Cheriton Bishop & Crockernwell

Newsletter

February 2020



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Useful Information

Doctors and Healthcare

Doctors Surgery: 01647 24272 or 01647 24025

Surgery: 8.00 to 9.30 am, Monday to Friday - no appointment needed. Out of Hours: Call 111. Emergency: Call 999

The Patient Group: Amanda Vooght (Chair) - 01647 24593, Steve Colderick (Secretary) - 01647 24818

TALKWORKS Depression & Anxiety Service (South & West Devon): 0300 555 33 44 **Minor Injuries Unit:** Okehampton Medical Centre, 8.15 am to 6.00 pm, Monday to Friday

Emergency Services

Police

Electricity: 0800 365 900 **Non-emergency:** 101

 Gas:
 0800 111 999
 Crimestoppers:
 0800 555 111

 Water:
 0344 346 2020
 Neighbourhood Watch:
 Jean Martin

 Highways Agency:
 0300 123 5000
 01647 24586

Streetlights, potholes: 0345 155 1004 • csc.roads@devon.gov.uk

Schools and Local Organisations

Cheriton Bishop Primary School: 01647 24817 (term time only)

Head Teacher: Alex Waterman, Secretary: Linda McCracken, Chair of Governors: Jo Carter, PTFA: Dee Studholme-Côté

Cheriton Bishop Pre-school: 01647 281205 - Play Leader: Christine Grist

Acorn Community Support: 01647 252701

Beavers: Rachel Barclay - 01647 24575 • Cubs: James Morris - 01647 252375 • Scouts: Ollie Milverton - 07706 695928

Young Farmers: Georgia Pearce - 07563 382705

Walking Group: Dennis Milton - 01647 272844 and Jon Whitehead - 01647 281454

Farming Community Networks (FCNs) helpline: 0300 111999 or Joanne Jones - 07897 540278

Churches

Anglican Team Ministry: Rev. Martin Wood, The Rectory, Church Lane, Cheriton Bishop - 01647 24119, Tuesday to Sunday

Church Warden: Alan Greenslade - 01647 24002

Crockernwell Church: Rev. Julian Albrow, 21 Dunsford Road, Exeter, EX4 1LG - 01392 255791

Church Secretary: Mrs A MacDonald - 01647 24446

West Down Chapel: Derek Coren - 01647 24264

Halls & Meeting Rooms

Village Hall: Tim Gorringe - 01647 24789

Spalding Hall: Jean Martin - 01647 24586 (if no reply after 24 hrs, call Paul Mitchell - 01647 24405)

Local Authorities

Parish Councillors: Mid Devon District Councillors:

 David Tripp (Chair)
 01647 24582
 Derek Coren
 01647 24264

 Dennis Milton (Vice Chair)
 01647 272844
 Stuart Penny
 01363 85197

Phil Dicker 01647 24450

Chris Carter 01647 24774 County Councillors:

 Tim Vooght
 01647 24593
 Nick Way (Cheriton Bishop)
 01363 777903

 Peter Endacott
 01647 24580
 James McInnes (Crockernwell)
 01837 861364

Andrea Wood 01647 272786

Kim Bastyan

Parish Clerk: Diane Shepherd - 01363 85051 or 07903171897 (mobile)

 ${\it clerk@cheriton bishop-pc.org.uk} \bullet {\it Squirrel Lodge, Colebrooke, EX17\,5JH}$

www.cheritonbishop-pc.org.uk

Crockernwell Parish Councillors:

Ysanne James (Chair) ysanne.james@drewsteigntonparish.co.uk
Peter Brennan (Vice Chair) p.brennan@drewsteigntonparish.co.uk

Drewsteignton Parish Clerk: Lucy Bruckner - 07538 130973 • clerk@drewsteigntonparish.co.uk

27 Court Street, Moretonhampstead, Newton Abbot, TQ13 8LG

West Devon Borough Cllr: Paul Ridgers - 01822 813600 • cllr.paul.ridgers@westdevon.gov.uk

Member of Parliament: Mel Stride MP (Central Devon) • House of Commons, London, SW1 1AA

[Updated November 2019]

February's Newsletter...

Welcome to the February 2020 Edition

Dear Readers,

Well, the Newsletter Production Team are back and raring to go after our Christmas break, so sit back and enjoy this latest edition. We've got another jam-packed issue, full of useful information, notable dates for your diary and news from around the parish.

Spring is On the Way!

We had a fairly mild December, including a positively 'balmy' Christmas Day, but then descended into a really wet and windy January. I'm hoping that February will brighten up a bit as my lawn is definitely soggy. I can announce that the bulbs I planted in the garden last year are coming up and I even have the odd crocus and snowdrop appearing. I do love a spring bulb, there's nothing like the new flowers of spring to cheer you up when the weather is miserable and just plain horrid.

Love is In the Air...

On the subject of flowers, don't forget your loved ones on St Valentine's Day - February 14th. This year it falls on a Friday, so if you want to book a romantic meal out, you'll need to get organised pretty quick.

Leap into February

This year, 2020, is a Leap Year and there will be 29 days instead of the usual 28 this month. Leap day - the 29th - has existed for more than 2000 years and it is still associated with ageold customs, folklore and superstition. One of the most well-known traditions is that women can propose to their boyfriends, instead of the other way around. Exciting times!

On that note, I would like to thank everyone who submitted copy for this edition of the Newsletter, and I hope you all continue to make this an interesting and informative read for the community, from the community.

Lucy Cooper

Newsletter Production Team

Editor: Lucy Cooper

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Patience Netherway William Barclay Adam Barclay Matthew Barclay

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Advertising Rates

Charges for advertising in 10 issues are: ¼ page advert = £45, ½ page advert = £90

- Your advert should be supplied in A4 size (portrait for ¼ page, landscape for ½ page) so we can re-size to fit our template.
- To reduce print costs, please do not produce adverts with a black/grey background. Adverts will be printed in black/white and greyscale.
- Emailed documents can be supplied as PDF, DOCX, PNG, JPG or EPS format.

