

Cheriton Bishop & Crockernwell

Newsletter

February 2023



In this issue

The Old Thatch Is Open! Welcome to Richard Grasske & Family

- **Open Mic Night** page 5 • **Cider Making at Spalding Hall** page 6
- **Family Game Night** page 6 • **Curry & Quiz Night** page 6
- **Updated Surgery Appointments** page 12 • **Situations Vacant** page 23

Useful Information

Doctors and Healthcare

Doctors Surgery: To make an appointment or speak to a doctor - 01647 24272, Monday to Friday between 8am and 6pm (except Bank or statutory holidays)

Out of Hours: Call 111. **Emergency:** Call 999

The Patient Group: Amanda Vooght (Chair) - 01647 24593, Steve Colderick (Secretary) - 01647 24818

TALKWORKS Depression & Anxiety Service (South & West Devon): 0300 555 33 44

Minor Injuries Unit: Okehampton Medical Centre, 8.15am to 6pm, Monday to Friday

Emergency Services

Electricity: 0800 365 900

Gas: 0800 111 999

Water: 0344 346 2020

Highways Agency: 0300 123 5000

Streetlights, potholes: 0345 155 1004, email: csc.roads@devon.gov.uk

Police

Non-emergency: 101

Crimestoppers: 0800 555 111

Neighbourhood Watch: Jean Martin - 01647 24586

Schools and Local Organisations

Cheriton Bishop Primary School: 01647 24817 (term time only)

Head Teacher: Robin Scott, Secretary: Linda McCracken, PTFA: Dee Studholme-Côté

Cheriton Bishop Pre-school: Play Leader: Christine Grist - christine.grist@thelink.academy

Acorn Community Support: 01647 252701

Beavers, Cubs & Scouts: Ollie Milverton - 07706 695928

Young Farmers: Rebecca James - 07841 591772

Walking Group: Dennis Milton - 01647 272844 and Jon Whitehead - 01647 281454

Farming Community Networks (FCNs) helpline: 0300 111999 or Joanne Jones - 07897 540278

Churches

Anglican Team Ministry: Rev. Martin Wood, The Rectory, Church Lane, Cheriton Bishop - 01647 24119, Tuesday to Sunday
Church Warden: Alan Greenslade - 01647 24002

West Down Chapel: Derek Coren - 01647 24264

Halls & Meeting Rooms

Village Hall: Janet Jeffery - 01647 24414

Spalding Hall: Jean Martin - 01647 24586 (if no reply after 24 hrs, call Paul Mitchell - 01647 24405)

Local Authorities

Parish Councillors:

Toby Ball 01647 244100

Emma Benjamin 01647 24848

Richard Jackson 07708 866310

Roger Marshall 07707 893306

Peter O'Neill (Chair) 07932 660550

Ruth Salmon 07970 615280

Mid Devon District Councillors:

Derek Coren 01647 24264

Stuart Penny 01363 85197

James McInnes (Crockernwell) 01837 861364

Devon County Councillor:

Frank Letch (Cheriton Bishop) 01363 775739

frank.letch@devon.gov.uk

Crockernwell Parish Councillors:

Ysanne James (Chair)

ysanne.james@drewsteigntonparish.co.uk

Peter Brennan (Vice Chair)

p.brennan@drewsteigntonparish.co.uk

West Devon Borough Councillor:

Paul Ridgers 01822 813600

cllr.paul.ridgers@westdevon.gov.uk

Parish Clerks:

Rachel Hodder (Cheriton Bishop) 01363 85523

Alice Turner (Drewsteignton) 01837 83484

Jane Clark (Tedburn St Mary) 07932 386023

Member of Parliament:

Mel Stride MP (Central Devon)

House of Commons, London, SW1 1AA

Welcome to the Newsletter

Hello Newsletter readers,

Firstly, I would like to say how lovely it is to have The Old Thatch Inn up-and-running again. It has had a lovely spruce up and the menu is updated regularly and offers some really tasty food! Many thanks to Richard Grasske and family for bringing the pub back to life. As you will see on the 'What's On' pages, the pub is hosting Open Mic Nights and Quiz and Curry Nights again. They are also in the process of refurbishing the ensuite bedrooms for guests. Please see below for opening information:

Mondays: Closed
Tuesdays: Closed
Wednesdays: 12pm - 10pm
Thursdays: 12pm - 10pm
Fridays: 12pm - 10pm
Saturdays: 12pm - 10pm
Sundays: 12pm - 6pm

I would advise booking in advance if you want to dine at the Old Thatch as they do get quite busy! Call to book your table on **01647 279460**. Also, if you are planning on visiting the pub for Quiz & Curry Nights, or for Open Mic Nights - get there early to secure a table! I can't wait for the weather to warm up so we can get into the pub garden!

