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Useful Information

Doctors and Healthcare

Doctors Surgery: 01647 24272 or 01647 24025

Surgery: 8am to 9.30am, Monday to Friday - no appointment needed. Out of Hours: Call 111. Emergency: Call 999 The Patient Group: Amanda Vooght (Chair) - 01647 24593, Steve Colderick (Secretary) - 01647 24818 TALKWORKS Depression & Anxiety Service (South & West Devon): 0300 555 33 44 Minor Injuries Unit: Okehampton Medical Centre, 8.15am to 6pm, Monday to Friday

Emergency Services

Police

Electricity:	0800 365 900	Non-emergency:	101
Gas:	0800 111 999	Crimestoppers:	0800 555 111
Water:	0344 346 2020	Neighbourhood Watch:	Jean Martin - 01647 24586
Highways Agency:	0300 123 5000		
Streetlights, potholes:	0345 155 1004, email: csc.roads@dev	on.gov.uk	

Schools and Local Organisations

Cheriton Bishop Primary School: 01647 24817 (term time only) Head Teacher: Robin Scott, Secretary: Linda McCracken, Chair of Governors: Jo Carter, PTFA: Dee Studholme-Côté Cheriton Bishop Pre-school: Play Leader: Christine Grist - *christine.grist@thelink.academy* Acorn Community Support: 01647 252701 Beavers, Cubs & Scouts: Ollie Milverton - 07706 695928 Young Farmers: Georgina Bowden - 07713 164553 Walking Group: Dennis Milton - 01647 272844 and Jon Whitehead - 01647 281454 Farming Community Networks (FCNs) helpline: 0300 111999 or Joanne Jones - 07897 540278

Churches

Anglican Team Ministry:	Rev. Martin Wood, The Rectory, Church Lane, Cheriton Bishop - 01647 24119, Tuesday to Sunday	
	Church Warden: Alan Greenslade - 01647 24002	
West Down Chapel:	Derek Coren - 01647 24264	

Halls & Meeting Rooms

Village Hall:	Janet Jeffery - 01647 24414
Spalding Hall:	Jean Martin - 01647 24586 (if no reply after 24 hrs, call Paul Mitchell - 01647 24405)

Local Authorities

Parish Councillors:			
Toby Ball (Chair)	01647 244100	Mid Devon District Council	lors:
Emma Benjamin	01647 24848	Derek Coren	01647 24264
Richard Jackson	07708 866310	Stuart Penny	01363 85197
Roger Marshall	07707 893306	James McInnes (Crockernwell)	01837 861364
Peter O'Neill	07932 660550		
Ruth Salmon	07970 615280	Devon County Councillor:	

Crockernwell Parish Councillors:

Ysanne James (Chair) ysanne.james@drewsteigntonparish.co.uk Peter Brennan (Vice Chair) p.brennan@drewsteigntonparish.co.uk

Parish Clerks:

Rachel Hodder (Cheriton Bishop)01363 85523Alice Turner (Drewsteignton)01837 83484Jane Clark (Tedburn St Mary)07932 386023

Frank Letch (Cheriton Bishop) 01363 775739 frank.letch@devon.gov.uk

West Devon Borough Councillor:

Paul Ridgers 01822 813600 cllr.paul.ridgers@westdevon.gov.uk

Member of Parliament:

Mel Stride MP (Central Devon) House of Commons, London, SW1 1AA

Welcome to the Newsletter

It's November, so: 'Remember, remember' that the clocks will go back at 2am on Sunday 30th October.

Also, remember to enjoy firework night safely, and keep your pets indoors.

Please enjoy this Pumpkin Soup recipe to warm you up while we're all trying not to turn the heating on. If you do get too cold, a rigorous hour of dusting, polishing and hoovering will keep you warm! Failing that, think about the state our country is in right now and that might get your blood boiling!

Ingredients

- 2 tbsp olive oil
- 2 onions, finely chopped
- 1kg pumpkin, peeled, de-seeded and chopped into chunks
- 700ml vegetable stock or chicken stock
- 150ml double cream

For the croutons

- 2 tbsp olive oil
- 4 slices seeded bread, crusts removed
- handful of pumpkin seeds

Method

Heat 2 tbsp olive oil in a large saucepan, then gently cook 2 finely chopped onions for 5 mins, until soft but not coloured. Add 1kg pumpkin or squash, cut into chunks, to the pan, then carry on cooking for 8-10 mins, stirring occasionally until it starts to soften and turn golden.

Pour 700ml vegetable or chicken stock into the pan and season with salt and pepper. Bring to the boil, then simmer for 10 mins until the squash is very soft.

Pour 150ml double cream into the pan, bring back to the boil, then purée with a hand blender. The soup can now be frozen for up to 2 months.

To make the croutons: cut 4 slices wholemeal seeded bread into small squares. Heat 2 tbsp olive oil in a frying pan, then fry the bread until it starts to become crisp.

Add a handful of pumpkin seeds to the pan, then cook for a few mins more until they are toasted. These can be made a day ahead and stored in an airtight container.

Much love and best wishes,

Newsletter Team

Editor:	Lucy Cooper 01647 272765 cheritonnews@gmail.com
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Collation:	Anne Welham Paul Mitchell Patience Netherway
Web Editing:	James Jillians Christine Jillians

Advertising Rates

Ads in the White Pages (per issue):

- Black & White: Full page = £25
- Black & White: Half page = £12.50
- Colour: Full page = £50

Please email Jo at cheritonnews@gmail.com

Flyer Inserts

We can insert an A4 Flyer, single or double-sided. Please supply 275 copies

Cost of inserting A4 flyer = £10

Please email Jo at cheritonads@gmail.com

FREE Classified Advertising

Email your advert with a contact number to Lucy at *cheritonnews@gmail.com*

Yellow Pages Ads

If you would like to advertise in our Yellow Pages section, please email *cheritonads@gmail.com*

Lucy x

Dates for your Diary

November 2022

1st	Acorn Lunch	The Kings Arms	(page 3)
1st	West Country Embroiderers	YFC Hub 12	om - 4pm
2nd	Open Mic Night	Higher Eggbeer	7pm
4th	Fireworks & Bonfire Night	Hawkswood	7pm
5th	Christmas Pudding Workshop	ps	(page 4)
11th	Coffee Morning	Spalding Hall	8:30am
17th	Gardening Club Dinner	YFC Hub	7.30pm
14th	Acorn Minibus trip	Sainsbury's	(page 7)
15th	Acorn Minibus Outing	Tavistock Marke	t (page 7)
20th	December & January Newsle	etter Deadline	
21st	Gardening Club - Fungi	Spalding Hall	7.30pm
28th	Acorn Minibus trip to Sainsbu	ıry's	(page 7)