Dates for your Diary

February 2020

| 4 | Acorn Coffee Morning | Teign Valley Hal | l 10.30 - 12pm |
|----|--------------------------|------------------|-----------------|
| 4 | WC Embroidery Group | Village Hall | 1.45 - 4pm |
| 5 | Acorn Trip to Sainsburys | | |
| 6 | Acorn Lunch | The Red Lion | 12.30pm |
| 10 | Parish Council Meeting | Spalding Hall | 7.30pm |
| 11 | Mobile Library | See below | |
| 11 | Minibus Outing - CB | Trago Mills | 9am - 2pm |
| 13 | Teign Valley Memory Café | Strawberry Hill | 10.30 - 12.30pm |
| 17 | Cuppa and a Chat | Spalding Hall | 2 - 4pm |
| 17 | Gardening Club | Spalding Hall | 7.30pm |
| 18 | Acorn Coffee Morning | Teign Valley Hal | l 10.30 - 12pm |
| 19 | Acorn Trip to Sainsburys | | |
| 22 | Charity Dung Sale | Various | See page 15 |
| 27 | Teign Valley Memory Café | Strawberry Hill | 10.30 - 12.30pm |
| 29 | Grand Jumble Sale | Longdown Villag | ge Hall 2.30pm |
| | | | |

Forthcoming Events - March

| 14 | Castle Drogo - Community Open Weekend | 11am - 4pm |
|----|----------------------------------------------|------------|
| 15 | Castle Drogo - Community Open Weekend | 11am - 4pm |
| 28 | Curry & Quiz Night - Longdown Village Hall | |
| 29 | St. Mary's Tea Time Concert: Skylark Quintet | Dunsford |

Mobile Library - Tues 11th Feb

| Village | Stop | Arrive | Depart |
|-----------------|--------------------|--------|--------|
| Drewsteignton | Square | 12:10 | 12:30 |
| Clifford Bridge | Clifford Bridge | 13:30 | 13:50 |
| Crockernwell | Stanbury's Orchard | 14:10 | 14:40 |
| Cheriton Bishop | Glebelands | 14:50 | 15:45 |

Future Library Visits, 2020

10th March, 7th April, 2nd & 30th June, 28th July, 25th August, 22nd September, 20th October, 17th November, 15th December

March Issue Deadline

All copy for the March 2020 edition needs to be received by

Thursday 20th February

Please email your copy to cheritonnews@gmail.com or call if you can only supply a paper copy.

Editorial:

Lucy Cooper 01647 **272765**

Advertising:

Patience Netherway 01647 **24350**



Looking to buy or have something to sell?

Check out our classified page. If you would like to advertise ad-hoc, please email cheritonnews@gmail.com

Charges for lineage ads are £1 per line to include a contact number.

Dates for your Diary

Regular Meetings

Art @ Caribarn Studio, Pitton Barton

Every last Friday of the month 9.30 am - 12.30 pm. Contact: Sue Bloomfield - 01647 24840

Beavers (6 - 8 yrs) - Every Thursday (term time only). Contact: Rachel Barclay - 01647 24575

Cheriton Bishop Baby & Toddler Group - Every Friday, 9 - 11 am, School Hall. Find us on Facebook

Cheriton Bishop Lunch Club

The first Thursday of each month at The Red Lion. Contact: Jean Martin 01647 24586

Cubs (8 - 10 yrs) - Every Thursday (term time only). Contact: James Morris - 01647 252375

Cuppa and a Chat at Spalding Hall

Every third Monday, 2 - 4pm. Contact: Paul Mitchell 01647 24405 or Jean Martin 01647 24586

Gardening Club

Every third Monday evening in the month (Autumn & Winter) Contact: Janet Jeffery - 01647 24414

Parish Council

Every second Monday evening in the month. Contact: Diane Shepherd - 01363 85051

Pilates (paid advert)

Every Thursday morning, 8.55 am and 10.00 am (term time only). Contact: Adele - 07976 427941

Pre-School - Monday to Thursday, 8.45 am to 3.15 pm, Contact: Christine Grist - 01647 281205

Scouts (10 - 14 yrs)

Every Monday evening (term time only). Contact: Ollie Milverton - 07706 695928

Short Mat Bowling

Every Wednesday evening 7.30 - 9.30 pm, September to May, Contact: David Tripp - 01647 24582

Spiritual Discussion Group - Contact: Penny Gare - 01647 24639

Monthly Walking Group - For daytime walks see the CB Walking Group Facebook page

Contact: Dennis Milton - 01647 272844 or Jon Whitehead - 01647 281454

West Country Embroiderers - Every first Tuesday afternoon in the month

Contact: Elaine Clark - elainejclark@hotmail.co.uk Website: wcecheritonbishop

West Down Bible Study & Prayer

Every Monday evening from October to May. Contact: Derek Coren - 01647 24264

Young Farmers

Every 1st and 3rd Tuesday evening in the month. Contact: Georgia Pearce - 07563 382705

Online Info - Cheriton Bishop Website

For more information about Cheriton Bishop, Crockernwell and the surrounding area please visit our website: **www.cheritonbishop.org.uk**

Dates from ACORN



Cheriton Bishop Lunch Club

Lunches are on the first Thursday of the month

Thursday 6th February, 12.30pm at Red Lion Pub, Tedburn St. Mary

Your choice of Main Course and Dessert is:

1 Scampi, Chips & Peas2 Beef Stew & a Roll

3 Vegetable Lasagne

4 Ice Cream 5 Trifle

6 Chocolate Bownie

£9.00 per person £10.00 per person to include Tea or Coffee

Come along and meet new people,

Contact Jean before 2nd February on **01647 24586** to place your order and to let her know if you need a lift.

Coffee Mornings

Tuesday 4th & Tuesday 18th February

The Bowden Room, Teign Valley Community Hall 10.30 - 12 noon. Please drop in for a tea or coffee, a slice of homemade cake & meet up with friends, everyone welcome.

Minibus trips to Sainsbury's

February 5th & 19th from Cheriton Bishop Help is provided in store and we will also help carry your shopping too! Just £5 return.

Teign Valley Memory Café

February 13th & 27th, 10.30am to 12.30pm Meetings held at Strawberry Hill, Dunsford on the B3212 – look out for the sign.

Minibus Outing - CB

Tuesday 11th February

Trago Mills at Newton Abbot from Cheriton Bishop, leaving at around 9am and returning back to Cheriton at about 2pm. The cost will be £7.50.

Please phone the Acorn Office to book your seat on **01647 252701** - leave a message on the answerphone if necessary and they will ring you back. Once they know who is coming Donna will draw up a plan for times and places for picking up and let you know. It's first come first served and there are only 11 seats on the minibus, so do book as soon as possible!

What else do we do?

We have a fantastic group of volunteers who help to provide transport to medical and well-being appointments, we can deliver prescriptions, we can also loan equipment to assist you in the home.

Further information or to join our wonderful team of volunteers, contact the Acorn Community Support Office: **01647 252701**

www.acorncommunitysupport.co.uk

Acorn Community Support

ACORN is a small registered charity, founded in 1989, which works closely with the Cheriton Bishop & Teign Valley GP team. Dedicated volunteers provide services which compliment and expand on the services provided by the Practice. We help people living in our area who use other GP surgeries. Funding is provided by DCC Adult & Community Services and via donations and legacies received mainly from the local community.

Our charitable purpose is the advancement of health and well being with elderly, frail and disabled people in our community who with additional help can continue to live independently with privacy and dignity in their own homes.