We also have a lot going on at the Spalding Hall this month, so make sure to attend the Family Board Games night on the 25th, and check their notice board for other events.

Lucy x

Classified Ads

**Looking to buy?
Something to sell?
Items to Free-Cycle?**

If you would like to advertise your items in our Classifieds section, please email: cheritonnews@gmail.com

FREE

Newsletter Team

Editor: Lucy Cooper
01647 272765
cheritonnews@gmail.com

Advertising: Jo Carter
01647 24774
cheritonads@gmail.com

Production: Jan Mitchell
Patience Netherway
Caryn Tripp
Tracy Edwards

Collation: Anne Welham
Paul Mitchell
Patience Netherway

Web Editing: James Jillians
Christine Jillians

Advertising Rates

Ads in the White Pages (per issue):

- Black & White: Full page = £25
- Black & White: Half page = £12.50
- Colour: Full page = £50

Please email Jo at cheritonnews@gmail.com

Flyer Inserts

We can insert an A4 Flyer, single or double-sided. Please supply 275 copies

- Cost of inserting A4 flyer = £10

Please email Jo at cheritonads@gmail.com

FREE Classified Advertising

Email your advert with a contact number to Lucy at cheritonnews@gmail.com

Yellow Pages Ads

If you would like to advertise in our Yellow Pages section, please email cheritonads@gmail.com

Regular Diary Dates

Meetings, Hobbies & Interests

Art @ Caribarn Studio, Pitton Barton

Every last Friday of the month 9.30am - 12.30pm. Contact: Sue Bloomfield - 01647 24840

Beavers (6 - 8 yrs) - Every Thursday (term time only). Contact: Ollie Milverton - 07706 695928

Cheriton Bishop Baby & Toddler Group

Fridays, 9am - 11am, School Hall. Find us on Facebook

Cheriton Bishop Lunch Club

The first Tuesday of each month at The Kings Arms. Contact: Jean Martin 01647 24586

Cubs (8 - 10 yrs) - Thursdays (term time only). Contact: Ollie Milverton - 07706 695928

Gardening Club - Every third Monday evening in the month (Autumn & Winter)

Contact: Janet Jeffery - 01647 24414

Open Mic Night - Every first Tuesday evening of the month at The Old Thatch Inn

Contact: Steve Colderick - colderick@btinternet.com

Parish Council

Every second Monday evening in the month. Contact: Rachel Hodder - 01363 85523

Pilates - Thursday morning, 8.55am (term time). Contact: Adele - 07976 427941

Pre-School - Monday to Thursday, 9am to 3.15pm, Contact: Christine Grist - 01647 281205

Quiz & Curry Night - Last Sunday of the month at The Old Thatch Inn.

Contact: The Fun Quiz @ The Old Thatch on Facebook

Scouts (10 - 14 yrs) - Monday evenings (term time). Contact: Ollie Milverton - 07706 695928

Short Mat Bowling - *Bowling is suspended until further notice*

Contact: David Tripp - 01647 24582

Spiritual Discussion Group - Contact: Penny Gare - 01647 24639

Monthly Walking Group - For daytime walks see the CB Walking Group Facebook page

Contact: Dennis Milton - 01647 272844 or Jon Whitehead - 01647 281454

West Country Embroiderers - Every first Tuesday afternoon in the month

Contact: Elaine Clark - elainejclark@hotmail.co.uk. Website: [wcecheritonbishop](http://wcecheritonbishop.com)

West Down Bible Study & Prayer

Every Monday evening from October to May. Contact: Derek Coren - 01647 24264

Young Farmers

Every 1st and 3rd Tuesday evening in the month. Contact: Rebecca James - 07841 591772

Keep me updated

Please email cheritonnews@gmail.com if you need to add a fixture, or update / delete details and information on an existing fixture in this section. Thank you.