December 2022

3rd	Xmas Tree Lights Switch on at Hescane Park	6pm
10th	Xmas Coffee Morning, Spalding Hall 10.30am till	12pm
11th	PTFA Quiz Night, Kings Arms, Tedburn St Mary	7pm

Mobile Library

Tuesday 15th November

Village	Stop	Arrive	Depart
Drewsteignton	Square	12:10	12:30
Clifford Bridge	Clifford Bridge	13:30	13:50
Crockernwell	Stanbury's Orchard	14:10	14:40
Cheriton Bishop	Glebelands	14:50	15:45

Future visits, 2022: 13th December

For information, visit **facebook.com/devonmobilelibraries**, **twitter.com/devonmobilelibs**, **devonlibraries.org.uk** or contact *info@librariesunlimited.org.uk* or **0345 155 1001**



All articles and information for the December & January joint edition, needs to be received before:

Sunday 20th November

Please email your copy to *cheritonnews@gmail.com* or call if you can only supply a paper copy.

Editorial:

Lucy Cooper cheritonnews@gmail.com 01647 272765

Advertising:

Jo Carter cheritonads@gmail.com 01647 24774



Looking to buy? Something to sell? Items to Free-Cycle?

If you would like to advertise your items in our Classifieds section, please email: *cheritonnews@gmail.com*

What's On?

Acorn Lunch

Tuesday 1st November, 12.30pm, The Kings Arms, Tedburn St Mary

Please telephone me 5 days before the meal and give me your preferred choice. I will then pass this on to the pub with your name and choice of menu, to try and avoid confusion at serving on the day.

Should you want to take food home, please bring your own container to avoid extra work for the staff. Thank you.

- Faggots, creamy mash, mushy peas & onion gravy
- Scampi, chips & peas
- Penang curry. Vegetables with spiced coconut, lemon grass, coriander & rice
- Rhubarb & apple crumble with custard
- Ice cream

£11 per person.

Book Your Place

Call Jean on **01647 24586** to book your place and request transport if needed *before 28th Oct please*.

Acorn Christmas Lunch

Tuesday 6th December. Save the date!

West Country Embroiderers

Our October meeting bubbled with enthusiasm as members created textile pictures from images. Ferreting through boxes of scraps, pictures evolved and new techniques were honed.

Painting on Denim

Tuesday 1st November, 12pm - 4pm, Young Farmers Hub

We welcome Jackie Wills from Torbay who's expertise is painting on denim. This will be a completely new field for us all and stimulate ideas for the future. Perhaps that old pair of jeans can be up-cycled into a trendy Christmas present or given a new lease of life.

If you are interested in joining us, please contact me or just drop in during the session.

Elaine Clark, 01647 24218 elainejclark@hotmail.co.uk

Open Mic Night

Wednesday 2nd November, Higher Eggbeer. Bar opens from 7pm, music starts 8pm

Open Mic nights is a great night of music and fun and to see how talented our local musicians are, with the opportunity to dust off your guitar and have a go.

Steve Colderick colderick@btinternet.com

Fireworks & Bonfire Night

Cheriton & Tedburn YFC

Friday 4th November, from 7pm, Hawkswood, Cheriton Bishop, EX6 6HQ BBQ, Bar, Raffle - £5 entry

For information, contact: cheritonandtedburnyfc@gmail.com or call Becca on: **07841 591772**



What's On?

Ground Up Cookery School Christmas Pudding Workshop

Saturday 5th November, 9am or 3pm (3pm is a dedicated family session), Higher Fingle Farm, Crockernwell, EX6 6NP

Join us for two hours of festive fun and go home with a delicious twist on a Christmas classic; Chocolate



You will learn how to make your own pudding to take home and cook. We will teach you how to look after it in the run up to Christmas by feeding the pudding and how best to serve it on the big day! By the time you leave that will be one job off your Christmas 'to do list'. As with previous years we will create some tasters for you to demonstrate how to use any leftovers, look out for new recipes.

For more details and for information about our other courses, please visit: **www.groundupcookeryschool.co.uk** or contact us via email to: *taste@groundupcookeryschool.co.uk* or call **01647 782022** (please leave a message and we get back to you)

'Men's Shed' November

Teign Valley Men's Shed, open every Wednesday in November from 9:30am to 12:30pm, Embercombe in Higher Ashton, EX6 7QQ

The 'Shed' is located at Embercombe – on the first floor of the large building just beyond the main car park. Transport is available if required – contact details below. Once our kitchen area is complete, sessions will continue to 1:30pm, so that those who want to can stay and have lunch together!

What would I be coming along to?

'Sheds' are kitted-out community spaces. They're about making friends, learning and sharing skills - and for a bit of banter over a cup of coffee or tea. The focus will be on woodwork, but this could broaden depending on the available skills, including:

- continuing work to improve our workshop
- small-scale projects with the potential to generate some income to cover costs
- undertaking your own projects

Later on we hope to introduce a regular programme of visiting speakers who can share skills and interests.

There is still plenty to do to get the 'Sheds' up and running, including working on our new rest area, sorting out tools and tool boxes, sharpening donated chisels and making storage boxes for hand tools. As we are still setting up, the sessions are free – once we open, there will be an annual fee of £10, and a session fee of £4. For details or to register an interest, or to arrange transport, please email *teignvalleyshed@gmail.com*

If you have some good quality, unwanted wood that we could use - then please also contact us (details above) - we'll arrange for someone to call and see if we could take them off your hands!

Everyone is welcome - don't miss an opportunity to meet friends and learn & share some practical skills.

The Teign Valley Men's Shed has received funding from the Lottery Fund, the Devon Communities Fund and the Mid-Devon Healthcare Trust.

Steve Cook

Teign Valley & Haldon Hill Mission Community

What's On?

Charity Kindling Sale

Cheriton & Tedburn YFC

£5 a bag. All proceeds donated to our chosen charity! Collection and delivery are available.

Contact: cheritonandtedburnyfc@gmail.com

Peter (Chairman), 07570 135371 *Becca* (Secretary), 07841 591772

Cheriton Bishop Walking Group



The group continues to flourish with regular walks around the area.

Visit our Facebook page for details of other walks, or join our email list for notifications.

Jon & Dennis

Enjoy Folk Music? How about joining us?

The Cheriton Bishop Folk Group, 'Folkus', has been getting together now for about 18 years. We meet **every Friday evening** at around 8pm and have a bit of an old 'sing-around'. Just come along with an idea of what you would like to sing or play, or join in with whatever comes up.

