Cheriton Bishop & Crockernwell

Newsletter



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Useful Information

Doctors and Healthcare

Doctors Surgery: To make an appointment or speak to a doctor, 01647 24272, Monday to Friday between 8am and 6pm (except Bank or statutory holidays)

Out of Hours: Call 111. Emergency: Call 999

The Patient Group: Amanda Vooght (Chair), 01647 24593, Steve Colderick (Secretary), 01647 24818

TALKWORKS Depression & Anxiety Service (South & West Devon): 0300 555 33 44 Minor Injuries Unit: Okehampton Medical Centre, 8.15am to 6pm, Monday to Friday

Emergency Services

Non-emergency:

Police

Electricity: 0800 365 900 101 Gas: 0800 111 999 Crimestoppers:

0800 555 111 Water 0344 346 2020 Neighbourhood Watch: Jean Martin, 01647 24586

Highways Agency: 0300 123 5000

Streetlights, potholes: 0345 155 1004, csc.roads@devon.gov.uk

Schools and Local Organisations

Cheriton Bishop Primary School: 01647 24817 (term time only)

PTFA: Dee Studholme-Côté

Cheriton Bishop Pre-school: Play Leader: Christine Grist, christine.grist@thelink.academy

Acorn Community Support: 01647 252701

Beavers, Cubs & Scouts: Ollie Milverton, 07706 695928

Young Farmers: Rebecca James, 07841 591772

Walking Group: Dennis Milton, 01647 272844 and Jon Whitehead, 01647 281454

Farming Community Networks (FCNs) helpline: 0300 111999 or Joanne Jones, 07897 540278

Churches

Anglican Team Ministry: Rev. Martin Wood, The Rectory, Church Lane, Cheriton Bishop, 01647 24119, Tuesday to Sunday

Church Warden: Alan Greenslade, 01647 24002

West Down Chapel: Derek Coren, 01647 24264

Halls & Meeting Rooms

Village Hall: Janet Jeffery, 01647 24414

Spalding Hall: Jean Martin, 01647 24586 (if no reply after 24 hrs, call Paul Mitchell, 01647 24405)

Local Authorities

Parish Councillors:

Toby Ball, 01647 244100 Roger Marshall, 07707 893306 Paul Mitchell, 01647 24405

Peter O'Neill (Chair), 07932 660550

Devon County Councillor:

Frank Letch (Cheriton Bishop), frank.letch@devon.gov.uk James McInnes (Drewsteignton), james.mcinnes@devon.gov.uk

West Devon Borough Councillor:

Steve Guthrie, cllr.steve.guthrie@westdevon.gov.uk

Crockernwell Parish Councillors:

Peter Brennan (Chair), p.brennan@drewsteigntonparish.co.uk

Parish Clerks:

Jane Clark (Cheriton Bishop), clerk@cheritonbishop-pc.org.uk

Lou Butler (Drewsteignton), 07764 683412 Jane Clark (Tedburn St Mary), 07932 386023 Member of Parliament:

Mel Stride MP (Central Devon)

House of Commons, London, SW1 1AA

Mid Devon District Councillors:

Martin Binks, mbinks@middevon.gov.uk

Sandy Chenore, schenore@middevon.gov.uk

Stuart Penny, spenny@middevon.gov.uk

Welcome to the Newsletter

FYI, it's Spider Season!

Spider season in the UK begins in September and ends in October. During this time, the spiders are most active as male spiders are searching for a mate, which is why you may feel like you are seeing more spiders than usual.

After the summer months, spiders become more prevalent in our homes as the weather cools. As a result, spiders will remain inside homes, sheds and garages seeking drier, warmer conditions. Spiders are usually present all year round in our homes, but the chances of one roaming around your house significantly increase NOW, when they begin to breed. Most spiders will emerge in search of partners to lay eggs before the winter starts for hatchlings the following spring.

Wandering males search for mature females, while the female spider usually stays in one place for her entire life. The male spider is always on the move!

Most spiders moving around in the autumn already live in walls and voids. We may see them more frequently once they emerge to mate, but then they will disappear again. Phew!

Don't kill them - find your designated 'spider remover' now! Every household should have at least one brave soul!

Lucy x

Classified Ads

Looking to buy? Something to sell? Items to Free-Cycle? FREE

If you would like to advertise your items in our Classifieds section, please email: cheritonnews@qmail.com

Newsletter Team

Editor: Lucy Cooper

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Advertising Rates

Ads in the White Pages (per issue):

• Black & White: Full page = £25

• Black & White: Half page = £12.50

Colour: Full page = £50

Please email Jo at cheritonnews@gmail.com

Flyer Inserts

We can insert an A4 Flyer, single or double-sided. Please supply 200 copies

Cost of inserting A4 flyer = £10

Please email Jo at cheritonads@gmail.com

FREE Classified Advertising

Email your advert with a contact number to Lucy at cheritonnews@gmail.com

Yellow Pages Ads

If you would like to advertise in our Yellow Pages section, please email cheritonads@gmail.com

Dates for your Diary

September

1st	Acorn: Tea @ the Hub	YFC Hub	2-4pm
3rd	Open Mic Night	The Old Thatch Inn	7pm
5th	West Country Embroiderers	YFC Hub 12	pm - 4pm
5th	Acorn Lunch	The Kings Arms	12.30pm
9th	Village Clean-Up	CB Stone Cross	9.30am
9th	Wild Foraging	Ground Up Cooker	y (pg 4)
13th	Acorn Minibus trip	Sainsbury's	(pg 9)
14th	Acorn Minibus Outing	Castle Drogo	(pg 9)
15th	Acorn: Tea @ the Hub	YFC Hub	2-4pm
16th	Rector's Ramble	Sponsored Walk	(pg 5)
16th	Longdown Coffee Morning	Longdown VH 10a	am -12pm
17th	Curry & Quiz Night	The Old Thatch	6.30pm
18th	Gardening Club	Spalding Hall	7.30pm
18th	Dunsford Singers Rehearsals	Dunsford VH	7.30pm
19th	Acorn Minibus Outing	Exmouth	(pg 9)
19th	Concert: Tenor, G Steward	St Mary's Church	7pm
27th	Acorn Minibus trip	Sainsbury's	(pg 9)
29th	Acorn: Tea @ the Hub	YFC Hub	2-4pm



1st	Harvest Festival	Spalding Hall	10am -4pm
3rd	West Country Embroiderers	YFC Hub	10am -4pm
15th	Curry & Quiz Night	The Old Thatch	6.30pm
21st	Fish & Shellfish	Ground Up Cooke	ry (pg 4)



All articles and information for the October 2023 newsletter, needs to be received before:

Wednesday 20th September

Please email your copy to cheritonnews@gmail.com or call if you can only supply a paper copy.

Editorial:

Lucy Cooper cheritonnews@gmail.com 01647 272765

Advertising:

Jo Carter cheritonads@gmail.com 01647 24774

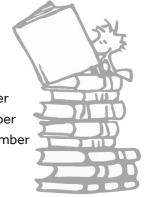
Mobile Library

Tuesday 5th September

Village	Stop	Arrive	Depart
Drewsteignton	Square	12:10	12:30
Clifford Bridge	Clifford Bridge	13:30	13:50
Crockernwell	Stanbury's Orchard	14:10	14:40
Cheriton Bishop	Glebelands	14:50	15:45

Future visits:

3rd October
31st October
28th November



Open Mic Night

Sunday 3rd September, 7pm, The Old Thatch Inn

It's a great night of music and fun with our talented, local musicians. There's also the opportunity to dust off your guitar and have a go.