Dates for your Diary

February 2023

1st	Acorn Minibus trip	Sainsbury's	(page 7)
3rd	Acorn Afternoon Catch-Up	YFC Hub	(page 7)
7th	Acorn Lunch	The Kings Arms	(page 5)
7th	Open Mic Night	The Old Thatch	8pm
14th	West Country Embroiderers	YFC Hub	12pm - 4pm
14th	Acorn Minibus Outing	Powderham	(page 7)
15th	Acorn Minibus trip	Sainsbury's	(page 7)
17th	Acorn Afternoon Catch-Up	YFC Hub	(page 7)
20th	Gardening Club 'Gold Work'	Spalding Hall	7.30pm
25th	Family Board Games	Spalding Hall	7.30pm
26th	Quiz & Curry Night	The Old Thatch	6.30pm

Mobile Library

Tuesday 21st February 2023

Village	Stop	Arrive	Depart
Drewsteignton	Square	12:10	12:30
Clifford Bridge	Clifford Bridge	13:30	13:50
Crockernwell	Stanbury's Orchard	14:10	14:40
Cheriton Bishop	Glebelands	14:50	15:45

Future visits: 21st March, 18th April, 16th May, 13th June, 11th July, 8th August, 5th September, 3rd & 31st October, 28th November



Copy Deadline

All articles and information for the March 2023 newsletter, needs to be received before:

Monday 20th February

Please email your copy to cheritonnews@gmail.com or call if you can only supply a paper copy.

Editorial:

Lucy Cooper
cheritonnews@gmail.com
01647 272765

Advertising:

Jo Carter
cheritonads@gmail.com
01647 24774

Waste Collection Dates: February 2023

Monday / Tuesday Collections

Dates:				
7th / 8th	✓	✓		
14th / 15th	✓		✓	✓
21st / 22nd	✓	✓		
27th / 29th	✓		✓	



Food waste is collected weekly from your blue food caddy



Recyclables are collected every fortnight from your black & green recycling boxes



Chargeable garden waste is collected fortnightly from your brown wheelie bin



Non-recyclables are collected every 3 weeks from your black wheelie bin or seagull sack

What's On?

Teign Valley 'Men's Shed'

**Teign Valley Men's Shed,
Wednesdays 1st, 8th, 15th & 22nd February,
9:30am to 12:30pm,
Embercombe in Higher Ashton, EX6 7QQ**

What would I be coming along to?

'Sheds' are kitted-out community spaces where men can enjoy practical hobbies. They're about making friends, learning and sharing skills - and for a bit of banter over a cup of coffee or tea. The initial focus will be on woodwork, but this could broaden depending on the available skills. This might include:

- continuing to set up and improve our workshop
- small-scale set projects with the potential to generate some income to cover running costs
- individuals to undertake their own projects

We have finished the new 'rest area' and are beginning to introduce 'skills sharing' sessions, which include an introduction to using particular machines and techniques and then practising these skills on small projects. If you have skills to share, or you have very little or no experience and want to learn, then you will be very welcome! Alternatively, if you have your own project that you would like to work on and just need space, tools, advice

or moral support, bring it along. Later on we also hope to introduce a regular programme of visiting speakers who can share skills and interests.

*Everyone is welcome -
don't miss an opportunity to
meet new friends and learn &
share some practical skills.*

There is an annual membership fee of £10, and a fee of £5 for each session. For further details, to register an interest, or to arrange transport, please email teignvalleyshed@gmail.com. The 'Shed' is located at Embercombe – on the first floor of the large building just beyond the main car park.

If you have some good quality, unwanted wood that we could use - then please also contact us (details above) - we'll arrange for someone to call and see if we could take them off your hands!

Steve Cook

Teign Valley & Haldon Hill Mission Community

The Teign Valley Men's Shed has received funding from the Lottery Fund, the Devon Communities Fund and the Mid-Devon Healthcare Trust, and donations in kind from Wickes.

Cheriton Bishop Facebook Page

The Facebook page is for the residents of Cheriton Bishop and the surrounding area.

It has been created to remind people of events that are taking place, clubs etc, somewhere to post photographs of the village, gardening, nature, if you need help that someone in the village maybe able to assist with, plants to swap or sell, pretty much anything really.

If you would like to be part of this Facebook group, please send a request to:

www.facebook.com/groups/433590694063276

What's On?