If you are interested in the Folk Group and would like to know more, please give me a call on **01647 281110** or email *jennyjanegrist@outlook.com*.

Jenny Grist



Coffee Morning

Friday 11th November, 8:30am to 10:30am The Spalding Hall

Coffee, Tea, Cakes and Croissants!



How about popping in after you have dropped your children off to school or may be as a refreshment stop as you walk around the village. Come in for a chat and help to raise funds for our Spalding Hall.

Everyone welcome!

Gardening Club

At the time of writing the seed catalogues have not arrived but I expect them any day soon. If you would like one but cannot get to the next meeting then please give me a ring and we can sort something out.

Annual Dinner

Saturday 12th November, YFC Hub

We are looking forward to the restart of our annual dinner. This is being held in the YFC hub, which is a smaller venue. Take up has been good and there is now just one space left if anybody would like to sign up for the meal. Please book with Sally Burton on **01647 24724**. The cost is £6 per head, and as usual, we ask for donated puddings – in the past we have had a choice of over 20, so not a night for counting calories.

Fungi

Monday 21st November, 7.30pm, Spalding Hall

At our next meeting there will be a talk on 'Fungi' by Michael Jordan of the Fungi Conservation Trust. All welcome.

Janet Jeffery 01647 24414

What's On? Save the Date...

Christmas Tree Lights Switch On!

Saturday 3rd December, Starts at 6pm, Hescane Park

Christmas songs & carols with **Tedburn Community Choir**. There will be a draw and all donations will go to Devon Air Ambulance.

Mulled wine & hot chocolate (please bring your own cup!)

With grateful thanks to companies and individuals who have already generously donated to this event.



Christmas Coffee Morning

Saturday 10th December, 10.30am - 12 noon, The Spalding Hall



Cheriton Bishop School PTFA

Sunday 11th December, 7pm for 7.30pm start, The Kings Arms, Tedburn St Mary

£2 per person - maximum 6 per team.

Food will be available to order from the bar on the evening if required.

Please email us to book yourself / your team to: *ptfacheritonbishop@gmail.com*

Gardening Club Christmas Meeting

Tuesday 13th December, Scout Hut

We shall be making our Christmas wreaths again, and non-members and older children are welcome to join in, so please make a note of the change from that printed in our programmes.

Janet Jeffery 01647 24414

Please Support The Spalding Hall

Smile Amazon

You can help support The Spalding Hall when you shop at Amazon with no extra cost to you.

- 1. Log into *smile.amazon.co.uk*
- 2. Nominate *The Spalding Hall* as your charity
- 3. Amazon will donate 0.5 % of the price of your purchases

Hall Hire

The Spalding Hall is available for hire. The hall has capacity for 30-40 people, with a cosy hall area, kitchen, and toilets. Please contact Jean Martin on **01647 24586**.

Update from Acorn



"Even if something is left undone, everyone must take time to sit still and watch the leaves turn." Elizabeth Lawrence

If you are interested in finding out more about Acorn and what we do, then please visit **www. acorncommunitysupport.co.uk/get-involved** or contact Mandy or Fran on **01647 252701**.

This year seems to be in such a hurry. Another month has flown by in a whirlwind of activities and fun in Acorn World. Talking of Acorns – there are an awful lot of them this year – literally cascading from the trees! Moving onto November and new ventures!

Activities for November

From Cheriton Bishop

- Lunch Club: 1st November, The Kings Arms, Tedburn St Mary and 6th December - contact Jean Martin on **01647 24586** to book *a few days in advance please*.
- Shopping at Sainsburys: Mondays 14th and 28th November. We would love to see more of you on the fortnightly bus.
- **Outing:** Tuesday 15th November, Tavistock Covered Market.
- **Coffee/Tea Club:** We are also looking at the possibility of starting a new Coffee/ Tea club in Cheriton Bishop. We will put an update in next month's Newsletter.

From the Teign Valley

- Shopping at ASDA/Sainsburys: Fridays 11th and 25th November.
- **Outings:** 7th November RAMM (Royal Albert Memorial Museum and Art Gallery), and Friday 25th - Darts Farm. Please phone to book your seat.
- Tuesday Lunch Clubs: 1st – The Manor Inn, Ashton 15th - The Welcome Stranger, Liverton 29th - The Twisted Oak, Ide All to be confirmed.
- **Coffee Morning:** Tuesdays 8th and 22nd November at the Teign Valley Community Hall. Activities such as Bingo, Quizzes and much more with plenty of chatter to go with your coffee and cake!
- **Memory Lane Café:** Thursdays 10th and 24th November. Please contact the office if you know of someone who would benefit. We have a great time.

If you would like to book a seat on the minibus for any of our trips, lunches or coffee mornings, then please contact Mandy or Fran at the Office on **01647 252701**.

Acorn continues with all its usual services so please do call us and if you just want a chat then you know where we are.

Best wishes,

The A(corn) Team

How Can You Help?

All our services are supported by volunteers and even volunteering for one day a month can make an enormous difference in the services we can provide. If you would like to contribute some time to Acorn Community Support by becoming a volunteer then please contact the office on **01647 252701.**

We'd love to hear from you...



"Volunteers are unpaid not because they are worthless, but because they are priceless"

Letters to the Editor

Is Neighbourhood Watch Wanted in Cheriton Bishop?

I hope that you all read last month's very important communication on whether Neighbourhood Watch is required. The outcome was not encouraging to say the least with only five people from the village getting in contact with me. Possibly you may not have read or seen last month's magazine or looked on the village web site.

We would like to offer villagers a last opportunity to respond.

CHBOURA CHBOUR

Do you want our Neighbourhood Watch to continue?

If you want it to continue and would like further information, please contact me on **01647 24586**.

Thank you,

Jean Martin

Village Hall News: Fire Update

There has been little progress with the Village Hall at the time of writing. The floor has been cleared so that a team could dismantle the remaining P.V. panels for examination by the Forensic Investigator. We have heard that Aviva have accepted our claim and are asking us to sign up with their appointed surveyor. We have asked that the roof be covered before rain and eventually frost get in and cause damage to the double-skinned walls. We still have not been told if there will be a new roof or a complete rebuild.

Janet Jeffery, 01647 24414

Play Your Part For Wildlife Join The Mid Devon Wildlife Warden Scheme Today!

The Mid Devon Wildlife Warden Scheme exists to support parishes in Mid Devon with environmental projects focussing on nature, gardens, public spaces and farming. We offer a simple induction training session and provide opportunities for wildlife wardens to attend talks by experts and visits in the field as well as gain unlimited support. Find out more on **www. middevonwildlifewardenscheme.co.uk**.