Visit our website: www.acorncommunitysupport.co.uk

Email: office@acorncommunitysupport.co.uk or call: 01647 252701

Letters to the Editor

Memories of a WW11 Evacuee

Dear Cheriton Bishop,

My mother (then Beryl Redbourn) was evacuated as a young girl to Cheriton Bishop. I think it would have been about 1939-40

In 1945, aged 17, she married my father, an Australian pilot based in Britain with the RAAF and eventually joined him in Brisbane, Australia after the war. After I was born my father was posted back to England with the National Bank of Australia.

My mother loved Cheriton Bishop and dearly loved 'Aunt' Bess Drake who took her into her home and lovingly cared for her. When mum returned to England she tried to contact Aunt Bess to introduce her to her husband Tom and baby daughter Wendy but was deeply saddened to learn that Aunt Bess had died. My mother frequently spoke about the village and Aunt Bess over the years. Now aged 91 and in a nursing home those memories are still vivid. She remembers going to church twice on

Sunday and how hard Aunt Bess worked. My mother is very sorrowful that as a young girl she felt she never properly thanked Aunt Bess for all she did for her. If there are members of the Drake family still in the area I feel mum would like them to know of the kindness shown to her. I believe Bess Drake was childless.

In 1954 my parents Beryl and Tom Hearle returned to Australia. They retired in 1979 to Port Macquarie NSW.

The story of my mother's evacuation to Devon is fresh in her memory and the story of Cheriton Bishop continues to be told.

Wendy Stace, Australia

Christine Jillians has been corresponding with Wendy to record some of Beryl's memories of life in the village, and these will be printed in next month's newsletter. In the meantime if anyone has any information please could you contact Christine at: cheritonbishopwebsite@gmail.com

Rural Housing Development Award Winner

The award for Rural Housing Development is given to the best rural development completed in Devon in the last financial year. The judges take the standard of design, consideration of the local vernacular and engagement with the local community into account.

This year's winners are *Hastoe* for their development of 8 affordable homes at Higher Shippon, Cheriton Bishop.

The judges found this development to be attractive with a great sense of space. The homes are built to a high standard of sustainability with air source heat pumps and mechanical ventilation with heat recovery which keep fuel bills low as well as making the homes more sustainable. They also felt that the homes complemented the local vernacular with slate roofs and practical porches that blended in well.

Hastoe's Development Director, Ulrike Maccariello, said: "We collaborated closely with the Cheriton Bishop community to design and build a development that would enable local residents to remain living in the village they were born and raised in. This award recognises the hard work and determination of everyone involved, and celebrates these eight new homes that are both high-quality and affordable."

The standard of nominees was extremely high this year and the judges were very impressed with the quality of the finished developments and the commitment and hard work that was undertaken by the community groups and nominated housing associations.

Sarah Newman

Devon Communities Together

Letters to the Editor

News from Castle Drogo

Hi Everyone,

I hope that you all had a happy and healthy Christmas and new year. We certainly enjoyed welcoming lots of people in to see the castle decorated for Christmas in traditional Edwardian style. It had been 7 years since the castle was last open for Christmas and it was lovely to see it looking so beautiful. The days when we had various choirs and performances were particularly fabulous. The weather was largely kind but we still had a couple of days when the wind speed was in excess of 50 mph so the site was closed.

The new year started with a bang with the National Trust launching the celebrations to mark its 125th birthday. It's also a big year for Castle Drogo.

The scaffolding is down and the final sections of work are underway on the Kitchen and Scullery roof sections. I had one of those magic moments as I was walking down the drive towards the castle when the sun broke through the cloud catching the stonework beautifully. After 7 years of scaffolding, it was wonderful to see the full glory of the building once again. There is still a lot of finishing touches and tidying up to do, but it really felt like we were on the home stretch.

To mark our special birthday, and to say a huge thank you to all of you for your continued support and positivity, we would like to invite you to a community open weekend on Saturday 14th and Sunday 15th March, 11am - 4pm. The castle will be open, fresh from the winter clean and with new displays. The team will be on hand to share the latest project news and to chat about future plans. It would be the perfect time to find out about ways to get involved too, whether that is volunteering or how to make a difference for nature. I will be there too (please don't let that put you off) and we will have some live 30s style music in the castle from The Hummingbirds.

Please keep fingers and toes crossed for nice spring weather for the open weekend. We always update our website if we have to close due to high winds or heavy snow. If you are a member, please bring your card. Otherwise, please bring a copy of this magazine to get free entry. Everyone is welcome and I hope to see you all there.

Best wishes,

Paula

Community Engagement Officer Castle Drogo, 01647 434130 paula.clarke@nationaltrust.org.uk

Thank You Friends

I would like to thank all my friends in Cheriton Bishop for their good wishes and Christmas cards following my move to Treelands residential home near Tedburn in November.

I am happily settled in at Treelands now and enjoying keeping in touch with events in Cheriton Bishop through the Newsletter and those who visit me. I wish you all a belated Happy New Year for 2020,

Best wishes.

Geoffrey Sharland

Gwen Huntbach

10.10.1927 11.12.2019

Kath, Valerie, Adrian and family would like to thank everyone who attended the Church service for Gwen and for all the kind donations, messages and cards.

Donations amounting to £250 will be sent to **The Royal British Legion**

What's On?

West Country Embroiderer

Textiles & Mixed Media

4th February, Cheriton Bishop Village Hall, 1.45 to 4pm

Last month, over 20 members spent nearly 4 hours actively designing and cutting lino to print designs ranging from wild life to flora and fauna. Mary Needham was an inspirational tutor and patiently encouraged everyone to have a go.

Following on from our January meeting, February will embrace numerous techniques under the umbrella or 'embellishing'. New members are welcome as this will be an opportunity to gather ideas and practice stitches demonstrated by fellow members. We will have some spare designs for new members to work on. Our 2020 program is on our website and also displayed in the Village Hall. We have four Day Schools this year with tutors travelling from as far afield as Cornwall and Dorset.

Elaine Clark

elainejclark@hotmail.co.uk

The 'Devon Created' Festival

An Exhibition of Crafts & Flowers

Devon Created is a new and exciting festival organised by a new flower festival team at **Crediton Parish Church**. For over 40 years there has been a flower festival at the church. This year this exciting new venture will include local Devon crafts, each demonstrating and selling their own crafts, and including spectacular flower arrangements using flowers and materials to complement each craft.

The Festival opens Sat 30th May from 10am to 5pm, Sun 31st May 11.30am to 5pm, Mon 1st to Weds 3rd June 10am to 5pm and ends Thurs 4th June 10am to 3pm. Admission and Parking are FREE. Hot and Cold Refreshments are available in the adjacent Boniface Centre. Proceeds assist in keeping this magnificent Grade1 listed building, designated one of England's major parish churches, upright and watertight.

For your Diary: Sat 30th May and Mon 1st to Wed 3rd June 10am to 5pm Sun 31st May 11.30am to 5pm, Thurs 4th June 10am to 3pm. FREE Admission, FREE Parking, Hot and cold refreshments available.