Ground Up Cookery School

Fermented Food & Drink

Saturday 4th February

Introducing fermented foods into your diet opens up a whole new range of textures, flavours and health benefits. It's fun, healthy and tasty! Fermentation is widely recognised for health benefits associated with good gut bacteria. £155, full day.

Fish & Shellfish Cookery

Saturday 25th February

This course is designed to give you the knowledge and confidence to cook a range of dishes using fish and shellfish. We will teach you how to fillet and prepare round fish like Mackerel or Sea Bass and flat fish such as Plaice or Brill. We will also show you how to prepare Mussels, Prawns and Crab before letting you create a range of dishes using those ingredients. £155, full day.

Asian Street Food

11th March 2023 (£155, full day)

Wild Food Foraging & Cookery

25th March 2023 (£155, full day)

For more details, prices & booking and for information about our courses, please visit: www.groundupcookeryschool.co.uk

Ground Up Cookery School, Higher Fingle Farm, EX6 6NP

Email: taste@groundupcookeryschool.co.uk

Tel: **01647 782022** (please leave a message)

Acorn Lunch

Please call me 5 days before the date of the lunch to give me your preferred choice. I will then pass this on to the pub with your name and choice of menu, to try and avoid confusion at serving on the day.

Should you want to take food home, please bring your own container to avoid extra work for the staff. Thank you.

February Lunch

**Tuesday 7th February,
12.30pm, The Kings Arms,
Tedburn St Mary**

- Pan fried liver, mash & vegetables
- Roasted salmon fillet, potatoes & vegetables
- Three bean chilli & rice
- Jam roly poly & custard
- Ice cream

£11 per person.

Call Jean on **01647 24586** with your order and to request a lift if required.

Open Mic Night at The Old Thatch Inn

Tuesday 7th February, The Old Thatch Inn, music from 8pm

After a great run of Open Mic Nights at Higher Eggbeer Barn last year we are moving back to The Old Thatch Inn. These will run on the first Tuesday of the month.

It's a great night of music and fun with our talented, local musicians. There's also the opportunity to dust off your guitar and have a go. Hope to see you there!

Steve Colderick, colderick@btinternet.com



What's On?

West Country Embroiderers

Gold Work

**February 14th, 12pm - 4pm,
Young Farmers Hub**

This month we welcome Wendy Major as our tutor. She is an accomplished crafter and will lead us through the techniques involved with gold work.

The WCE group was founded 50 years ago and now encompasses a wide spectrum of techniques from machine embroidery, dyes, and modern twists on embroidery. We even use dissolvable fabrics to make vases and bowls! As we celebrate our golden anniversary the group is currently creating a 'Devon golden meadow' hanging and the work with Wendy may be incorporated into the final piece.

Annual Membership

Annual membership is just £35. New members are always welcome; you do not have to be an accomplished crafter, just bring enthusiasm and have a go. You can contact me on the email address below if you have any questions.

Elaine Clark, elainejclark@hotmail.co.uk

Gardening Club

Monday 20th Feb, 7.30pm, Spalding Hall

Cider Making

Barney Butterfield of Sandford Cider will be talking about cider apples and cider making.

We are unsure if there will be samples to taste but are keeping our fingers crossed!

All are welcome to join us.

Janet Jeffery, 01647 24414



Family Fun Event!

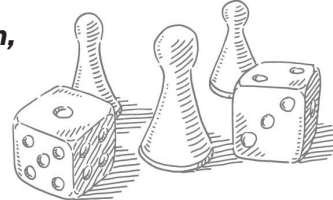
Board Games Evening

**Saturday 25th February, 7.30pm,
The Spalding Hall**

Adults £3, Children £2, Families £8
Drinks & snacks available by donation.

Raising money towards replacing the French Doors in the Spalding Hall.

**Ruth Unsworth,
01647 24773**



QUIZ and Curry NIGHT

**Sunday 26th February,
6:30pm - 10:30pm, The Old Thatch**

The Fun Quiz returns to its spiritual home! We are hosting quizzes on the last Sunday of the month, with a curry option from 6.30pm.

CB Walking Group

As ever, everyone is very welcome to join us, and if you have your favourite walk, then please feel free to lead us on it!

Please see reports and photos from previous walks on our Facebook page.