Wildlife Wardens - what's required?

• A few hours of training and induction and then as little or as much time as you would like (just a few hours a month)

- Championing wildlife in your area this could mean working on a specific project with others or contributing to a range of nature projects and community events
- Working together with 1 4 other Wardens representing wildlife in your parish
- Reporting in to the MDWWS Coordinator
- Being part of a District-wide scheme offering support and training

If you would like to chat more about how we can help, please email Wildlife Warden Coordinator, Jess Carter, to *wwcoordinatormiddevon@gmail.com* or call **07722 301375**

Letters to the Editor

Book Sale 2022 - Thank You

Some 24 years ago, give or take a year or two, The Book Sale helped raise some money for the original Scout Hut. So it was fitting that they were willing to host the Book Sale 2022 to help raise money for two Explorers to take part in the International Jamboree 2023 in Korea.

Once again a mega thank you to all who donated books, and to those who came to take some away, hoping not to retrieve those they had donated. It was encouraging to hear people welcome the return of the Book Sale. A Grand Total of £370 was donated to be divided between Alice

Smith and Alice Bower. Alice Smith also raised £20 from her preserves and Alice Bower £30 from her cards.

The remaining books at the moment are in storage at Pindyhayes if you missed out due to prior engagements.

Persis Bower

Free Support to Help Farmers Navigate the Agricultural Transition Expanded in the SW

Business Information Point, alongside other local agencies are providing free, tailored one to one advice, workshops, and specialist webinars to help farmers and land managers navigate the changes brought about by the Agricultural Transition:

Following the success of earlier phases of the Future Farming Resilience programme, Devon County Council have received Defra funding to expand the initiative which will now cover Devon, Somerset, Dorset, Cornwall, and the Isles of Scilly.

The support will include:

Transition workshops:

Local workshops to discuss the changes coming through the transition and look at new funding options, as well as planning strategies for the future. The upcoming workshop is on **14th November**, **8.30am to 12.30pm, Mole Valey, Tavistock.**

One-to-one support: Access free one-toone support with an experienced agricultural advisor to talk specifically about your farm business and develop an agreed and documented action plan.

Small group webinars:

Attend small group webinars covering topics such as digital skills, succession planning, woodlands, environmental schemes, soil management, diversification, marketing, business planning and grant schemes.

Digital training:

Build digital confidence and gain IT skills to better manage your farm business. The sessions are delivered in a no-nonsense, practical, and supportive manner, free of jargon!

For details and to register on the workshop, visit: *businessinfopoint.co.uk/ffr/* or call **0800 592 872.**

Louise Turley

Marketing Executive louise.t@businessinfopoint.co.uk businessinfopoint.co.uk

Letters to the Editor

News & Events from the Moor

I hope that you are all well and able to make the most of the autumnal sunshine between the rainy days. It is always lovely to see the signs of autumn building with red and gold on the trees and dust off the gloves and woolly hats. There have also been some glorious fungi appearing and it won't be long until we are looking for salmon leaping in the river. There are also some popular events coming up over the next month which provide much fun for those involved.

Firstly, we have the **Drogo 10** taking place on **Sunday 13th November**. This is when 500 brave souls tackle the challenging 10 mile run through the Teign Valley from Castle Drogo. The race starts at 10.30am after a minutes silence is held to commemorate Remembrance Sunday. I will be at one of the water stations doing my best to cheer everyone on.

The following **Saturday 19th November**, we will be marking **St Clements Day** at Finch

Foundry. From 10am until 4pm, Finch will be ringing with the sound of local blacksmiths marking the day of their patron saint with displays, demonstrations and competitions. Cogs



and Wheels Morris will also be performing. Everyone is welcome to join us so please pop it in your diary – it is a wonderful event.

Finally, next year will be 50 years since the National Trust acquired Castle Drogo from the Drewe Family. We are starting to think about how we can mark this important milestone and I would love to hear any ideas or suggestions from you on how best to do this. Please send your ideas to: *paula.clarke@ nationaltrust.org.uk*.

Best wishes all,

Paula Clarke

Volunteering &; Community Manager, Dartmoor

Pre-School Spaces Available! Taking children from ages 2 - 5 years



We provide pre-school education with fun and exciting activities linked to the Early Years Foundation Stage Curriculum. All in a spacious setting with a wide variety of equipment and secure outside play area.

Up to 15 hours free for over 3 year olds, using Early Years Funding, 25 hours of the extended entitlement for those who qualify, or just £4.25 per hour. We accept funding for 2 year olds. For free places for 2 year olds, please call for details.

Please contact Play Leader Christine Grist vial email to: *christine.grist@thelink.academy* and visit our pages on the Cheriton Bishop Primary School website for more information: *www.cheritonbishop.thelink.academy*

Sessions: Monday to Friday. Term time only **Drop off:** 8.45am to 9am. **Pick up:** 3pm to 3.15pm

We have spaces available for all sessions. Please call or email to book your child's place.

Gardening into Autumn

There will be some days in November when you won't want to venture into your garden. But there will still be beautiful days when the sun is shining on the autumn colours. As plants die back you can see opportunities to plant new plants.

Try not to clear everything away. There will be soggy leaves and summer growth beginning to go brown and mouldy. This can be removed but do leave some cover for wildlife in the winter.

Clear leaves off the lawn and paths and put them into bags pierced with a few holes. If you did this last year, those bags should be ready now with wonderful crumbly leaf mould to put around choice plants.

Grasses are best left to cut back in spring. Leave some seed heads for birds whilst controlling the amount of seed which will potentially germinate all round the garden. Fennel seed heads, teazels and cardoons make especially fine features and feeding grounds in the winter garden.

Now is the ideal time to plant any hardy shrubs and trees. Their roots can get established and be ready to grow away in spring. Bare root hedging plants and roses should be available to plant this month.

Whether to lift dahlias and cannas or leave them in the ground is a question of drainage amongst other factors. They seem to be able to cope with recent winters quite well if covered with a good mulch. If in doubt however, lift them and store them in a frost free building.

Clear out nest boxes, removing old nesting material which might contain parasites. Birds might use them as winter shelter and then nest in them when spring comes.

It is a good idea to cover ponds before the leaves all fall into them if they are near trees.

Plant tulips now for an uplifting display in the spring.

Sally Rix



Do You Wish to Have an Allotment?

No experience necessary!

We expect to have plots available for the 2023 season. Plots are open to people from Tedburn, Cheriton Bishop & surrounding areas.