We have a small PA set up available, or you can play acoustically if you prefer. Hope to see you there!

Steve Colderick, colderick@btinternet.com

West Country Embroidery

Calico Gardens with Lyn Bennett

Tues 5th Sept, 12 noon - 4pm, YFC Hub

Lyn Bennett, a local textile artist, will guide us through methods of incorporating vintage & scrap fabrics to create textile pictures.

Long & Short Stitch with Gwen Applegate

Tues 3rd October, 10am - 4pm, YFC Hub

Silk shading or painting with thread is a more common name for long and short stitch. This method utilizes straight stitches interlocked to create a blended gradient of colours. This technique is often used to embroider birds, flowers & characters to create solid forms.

Annual Membership

Annual membership is just £35. New members are always welcome; you do not have to be an accomplished crafter, just bring enthusiasm and have a go. Contact me on my email address if you have any questions.

Elaine Clark, elainejclark@hotmail.co.uk

Friends & Neighbours Pub Lunch

Tuesday 5th September, 12.30pm, The Kings Arms, Tedburn St Mary

Join friends and neighbours for lunch at the pub with Acorn Community Support. We meet the first Tuesday of every month at the Kings Arms.

We have a choice of 3 mains and 2 desserts for £11 per person. See Septembers menu choices:

Ham, Egg & Chips

Oven Roasted Salmon Fillet, with dauphinoise potatoes and salad garnish

Three Bean Chilli & Rice

Belgian Sugar Waffle drizzled with Maple Syrup & Chocolate Sauce served with Ice Cream

Ice cream

We would love to see new faces, all you need to do is telephone me on **01647 24586**, tell me your choice of menu, and come join us.

Please telephone before **1st September** with your order, and let me know if you need a lift.

Jean Martin, 01647 24586

Autumn Tidy Up

Saturday 9th September, from 9.30am, meeting at the Stone Cross

As many volunteers as possible needed - young and old!

Please bring your own tools and let us have any ideas for areas of particular attention.

Tim Vooght, 01647 24593

Peter Endacott, 01647 24580



'Men's Shed's'

Every Wednesday in September, 9:30am to 12:30pm, Embercombe, Higher Ashton, EX6 7QQ

What would I be coming along to?

'Sheds' are kitted-out spaces where men can enjoy practical hobbies. They're about making friends, learning and sharing skills - and for a bit of banter over a cup of coffee or tea. Annual membership fee is £10, with a fee of £5 for each session.

Coffee and tea will be available. Transport is available if required – a minibus (courtesy of Acorn) is available most weeks, at a cost of £5 per week.

Activities include:

- · 'skills sharing' sessions
- small-scale set projects with the potential to cover running costs
- undertaking your own projects

If you have skills to share, or you have no experience and want to learn, then you will be very welcome!

For details or to arrange transport, please email teignvalleyshed@gmail.com.

Steve Cook

Teign Valley & Haldon Hill Mission Community

Funding from the Lottery Fund, the Devon Communities Fund and the Mid-Devon Healthcare Trust. Donations in kind from Wickes.

Ground Up Cookery School Wild Food Foraging & Cookery

Saturday 9th September. £155, full day

Join us at The Ground Up Cookery School and create a range of tasty food and drinks using foraged, seasonal and local ingredients. Based within the beautiful Dartmoor National Park in the heart of Devon, this two-part course begins at the school for refreshments before departing for a guided walk. We will assist you in identifying and collecting a range of seasonal fruit, nuts, leaves, roots or fungi to take back to the Cookery School Kitchen for the second part of the day.

The afternoon will be spent cooking some amazing dishes. You will learn general skills as well as specific delicious recipes, to replicate at home. No prior experience is necessary, however if you are an experienced cook, you will have the opportunity to push yourself further.

We will taste all the dishes on the day, but bring containers as there will be the opportunity to take some home to share with your friends and family!

The course content will vary with the seasons, no two dates will be the same. .

Fish & Shellfish Cookery

Saturday 21st October. £160.00 full day.

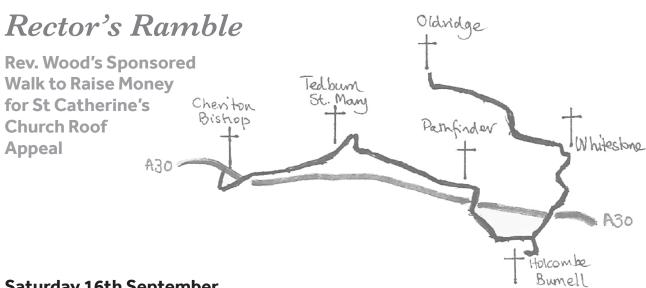
Minimal technical knowledge is required for this course, which is designed to give you the knowledge and confidence to cook a range of dishes. We will teach you how to fillet and prepare all types of fish and shellfish before letting you create a range of dishes.

We will show you what to look for in terms of quality and seasonality when purchasing seafood and how to utilise every product to the full by making bisque and stocks with the trimmings and shells.

The day will be full of top tips and chef's secrets to make life in the kitchen a lot easier.

For more details and booking, please visit: www.groundupcookeryschool.co.uk or call: 01647 782022, email: taste@groundupcookeryschool.co.uk.

Higher Fingle Farm, Crockernwell, Exeter, Devon, EX6 6NP



Saturday 16th September

I will walk around all six churches in the North Kenn Team. The distance is approximately thirteen miles.

The plan is to start walking at Cheriton Bishop Church and ending at Oldridge Church. You would be welcome to walk with me for some or all of the journey. I will have the route and approximate timings at each church so you know where to join me.

Sponsorship

Could you please sponsor my walk for each church reached or each mile walked or just give a single donation?

If you are a tax payer could you make the donation Gift Aided? For every pound given the government will add 25p.

There are sponsor forms in each of the churches or you can contact me directly. Please see below for contact details.

Thank you for helping to raise money for the roof appeal (see page 17 for more information).

Rev. Martin Wood

Tel: 01647 24119

Email: revwood163@gmail.com

Longdown Village Events

Coffee Morning

Saturday 16th September, 10am to 12 noon, Longdown Village Hall

Longdown is hosting a charity fundraiser for Hospice Care Coffee Morning Month.

Please come and enjoy this sociable charity event and bring your friends and family to enjoy the usual tea, coffee and an assortment of delicious cakes which will be available, and of course the obligatory raffle.

Donations are welcome on the day.

Craft Fayre Bookings!

Only a few tables left! Only £10 to book!

Book now to sell your craft things at Longdown Village Hall Craft Fayre in November.

Please contact Sharon on 01392 811 364 for further details and to book your table.

Longdown Craft Fayre

Saturday 25th November, 11am to 3pm Longdown Village Hall

The 'Fun Quiz' at The Old Thatch Inn

Sunday 17th September, from 6.30pm, The Old Thatch Inn

The Fun Quiz hosts quizzes on the third Sunday of each month, with really tasty curry options served from 6.30pm. The Quiz starts at 8pm.



Get the Latest Information

We are starting a Quiz *WhatsApp* group to inform people of how busy it is on the night. Message JT on **07717 148550** to be added to the list!

Future Dates: 15th Oct, 19th Nov, 17th Dec, 21st Jan 2024, 18 Feb, 17th Mar, 21st Apr

Dunsford Singers - Sing With Us!