Jon & Dennis

Update from Acorn



It's so good to arrive at February. After January which always seems like the longest month ever to then arrive at the shortest month feels wonderful. February can be a bit wintery though, so we are aiming to keep everyone at Acorn warm and occupied with a feast of activities to choose from. Enjoy!

“If January is the month of change, February is the month of lasting change.

January is for dreamers...

February is for doers.” Marc Parent

Activities from Cheriton Bishop

- **Lunch Clubs:** Tuesday 7th February, The Kings Arms, Tedburn St Mary - contact Jean Martin on **01647 24586** to book *5 days in advance*.
- **Shopping at Sainsburys:** fortnightly on a Wednesday. For February, this will be 1st and 15th. Please call the office if you would like to go. We would love to see you.
- **Outing:** Tuesday 14th February - Powderham Farm Shop and café. Individuals can visit Castle if they wish.
- **Afternoon Catch-Up:** Once a fortnight on a Friday 2-4pm at the Young Farmers Head Office Building in Cheriton Bishop. Join us for tea, talk, coffee & cake and mingle with friends old and new. 3rd and 17th.

Activities from the Teign Valley

- **Shopping at Sainsburys:** Fridays 3rd & 17th February.
- **Outings:** 13th & 27th February - destinations to be decided.
- **Lunch Clubs:** Tuesday 7th - The Stables, Cowley, Exeter. Tuesday 21st - The Twisted Oak, Ide

- **Coffee Morning:** Tuesdays 14th and 28th February at the Teign Valley Community Hall. Activities such as Bingo, Quizzes and much more with plenty of chatter to go with your coffee and cake! Our members always LOVE to see new faces.
- **Memory Lane Café:** Thursdays 9th & 23rd February. If you know of someone who you feel may benefit from this targeted club, then please call as below.

Warm Space

Running until March, Exeter School invite Acorn members to participate in a 'warm space' at the school. There will be hot drinks and, of course, cake! We are reliably informed that the cakes are delicious! There will also be some interaction with the school children and possibly some talks on subjects of interest. Fridays from 2.30 – 4pm.

Cheriton Bishop: Friday 3rd February (only one due to Half Term)

Teign Valley: Fridays 10th & 24th February.

Booking Your Activities

We do ask that you phone to book any of the activities you may wish to join in with. If you would like to book a seat on the minibus for any of our trips, lunches or coffee mornings, then please contact Mandy or Fran at the Office on **01647 252701**. We do try to phone everyone, but to be sure of your space please call us to book.

Remember, Acorn continues with all its usual services so please do call us and if you just want a chat then you know where we are.

If you are interested in finding out more about Acorn and what we do, then please visit www.acorncommunitysupport.co.uk/get-involved or contact Mandy or Fran on **01647 252701**

Best wishes,

The A(corn) Team

Neighbourhood Watch

Cold Weather & Vaccines

With another very cold spell upon us, it is very important to stay warm. Regularly used rooms should be heated to 18°C. Vulnerable people, the elderly, neighbours, friends and family members should be contacted to establish that they are alright. Also, to try to establish that they are not wanting anything. Cold temperatures can have serious consequences on health issues for the elderly in particular and those with heart or lung conditions can be at greater risk.

We are told and encouraged to have both Covid-19 booster and the flu vaccine. These are the best protection from these viruses and it is very important to get both vaccines when you are invited. Hopefully most of us have taken up the invitation in the autumn, ahead of the cold months when the viruses tend to circulate more easily.

Burglary

Unfortunately, we have been told that burglary of houses, outbuildings and garages is on the increase. There are measures we can take to improve our properties to reduce it from being burgled. In the last issue we set out measures that should be taken as a minimum and as a reminder here they are - close and lock windows and doors, put interior lights on a timer, double lock or deadlock exterior doors, have exterior lights on a sensor, always keep an eye out for neighbours and each other and note strangers that are around or visiting properties. If you have a burglar alarm make sure it is working and serviced. Your insurance company may require these details.

NW has produced a 'Home Security Checklist' that can be downloaded which provides more detailed measures that can be taken to secure a property.

Power Cables

It seems that nothing is safe when thieves cut down live electricity cables leaving the live cut ends behind often on the ground. Police have said this has taken place on south Dartmoor

on a number of occasions. Live cables are a risk to the public and animals and cutting cables is also very dangerous to the thieves themselves. Contact the police on **101** or **999** if you note anything suspicious.