Don't delay, contact us immediately and be first on the waiting list as plots are

allocated on a first come basis. Have a go at growing your own, tastes much better, you won't regret it!

Email *tedburnallotments@gmail.com,* or call **07979597458**.

Nigel Cause

Secretary, Tedburn SM Allotment Assoc.

11

Citizen's Advice

"The cost of things just keeps going up. The food shop doesn't stretch as far and my bills just keep getting higher and higher. I've made cutbacks and, at the moment, I am just about managing but I am really worried about how I'll cope as it starts getting colder. What should I do?"

Our advice:

A great many people are struggling and worried about rising costs – you are not on your own but there are some steps you can take and support that is available to you.

- Check out the online budgeting tool on our website www.citizensadvice/org.uk
- Also on that website you will be able to find out if you are eligible for any benefits or additional support with your energy costs. There is advice on how to reduce living costs, a benefits calculator and information on other ways to increase your income.
- The Energy Price Guarantee limits the cost of gas and electric prices for most households for a period of two years.
- The Energy Bills Support Scheme also takes £400 off your electricity bill. You don't have to do anything to get the money and you don't have to pay it back. You could get £66 in November and £67 in December, January, February and March. You should automatically get it if you pay by direct debit, standard credit or payment card.

If you have a prepayment meter that isn't a smart meter, you'll get the discount via vouchers or as an automatic credit when you top up at your usual top-up point. Your supplier will let you know how they will issue it.

If you have a smart prepayment meter the credit should automatically be added to your meter.

If you still can't pay your bills speak to your energy supplier as they have a responsibility to help you come up with a solution.

At CA TNMWD we can also advise on budgeting, managing debt and getting a smart meter installed if that would help you to control costs. Simply visit our website **www.ruraldevoncab.org. uk** and click on 'Get Advice' or call our free local AdviceLine on **0808 27 82 999**.

If you would be interested in volunteering with us and helping people work through their problems, visit this website: *https://ruraldevoncab. livevacancies.co.uk/#/job/details/20*

Rosanna Tealea

Administrator Citizens Advice Torridge, North, Mid & West Devon

Health & Lifestyle

Annual Flu & Covid Clinics

Cheriton Bishop & Teign Valley Practice is offering clinics for Annual Flu Vaccinations, as in previous years, if you fall into the group of patients who are entitled to receive a vaccination: People Over the Age of 50, pregnant Woman, those with pre-existing conditions, at risk children under two years old.

Please contact the surgery to make an appointment Telephone: **01647 24272** We are also able to administer Covid Vaccinations to Patients attending these Clinics.

Health & Lifestyle

Cheriton Bishop & Teign Valley Practice

Car Park Update

For the next few Mondays & Tuesdays we are holding clinics for pre-booked Flu & Covid vaccinations. Unfortunately due to the fire in the Village Hall, we do not have full access to the car park. We therefore ask that patients find alternative parking arrangements when attending the surgery for these clinics, other appointments and collecting prescriptions.

Thank you for your understanding and co-operation.

The Surgery Team

Surgery Timetable

Cheriton Bishop appointments: morning

Dr Hayter Dr Hayter Dr Hamilton Dr Vaile Dr Vaile Dr Abeywardena Practice Nurse Practice Nurse Practice Nurse Practice Nurse Health Care Assistant Health Care Assistant

Tuesday Friday (alternate) Mon, Weds, Thurs Monday & Thursday Wednesday Thursday & Friday Monday Wednesday Thursday Friday Mon, Tues & Weds Thursday & Friday

Cheriton Bishop appointments: afternoon

Dr Clunie Monday Dr Clunie Tuesday (alternate) Dr Hayter Monday Dr Clunie / Dr Hayter Tuesday (alternate) Dr Hayter Thursday Dr Hamilton Tuesday Dr Vaile Wednesday Dr Abeywardena Friday **Practice Nurse** Monday Nurse Clinic Thursday

Christow Branch – by appointment only

Dr Hayter	Monday
Dr Hamilton	Tuesday
Dr Clunie	Wednesday
Dr Abeywardena	Thursday
Dr Clunie / Dr Hayter	Friday (alternate)
Practice Nurse	Tuesday
Practice Nurse	Wednesday
Practice Nurse	Friday
Health Care Assistant	Monday & Tuesda

2.50pm to 5.10pm 2.30pm to 4.45pm 2.30pm to 4.30pm 3pm to 4.20pm 2pm to 4.50pm 1pm to 3.50pm

9.30am to 10.30am

9.30am to 10.30am

8.30am to 11.35am

8.30am to 11am

10am to 10.50am

9.30am to 11am

9am to 12.50pm

9am to 12.10pm

9am to 12.20pm

9am to 12 noon

8.30am to 12.30pm

8.30am to 11.30am

nt only	
	8.30am to 10.30am
	8.30am to 11.35am
	2.30pm to 4.30pm
	2.50pm to 4.50pm
e)	3pm to 4.30pm
	8.30am to 11.30am
	2pm to 4.30pm
	2pm to 5pm
day	8.30am to 11.30am

Drop Your Leaves

We are well and truly into autumn and the nature around us isn't disappointing with its beautiful displays of abundant fruits and fungi; vibrant colours of yellow, orange, and red; crisp evenings; and misty sunrises. We are fortunate in this part of the world, to be surrounded by a vast and wonderful array of trees; and it is this time of year that the trees showcase their annual process of renewal by dropping their leaves.

This process has many benefits to the tree: the dropped leaves nourish the earth around the roots of the tree, the tree can preserve energy for the winter now that is doesn't have to sustain the leaves, and the space is created for new leaves to emerge in the spring.

The symbolism of this process can serve as an important teaching to us. Is there anything that we as individuals are holding onto that we could let go of? Habits that are no longer useful? Restrictive thought patterns? Old beliefs? Foods that are no longer nourishing? Relationships that are no longer nurturing?

When we let go, we release what is weighing us down, and allow for something new to emerge and grow. Are there any leaves that you could drop this autumn?

Enjoy the practice!

Joe Arnold

Doctor of Chiropractic, MChiro Dartmoor Chiropractic

Message from St Mary's

Lots to Remember

November is a month when we remember. On a light-hearted level, we remember the Guy Fawkes of 1605. Most of us have learnt at least the first line of the rhyme;

"Remember, remember the fifth of November, gunpowder treason and plot. We see no reason why gunpowder treason should ever be forgot!"

On a more serious note, we remember Armistice Day, 11th November 1918 and focus on an act of remembrance for those killed and wounded in the two world wars and military conflicts since the Second World War. This has been brought into sharper focus with the deaths of service people in Afghanistan and Iraq. The words of the Kohima epitaph I still find haunting.

