Items can be left with the Receptionist at the Surgery or placed on the

table at the back of the church. The Larder is located in the church porch and is available for anyone to use.

If you are a keyboard player, or adventurous musician, have you ever thought about playing the organ at the church? If you are interested in trying it out please call me and I will arrange for one of our organists to meet with you and explain the basics.

Alan Greenslade, 01647 24002

Holy Trinity, Yeoford

We are getting back to normal in September after the summer break from Café Company and Lunch Club.

As we have suspended Messy Church for a short while we are inviting all families to our Family Service on the 4th Sunday of the month. It is run very much on the lines of Messy church with a craft and family friendly worship, with coffee / tea / squash and cake or biscuits served before the service at 11am.

Carol Price, 01647 24468

Services in September

Sunday 14th, 9.30am: Holy Communion **Sunday 28th, 11.15am:** Family Service (we will be serving refreshments from 11am)

Community Lunch

Monday 1st September, 12.15pm for 12.30pm: All are welcome

Café Company

Mondays, 10am till 11am (except when there is Lunch Club)

West Down Evangelical Chapel

Yeoford Road, Cheriton Bishop, EX6 6HG | Telephone: **01647 24264** or **01647 24660** Communion is held at all morning services. Please call on for information about our services.

Friends & Neighbours

Wednesday 9th September, 2pm – 4pm: Everyone welcome to join us in different activities, bring your knitting etc and enjoy a cup of tea and a chat.

September

Sunday 7th, 11am:

Morning Worship with Andrew & Kim Conlan

Sunday 14th, 11am:

Morning Worship with Rev. David Cole

Sunday 21st, 11am:

Morning Worship with John Allan. Followed by lunch and Prayer fellowship. *Contact Kate on* **07772 239419** *if you are staying for lunch.*

Sunday 28th, 11am:

Morning Worship with Peter Boddington

Messages from St Mary's

New Beginnings

September is a month of new beginnings, probably more than January! The most obvious change is the start of Autumn, which brings shorter days and longer nights. The warmth of summer is replaced with cooler winds; sometimes, gales and storms blow in from the Southwest.

The next big change is the start of the academic year; for some small children, it will be their first day at school. For some children, it will be a new school. For most children, it will be a new class and new teachers.

For young adults, it may be a new college or university experience, or an apprenticeship, which often comes with a new job as well. Not only will their education change, but their responsibility to look after themselves will have shifted from their parents.

Many people move house in time for the new academic year, so they will be finding new places and routines in an unfamiliar location.

These new beginnings can be both exciting and worrying at the same time.

For some, the start of a new phase is so thrilling that there are no downsides. For others, the fear of the unknown is so daunting that they are unsure they will cope with the changes. For most people, they fall somewhere between these two extremes.

So, they have a mixture of anticipation and anxiety. Sometimes, one has the upper hand, and then it might switch. This makes it harder to know which camp you're in, the excited or the worried. Seldom do we anticipate everything correctly. There are often surprises and unexpected things that we did not account for.

Often, we realise that we can never be fully prepared and we need to take things as they come.

It becomes clear that many of our worries were unfounded. Hopefully, we learn that all we can do is work through the changes ahead of us slowly.

As we embark on new endeavours, we gain new insights and experiences, which can make the changes very exciting. We often meet new people and make new friends.

We discover that we are able to do more than we had expected.

It is said that the one constant in life is change. Life is constantly changing and evolving. We have little choice but to keep changing and growing. It often feels more comfortable to stay with what you already know. But if we do not keep moving forward, we sadly quickly get left behind. It is usually better to start sooner rather than later; it is often much harder to catch up.

These changes can seem too hard. We need to remember we are supported and encouraged by both family and friends. We can ask God for help, knowing that we will receive help. It is said that a problem shared is a problem halved.

Discussing our worries and concerns is a beneficial practice. By talking, we can see ways through or other people can offer suggestions or share their experience.

We should not be afraid to make changes.

Rev. Martin Wood

The Rectory, Church Lane, Cheriton Bishop **01647 24119** (Tuesday to Sunday) revwood163@qmail.com

Services at St Mary's

St Mary's, Cheriton Bishop & North Kenn Mission Community Churches

Welcome to St Mary's: We invite everyone, including children, to attend all of our services. Spalding Hall is open for the use of the toilets during *highlighted* service times.