Vouchers

A warning that on social media a 'rewards' company is offering free vouchers of up to £500 from retailers such as Asda and Tesco. This scam will cost time and money with the likelihood that you won't get anything in return.

Raves

The police are working with local communities to make potential locations unattractive to organisers. Raves cause great problems to nearby residents, loud music, impact on livestock & wildlife and often, land and or buildings used are left damaged. The police are encouraging us to secure gateways, mend or replace fencing and ensure gateways are closed and buildings are properly secured.

Signs of activity can be: an increase in road traffic in rural areas; social media advertising; sound equipment on vehicles; a large number of people gathered late at night on farm land, on open countryside or in abandoned buildings. If noted report to police on **101** or **999**.

The Old Thatch

It is so great that our village pub has opened its door once more. The interior has been smartened up giving it a fresh look, the lovely fire between the bar area and restaurant area provides a warm welcome and a new delicious menu to choose from. Now it's up to us all to use the pub and to spread the word how good it is. None of us want it to close again do we?

*Always be observant & vigilant
and keep your eyes open
when you are out and about.*

Contacts:

Jean Martin: **01647 24586**

Police: **101** or **999** for an emergency

Letters to the Editor

Village Hall News

Discussions continue with Aviva, and we know that three building companies have tendered for the job but do not know which, if any, have been chosen.

Several people have commented that the hall continues to deteriorate without a roof and have asked why something has not been done. When the matter was raised with Aviva we were told that the protection would need scaffolding put up and the cost would be more than repairing any further damage caused by the weather.

Janet Jeffery, 01647 24414

Please Support The Spalding Hall

Smile Amazon

You can help support The Spalding Hall when shop at Amazon, with no extra cost to you.

1. Log into **smile.amazon.co.uk**
2. Nominate *The Spalding Hall* as your charity
3. Amazon will donate 0.5 % of the price of your purchases

Hall Hire

The Spalding Hall is available for hire. The hall has capacity for 30-40 people, with a cosy hall area, kitchen, and toilets. Please contact Jean Martin on **01647 24586**.

Thank You

A heartfelt thank you for all the cards I have received.

I appreciated everyone that attended David's funeral service at the Exeter Crematorium on Wednesday 18th January 2023.

Margaret Southwood



Thank You!

The Newsletter Advertising Team would like to thank all the yellow pages advertisers, past and present, for supporting the village newsletter. The money raised from the advertising covers the costs of production (with the help of volunteers) which, in turn, means that the newsletter is available FREE to our readers.

You can also find the newsletter on the village website, along with business advertisements and other useful information. Please visit:

www.cheritonbishop.org.uk

If you would like to advertise in the newsletter, please email Jo at cheritonads@gmail.com

Cheriton Bishop Village Website

For more information about Cheriton Bishop, Crockernwell and the surrounding area, please visit our website: **www.cheritonbishop.org.uk**

If you have anything you would like to add to our website, (information, village life images etc), please contact the newsletter or visit **cheritonbishop.org.uk/contact/**

Take a look at this link to a postcards of the village: **cheritonbishop.org.uk/photos-and-postcards/**

Budgets & Spending

"I keep seeing on the news that my bills could be going up soon. It's making me really worried especially as I spent more on Christmas than I should have done. How can I get my spending back on track in 2023?"

Lots of people are asking themselves this very question just now but there are lots of things you can do to be more in control of your money and be better prepared for the future.

1. Be very clear about exactly how much money you have coming in and going out each month and be realistic about what you really need for essentials like food and travel.
2. Set yourself a budget that you can stick to. You may find our budgeting tool useful to help you. www.citizensadvice.org.uk/debt-and-money/budgeting/budgeting/work-out-your-budget/. If any of your bills do go up during the year, you can go back to our budgeting tool at any time, create a new plan and stay in control.
3. See if you can reduce any of your living costs. www.citizensadvice.org.uk/debt-and-money/help-with-debt/dealing-with-your-debts/reducing-your-regular-living-costs/
4. Make sure you are getting all the income you are entitled to. www.citizensadvice.org.uk/debt-and-money/help-with-debt/dealing-with-your-debts/check-if-you-can-increase-your-income/. Will show you if you are entitled to support such as benefits or government grants. It will also tell you if you are being paid the correct wage.
5. As credit or store card bills land on the mat it is perfectly understandable that these debts add to your worries but the priority has to be paying your rent/mortgage,

energy bills and Council Tax as failing to pay these has serious consequences. The following links give advice about which bills you need to prioritise and support available to help pay these and other bills. www.citizensadvice.org.uk/debt-and-money/help-with-debt/dealing-with-your-debts/work-out-which-debts-to-deal-with-first/

<https://www.citizensadvice.org.uk/debt-and-money/budgeting/budgeting/get-help-with-bills/>

When you have planned how to cover your priority bills the budgeting tool can then help you plan on how to repay credit/store cards and overdraft charges.