"When you go home, tell them of us and say, for their tomorrow, we gave our today"

I will also remember our late Queen Elizabeth who was so faithful in her loyal service as she attended the Remembrance Parades over her seventy years of service. She also laid wreaths of remembrance at memorials all around the world in her many travels.

The church also remembers the 1st of November, All Saints and the 2nd of November, All Souls. The saints cover people singled out for their faith and witness. Whereas All Souls remembers those whom we love who are no longer with us and are separated from us by death.

We start to see how important November has become as an annual remembrance. It is worth remembering that grief is not a process that we can turn on in November and off for the rest of the year. People remember often on an hourly, daily or weekly basis in the early parts of the grieving process. There will never be a time when people forget the people that they have loved. The act of remembering in November allows a collective remembering in which people feel supported and not forgotten in their grief.

The church has another dimension of remembering in November which is called the Kingdom season. This starts on All Saints on 1st November and ends on Christ the King on Sunday 20th November. This period marks the end of the church's year. In essence, our goal is heaven and the kingdom season celebrates that lifelong journey to heaven. It finishes with Jesus as our King in heaven.

It is always important to know where we are going or else we can easily get lost.

The Christian life aims for a relationship with God that transcends our earthly life into eternal life in heaven. It is worth remembering the cost of this to Jesus. This was brought about through the death and resurrection of Jesus Christ.

We can draw several parallels by remembering those who have given so much to us.

The need to use that gift wisely for the benefit of others and to keep focused on our aim in life.

In God's economy, peace and justice are central to establishing a sense of heaven on earth.

Rev. Martin Wood

The Rectory, Church Lane, Cheriton Bishop **01647 24119** (Tuesday to Sunday) *revwood163@gmail.com*

Church Messages

Churchwarden's Ramblings

Please note that Bishop Robert, Bishop of Exeter, has cancelled his visit to Tedburn St Mary on 30th October, he will now visit on 30th April 2023.

Thank you for the Harvest donations. These were delivered to the Churches Housing Action Team (CHAT) food bank at Tiverton.

Many thanks to Chris and his team and all who attended the 'Zider and Zong' evening with Jim Causley it raised just over £300, by popular demand Chris is already looking at dates for a Christmas Concert in 2023.

We would like to ring the Church Bells for the Coronation of King Charles III next May but currently we are short of ringers, if you would like to learn to ring and take part, please contact me on **01647 24002**.

Dates for your Diary

Looking ahead to November, the Annual Lunch and Churchyard Working Party will be on Saturday 5th from 10am; please bring your own tools.

Remembrance Sunday on 13th will begin with the Act of Remembrance at Cheriton Cross at 10:55am followed by a service at the church.

Christmas: The Carol Service will be at 7pm on Tuesday 20th December and there will be a Christingle Service at 5pm on Christmas Eve.

This year we invite households to make a decoration to hang on the church Christmas tree, if you would like to take part please contact Caryn on **01647 24582**.

Alan Greenslade, 01647 24002

Holy Trinity, Yeoford

Lewis is has now been ordained and Antonia has been licenced as a Licenced Lay Minister, congratulations to both of them.

At Messy Church we heard a reading from the book of Job. Lewis and Antonia led the celebration with lovely sounds of wind, lightening and animal & bird noises. It was all fun despite the unusual bible story for children.

We look forward to seeing many of you in church or at one of our other events.

Café: Mondays from 10am - 11am in church (when there is no Community Lunch)

Messy Church: November 19th, 3 - 4.30pm, Village Hall (please note change of time)

Christmas Community Lunch: 28th November: Please book your place early.

Services for November

Sunday 13th, 9.30am: Holy communion for Remembrance Sunday 27th, 9.30am: Family Service

Carol Price, 01647 24468

West Down Evangelical Chapel

Yeoford Road, Cheriton Bishop, EX6 6HG

Telephone: 01647 24264 or 01647 24660

November 2022

Sunday 6th, 11am: Communion & Service with Chris Down
Sunday 13th, 10.55am: Act of Remembrance at Cheriton Cross, followed by a Service at St Marys Church.
Sunday 13th, 3pm: Communion & Service with sermon from Internet
Sunday 20th, 11am: Communion & Service with Rev David Cole
Sunday 20th, 3pm: Baptismal service with Rev. David Cole
Sunday 27th, 11am: Communion & Service with sermon from Internet
Thursday 17th, 2-4pm: Friends & Neighbours meet. Everyone welcome

Services at St Mary's

St Mary's, Cheriton Bishop & North Kenn Mission Community Churches

Welcome to St Mary's

Sunday 6th: 3rd Before Advent

We invite everyone, including children, to attend all of our services. Spalding Hall is open for the use of the toilets during *highlighted* service times.

November 2022

Sunday 6th: 5	ra Betore Advent		
9.30am	Whitestone	Morning Prayer	Lay Led
9.30am	Holcombe Burnell	Holy Communion	Revd Martin Wood
11am	Tedburn St Mary	Family Service	Revd Martin Wood
6pm	Cheriton Bishop	Evening Prayer	Revd Martin Wood
Friday 11th			
10.30am	Pathfinder	Remembrance	Revd Martin Wood
Sunday 13th:	Remembrance		
9.30am	Whitestone	Holy Communion	Revd Martin Wood
10.55am	Tedburn St Mary	United Remembrance	Methodist Service
10.55am	Cheriton Cross	Act of Remembrance	Revd Martin Wood
11.10am	Cheriton Bishop	Remembrance Service	Revd Martin Wood
3pm	Pathfinder	Prayer and Fellowship	
3pm	Holcombe Burnell	Remembrance service	Revd Martin Wood
Sunday 20th:	Christ the King		
9.30am	Cheriton Bishop	Parish Communion	Archdeacon Andrew
6pm	Holcombe Burnell	Evening Prayer	Lay Led
Thursday 24tl	h		
10.30am	Pathfinder	Morning Prayer	Lay Led
Sunday 27th:	Advent 1		
9.30am	Cheriton Bishop	Morning Prayer	Lay Led
9.30am	Tedburn St Mary	Holy Communion	Revd Martin Wood
11am	Holcombe Burnell	Family Service	Revd Martin Wood
3pm	Pathfinder	United Service	
6pm	Whitestone	Evening Prayer	Revd Martin Wood
Please note:			
		ce Rota so please take careful no Service somewhere in the Team o	
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Boundary Anomaly May Mean We Get Little Say On New Development

At a recent parish council meeting, we had a worrying discussion with a representative from Teignbridge district council. It related to our recent attempts to address a boundary anomaly. The result of this anomaly is that some areas of Cheriton Bishop are treated as being part of Tedburn St Mary parish within Teignbridge district. One effect of this is to reduce our ability to influence the location, size and housing design of a development area currently part of Teignbridge's Local Plan review (see marked area on the map).