September Services

Thursday 4th			
10.30am	Pathfinder	Holy Communion	Revd Martin Wood
Sunday 7th	Trinity 12		
9.30am	Holcombe Burnell	Holy Communion	Revd Martin Wood
10am	Whitestone	Morning Prayer	Lay Led
11am	Tedburn St Mary	Family Service	Revd Martin Wood
6pm	Cheriton Bishop	Evening Prayer	Revd Martin Wood
Sunday 14th	Trinity 13		
9.30am	Holcombe Burnell	Holy Communion	Revd V Lee
11am	Cheriton Bishop	Family Service	Lay Led
3pm	Pathfinder	Prayer and Fellowship	
6pm	Whitestone	Parish Communion	Revd J Stobart
6pm	Tedburn St Mary	Evening Prayer	Lay Led
Thursday 18	th		
10.30am	Pathfinder	Holy Communion	Revd Martin Wood
Sunday 21st	Trinity 14		
9.30am	Cheriton Bishop	Parish Communion	Revd Martin Wood
11am	Whitestone	Parish Worship	Revd Martin Wood
3pm	Pathfinder	Evening Prayer	Revd Martin Wood
6pm	Holcombe Burnell	Evening Prayer	Lay Led
6pm	Whitestone Hall	Harvest	Revd Martin Wood
Sunday 28th Trinity 15			
9.30am	Cheriton Bishop	Morning Prayer	Lay Led
9.30am	Tedburn St Mary	Parish Communion BCP	Revd Martin Wood
11am	Holcombe Burnell	Family Service	Revd Martin Wood
3pm	Pathfinder	United Service	
6pm	Whitestone	Evening Prayer	Revd Martin Wood

CB Parish Council

Your Help is Urgently Needed

We were unable to meet in July, due to two Councillors being unavailable, and may have a similar problem with our September meeting.

Now would be a great time to volunteer to join our team, particularly as decisions about spending over £40,000 in Open Space funding levied on Bunny Homes need to be considered shortly.

The only qualifications for being a councillor are to have lived in the area for at least 12 months and to have an interest in supporting your local community.

We meet on the 2nd Monday of the month to discuss community projects and to advise Mid Devon District Council on local planning matters.

For further information, please contact our Parish Clerk, Jane, via email: clerk@cheritonbishop-pc.org.uk, or phone one of our four current councillors, details in this newsletter.

Speed Monitoring

Our mobile speed monitoring sign has now been recalibrated to work in the 20mph zone in Church Lane and will remain there for the start of the new school term.

Depending on the initial results, there will probably be more detailed monitoring by the SpeedWatch team, who can share details of speeding vehicles with our Police Liaison Officer.

Members of the community have voiced concerns about the road widening which may encourage higher speeds, so it will be important to monitor this.

We have not yet had responses from Highways or Bunny Homes to our requests for a review of speed calming measures that might be installed, so firm data may help to make the

point.

Community Allotments Project

Do You Have Available Land?

Cheriton Bishop Parish Council is seeking a landowner to help us provide allotments for local families and individuals. We are looking for an area of at least one acre to rent on a flexible basis. Another possibility might be the donation of a plot of land to the community, named for the donor or someone else as a memorial.

The Council will arrange to install a perimeter fence (where needed) and will also meet the costs of extending a water supply to the site from the nearest source, if necessary.

If you would like to make a proposal, or just have a chat about a possible site, please contact Peter O'Neill by email, poneill@cheritonbishop-pc.org.uk, or call **07932 660550**.

Waste Collection

Collections & Info

Collection days for this area are Monday or Tuesday depending on your postcode.

You can find your collection day here: www.middevon.gov.uk/residents/recyclingrubbish/check-collection-dates/

Please remember to put waste and recycling containers out at the kerbside where they can be seen easily, either after **6pm** the night before, or before **6am** on your collection day.