A friendly & inclusive Teign Valley Choir warmly invite you to sing with us!

We attend **Monday nights** regularly and practice our parts between rehearsals (online resources, tinkling on the keyboard). Tim Pithers, our MD is both sympathetic to our struggles and demanding of our standards. There are no auditions. Some of us read music and happily perform solos and others opt to stay firmly in the chorus and manage without being able to read the music by some interim practice.

Rehearsals for Christmas

Monday 18th September, 7.30pm, Dunsford Village Hall

If you want to talk about joining and fees, ring Toria on **01647 221228** or see our website at **www.dunsfordsingers.co.uk** or **www.facebook.com/dunsfordsingers/** for more details.

To give you an idea of numbers we have at the moment about 14 sopranos, 10 altos, 7 tenors and 5 basses. We are happy with our sound but would prefer more singers.

Christmas Concerts

Sunday 3rd & Saturday 9th December

The bright carolling baroque mass,

Messe De Minuit sur des Airs de Noël

Featuring Marc-Anthoine Charpentier and orchestra and Carols performed & shared!



Gardening Club News

Thank you, Scouts

Many thanks to the Scouts for letting us use their hut for the Village show. Thank you too to all those who exhibited, helped organise or just visited.

The show was smaller this year, as fewer children took part and the weather was against us. The vegetables didn't grow well when it was so dry and the flowers got battered by wind and rain just before the show. Nevertheless, it was an enjoyable show.

Membership

It is now the start of our membership year, and this year the subs have been put up to £6 per family.

Seed Orders

It will soon be time to do our group seed order and many people will save their membership fee in the discount they receive!

Sarracenias 'Pitcher Plants' with Chris Crow

Monday 18th September, 7.30pm, Spalding Hall

The first of our winter talks is on Sarracenias, commonly called 'pitcher plants.
Our speaker is Chris Crow from SW Sarracenia Nursery.

These strange insectivorous plants are fascinating, and Chris will be bringing a selection for sale.

All welcome.

ve! Janet Jeffery, 01647 24414

St Mary's Church Concert

with Tenor

Gregory Steward

Tuesday 19th September, 7pm, St Mary's Church

Gregory Steward will perform an evening of classical favourites and songs from a range of musical shows including Les Miserables, Carousel & West Side Story.

Tickets are £12 with under 18s free.

Light refreshments will be available at an additional cost.

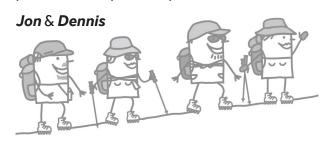
To book tickets, please call Juliet on **01647 24415** or Janet on **01647 24414**.

Walking Group

As we now start to leave the longer evenings behind us, we will revert to daytime walks until next spring.

The Autumn months offer excellent walking and hopefully better weather, so we will try to do some newer and longer walks before winter.

As always, everyone is welcome to join us. See our Facebook page for more details and photos and reports of previous walks.



Enjoy Folk Music?

How about joining us to sing or play your favourite songs?

The Cheriton Bishop Folk Group, 'Folkus', has been getting together now for about 18 years. We meet **every Friday evening** at around 8pm and have a bit of an old 'singaround'.

It doesn't have to be traditional folk music! American Country or any popular songs, current or remembered from past decades, are welcome. Just come along with an idea of what you would like to sing or play, or simply join in with whatever comes up.

If you are interested in the Folk Group and would like to know more, please give me a call on **01647 281110** or email *jennyjanegrist@outlook.com*.

Jenny Grist

Harvest Festival

Sunday 1st October, 6pm service followed by a 'Bring & Share' supper, Spalding Hall

Please come along and celebrate.

The harvest collection will be donated to Farm Crisis Network.



Village Hall Viewing & October Book Sale

Here's hoping! With good will and good luck the Village Hall may be in use by the beginning of October! So, I am collecting books as from now, for a Book Sale to be held at a date immediately after the hall is completed.

Book Sale

As anyone who has helped to stage the Book Sale knows, we will need: boxes for books; muscle to help move them; more muscle to put the books out onto tables. Also, this will be a book sale with a difference, with no obligation to buy the books... Everyone is invited to take the Book Sale opportunity to come and see *The New Village Hall* or *The Old One with a Difference*.

Refreshments will be provided so you can sit and admire the new interior. Date and time will be advertised the October Newsletter.

Book Donations

Just leave donated books at the front door of South Orchard; anyone going to Sainsbury's please can you check if they have any boxes.

Thanks you,

Persis Bower

South Orchard, 01647 24303

Book
Sale

Village
Hall to
Open in
October
2023

Update from Acorn



"Nostalgia - that's the autumn, dreaming through September. Just a million lovely things I will always remember"

Jacqueline Kennedy Onassis

September... Some liken it to January as in 'New Beginnings' - memories of the new school year. However, we would like September weather, not January!

Another month of chat and laughter and wonderful memories made with friends old and new, the Acorn way!

If you would like to join in, then just call us to find out what is available to suit YOU!

Phone **01647 252701** to book any of the activities you are interested in. Spaces are allocated on a first-come, first-served basis.

All Acorn Areas:

• Tea @ the Hub: Fridays 1st, 15th and 29th September, 2-4pm at the YFC Hub, Cheriton Bishop. Join us for tea, talk, coffee & cake and a mingle making new and catching up with old friends. No need to book. Just turn up.

Activities from Cheriton Bishop

- Lunch Club: Tuesday 5th September, The Kings Arms, Tedburn. Contact Jean Martin on 01647 24586 to book (5 days in advance please.) Tues 3rd Oct is the next one.
- Shopping at Sainsbury's: Wednesdays 13th & 27th September. The bus will collect you from home and return you with your shopping.
- Outing 1: Thursday 14th September --Castle Drogo (NT are holding a Heritage open day at Drogo which gives Free entry to gardens and castle)
- Outing 2: Tuesday 19th September -Exmouth (weather permitting)

Activities from the Teign Valley

- Lunch Club: Tuesday 5th September The Bridford Inn
- Shopping at Sainsbury's: Fridays 1st, 15th & 29th September.
- Outing: Monday 18th September Shaldon and The Ness Pub.
- Coffee Morning: Tuesdays 12th & 26th September at the Teign Valley Community Hall. Activities such as Bingo, Quizzes and much more with plenty of chatter to go with your coffee and cake! Our members always LOVE to see new faces.
- Memory Lane Café: Thursdays 14th & 28th, September. If you know of someone who you feel may benefit from this targeted club, then please call below.

Book Your Activities...

Please contact Mandy or Fran at the Acorn Office on **01647 252701** if you would like to



for shopping, coffee mornings, lunches or trips.

Do You Know Someone Who is Looking to Volunteer?

If you think that you know someone who could spare an hour or two a week or a month and would love to know more about volunteering then please ask them to visit www.acorncommunitysupport.co.uk/getinvolved or contact Mandy or Fran on 01647 252701.

Remember Acorn continues with all its usual services such as befriending, transport to medical appointment, prescription delivery for the housebound, equipment loan and Time for You sitting service, so please do call us or if you just want a chat then you know where we are.

Best wishes.

The A(corn) Team

Letters to the Editor

News from the Moor

The summer holidays have brought their usual mix of weather. There have been gloriously sunny days followed by amber weather warnings for high wind and torrential rain. It's certainly been keeping us on our toes! All part of the joy of Dartmoor and what makes it such a wonderful place to be. People still seem to be having a lovely time despite the weather... and we have had a few damp campers coming in to dry out.