All Devon districts are allocated a quota for new housing. Part of their role is to find sites for development, of a size and design that will support local needs without overstretching local facilities and resources. The planned Bunny Homes development is an example of how Mid Devon council has approached this, but separate districts are not required to coordinate their planning decisions.

As well as our concerns about our ability to influence important decisions affecting our community, the boundary anomaly also has other effects. For example, some of The responses that we have had to date when challenging this situation seem to indicate that little can be achieved through the two district councils involved. There has been a suggestion that 'in four to eight years' it could be addressed as part of another official boundary review – despite being raised on our behalf in recent reviews of both district and parish boundaries.

We feel this is unacceptable. This article is intended to raise awareness of the current situation and encourage members of our community to share their views, as we plan our next steps to escalate the problem. We are seeking advice on how best to do so and will keep everyone informed on how we intend to move forward.

Please contact members of the parish council if you have comments. You will find their details and contact information at **www.cheritonbishop-pc.org.uk**, or you can contact Rachel Hodder, our clerk, by email to: *clerk@cheritonbishop-pc.org.uk*, or via postal address at Higher Penstone Farm, Colebrooke, Crediton EX17 5JR.

our community members living in **Cheriton Bishop** are not officially represented by our own parish council - although we naturally regard it as our responsibility to take their needs and views into account. There are services. administrative and financial anomalies as well.



Minutes of the Parish Council Meeting

Held at Spalding Hall, Cheriton Bishop on Monday 10th October 2022

Present:	Cllr Ball (Chair), Cllr Benjamin, Cllr Marshall, Cllr O'Neill, Cllr Salmon, and Cllr Coren (MDDC)
In attendance:	The Clerk, Cllr Tumes (Teignbridge District Council (TDC)) and one member of the public

- To co-opt a new Councillor and received Declaration of Acceptance: Cllr Marshall was co-opted onto the Council (Proposer: Cllr Ball, Seconder: Cllr Salmon). The Declaration of Acceptance was received.
- 2. To receive and accept apologies: Apologies received and accepted from Cllr Jackson and Cllr Letch (DCC)
- **3.** To receive declarations of personal and disclosable pecuniary interests in respect of items on the agenda: Cllr Salmon declared a personal (non-registrable) interest in Planning Application 22/01630/FULL
- 4. Public Discussion an opportunity for members of the public to make representations, answer questions and give evidence in respect of any item on the agenda: One member of the public spoke in objection to planning application 22/0756. Cllr Tumes spoke on behalf of TDC about Moor Park and its environs (item 9 below) and Cllr Coren spoke on behalf of MDDC.

Cllr Coren explained that he was disappointed that he had been misinformed about the procedure for requesting realignment of parish and district boundaries. Cllr Tumes stated that he understood the implications for the PC of having housing which is in Tedburn St Mary Parish and Teignbridge District within Cheriton Bishop. Cllr Tumes will send the TDC Weekly Planning List to the Clerk so that the PC is made aware of planning applications in the parish of Tedburn St Mary which may affect Cheriton Bishop.

5. Cheriton District Parish Council Meeting Minutes 12th September 2022 – to consider the approval of the minutes as a correct record:

The minutes were approved as a correct record.

6. To receive reports from MDDC Councillors – for information only:

Cllr Coren reported that MDDC has taken in over 200 Ukrainian refugees and has been commended for the support programme it has put in place. The number of parking spaces available at Lords Meadow Leisure Centre in Crediton will be reduced for several months whilst ground source heat pumps are fitted. If residents find the new wheelie bins inappropriate for their use they can ask MDDC for seagull sacks instead.

- 7. To receive a report from Councillor Letch (DCC) for information only: None
- 8. Council has been asked to comment: [Cllr Salmon left the meeting]

Reference:22/01630/FULLProposal:Erection of an agricultural storage buildingLocation:Old Tellams Yard Cheriton BishopApplicant:BG Pearce Ltd

The purpose of this building is stated to be agricultural. MDDC Local Plan Policy DM16 provides that agricultural buildings are allowed when they are reasonably necessary to support farming activity on the farm on which they are to be located, or in the immediate agricultural community. Cllrs therefore resolved to support this application although it was noted that there is no information in the application as to why there is a need ie a change or improvement in activity that necessitates a new building.

[Cllr Salmon re-joined the meeting]

Reference:	22/01756/ARM
Proposal:	Reserved matters (appearance & landscaping) for the erection of 2 dwellings and alterations to existing vehicular access following outline approval 18/01633/OUT
Location:	Land at NGR 276783 94569 (Little Mounson) Cheriton Bishop
Applicant:	Mr G Smith

It was resolved to object to this application for the following reasons:

The design of the properties does not reinforce the character and distinctiveness of Mid Devon's historic built environment, nor does it preserve or enhance the distinctive qualities of Mid Devon's natural landscape. The application therefore does not meet the criteria of MDDC Local Plan Policy S9. This policy also provides that development should mitigate and adapt to climate change. The designs do not achieve this. For example, they do not provide for ground source heating or earth sheltering.

MDDC Local Plan DM1 provides that designs of new developments must demonstrate a clear understanding of the characteristics of the site and be an efficient and effective use of the site. These criteria are not met - the PC understands that the proposed layout will prevent use of a right of way over the land. The proposed site entrance also does not demonstrate a clear understanding of the characteristics of the site because it does not provide an adequate visibility splay for safe exit onto a narrow lane unless an adjoining hedge, which the PC has been informed is not under the ownership of the applicant, is removed. The plans show that there will be 5 bedrooms and 3 parking spaces for each dwelling. This will result in significant additional vehicular activity on a narrow lane which has very limited capacity for additional traffic, particularly around the site access.

The proposed designs do not make reasonable provision for wheelchair users. Specifically, the entrance leads onto a landing from which residents/visitors have to descend several steps to gain access to the ground floor and its facilities. The designs therefore do not meet the provisions of Building Regulations Part M4.

MDDC Local Plan Policy S14 provides that development outside settlements will preserve and where possible enhance the character, appearance and biodiversity of the countryside. The design of the application does not enhance the countryside and includes limited biodiversity measures.