For information: www.creditonparishchurch.org.uk
Bookings: 01363 776681 or creditonbookings@gmail.com

Invitation from Drogo

To mark the National Trust's 125th birthday, and to say a huge thank you to all of you for your continued support and positivity, Castle Drogo invite you to a community open weekend on Saturday 14th and Sunday 15th March, 11am – 4pm. The castle will be fresh from the winter clean, with new displays and information about project news and future plans.

Find out about ways to get involved, whether that is volunteering or how to make a difference for nature. There will be live 30s style music in the castle from *The Hummingbirds*.

Other Events:

Helping nature trail

Sat 15th Feb 2020, 11am - 4pm

Explore the grounds and learn new ways to help look after nature.

Wild Tribe

Sun 16th Feb 2020, 11am - 3pm

Join the Wild Tribe for bushcraft activities for children aged between 5-12. Free event.

What's On?

Grand Jumble Sale

Longdown Village Hall Saturday 29th Feb, from 2.30pm

Entrance 50p
Refreshments available
Jumble donations at the Hall
on the morning or contact Jane on
01392 811334

Event for your Diary:

Curry & Quiz Night

Saturday 28th March - Tickets £7.50

Cuppa and a Chat at the Spalding Hall

Monday 17th February, 2 - 4pm

Everyone is very welcome!

Choice of hot and cold drinks, and biscuits

Any donations towards the cost of hiring the hall are most welcome.

Need a lift from your home?

Ring Paul on **01647 24405** beforehand.

Stone Lane Gardens, Snowdrop Planting

Sunday the 1st of March, 10am to 4pm Stone Lane Gardens, Chagford

Every March we hold a special Snowdrop Planting Day. Garden owners, who are kindly willing to donate wild Snowdrops from their gardens, will be welcome to drop by and



help us increase our display of Snowdrops for visitors to enjoy for many years to come. Stone Lane Gardens is open to the public every day and is a registered charity.

Find us at Stone Farm, Stone Lane, Chagford, TQ13 8JU.

Stone Lane Gardens holds a National Collection of Birch and Alder trees and is an RHS Partner Garden.

Registered Charity No.1141252. For more information on Stone Lane Gardens go to www.stonelanegardens.com

Tea-Time Concerts

St. Mary's, Dunsford, Teign Valley

Excited to announce that concerts are being organised for this year and into next year! We hope to have a lovely and well known Baritone in 2021. Arrangements are in hand, but more of that later. Forthcoming dates for your diary:

- Sun 29th March: Skylark Quintet. Judith Hall Flute, Lynn Carter Oboe, Victoria Loram Clarinet, Nicky New Horn, Jo Arnasson Bassoon.
 This is an exciting group of talented musicians, so don't miss it!
- **Sun 26th April:** Piano Duets with Paul Mclure & Roger Stephenson. If you know Paul & Roger you will be in no doubt that this is bound to be a fun filled afternoon. Be there or be square!

We hope to arrange for a return of "Just Us Musique", The Orchard Quartet, Village voices, Grace notes and others - *Watch this space!*

Messages from St. Mary's

A Busy Month in February

This year February has quite a few memorable events. The most obvious being that it is a leap year making it a twenty-nine-day month. This will be especially helpful to all those people who have a birthday on that day. I particular like leap years as you avoid the mistake of putting February dates in your diary in March. Normally if you get the wrong month the date and day do not match up and you see your mistake immediately. It is not much fun being a month early or a month late for an appointment!

The second of February sees the end of the Christmas season, it is celebrated for forty days. This year helpfully it lands on a Sunday. The end of Christmas is marked by Candlemas, it remembers when Jesus was presented at the temple when he was forty days old. Simeon sees great promise in Jesus and warns Mary that it will be painful, 'a sword will pierce your own soul too'. At Candlemas, candles were blessed for the year. There is already a sense of the darkness of the cross being foreboding and the importance of the Christ light standing against it. I came across a weather prediction on the basis of Candlemas.

If Candlemas Day be fair and bright, Winter will have another flight

If Candlemas Day brings cloud and rain, Winter is gone and won't come again.

The end of February sees the beginning of Lent on Ash Wednesday 26th February. We see that foreshadowing of the cross that Simeon saw in the baby Jesus being played out some thirty or thirty-one years later in Jesus' life. Lent takes us through the forty days to Easter. We need to get ready and be prepared. Simeon told Mary that it would be painful and involve the worst day of her life. Yet, she had to walk forward in faith and trust that God would carry her through her darkest day. We often have to keep going and pray for God's help. In Lent, we are told to prepare in many different ways. We are encouraged to prepare by self-examination and repentance; by prayer, fasting, and self-denial; and by reading and meditating on God's holy word. I would encourage us all to try and get realigned with God and use this time of getting ready to adjust our lives into God's way. Focusing on reading and meditating on God's word, the Lent course might help you do this. It is on a Wednesday night starting on 26th February and runs for six weeks. It focuses on the prayer Jesus taught his disciples. Whatever you do for Lent try and make it help our world and the people around, then it should have a positive outcome!

Lastly, do not forget Shrove Tuesday on the 25th February. Better known as pancake day to many people. It has its origins in using up the rich food before the start of Lent. A reminder from the past, over four hundred years ago, not to waste food but use it carefully.

Rev. Martin Wood

The Rectory, Church Lane, Cheriton Bishop EX6 6HY Tel: **01647 24119** (Tues to Sun) Email: revwood163@qmail.com

Churchwarden's Ramblings

Many thanks to all who helped with the decoration of the church for Christmas and a special thank you to Keith and Sarah Rowell for their kind donation of the Christmas Tree.

The Christingle Communion service on Christmas Day was well attended, the collection in aid of the Children's Society came to £168.10.

The Lent Course which will be run on Wednesday evenings at Pathfinder will this year look at the Lord's Prayer, details elsewhere in the Newsletter. You may already know that an Oak tree was blown down in the churchyard over the Christmas period. It is stable at the moment and we are arranging for it to be removed, but please stay away from that section of the churchyard.