Those of you who regularly walk in the Castle Drogo and Fingle woods will have noticed a fair bit of activity recently. This is connected to our work with the Lottery funded River Teign Restoration Project where we are trying to create quiet spaces for the fish at the same time as improving access to the river for people (and their dogs) in other areas. We will monitor the impact of this work on the riverbank and the species in the river.

Tree felling is underway in Cod Wood along the riverside path between Clifford Bridge and Steps Bridge. There is some Larch which is under a statutory plant health notice (Phytophera disease) which has to be removed. This work will be completed by the end of September and the riverside path will be closed during this time with an alternative route through Dunsford Nature

Reserve on the other side of the river.

Once the felling in Cod Wood has been completed, the contractor will move on to thinning a block of Douglas Fir between Fingle Bridge and the Iron Bridge on the south of the river. There will be a path closure on the river path (Forester's Path) for roughly 6 weeks. During this time, walkers will be encouraged to use Fisherman's Path if walking or the lower Deer Stalker's Path if cycling or horse riding. The riverside path from Fingle Bridge towards Clifford Bridge is an alternative accessible route during this time.

Finally, just a quick reminder that we have a series of free entry days coming up in September as part of Heritage Open Days. The Hydro Turbine House at Drogo will be open on Sunday 10 September and Castle Drogo will have free entry on **Thursday 14 September**. Lydford is open for free on **Friday 15** and **Saturday 16 September** and Finch Foundry on **Sunday 17 September**.

Best wishes all,

Paula Clarke

Volunteering & Community Manager, Dartmoor **01647 434130**, paula.clarke@nationaltrust.org.uk

ACE Archaeology Club

Our last article started with a note about the days getting longer, now they are getting shorter and with the weather being rather mixed, there is a definite feel of autumn!

Our year has also seen us on Dartmoor and at North Tawton, looking for the Romans. The end of the summer saw us digging at Moistown again. We have had some new diggers this year which has been a treat.

We had younger people, which is really good, both for us but also for the long term future of archaeology and the history of our area.

We do have to have any under 16s accompanied by their responsible adult - our insurance won't let us do otherwise. We pulled out all the stops, well, several of them, to advertise our Open Day and it paid off. We have never had so many visitors just coming to look. It was great to see everyone.

In September, this year, we hope to do a little dig at Coldridge Church. A lovely interesting church in a spectacular position. We visited as a group earlier this year and can't wait to get back. Lovely screen and an interesting story linked to Richard the Third and the Princes in the Tower.

For more information take a look at our website, *acearchaeologyclub.wordpress.com* or our Facebook page.

Erica Williamson

Letters to the Editor

Thank You

I wish to sincerely thank my sister Mollie, and all friends and neighbours who have so generously supported me and continue to do so, during these weeks while I am recovering from a broken ankle, with prayers, food, hoovering, gardening, lots of laughter, etc. I love living in this village and the kindness and concern of my neighbours make it a very special place. I hope to be walking (not hopping!) around the village again soon.

With love,

Janet Davison

Seeking the Adventurous!

Scouts 1



New Members aged 14-18 & Adult Volunteers

The Explorer Scouts group in Cheriton Bishop is looking for new members and volunteers. We currently have 14 members, a mix of boys and girls aged 14-18.

We do a wide range of activities to try out new things and gain new skills. Last term we had sessions on air rifle shooting, paddle boarding, artificial intelligence, cycling and escape rooms. We meet every 2 weeks on Thursday evenings, some weekends and have 4 camps per year. At our summer camp, we went to the Mendip Hills for two days of underground caving, which was both exciting and challenging. Another camp was the 'Great British Bake Off' style cooking competition in the kitchens of a local school.

Explorers combines really well with the Duke of Edinburgh Awards as you can do your volunteering as a younger leader in Beavers, Cubs or Scouts. You can also take part in the Ten Tors Hiking Expedition with Explorer Scouts or even an international expedition.

Why not drop in to a session to find out if it's for you? Everyone in the group is very mature and friendly and you definitely don't need to have been in Scouts before. We'd also love to have more adult volunteers (of any age) to help run the group - this can range from just helping with one or two activities to becoming a full Scout leader (we give a lot of training so no experience of Scouting is necessary!).

Please get in touch via email to: james.b.jillians@gmail.com.

James Jillians

New Squirrel Scouts Group

We will have a new trial Squirrel Scouts group for 4-5 year olds.

This will take place at Crofters on alternate Saturday mornings from 9am to 10am, and members will need to bring a parent to stay with them during each session.

This will be a great way to get started with scouting even earlier! For more information, contact olliemilverton@hotmail.com.

Cheriton Bishop Facebook Page

The Facebook page is for the residents of Cheriton Bishop and the surrounding area.

It has been created to remind people of events that are taking place, clubs etc, somewhere to post photographs of the village, gardening, nature, if you need help that someone in the village maybe able to assist with, plants to swap or sell, pretty much anything really. If you would like to be part of this Facebook group, please send a request to: www.facebook.com groups/433590694063276

Surgery News...

Cheriton Bishop & Teign Valley Practice

Over recent years local GP surgeries have been working collaboratively as part of a Primary care network. We are linked to the North Dartmoor group. Part of the initiative is to support additional roles within the primary care team. We wanted to make you aware of what additional services you can now access.

- Pharmacist Ann Smith is with us every
 Thursday and available for appointments to
 review medication and deal with queries. She
 will be supporting us with reviews and quality
 improvement work. (Direct Access)
- Paramedic We will have Sam working with us on Wednesday and Fridays. He will be supporting the on the day clinic and housebound visits and reviews.
- First contact physio (David and Adam) We have physios based in Cheriton Bishop on
 Mondays and Tuesdays.
 You are now able to get rapid assessment
 of musculoskeletal issues and onward
 investigations. (Direct Access)
- 4. Well-being co-ordinator (Becky) providing support and signposting for those needing additional support, Loneliness, dealing with chronic illness and well-being. (Direct access)
- 5. Child and Adolescent Mental Health Clare provides face to face support for young people. This would be after a referral from the GP.

Any feedback around our services will be gratefully received.

Contact us

Telephone: 01647 24272

Email: cheritonbishoppractice.co.uk Web: www.cheritonbishop.co.uk

Opening Times

Contact:

Tel: 01647 24272

Email: cheritonbishoppractice.co.uk Web: www.cheritonbishop.co.uk

Cheriton Bishop

Monday to Friday: 8am - 6pm

Enhanced Access

Monday: 7am to 8am Tuesday: 6.30pm - 8pm

Christow

Monday & Tuesday: 8.30am - 12 noon

Wednesday to Friday: 4pm - 6pm

Our Services:

- Dispensary
- Minor Injuries
- Minor Ops
- · Womens Health
- · Vaccination and Immunisations
- Chronic Disease and Long Term Condition Management
- Paramedic Medical Triage
- Pharmacist
- First Contact Physio MSK
- Well-Being Co-ordinator support for loneliness, chronic illness and well-being
- Adult Mental and Young Persons Mental Health
- Community Midwife

Surgery News...

Goodbye Dr Vaile

It is with sadness that we inform you that after 14 years, Dr Vaile is leaving the practice in September for horizons new. We are holding a comments book within the practice and invite all patients who would like to, to send in some words that can be added to the book for her to keep and remember you by.