9. Moor Park – to consider further action on inclusion of Moor Park within the Parish:

Cllrs discussed the implications of the boundary anomaly which means that some areas of Cheriton Bishop (eg Moor Park) are within the village but not within the parish boundary. The implications include: residents using parish facilities whilst their precept is paid to Tedburn St Mary; the village school being oversubscribed and lack of visibility of planning applications which could substantially affect the parish.

Cllr Ball explained that he only became aware that TDC had identified a potential housing development site adjoining the parish boundary because he had seen details at Tedburn post office.

Cllrs felt that this anomaly should be corrected so that they can represent the interests of all residents of the village. After discussion it was agreed that Cllr O'Neill would inform residents of the concerns by writing an article for the monthly newsletter and ask for comments.

The Clerk will write a letter to the Boundary Commission explaining the Council's disappointment that Cllr Coren had been misinformed as to the correct procedure to request a boundary change. The Clerk will also find out the date of the next review by the Boundary Commission. To go on the November agenda for consideration of further action.

10. Parish Boundary Review – to consider a response to the second stage consultation:

Cllrs noted that some residents who live on the boundary between Cheriton Bishop and Hittisleigh had expressed a preference to join Hittisleigh parish. It was resolved to support Cllr Coren's proposal for a boundary realignment to reflect this.

11. 20's Plenty for Us – to consider purchasing 20 is Plenty stickers for wheelie bins in the Parish: Cllrs resolved to purchase 50 stickers. Clerk to order and bring to next meeting. Stickers to be advertised on FB and in the newsletter.

12. War Memorial – to note the War Memorial Trust (WMT) has advised that a grant application for resurfacing would not be successful and agree further action:

The Clerk explained that the WMT consider the re-surfacing to be of too low priority for them to assist with funding. Also, they would only replace like for like. Cllr Salmon suggested that the area around the memorial could be improved by removing the hazardous surface and replacing it with a remembrance garden. Cllrs agreed parishioners' views on this idea should be sought. Cllrs Benjamin and Ball will create an image of how the garden might look. This can then be put on the FB pages and in the newsletter with a request for feedback.

13. Planning – to agree a standard comment on applications for submission to MDDC: Carried over to November meeting.

14. Planning - to consider whether the PC should write to MDDC regarding the duty of care they owe to planning applicants with regard to comments submitted on the MDDC public planning portal: Cllr Benjamin explained her concern that MDDC is not consistent in redacting personal information before comments made by members of the public are published on its Planning Portal. This can result in applicants and members of the public who comment being targeted for personal attack on issues which are not pertinent to the application. Cllrs felt that MDDC owes a duty of care to members of the public who use the Planning Portal. Cllrs asked the Clerk to write to MDDC to urge them to review and enforce their redaction guidelines so that any issue which is not a material planning consideration is redacted.

15. Repairs & Maintenance - to consider any repairs and maintenance needed for PC assets:

It was noted that the entrance 'bollard' to the village from the Teignbridge side had been knocked over by a contractor. No additional volunteers to check Glebelands Play Area have come forward. It was resolved that ClIrs will take responsibility for monthly checks of the Play Area and the Village Green. ClIr Ball will set up a shared rota on Google Drive. Clerk to arrange signs for the Play Area and the Village Green so that members of the public who spot concerns are encouraged to report them to her.

Payee	Budget	Amount
Clerk - Salary (September)	Salary	£326.38
HMRC	Salary	£2.20
Clarity (Inv 296700)	Newsletter	£69.92
Wilson Gardening Services (August)	Playground	£50.00
Wilson Gardening Services (September)	Playground	£50.00

16. Accounts & Budget – the following payments were approved:

17. To receive a report from the Chair (for information only):

The Chair reported that he received a reply from South West Water regarding unreliable water pressure some residents. The flow has now been stabilised.

18. To receive reports from Councillors (for information only):

Cllr O'Neill reported that the turnout of volunteers for the September Village Tidy had been excellent. Councillors thanked the organisers and volunteers for their hard work. The Village Hall Committee is still waiting to hear from the insurers about the repairs to the Village Hall roof. The lack of parking for the Surgery is causing traffic issues on the Yeoford Road. Cllr O'Neill has emailed DCC regarding temporary signage and awaits a reply. Four people have volunteered for Community Speedwatch.

Cllr Benjamin reported that the £400 donation from the PTFA towards the second defibrillator for the village is no longer available.

19. Correspondence/Clerk's Report (for information only): None

20. Dates of Next Meetings (all commencing at 7 pm at the Spalding Hall unless otherwise notified): 14th November, 12th December, 9th January, 13th February, 13th March.

Situations Vacant

Volunteers Needed



Snow Warden

The Parish Council is looking for a new volunteer snow warden. If this winter is like last winter it will not be an onerous role. If you can help please contact Rachel Hodder, the Parish Clerk on **01363 85523** or *clerk@cheritonbishoppc.org.uk*

Glebelands Play Area

Since the Parish Council took over the Play Area volunteers have been making weekly checks of the equipment but we do need more volunteers.

This is not a time-consuming job - just a quick check over the equipment every now and again to make sure there are no obvious problems, help keep children safe and look after this wonderful community resource.

Can you help please? Please contact Rachel Hodder, the Parish Clerk on **01363 85523** or email *clerk cheritonbishop-pc.org.uk*

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Please contact: Julia Mercer, Practice Manager with your application letter and CV.

Cheriton Bishop & Teign Valley Practice, Yeoford Road, Cheriton Bishop, Exeter, EX6 6JA

Email: juliamercer@nhs.net Tel: 01647 24272

Closing Date: Friday 28th October

CB Facebook Page

The Facebook page is for the residents of Cheriton Bishop and the surrounding area.

It has been created to remind people of events that are taking place, clubs etc, somewhere to post photographs of the village, gardening, nature, if you need help that someone in the village maybe able to assist with, plants to swap or sell, pretty much anything really.

If you would like to be part of this Facebook group, please send a request to: www.facebook.com groups/433590694063276

Village Website

For more information about Cheriton Bishop, Crockernwell and the surrounding area, please visit our website: *www.cheritonbishop.org.uk*

If you have anything you would like to add to our website, (information, village life images etc), please contact the newsletter or visit **cheritonbishop.org.uk/contact/**

Please check out this link to a postcard collection of the village: *cheritonbishop. org.uk/photos-and-postcards/*





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Mondays: Tedburn St Mary Methodist Church

9.30am to 10.30am - Steady-paced Hatha Yoga

10.45am to 11.30am - Seated Yoga (this session is for those who would like to practice without the floor work)

Thursdays:

The Spalding Hall Cheriton Bishop

6pm to 7pm & 7.15pm to 8.15pm Both sessions are steady-paced Hatha Yoga

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