If you would like to join the band of ringers either to learn or as an experienced ringer, please give me a call

Alan Greenslade 01647 24002

Church Services

Services at St Mary's Cheriton Bishop and other Churches in the North Kenn Mission Community

February 2020

| Sunday 2nd 10.30 | Candlemas Holcombe Burnell | Holy Communion | Revd Prof Tim Gorringe |
|---------------------|----------------------------|-----------------------|--------------------------------------------|
| | 11010011100 | rioly communication | Nova i i i i i i i i i i i i i i i i i i i |
| Thursday 6th | Dath Carlon | Maurina Duarran | المنامط |
| 10.30 | Pathfinder | Morning Prayer | Lay Led |
| Sunday 9th | 3rd before Lent | | |
| 9.30 | Holcombe Burnell | BCP Communion | Revd Martin Wood |
| 9.30 | Whitestone | Parish Communion | Revd Prof Tim Gorringe |
| 11am | Cheriton Bishop | Family Service | Revd Martin Wood |
| 3pm | Pathfinder | Prayer and Fellowship | |
| 3pm | Tedburn St Mary | Tea and Fellowship | Revd Martin Wood |
| Thursday 13th | | | |
| 10.30 | Pathfinder | Holy Communion | Revd Martin Wood |
| Sunday 16th | 2nd before Lent | | |
| 9am | Tedburn St Mary | Holy Communion | Revd Martin Wood |
| 9.30 | Cheriton Bishop | Parish Communion | Revd Prof Tim Gorringe |
| 11am | Whitestone | Family Service | Revd Martin Wood |
| 3pm | Pathfinder | Evening Prayer | Lay Led |
| 6pm | Holcombe Burnell | Evening Prayer | Revd Martin Wood |
| Thursday 20th | | | |
| 10.30 | Pathfinder | Holy Communion | Revd Martin Wood |
| Sunday 23rd | Next before Lent | | |
| 8am | Cheriton Bishop | Holy Communion | Revd Martin Wood |
| 9.30 | Tedburn St Mary | Parish Communion | Revd Martin Wood |
| 11am | Holcombe Burnell | Family Service | Revd Martin Wood |
| 3pm | Pathfinder | United Service | |
| 3pm | Whitestone | Evening prayer | Revd Martin Wood |
| Wednesday 26tl | n Ash Wednesday | | |
| 10.30 | Pathfinder | Holy Communion | Revd Martin Wood |

Please Note: **Spalding Hall** is open for the use of the toilets during *highlighted* service times

We invite everyone, including children, to attend all of our services

Church Services

Lent Course 2020 - The Lord's prayer

Pathfinder Church

The Lent course will follow the pilgrim course looking at the Lord's Prayer. The course will run for six evenings on a **Wednesday at 7.30pm at Pathfinder Church**

| Date and Time | Theme |
|---------------|---------------------------------------------------------------------|
| 26th February | Our Father in heaven, hallowed be your name |
| 4th March | Your kingdom come, your will be done, on earth as in heaven |
| 11th March | Give us today our daily bread |
| 18th March | Forgive us our sins as we forgive those who sin against us |
| 25th March | Lead us not into temptation but deliver us from evil |
| 1st April | For the kingdom, the power, and the glory are yours now and forever |

West Down Evangelical Chapel

Yeoford Road, Cheriton Bishop

| Services | 11.00am | 3.00pm |
|-------------|-----------------|------------------------------------------|
| Sunday 2nd | Morning Worship | Family Service with Rev Rob Wilkinson |
| Sunday 9th | Morning Worship | Family Service with Mr Reg Cade |
| Sunday 16th | Morning Worship | Family service with Mr Jonathan Bradford |
| Sunday 23rd | Morning Worship | Family Service with Mr Jimmy Powell |
| | | |

Prayer and Bible study Monday evenings at 7.30pm

Friends & Neighbours meeting 20th February 2-4pm. Everyone welcome.

Yeoford Road, Cheriton Bishop EX6 6HG Contact: 01647 24264 or 01647 24660

Holy Trinity, Yeoford

The Candlelit Carol service saw a full church and although the organ refused to make a sound the tablet came to the rescue and all carols were sung with gusto.

The Crib Service also saw a very full church with children filling the crib and telling the story and singing away in a manger with a candle.

Matthew presided at our First Holy Communion of Christmas a calm and enjoyable service to start Christmas. The Yeoford Hamper at St. Nicolas Fair was won by *Vera Rolls* who correctly guessed the weight of the cake.

Cafe Company on Mondays from 9.30 till 11am in Church.

February Services

Sunday 9th, 10am Family Service
Sunday 23rd, 9.30am Holy Communion

Health & Lifestyle

Online recipe book to help reduce food waste

Recycle Devon has launched a new online recipe book to help Devon residents waste less food and save up to £800 a year.

The free book "Have Your Food And Eat It" shares tips on buying, storing and preparing food and contains recipes for using up leftovers to help make food stretch further.

In the UK, we throw away 6.7m tonnes of food a year which is a third of the food we buy. Nearly half of that is fresh fruit and vegetables, bread, dairy, rice and pasta.

Research also shows that we throw away more food than we think we do, with common reasons including buying too much in the first place, improper storage, not eating things in time and cooking too much, especially pasta and rice. If this sounds familiar, there are plenty of tips to help.

With a few small changes, the average family of four could save as much as £800 a year!

By choosing to recycle, your efforts will benefit billions of people including yourself and your family.

The book looks at ways to save you money and time, from smarter shopping to meal prepping for the week ahead. Perfect for busy families and lifestyles! It also provides a selection of recipes suited to using up ingredients in the fridge and leftovers.

Every year, we throw away 6.7 million tonnes of food!

There are a range of recipes in the book whether you are a beginner or a kitchen whizz looking for inspiration. If you've ever wondered about reheating rice or you're unsure about use-by dates, this book has all the answers. Packed with facts, tips and advice, it's the ideal go-to for making food go further and money last longer.

Recycling at Your Kerbside

Did you know, mobile phones, ink & toner cartridges are recycled as part of your kerbside collection? Cartridges can have a detrimental impact on our environment as they can take up to 1,000 years to decompose. If they come into contact with water they can leak ink, potentially polluting our watercourses.

Only 30% of ink cartridges are recycled, leaving 350 million ending up in general waste

Most cartridges can be reused many times before the need to be reprocessed, For those that can't, 97% of their parts can be recycled. In addition, mobile phones can also be recycled at the kerbside. For every million mobile phones recycled, we can recover

16,000 kgs of copper, 350 kgs of silver, 34 kgs of gold and 14 kgs of palladium.

Mobiles also contain tin, zinc and platinum which are increasingly scarce materials that can be recovered if recycled. Saved energy from recycling one phone is the equivalent of charging a laptop for 44 hours. Annually, up to 130 million mobiles are thrown away, but they could produce enough energy to power over 24,000 homes for a year if recycled!

Unwanted mobile phones and ink & toner cartridges can go in the green recycling box using a non-black carrier bag to protect from water ingress and ink leakage. They can also be recycled at your local recycling centre.

Please note: A factory reset should be performed on a mobile phone to wipe any personal data before recycling.

Health & Lifestyle

Dog Walking Volunteers

The Cinnamon Trust is the national charity whose wonderful volunteers help people over retirement age and those in the latter stages of a terminal illness by offering all kinds of pet care. We are looking for some dog walking volunteers to help residents of Hittisleigh and their dear little dogs who would love to go for a good walk.

Many elderly or ill pet owners worry about their ability to provide proper care for their animals and start looking to rehome what may be their only companion, this is where our national network of dedicated volunteers step in to offer support enabling them to stay together. We'll walk the dog for a housebound owner, we'll foster pets when owners need hospital care, we'll fetch the cat food, even clean out the bird cage or litter trays.