Welcome to Dr Kate Rolls

Kate Rolls has joined us for a year as our new GP Registrar, and we are all looking forward to working with her.

Sam Caunter Joins the Surgery Team

We are extremely pleased to be Introducing Sam Caunter, who has just joined us at the Surgery. Sam is a very experienced Paramedic and an Advanced Clinical Practitioner and a very welcome new member of our team.

Sam's Background & Role:

Firstly, thank you to those patients I have had the privilege of helping so far you have all been so kind and welcoming. So a little about me... I am a Devon boy born and bred. My background is as a Paramedic working for the South Western Ambulance service for nearly 14 years.

During my times with SWAST I enjoyed many roles including as a trainer, and more recently a Clinical Supervisor, where I would have a clinical overview of all incoming 999 calls.

After an opportunity came up to move over into Primary Care (GP practices) I jumped at the chance of a new challenge. I was part of the initial cohort of Paramedics moving over to primary care as part of the wider NHS plan to support GPs. Our skill set of a

'jack of all trades' fits well within the Primary care environment as GPs never know what is coming through the door.

Paramedics have become much more commonplace in GP practices (in some cases being the only clinicians available), helping alleviate the burden from GPs and importantly ensuring patients get prompt and effective care where GPs may be difficult to recruit.

I have recently worked at some very large town centre practices, which have allowed me to hone my skills as well as complete further training including my masters degree in Advanced Clinical Practice (ACP).

The aim of this role is to allow me to undertake any of the testing you may need, prescribe medication, as well as refer on to other services as needed - all of this whilst referring back to your own GP who will still have an overall view of your care.

I hope you don't have need of my services, but if you do and you have any questions please do feel to ask.

Sam works with us specialising predominantly in Urgent/Same Day Care but also supporting our patients managing long term conditions. He will clinically examine and assess patient needs and plan clinical care accordingly, diagnose and manage both acute and chronic conditions, integrating both drug and non-drug based treatment methods and prescribe and review medication for therapeutic effectiveness. He can initiate and interpret tests and investigations as appropriate and make appropriate referrals for our patients. He will also undertake home visits.

Sam is fully integrated to our Clinical team working closely with our GPs, referring back to them as they retain an overall view of your health care. He will always introduce himself to you so you will be aware that you are being supported by our Paramedic so that there is no confusion.

Health & Lifestyle

Slowing Down

There is now a huge amount of research into the benefits of sitting quietly in stillness. I don't know about you, but I love the idea of taking time every day to sit in silence, calm my mind, and simply take a break from 'doing'. Yet something else, some excuse, always get in the way of it actually happening. So why is that? We know it's good for us, and we feel so much better after doing it, yet it can be a struggle to put it in our daily lives. The usual excuses are 'I don't have time', or 'I'm far too busy'. It took me a while to realise that both excuses actually mean, 'I am not willing to prioritise the time to sit quietly and be calm.'

There is an old Zen proverb which says: 'Sit in meditation for 20 minutes a day, unless you're too busy, then sit and meditate for an hour.' Gandhi also said something similar: 'I have a lot to accomplish today, therefore I will meditate for two hours instead of one.'

So, what do these quotes mean? Both seem counterintuitive. They may mean something different for everyone, but there are a couple of meanings I take from them:

- I know for me that sitting quietly and in stillness for even a few minutes everyday can have huge benefits on my mood, focus, stress levels, productivity, and energy. So, prioritising time to slow down and settle my mind can actually allow me to get those tasks done efficiently.
- If I feel like I can't take any time at all to be peaceful in my day; then the tasks that I think I'm in control of, are actually in control of me.

So, if like so many people you're struggling to prioritise quiet time, I would suggest starting small. If 20 minutes feels too much, then do 5 minutes. If that feels too much, then do 1 minute. No amount is too small. The only unsuccessful session of quiet time is the one you didn't do!

I hope throughout your days you start to create less busyness, rushing and stress, and experience more enjoyment, peace and calm!

With love and appreciation!

Joe Arnold

Doctor of Chiropractic, MChiro

Looking for Ways to Get Involved in



Your Community?

There's no better place than Acorn.

At Acorn, we are truly grateful to all our fabulous volunteers. If you would like to contribute some time to Acorn Community Support by becoming a volunteer then please contact the office on **01647 252701**.

We'd love to hear from you...





Care and support through terminal illnes

Volunteer With Us

Be Part of the Companion Support Team

We're looking for volunteers, aged 18 or over, who can give three hours each week to chat to people who have been recently bereaved on the telephone.

Phone **0800 3047 400** or email: southwesthelper@mariecurie.org.uk.

Visit *mariecurie.org.uk/volunteering* and 'search all roles' to find your role.

Sarah-Jane Trevor

Volunteer Services Coordinator Marie Curie

Charity reg no. 207994 (England & Wales)

In the Garden

The End of Summer

The September garden should still be full of colour with dahlias and fuchsias and even roses giving their best. This summer of warm showers has made my garden much happier than last year's drought! Hydrangeas and astrantia that drooped last year, have flourished this year. The roses put on luxurious new growth and are flowering well for the second flush.

Keep your late summer flowers looking good by regularly dead heading.

Remember that the pointed heads on dahlias are the spent flowers and the round heads are buds which will open. Cut back to a leaf joint rather than leaving bare stalks as this encourages new buds to grow.

This is the time of year to take semi ripe cuttings of shrubs such as rosemary and lavender.

Cut a shoot with a woody base but a soft tip from this year's growth. Insert these into pots of gritty compost and leave them in a shady place to root.

There will be plenty of Spring bulbs available to give us something to look forward to next year to look forward to! Plant these as deep as you can (at least 2 1/2 times the depth of the bulb) and give them a handful of grit if you have heavy soil. Only fritillaries and snow drops really relish wet ground.

Enjoy harvesting an abundance of produce from the garden.

Tomatoes will be ripe and ready. Beans and courgettes need to be picked before they get too big. They always seem to be too small one day and too big the next day!

Sally Rix

Veggies to Plant in September

Planting in September is a good idea as it provides you with an earlier harvest the following spring and summer, and makes use of otherwise empty soil and saves you time on spring planting.

Spinach

Sow spinach direct in shallow drills in wellprepared soil, or in pots. Cover with fleece or a low cloche from October onwards.

Salad leaves

Sow salad crops in a sheltered spot outdoors, or grow in pots. Try mustard leaf, winter salad mixes, and mizuna. Winter lettuces such as 'Winter Density' can be sown under glass.

Broad beans

Cover plants with fleece during hard frosts or snow. Try broad bean 'Aquadulce Claudia', which does well from an autumn sowing.

Peas

Hardy peas can be sown to overwinter and produce an early crop. Choose winter-hardy varieties like 'Douce Provence' or 'Meteor'.

Radish

Radishes mature in just a couple of weeks, so it's worth sowing a late batch of seeds now. The warm soil and mild conditions will ensure they mature in time for autumn salads.

Turnip

Turnips do best in cool, moist conditions. Harvest as golf-ball sized, baby veg in around six weeks. Perfect for the Christmas table.

Onions

Choose a variety that's ideal for autumn sowing, such as 'Troy' or 'Radar'.

Garlic

Plant cloves 2.5cm deep and 25cm apart, in well-prepared, fertile soil.

Shoots should appear before autumn and overwinter, then put on fresh growth in spring.