Here at Citizens Advice Torridge, North, Mid & West Devon we have a specialist team of people to help with debt problems and money management. Visit our website, www.ruraldevoncab.org.uk and click on 'Get Advice'. Alternatively, you can ring our free, local Adviceline on **0808 27 87 999**.

Would you like to help people resolve their problems?

Demand for our services is increasing all the time not just at this time of year. If you would like to join us as a volunteer contact recruitment@ruraldevoncab.org.uk to find out more. We are a friendly bunch and you will receive ongoing training and support to enable you to help people in our community resolve their problems.

Rosanna Tealea

Administrator

Citizens Advice Torridge, North, Mid & West Devon

In the Garden

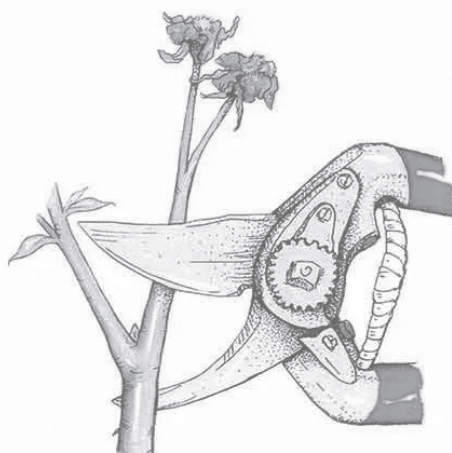
Time to Prune!

February is a busy month in the garden, when preparation for the rest of the year can begin. Within a few weeks many plants will be growing again after their winter dormancy. Those stems and seed heads which we left for winter wildlife, can be cleared away before tender young shoots appear.

Roses can be pruned back by up to two thirds. The exception is rambling roses which shouldn't be pruned now as they flower on last year's shoots. Shrub roses need less pruning (up to a third) and climbing roses should be cut back to a framework.

Cornus (Dogwoods) and Salix (Willow) can be cut hard back now so that they produce colourful young shoots for next winter. The cut stems can be used as cuttings if you want more plants or you could twist them to make attractive plant supports for the summer.

Winter jasmine benefits from being pruned when the yellow flowers have finished. Prune to a framework and then shorten side shoots to within 2 inches of the main stem.



Summer jasmine should not be cut back at this stage or you will miss out on the perfumed white blossom in a few months time. If it does need pruning now, take a stem or two out right down to the base.

Early potatoes can be chitted by putting them in egg boxes on a cool window sill. Broad beans can be sown in pots in the greenhouse ready to plant out in April. A layer of mulch on raised beds will prepare them for planting out later on.

Sally Rix



Allotments Available

No experience necessary!

We expect to have plots available for the 2023 season. Plots are open to people from Tedburn, Cheriton Bishop & surrounding areas. Don't delay, contact us immediately and be first on the waiting list as plots are allocated on a first come basis. Have a go at growing your own, tastes much better, you won't regret it!

Email tedburnallotments@gmail.com, or call **07979597458**.

Nigel Cause

Secretary, Tedburn SM Allotment Assoc.



Health & Lifestyle

Cheriton Bishop & Teign Valley Practice

We have modified the way we provide GP appointments at the surgery.

We are providing an acute, on the day, service for **urgent and acute clinical problems**. This will run from 8am – 11am each weekday. We request that you send in requests via the link on the website or reception can send you a link, if you are unable to do this, the reception team can take down the details for you. A duty GP will triage the call and either arrange a time to see you or manage the problem remotely.

For **routine, non urgent** appointments you can now book directly via Reception. This can be for a face to face or telephone appointment.

For those with **musculoskeletal issues**, you can be booked in directly via Reception, with our first contact physio team for acute assessment, treatment, and investigation.