If you are interested in becoming a volunteer please call during office hours 01736 758707 or email appeals@cinnamon.org.uk or you can check out our website for more details at www.cinnamon.org.uk and download our volunteer registration form from our web site www.cinnamon.org.uk

The Walking Group



The past year has seen a revival of interest with a steadily increasing number of regular walkers enjoying our spectacular scenery around what is one of the best walking areas of the country. Particularly popular were the evening walks from April to September and we will continue those again this year. The last walk of the year in December finished with nineteen of us enjoying a carvery lunch at Fingle Bridge following a walk along the Teign.

For the first walk of the new year, seventeen of us braved the cold for a walk around the Tors south of Okehampton.

It has been very pleasing to welcome new members who are moving to the village and surrounding areas and from neighbouring villages. If you would like to join us, visit our Facebook page, and see where we have been. If you have your own favourite walks and you would like to share them with us, please let us know!

The February walk will be notified by email and on our FB page. Looking forward to seeing everyone on our forthcoming walks.

Jon & Dennis

Small Changes, Big Impact

Small lifestyle changes can make big differences in health and vitality! Here are 2 easy changes that will have a big impact if applied regularly.

The first small, tiny,
easy peasy step is to
have a regular "gratitude
practice". Every day, find
at least one thing to
be grateful for. Studies
have suggested that this
can decrease fear and
anxiety, increase mood,
and give more lust for
life, better sleep, and a
whole plethora of other
increased health benefits!

Another small change is 'more movement'. Get up and get moving at least once per hour to break the habit of long hours of sitting. If regular movement is added to a sedentary lifestyle, the benefits can be huge.

If you are already doing these, you can always do more; you'll never say "I wish I hadn't spent so much time feeling grateful". See for yourself how a little gratitude and movement each day can make a big difference!

Joe Arnold MChir Dartmoor Chiropractic

Surgery Timetable

Cheriton Bishop & Teign Valley Practice, EX6 6JA Tel: 01647 24272 or 01647 24025

Main Surgery - Cheriton Bishop - Open Surgery: 8am to 9.30am, Mon to Fri

Two doctors will be available for the open surgery each morning. No appointment necessary

Appointment Surgeries: mornings

| Dr Hamilton | Monday | 10am to 11am |
|-----------------------|------------------------------|-------------------|
| Dr Hamilton | Thursday | 8.30am to 11am |
| Dr Vaile | Monday / Thursday | 8.30am to 11am |
| Dr Vaile | Wednesday | 10am to 10.50am |
| Practice Nurse | Monday / Wednesday | 9am to 12.30pm |
| Practice Nurse | Friday | 9am to 12noon |
| Health Care Assistant | Monday / Tuesday / Wednesday | 8.30am to 12.30pm |
| Health Care Assistant | Thursday | 8.30am to 11.10am |
| Health Care Assistant | Friday | 8.30am to 11.30am |

Appointment Surgeries: afternoon

| Dr Clunie | Monday | 2.50pm to 5.10pm |
|-----------------------|---------------------|------------------|
| Dr Hamilton | Tuesday | 2.50pm to 4.50pm |
| Dr Hayter / Dr Clunie | Tuesday (alternate) | 2.50pm to 4.50pm |
| Dr Vaile | Wednesday | 2.30pm to 4.30pm |
| Dr Hayter | Friday | 3pm to 4.30pm |
| Practice Nurse | Monday | 2pm to 4.30pm |
| Practice Nurse | Tuesday | 2pm to 6.50pm |
| Practice Nurse | Thursday | 2pm to 5.30pm |

Evening Surgery: Cheriton Bishop only

We recognise the need for those who work to be able to access a convenient surgery appointment time, so there will be an evening clinic on Tuesdays run by Dr Clunie and Dr Hayter by appointment

Branch Surgery - Christow - By Appointment Only

| Dr Hayter | Monday | 8.20am to 10.20am |
|-----------------------|-------------------|-------------------|
| Dr Hamilton | Tuesday | 8.30am to 10.30am |
| Dr Clunie | Wednesday | 2.30pm to 4.30pm |
| Dr Hayter | Thursday | 3pm to 5.00pm |
| Dr Clunie | Friday | 3pm to 4.30pm |
| Practice Nurse | Tuesday | 8.30am to 11.30am |
| Practice Nurse | Wednesday | 2pm to 4.30pm |
| Practice Nurse | Thursday / Friday | 2pm to 5pm |
| Health Care Assistant | Monday / Tuesday | 8.30am to 11.30am |

To Make an Appointment for any Surgery or Speak to a Doctor

Please ring 01647 24272 Mon to Fri, 8am to 6pm (except Bank or statutory holidays)

Out of Hours: When the surgery is closed and you need to speak to a doctor please call: 111

In an Emergency, Call: 999

[Updated January 2020]

In The Garden

February's Gardening Jobs

One job to do in February, is to prune Wisteria. If you have a huge area, you can leave them to spread where they want to (maybe up a large tree). Most of us, however, need to restrain them and want to make the most of their flowering potential. If you cut back long vegetative growth at the right time, more energy can go into encouraging flower bud formation. So cut back long whippy growth to 2 or 3 buds to ensure air can circulate and the sun can reach the wood to help ripen it.

If your Wisteria has been left unpruned for several years, you will need a pruning saw to take out old branches which are growing in the wrong direction. This will encourage strong new growth which will need to be kept under control in the summer (July/August) when you do the second prune of the year (back to about 5 leaves but I might remind you in the summer).

If you want to grow Wisteria as a standard, allow the main stem to grow to the top of its

support and then remove the tip in February. Side shoots can be shortened to about 20 centimetres (8 inches) each following winter until over 6 or 7 years a head is gradually built up. As your standard tree develops, you will need to prune in August as well, back to about 5 leaves.

Vegetable sowing can start under cover in February. Lettuce, salad crops and chard in small quantities are worth trying, either to grow inside or to plant out in late March.

Seed potatoes can be chitted on a cool windowsill out of direct sunlight. Place them in an egg box and when the shoots grow remove all but the 4 strongest ones.

Tomatoes can be sown now on a warm windowsill or propagator but make sure you have enough space to grow the tender seedlings on with plenty of light. Sometimes it is better to delay sowing seed until Spring is well on its way!

Sally Rix

Gardening Club

Our February meeting is on Monday 17th at 7.30pm in the Spalding Hall, when we shall be having a talk on 'Cornish Tea' from the Tregothnan Tea Company. This should be a fascinating evening on a subject we have not heard about before but I am sure there will be an opportunity to taste some of their produce during the evening. All are welcome.

We are starting to think about speakers for next winter. If there is a topic you would like to hear more about please let us know.