Citizen's Advice



Focus on Scams

"I bought a pram online for £400. At checkout it said delivery would take 3-5 working days but I never received any tracking information. I chased the seller and they said they would speak to the delivery company. Now my calls go straight to voicemail. I've had no response to emails either. I thought the website looked legit but I've seen people posting on review sites about products that never arrived and some saying it is a bogus seller. Have I been scammed and if so, what can I do?"

Scams are all too prevalent and come in all shapes and sizes. Here it's a pram but it could be almost anything.

Unfortunately, scammers are always finding more sophisticated ways to trick shoppers including having some very legitimate looking websites.

The Citizens Advice website has lots of information about scams, how to spot them and how to get your money back. People can also need emotional support when they have been scammed, and there is information here about this too. Search - Citizens Advice www.citizensadvice.org.uk/resources-and-tools/Search/?c=HOME&q=scams

As you have parted with your money, your first step is to contact your bank and let them know. According to how you paid there are steps to be taken to get your money back. If you paid by debit card, your card provider can contact the seller's bank and ask for the money to be refunded. (The Chargeback Scheme). If you paid by credit card and the

item cost more than £100 but less than £30,000 you might be able to claim under the Consumer Credit Act Section 75.

Scams should be reported to Action Fraud and Trading Standards can investigate a seller who refuses to deliver an item.

In the event that the seller does get back in touch and it turns out it isn't a scam, if something you ordered and paid for doesn't arrive it is the seller's responsibility to get the item to you. If they say they don't know where the pram is, you can ask for a redelivery or a refund.

Helpline

Citizens Advice has a consumer helpline on **0808 223 1133** or people can ring their FREE, local AdviceLine on **0808 27 87 999** or log onto our website *www.ruraldevoncab.org.uk* and click on 'Get Advice'.

Rosanna Teale

Administrator

Citizens Advice Torridge, North, Mid & West Devon

Volunteer With Us

We at CA TNMWD are getting increasing numbers of calls and are always keen to hear from people who are interested in volunteering with us to help meet the growing demand for our services. If you would like more information, contact recruitment@ruraldevoncab.org.uk

We would love to hear from you!

Volunteers are at the heart of all we do.



Message from St Mary's

Hidden History

St Catherine's Church, Whitestone

You may be aware the roof of St Catherine's Church is being repaired and re-slated.

The nails that hold the slates to the roof have come to the end of their lives and are crumbling to dust. The real concern was that in high winds one slate slipping would set off other slates like dominoes and a large part of the roof ends up in the churchyard with a big hole in the roof.

The slates have now been removed and we can now see the roof structure which has been hidden away for hundreds of years. The two things that we discovered were that there is quite a lot of decay and the roof structure is much older than we expected.

The initial archaeological report suggests that the roof is a medieval wagon roof from the 13th or 14th century which would be around the time of King Henry III or Edward I.

There are only three other church roofs known to exist from this time and style.

Subsequent roofing was carried out over the earlier structure and you can see the markings of the old wooden shingles that would have covered the roof before slates were used instead. There are even some wooden shingles left behind in the roof void! St Catherine's is at the top of a hill and is very exposed.

So when the roof was constructed it was very much over-engineered to make sure it stayed in place. So despite the decay, there is still plenty of good wood left to work with although a lot of timber work will be required. The other unusual feature is that sarking boards (like floorboards on joists) were used to tie the roof truss together to make a much stronger roof.

These sarking boards show how successive phases of wooden shingles were used to cover the church roof as you can see seven hundred years of history was tucked under the roof.

There is still some more fundraising to be done for the Roof Appeal. Over three quarters of the money has been raised, however, we still need to raise the last quarter which is £60,000

I wondered if you might be willing to donate to the Roof Appeal, perhaps buy a slate for £5 or sponsor me on my walk the 'Rector's Ramble' (see page 5).

I am a great advocate for Gift Aid, if you are a taxpayer for £1 given the government will add 25p. So if all the money given was gift aided we would only have to raise £48,000, so please gift aid if you can.

My contact details are below so please contact me and I will help you contribute to the Roof Appeal.

I do realise that you may say that Whitestone Church isn't connected to me and I understand that view. However, I believe that Whitestone Church is our neighbour and now is its hour of need.

I think we would always like to believe that we could and would help a neighbour in need, and now is our chance to act generously.

> We can preserve and maintain the incredible history on our doorstep.

Thank you for your generosity.

Rev. Martin Wood

The Rectory, Church Lane, Cheriton Bishop **01647 24119** (Tuesday to Sunday) revwood163@gmail.com

Services at St Mary's

St Mary's, Cheriton Bishop & North Kenn Mission Community Churches

Welcome to St Mary's: We invite everyone, including children, to attend all of our services. Spalding Hall is open for the use of the toilets during *highlighted* service times.

September 2023

Sunday 3rd: Trinity	13
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9.30am	Whitestone Hall	Morning Prayer	Lay Led
9.30am	Holcombe Burnell	Holy Communion	Revd V Lee
11am	Tedburn St Mary	Family Service	Lay Led
6pm	Cheriton Bishop	Evening Prayer	Lay Led

Thursday 7th

10.30am	Pathfinder	Morning Prayer	Lav Led

Sunday 10th: Trinity 14

9.30am	Holcombe Burnell	Morning Prayer	Lay Led
9.30am	Whitestone Hall	Parish Communion	Revd Martin Wood
11am	Cheriton Bishop	Family Service	Revd Martin Wood
3pm	Pathfinder	Prayer & Fellowship	
6pm	Tedburn St Mary	Evening Prayer	Revd Martin Wood

Sunday 17th: Trinity 15

9.30am	Cheriton Bishop	Parish Communion	Revd Martin Wood
11am	Whitestone Hall	Parish Worship	Revd Martin Wood
3pm	Pathfinder	Evening Prayer	Revd Martin Wood
6pm	Holcombe Burnell	Evening Prayer	Lay Led

Thursday 21st

10.30am	Pathfinder	Holy Communion	Reva Martin Wood
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Sunday 24th: Trinity 16

9.30am	Cheriton Bishop	Morning Prayer	Lay Led
9.30am	Tedburn St Mary	Holy Communion BCP	Revd Martin Wood
11am	Holcombe Burnell	Family Service	Revd Martin Wood
3pm	Pathfinder	United Service	
6pm	Whitestone Hall	Evening Prayer	Revd Martin Wood

Church Messages

Churchwarden's Ramblings

It was good to see so many people at the 'Thank you' tea on Saturday 29th July, and was a great reminder to us all to enjoy the wide ranging church community.

Upcoming Events

Best wishes to Martin on his sponsored Ramble on **Saturday 16th September** (pg 5).

There will be a Concert with Gregory Steward on **Tuesday 19th September** (see page 7).

Our Harvest Festival will be on **1st October** with a 6pm service followed by a 'Bring and Share' supper in the Spalding Hall, please come along and celebrate; the collection will be donated to *Farm Crisis Network*.

Emergency Food Larder

We are collecting dried and tinned foods this year with an aim to set up an Emergency Food Larder at the church.

This will be available to all and will initially be a box on the table at the rear of the church with a request to help yourself to food to assist where your own larder is being stretched. We will welcome suitable donations of food items with a reasonable time date to set up this scheme. It is possible that we include fresh fruit and vegetables when we become established.

Alan Greenslade 01647 24002

Holy Trinity, Yeoford

After a quiet summer we will be restarting all our activities in Yeoford in September.