September

Dates:	(Pyyyyk)			
1st / 2nd	✓	0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	✓	
8 th / 9 th	✓	√		
15 th / 16 th	√		✓	√
22 nd / 23 rd	√	√		
29 th / 30 th	√		√	

^{*} Late collections due to bank holidays



Food waste is collected weekly from your blue food caddy



Recyclables are collected fortnightly from your black & green recycling boxes



Chargeable garden waste is collected fortnightly from your brown wheelie bin



Non-recyclables are collected every 3 weeks from black wheelie bins or reusable sacks

Cans 4 City Collection



Support your local football club - recycle your drink cans!

You might know that recycling your empty drink cans is good news for the environment, but did you know it can also be good news for your local community?

By taking your aluminium cans to a metal merchant or recycling centre which takes 'cash for cans', drink can recycling could be the perfect fundraising opportunity for community groups and charities who want to boost recycling rates while also raising money for a good cause.

Cans4City is based in Exeter and is a joint initiative between Exeter City Football Club and Exeter City Council. The scheme provides fans with a free way to support their local football club - by recycling their empty drink cans. They've collected more than 19 tonnes of cans and raised over £15,000 as a result! Read more online: everycancounts.co.uk/cash-for-cans/

Drop your aluminium drinks cans into the collection box in **Cheriton Bishop Surgery Reception** where Exeter City super fan, Chris, will collect them and deliver to St James Park.

Yellow Pages Advertising Rates & Info

Advertising in 10 issues: $\frac{1}{4}$ page = £50, $\frac{1}{2}$ page = £95

Your ad should be supplied in A4 size (portrait for quarter page, landscape for half page) so that we can re-size the artwork to fit our template.

We cannot print adverts with a black/grey background or with large blocks of black/grey.

Please email: cheritonads@gmail.com

Cheriton Bishop & Crockernwell Newsletter

Yellow Pages Advertising 2025

Advertising space for quarter page and half page adverts is available.

If you would like to advertise here, please contact Jo Carter at cheritonads@gmail.com



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Previews from 10am on the Friday before the auction and at 9am on auction day.

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Visit our website for further information.

www.dartmoorauctions.co.uk

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enquiries@dartmoorauctions.co.uk

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Local delivery available.

Pop in and meet our helpful team at Higher Fingle Farm, Crockernwell, Exeter, EX6 6NP Open Tuesday to Saturday 8:00am to 5:00pm.

Tel: 01647 281580 Email: oinkersatdrakesfarm@gmail.com

www.drakesfarm.net

Our Café 'Drakes farm and Café' is currently shut to the public. The café is only open for pre-booked children's events (see our website under session bookings for events) and private hire only.

If you have an enquiry about our children's clubs or private hire please drop us an email: Info@drakesfarm.net

Thank you for your continued support, it is always appreciated. Colin and Kim Drake and the team at Oinkers At Drakes Farm



Benbrit Ltd

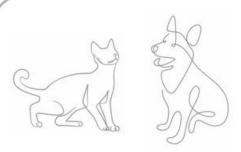
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St. Boniface 🕿 Veterinary Clinic





Crediton | Tedburn St Mary | Bude

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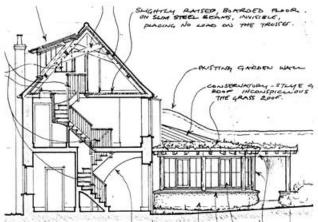
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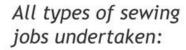
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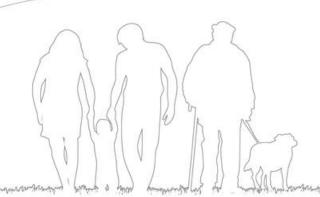
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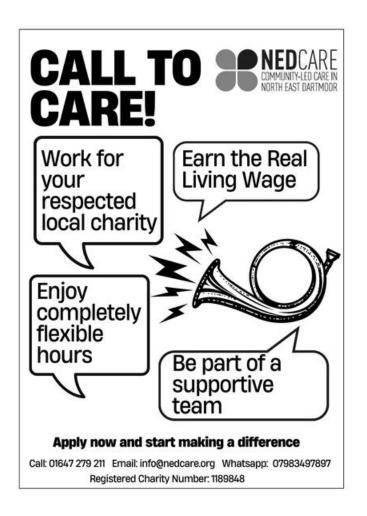
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