Janet Jeffery, 01647 24414

Cheriton & Tedburn YFC

Stroke Association

Charity Dung Sale

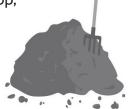
Saturday 22nd February

£3 a bag - Order your manure now to guarantee supply

We will be visiting: Cheriton Bishop, Tedburn St. Mary, Drewsteignton & Whitestone

Contact:

Georgia Pearce - 07563 382705 Aggie Jones - 07972 0171121



Cheriton Bishop Pre-School

Thank You

Firstly, thank you so much to everyone who came along to our Nativity performance, it was great to have so many supporting the children and an amazing amount of just over £1000 was raised - a fantastic total, so thank you very much!

Spring Term 2020

This half term our theme is 'Our favourite books.' The children have all been encouraged to bring in and share their favourite stories and we are then intending to organise our session planning around their choices.

So far we have looked at healthy eating through 'The Very Hungry Caterpillar' story, explored natural materials through 'The Gruffalo', rhyming words through 'Oi Frog' and being kind to our friends through 'The Smartest Giant in Town.'

Get in Touch

We provide pre-school education with fun and exciting activities linked to the Early Years Foundation Stage Curriculum, all in a spacious setting with a wide variety of equipment and secure outside play area.

By the time our pre-school children start school, they will be very ready to do so!

We have spaces available

For information and session times, please call our Play Leader, Christine Grist - **01647 281205** or **07977 777318** or email christine.grist@thelink.academy

Visit the Pre-School's web pages at: www. cheriton-bishop-primary.devon.sch.uk

CB Primary School News

Welcome back to the Spring term! There is a really exciting buzz around the place as the children have begun their new topics.

Playground Improvements

Fantastic improvements will include a ship and castle at the top of the playground and an agility course down the field side of the middle hedge - funded by grants and donations sourced by our amazing PTFA. Thank you to ALL of you for your contributions! There will be a Grand Opening once a completion date is known.

Class 3 Gymnastic Event

Class 3 enjoyed a wonderful morning at QE when they took part in a Gymnastic event. The children behaved beautifully and all were

really enthusiastic throughout the event. Well done to all of you.

The New Bike Shed

Over the Christmas holiday our new bike shed appeared! This means that families who are able to cycle to school should have lovely dry bikes at the end of the day! This was an idea of our Eco Club and was kindly made by Gracie and her Grandad, at Culver Sawmill. Many thanks to both of them.

Tesco: Grant Reminder

The Bag of Help - Blue Tokens is now open for the Cheriton Bishop School Adventure Trail in Crediton Tesco stores. Please add a token every time you shop - the more tokens we get the more money will be given to our school.

Cheriton Bishop Parish Council

Minutes of the Parish Council Meeting

Meeting held on Mon 9th Dec 2019 at Spalding Hall, Cheriton Bishop

Present: Cllrs D Milton (Vice Chair), D Tripp (Chair), P Dicker, K Bastyan T Vooght, A Wood,

P Endacott, C Carter, S Penny (MDDC, N Way (DCC), and D Coren (MDDC)

In Attendance: D Shepherd (Clerk) and 6 members of the public

To receive and accept apologies

There were no apologies

To receive Declarations of Interest: To receive declarations of personal interest and disclosable pecuniary interest in respect of items on this agenda

Public Participation: To receive public comment on items on the agenda. A maximum of 10 minutes is allowed for this item

One parishioner put forward a proposal re the CLT. One parishioner referred to a request to the Council regarding building work

Minutes of the Cheriton Bishop Council Meeting held on the 11th November 2019: To approve and sign as a correct record:

It was resolved to approve and sign the minutes as a correct record (Proposed Cllr Milton)

MDDC Planning Applications: MDDC had asked for comments on the following Planning Applications:

Reference: 19/01872

Proposal: Conversion of a redundant stable building to dwelling

Location: Land at Medland Manor

Applicant: Mr Hafstadd

It was **resolved** to support this application with the condition that there is suitable mitigation to protect the horseshoe bat population in the stable (Proposed Cllr Wood)

Reference: 19/01802

Proposal: Conversion of detached double garage to Holiday Let

Location: Wild Orchard
Applicants: Mr and Mrs Hiett

It was resolved to support this application (Proposed Cllr Milton; Abstain; Cllrs Vooght and Endacott)

Reference: 19/01946

Proposal: Change of use from bedroom above garage to self contained holiday let

Location: Frogmill, Cheriton Bishop

Applicants: Mr K Macpherson

It was **resolved** to support this application with the conditions that it is never split from the main residence and usage is restricted to a specific number of weeks

19/01569/CLU: It was noted that further information had been received and the Council would request an extension so that it could be discussed at the January meeting

Planning Inspectorate Appeal Decision: It has been notified that the appeal against MDDC's decision to refuse permission for the following application has been dismissed:

Reference: 18/01948

Proposal: Erection of 5 dwellings
Location: Land adjacent to Hill View

Applicants: SAS Europe

 $\textbf{Precept Request:} \ \text{To consider the precept request for 2020/21}$

The draft budget for 2020/21 was amended and the Clerk will recirculate

It was **resolved** to approve the draft budget (Proposed Cllr Tripp)

It was resolved to increase the precept request for 2020/21 by 5% (Proposed Cllr Endacott)

Code of Conduct: To consider adoption of the MDDC revised Code of Conduct It was **resolved** to adopt the revised Code of Conduct (Proposed Cllr Tripp) It was **resolved** to set the limit of the disclosable gifts at £10 (Proposed Cllr Wood) Cllr Wood reported the need to update the Council website. The Clerk to do

Cheriton Bishop Parish Council

Devon Air Ambulance Night Landing Sites: Cllr Dicker to report

Cllr Dicker reported that there was a meeting between the landowner and DAA this week. Discussed future funding options and agreed to wait for the report re costs from DAA

Section 106 Monies: To discuss proposals

The Clerk reported on contact with MDDC re the Council taking over responsibility for the Play Area. Clerk to obtain draft copy of lease and no decision made re the need to appoint a solicitor re the lease

Climate Change: The Clerk to report on response to request for parishioners to take this forward and Cllr Coren to report on funding opportunities

The Clerk reported that there had been two expressions of interest from the parish and that the suggestion had been made to involve the Scouts and the School. Cllr Carter reported on his attendance at a climate change briefing meeting. Cllrs discussed ways forward including setting up a public meeting and linking with nearby Parish Councils. Cllr Coren reported on the work going on at MDDC. Cllr Carter was asked to follow up on these ideas and report to the next Parish Council meeting

MDDC Local Plan Update: Cllr Coren to report

Cllr Coren updated Cllrs on the Local Plan

Retaining Wall: To consider a request from a parishioner

It was resolved to write to the land agent to confirm that the Council was content that the work could go ahead as long as everything was put back the way it was (Proposed Cllr Vooght)

Cheriton Bishop Community Land Trust: To consider a request from the CBLT

It was **resolved** that the Chairman and Cllr Vooght would become ex -officio members of the CLT (Proposed Cllr Tripp)