Community Lunch:

Monday 4th Sept, 12 noon for 12.30pm start
Proceeds to Devon Historic Churches Fund

Messy Church: Saturday 9th September, 3pm till 4.30pm, Village Hall

September Services

Sunday 10th, 9.30am: Holy Communion **Sunday 24th, 9.30am:** Family Service

Carol Price 01647 24468

West Down Evangelical Chapel

Yeoford Road, Cheriton Bishop, EX6 6HG. Telephone: 01647 24264 or 01647 24660

Please call on either of the numbers shown for information about any of our services.

September, Sunday Services

Communion & Morning Worship:

3rd, 11am – with Rev Maurice Harrison10th, 11am – with internet sermon

17th, 11am - with Rev David Cole

24th, 11am - with Mark Stanbury

Afternoon Sunday Service:

17th, 3pm – Family Service with Chrissie Mulindabigwe - an update of the ongoing missionary work in Rwanda.

Friends & Neighbours

2-4pm, date to be arranged

Join us for a cup of tea and biscuits. Bring your knitting, sewing or come for a chat. *Everyone welcome*.

CB Parish Council

Minutes of the Parish Council Meeting

Held at Spalding Hall, Cheriton Bishop on Monday 10th July 2023, 7.30pm

Present: CHAIR Cllr P O'Neil, VICE CHAIR, Roger Marshall, Cllr Paul Mitchell, Devon County Cllr F Letch,

Mid Devon District Cllr Binks and one member of the public.

1. To receive and accept apologies. Cllr T Ball, approved.

- 2. To co-opt a new Councillor to fill vacancy following uncontested election: Deferred to September meeting. Clerk to advertise the casual vacancy and contact Jackie Stoneman at MDDC to begin formal process. The clerk to display notice with contact details and further information; on noticeboard, parish council website and Facebook page. Chair's mobile to be point of contact.
- 3. To receive Declarations of Interest (see code of conduct and guidance notes): None
- **4. Public Discussion:** A member of the public expressed disappointment that the planning application for West Down Cottage meant the demolition of the existing building as it seemed wasteful to take down a functioning building.
- 5. Cheriton Bishop Parish Council Meeting Minutes 12th June 2023 to consider the approval of the minutes as a correct record: Approved by a show of hands.
- 6. To receive reports from MDDC Councillors info only: Cllr Binks had nothing to report as he has been on leave.
- 7. To receive a report from Councillor Letch (DCC) for information only: Cllr Letch sent a report to parish councillors. At the meeting he reported that research has shown it is not just Devon but roadworks throughout Britain are in a poor state through lack of funding. He said locally he had some success with the filling of the potholes on the main roads into Hittisleigh. He said that Devon County Council (DCC) has instigated a governance review committee of which he is one of five members. The committee is to meet twice every month until May 2024. He is also a member of two committees that centre on equality and diversity and inclusion. The committees are at district and county level.

Mid Devon is making progress in its zero-carbon quest. The two leisure centres with swimming pools have ground source heat pumps and are also having solar panels fitted. There is also a campaign of improving the housing stock with retro insulation and other such measures. With the climate change we have seen long dry spells followed by very heavy rain and subsequent floods in our streets and DCC Cllr Letch urged everyone to check any drains near their property and report them on the Devon County website so that they can be cleared.

The Chair asked DCC Cllr Letch to ask DCC when the 30 mph sign on the Crockernwell side of the village will be replaced. Additionally, Cllr R Marshall is to write to DCC Cllr Letch regarding advise on the placement of Vehicle Activated Speed Signs.

8. Mid Devon District Council Planning Applications – to consider the following application upon which the Council has been asked to comment: At the Chair's request the two applications for Woodleigh Touring Park were discussed in reverse order from that shown on the agenda.

Reference: 23/01014/FULL

Proposal: Variation of Condition 2 (1) of Planning Permission EK2416 for the period of occupation of touring

caravans to be from 1 January to 31 December in each year and removal of Condition 3 which states

no one caravan shall remain on the land no longer than three weeks in any one year.

Location: Woodleigh Touring Park, Cheriton Bishop.

Reference: 23/00771/FULL

Proposal: Extension to existing caravan park and alternation to existing access track

Location: Woodleigh Touring Park, Cheriton Bishop.

The council believes the above two applications are closely connected and is not generally against the idea of the expansion because it does support tourism in the area. However, it would depend upon the restrictions on the length of stay and period of opening. There is a concern that if the park is open all year it will lead to the site becoming a permanent, residential site and this will put pressure on local services. The council agreed to ask the planning officer to refuse a full year opening without commissioning an in-depth assessment on the impact this will have on services and amenities in the village, such as the surgery and school. Following such an assessment, an appropriate and accurate planning application could then be filed to reflect this change of status. An additional

CB Parish Council

point is that if this were to become a permanent housing site then s106 money would support the enhancement of local services but even if s106 is applicable the amount would be considerably less than when applied to a new housing development.

Reference: 23/01001/FULL

Proposal: Erection of a replacement dwelling following demolition of existing dwelling and outbuildings.

Location: West Down Cottage, Cheriton Bishop, Exeter.

The council supported the application in principal but wishes to draw MDDC planning team's attention to the wall in front of the building as they are concerned that its proximity to the narrow road could be a risk to pedestrians, cyclists and horse riders. The Chair suspended Standing Orders to take a comment from the public. The member of the public commented that if the wall was set back a few feet this would solve the problem. The Chair reinstated Standing Orders. The council supports the application with the proviso that the planning officer is happy that the wall does not constitute a danger as outlined above. Supported. Unanimous by a show of hands.

9. Mid Devon District Council Planning Decisions – to note that consent has been granted for the following applications with conditions as filed:

Reference: Grid Ref: 277236/93144

Proposal: Erection of a two-storey rear extension

Location: 6 Glebelands, Cheriton Bishop

Reference: 23/00664/FUL

Proposal: Change of use of agricultural land to all weather sand school.

Location: Land at NGR 274774 945401 The Threshing Barn, Cheriton Bishop.

Reference: Appeal Ref: APP/Y1138/W/22/3312112.

Proposal: Appeal against a refusal to grant for change of use of agricultural building to dwelling

Location: Crossways Farm, Cheriton Bishop

Mid Devon District Council Planning Appeal – to note that an appeal has been issued for the following application: Mid Devon District Council: Planning Appeal issued for the following application:

Reference: 22/01756/ARM

Appeal Reference No: APP/Y1138/W/23/3317428

Proposal: Reserved Matters application (appearance and landscaping) for the erection of 2 dwellings and

alterations to existing vehicular access following Outline approval 18/01633/OUT.

Location: Land at NGR 276783 94569 (Little Mounson) Cheriton Bishop. The council reiterates all of the concerns raised in response to the application.

- **10.** Parish council computer to consider purchase of laptop computer with capacity for Windows **11** for approval: Approved unanimous by a show of hands.
- 11. To consider setting up a Projects Task Group to facilitate current projects: The Chair pointed out rather than task groups working on activities, individuals are taking on village projects and working alone. So, he proposed a projects task group of which all the councillors will be members and the aim of the group is to communicate regarding the current projects and enable the group to meet to discuss matters and take things forward between meetings. All decision and financial transactions have still to be approved by the council.

The group must make recommendations and report to the parish council. The aim is to support the leader of each project and to encourage them to seek support and help when required. Propose to set up a Project Support Task Group to support the project leads at their request. Approved, unanimous by a show of hands.

- 12. Vehicle Activated Speed Sign (VAS) to receive an update from the VAS task group and agree associated actions: Cllr Marshall reported that Speeding is still an issue in the village. The group has ascertained it is the responsibility of the DCC Speed Compliance Action Review Forum (SCARF) to place posts to support the VASs. Cllr Marshal said the sites for four posts are being decided and once agreed then he will liaise with DCC Cllr Letch and The Chair to begin the task of getting the posts installed. Once the posts are sited the speed sign will move location once every three weeks or so. Initially, the signs will be battery operated but if this is not satisfactory solar power panels can be added to charge the batteries. Cllr Letch indicated that £500 could be available from the Locality Fund. Cllr Marshall will complete the Locality Fund Application when appropriate.
- 13. Memorial Cross Area Project to receive an update from the task group and agree associated actions. (Cllr Ball to report): The Chair reported that Cllr Ball had updated him on the work. Cllr Ball will report at the next meeting.

CB Parish Council

- **14.** Repairs & Maintenance to consider any repairs and maintenance needed for PC assets (including signs):
 Play Park surface There is a tear in the play park surface. Cllr Marshall agreed to inspect the damage and report back. Clerk to find out original suppliers and arrange repair.
 - Village Website Clerk to phone Merlin Howse about payments from Merlin Howse with a view to updating. Dog waste bin A bin had been moved due to a hedge being cut and could be re-sited. The Chair to contact MDDC.
- 15. Accounts 22/23 to approve the following payments: Approved unanimous by a show of hands.

Payee	Supply/service	Budget	Amount
Mrs J Clark	Clerk's salary & home working allowance (from May)	Salary	£491.32
Lawrence Wilson	Maintenance	Playground	£60.00
Merlin Howse	Website hosting	Website	£25.00
WPS Westward	Paper	Newsletter	£51.00
HMRC	Clerk's PAYE	Salary	£122.60
Clarity Copiers	Newsletter Printing (April, May & June)	Newsletter	£284.12
James Roberts	Computer support = 1.5 hours	Sundries	£30.00

- 17. To receive a report from the Chairman for information only: The Community Land Group project are open to supporting potential sites for allotments. Speedwatch is going very well and the volunteer operators reported around 120 speeding vehicles in the past two months as a result of 19 hours of monitoring. Additionally, one vehicle without an MOT, two without insurance and one driven while under SORN were identified.
- 18. To receive reports from Councillors: for information only: None
- 19. Correspondence/Clerk's Report: Nothing to report.
- 20. For information only Notice of road closure: Road from Four Cross Ways to Cottage Cross & Church Lane & road from Cottage Cross to Froggy Mill Cross, Cheriton Bishop. Start of works 02.10.23. This is engineering works on behalf of Airband to allow for installation of high-speed fibre optic network. Devon County Council has a temporary restriction on the road from Lewdon Cross to Four Ways Cross Cheriton Bishop from Monday, 14th August 2023 for a maximum of 5 days between 0900 and 1900 for tree cutting as part of the Airband work for the fibre optic network.
- **21.** Dates of Next Meetings all at 7pm at Spalding Hall unless notified otherwise: 11th September, 9th October, 13th November. 11th December.

Waste Collection Dates

September 2023

Dates:	(Prigue			
4th / 5th	√	√	9 9 9 9 9 9 9	0 0 0 0 0 0 0 0
11th / 12th	√		√	√
18th / 19th	√	√	9 9 9 9 9 9 9	0 0 0 0 0 0 0 0
25th / 26th	√		√	0 0 0 0 0 0 0



Food waste is collected weekly from your blue food caddy



Recyclables are collected every fortnight from your black & green recycling boxes



Chargeable garden waste is collected fortnightly from your brown wheelie bin



Non-recyclables, collected every 3 weeks from your black wheelie bin or seagull sack

^{*} Late collections due to a bank holiday

Devon County Council

County Councillor's Report

My round of surgeries in the parishes has proved once again to be disappointing. These surgeries take some time not just the drive there but to spend an hour or so waiting for people to turn up so I am considering if this is a good use of my time. I can always be contacted by phone or email.

I recently attended the Highways and Traffic Order Committee (HATOC for short) where we discussed the ever growing problem of potholes, poor road surfaces, cleaning and jetting of drains. During the summer months there has been some progress on road repairs I'm glad to report. These will continue especially as the schools are closed and so we do not have the 16 or so buses running around the area. I did raise my concerns about schoolchildren and traffic! This came about because I had an e-mail from a concerned grandmother who was taking her child to school in Crediton and was luckily on hand to prevent her being hit by a reversing van. I spoke about this with the officers and suggested that we should visit all schools over the next few months to see what the road conditions are and how quickly the traffic is travelling. One solution I have is traffic calming measures, 20 mile an hour signs with a flashing light above coming on at the peak school hours and in some cases closing the road during the peak morning and afternoon periods if there is an alternative routes that can be used.

You may have seen the uproar about closing the mobile library service in order to save £217,000. The other day a mobile library van went through Crediton and I saw that it had a 56 plate which means that it is 17 years old. This is one of the

problems, the five vans are old and expensive to maintain. In Crediton they have a very good volunteer service where people take books out to those in isolated areas. I think we need to think creatively about helping our rural communities and maybe taking up some of the money the county is going to save if it does close the mobile library service.

Looking around the Devon county council website I've seen that there are a few very useful links. There is a Growing Community fund which can be accessed online by e-mailing communitygrants@devon.gov.uk.

You may be aware that Co-Cars is going into administration. It was set up a few years ago with a grant of £222,000 from Devon County's transport plan funding, which was matched by a government grant. At the moment they are looking for some other group to take over the project.

Walking around Crediton and some of the villages I'm quite disturbed by the amount of weeds growing on the pavements and in the gutters. It is clear that the two higher tier councils are unable to do very much because of budget constraints so could I encourage us all to look after the pavement in front of our house and do our best to keep it clear. We must also encourage shopkeepers to do the same and help those of our neighbours who might find this difficult!

Cllr Frank Letch MBE

Devon County Councillor Tel: **01363 775739**

Email: frank.letch@devon.gov.uk

Cheriton Bishop Village Website



For more information about Cheriton Bishop, Crockernwell and the surrounding area, please visit our website: **www.cheritonbishop.org.uk.** If you have anything you would like to add to our website, (information, village life images etc), please contact the newsletter or visit **cheritonbishop.org.uk/contact/**

Take a look at this link to a postcards of the village: cheritonbishop.org.uk/photos-and-postcards/

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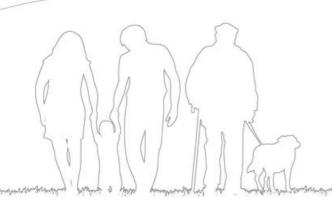
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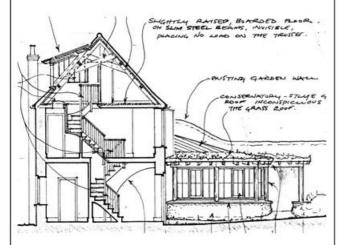
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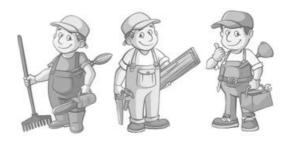
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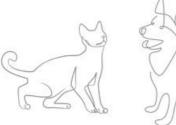
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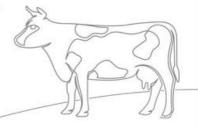
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