Repairs and Maintenance in the Parish: To discuss progress and to identify any further works required Cllr Tripp will follow up re the repairs to the Noticeboard. Cllr Vooght will seek a company to inspect and quote for the maintenance of the Flagpole

Roads and Footpaths in the Parish: To consider issues relating to roads and footpaths in the parish The Clerk read out an email from a parishioner re concern over the road between Bowden and Pitton Cross Cllr Way responded and said it would be inspected and assessed

Correspondence: To consider the report circulated by the Clerk

The report was noted and the Clerk referred to additional correspondence that had been received

Accounts:

It was resolved to **approve** the following payments:

| Diane Shepherd (December) | £321.21 | St Thomas (Paper) | £366.76 |
|-----------------------------|---------|-------------------|---------|
| HMRC (PAYE December) | £80.20 | Clarity | £87.91 |
| Diane Shepherd (Travelling) | £17.55 | Newsletter stamps | £2.00 |
| Phone rental (December) | £6.79 | Stamps | £3.66 |
| MDDC (Grass cutting) | £577.51 | | |

The Clerk reported that two payments approved in November were reduced as follows: Travel: £5.85 and Clarity £229.53

Report from Cllr Way (DCC): For Information Only

 $\hbox{Cllr Way reported on the full DCC meeting held recently and the Highways Enforcement Meeting he had arranged at DCC}\\$

Report from the Chair: To consider a report from the Chair. For information only

Cllr Tripp reported on his attendance at the Highways Enforcement meeting arranged by Cllr Way. Cllr Tripp would circulate the minutes to Cllrs and to interested residents

It was noted that parishioners with concerns about roads/traffic should report these on line and if this was not possible DCC could be contacted by phone or letter

Report from Councillors: To consider reports from Councillors. For information only

Cllr Milton reported on the Whiddon Down Action Group that was seeking support

Cllr Milton to obtain and circulate to Cllrs the Planning Inspectorate decision. Council to discuss again in January

Report from Cllr Penny (MDDC): For Information Only

Cllr Penny reported an incident in his parish when he had administered First Aid

Cllr Vooght to look into the provision of a First Aid Course in the village

Cheriton Bishop Parish Council

Items for the Next Agenda: Cllrs and members of the public to identify items for the next agenda None in addition to those carried forward from the meeting tonight

Date and Time of Next Meeting: January 13th 2020 at 7.30 pm

Agendas and Minutes for Cheriton Bishop Parish Council are posted on the Council noticeboard and on the Council website **www.cheritonbishop-pc.org.uk**

Part Time Clerk and Responsible Financial Officer

Cheriton Bishop Parish Council has a vacancy for a part time Clerk and Responsible Financial Officer (7 hours per week). Salary will be dependent on qualifications and experience and will be in accordance with NALC and SLCC recommendations. The Council meets eleven times a year on the second Monday evening in the month.

Applicants should be highly motivated and well organised, and able to demonstrate an effective record of achievement in a similar role, be able to prepare budgets and accounts and be able to work flexibly and independently from home. Good oral, written communication, IT and strong interpersonal skills are essential. Possession of the Certificate in Local Council Administration, or the commitment to obtaining this qualification within a year of appointment is essential.

For informal discussions about the role contact David Tripp, Chair or Dennis Milton, Vice Chair. Find contact details at **www.cheritonbishop-pc.org.uk**

Closing date for applications is 14th February 2020. For an Application Form and Job Description please email: clerk@cheritonbishop-pc.org.uk

Would you like to do a First Aid Course?

At the December Parish Council meeting, our District Councillor, Stuart Penny, recounted a story of genuine heroism which we would like to share with you.

Cllr Penny was walking along a local footpath in his parish when he encountered a group of people looking in horror at the floor. There, prostrate lay a little boy in the final throes of asphyxiation as his terrified mother looked on helplessly. A boiled sweet had lodged in the boy's throat and nobody knew what to do. Thank Goodness Stuart's years of police training kicked in and he was able to perform emergency first aid and, quite literally, saved the boy's life.

The Councillors present at the meeting were delighted that Stuart had chanced upon this scene and was able to help. In view of this event, we thought it might be an idea to organise a First Aid Training course in the parish. It will be open to all residents if there is enough support. If this is something you would be interested in, please let us know either by emailing <code>clerk@cheritonbishp-pc.org.uk</code> or let one of the councillors know in passing.

Cllr Andrea Wood

Just for Fun! Suduko

| 6 | | | | 9 | | | 3 | |
|---|---|---|---|---|---|---|---|---|
| • | 4 | | 6 | 7 | | | 2 | |
| • | | 9 | | | | 6 | | |
| • | 9 | | 2 | | | 4 | 0 | 3 |
| 4 | | | 5 | 0 | 7 | | 0 | 8 |
| 8 | | 6 | | | 9 | | 1 | |
| • | | 1 | 7 | | | 9 | | |
| • | 6 | | | 5 | 8 | | 7 | |
| • | 8 | | | 1 | | | | 2 |

The objective of Suduko is to fill the 9×9 grid with digits so that each column, each row, and each of the nine 3×3 subgrids that compose the grid contain all of the digits from 1 to 9. Every number appears once in each horizontal line, vertical line, and square. Enjoy!

Did you know...

The name Sudoku comes from the Japanese characters Su (meaning 'number') and Doku (meaning 'single') but was not invented in Japan. Sudoku originated in Switzerland and then travelled to Japan by way of America. Sudoku has its deep roots in ancient number puzzles.

Classifieds

NEWSLETTER CLASSIFIED ADS...

It costs just £1 per line to advertise in the Classifieds. Please include a contact number

SELLING SOMETHING?

If you want to list something to sell, contact Lucy Cooper: cheritonnews@gmail.com

Advertising in the Newsletter

Cost for advertising in the White Pages (per issue) are as follows:

Black & White: Full page = £25, Half page = £12.50 Colour: Full page = £50, Half page = £25

Please email Lucy at cheritonnews@gmail.com

We also have a facility for inserting an A4 Flyer, single or double-sided Please supply 375 copies to us.

Cost of inserting A4 flyer supplied by you = £10

Please contact Patience on 01647 24350

Our Yellow Pages

Charges for Advertising

Charges for advertising in 10 issues: ¼ advert = £45, ½ advert in = £90 Please contact Patience on 01647 24350

- Your advert should be supplied in A4 size (portrait for quarter page, landscape for half page) so we can re-size the artwork to fit our template.
- To reduce print costs, please do not produce adverts with a black/grey background or with large blocks of black/grey. Adverts will be printed in black/white and greyscale.
- Email documents in PDF, DOCX, PNG, JPG or EPS format.

Do check out all the adverts in our Yellow Pages...

We have several new advertisers this year - from Yoga to $Finance\ Management$



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