Contact us

Telephone **01647 24272** or email cheritonbishoppractice.co.uk

‘Sonder’

A couple of months ago, a dear relative of mine passed away. A few hours after the death, my family and I went for a walk to get out in nature and begin to process the grief. During the walk, I had the realisation that not one of the people who walked past us (greeting us with a smile and a ‘good afternoon’ like it was a regular day for us) had any idea that we’d just lost a close family member. This seems obvious now, but at the time it felt like everyone should have known what we were going through.

I was reminded of ‘sonder’; a word which is used to sum up the feeling you get when you realise that every human being is experiencing a life with as much depth and richness as your own.

Here is the definition:

“the realisation that each random passer-by is living a life as vivid and complex as your own - populated with their own ambitions, friends, routines, worries and inherited craziness - an epic story that continues invisibly around you like an anthill sprawling deep underground, with elaborate

passageways to thousands of other lives that you’ll never know existed, in which you might appear only once, as an extra sipping coffee in the background, as a blur of traffic passing on the highway, as a lighted window at dusk.”

The realisation I had on that walk, and the quote above, is a great reminder that we have no idea what is happening beneath the surface of a person, yet we can often so easily judge people without considering their story, circumstances and experiences.

This reminder helped shape my new year’s resolution; to interact with every person I meet with love, kindness and respect as if they’d just lost a loved one.

So I invite you to remember ‘sonder’ and treat everyone with love and respect; not as a reflection of their character but as a reflection of yours.

With love and appreciation!

Joe Arnold

Doctor of Chiropractic, MChiro
Dartmoor Chiropractic
www.dartmoorchiropractic.co.uk

Message from St Mary's

A Foot in Both Camps

The month of February encompasses the end of the Christmas celebration on the 2nd February and the beginning of Lent on Wednesday the 22th February.

February has one foot in Christmastide and one foot in Lent. There is a change of mood from celebration to sombre reflection. However the two seasons are not unrelated events but part of the whole picture of the life and significance of Jesus Christ.

Let's start with the end of the Christmas period. Perhaps you thought Christmas was done and dusted by the beginning of January. Firstly, the church has a tradition of marking significant events with a forty days observance, so for example Easter and Christmas are observed for 40 days as is the build up to Easter with forty Lenten days. Secondly, in the story of Jesus' birth we are told that Mary and Joseph presented themselves with Jesus at the temple forty days after his birth.

When Jesus is just forty days old, the shadow of the cross is cast over him. It is not surprising that as the Christmas celebration of the birth draws to a close we turn from new life to death.

The church prepares to face the cross on Good Friday through the observance of Lent. It is rather like a spiritual spring clean. There is reflection on how our Christian faith is being applied and the chance to enhance it by removing obstacles that get in the way or by looking for new ways to apply our faith. The

purpose of Lent is to be ready for the Easter festival.

In order to be ready for the high point of the Christian year, preparations need to be made in advance. Lent is viewed as a time for self-examination and repentance by prayer, fasting and self-denial, and by reading and meditating on God's word. Lent should be equally positive in terms of taking up a challenge like trying to make someone smile each day by an act of kindness.

It not just about giving something up for Lent. It is about making new habits and stopping bad habits.

Rector's Sabbatical Leave

Sabbatical means a ceasing or a rest from work. The foundational Bible passage for sabbatical concepts is in Genesis where God rested (literally, 'ceased' from his labour) after creating the universe.

After ten years of service in the church, you can apply for a sabbatical. I will have completed twenty-three years of service in June this year. Some people take the opportunity of doing something completely different like doing some research, writing a book or completing a pilgrimage. I will be trying to follow the biblical model of taking a rest. In February I will make a pilgrimage to the place of my birth in Chile. The last time I was in Chile was 1972, so I will return some fifty-one years later.

I am on sabbatical leave from 1st Jan to 31st March. The churchwardens will be the first point of contact for church matters.

Rev. Martin Wood

The Rectory, Church Lane, Cheriton Bishop
01647 24119 (Tuesday to Sunday)
revwood163@gmail.com

Services at St Mary's

St Mary's, Cheriton Bishop & North Kenn Mission Community Churches

Welcome to St Mary's

We invite everyone, including children, to attend all of our services.

Spalding Hall is open for the use of the toilets during *highlighted* service times.

February 2023

Thursday 2nd

10.30am	Pathfinder	Holy Communion	Rev M Greig
---------	------------	----------------	-------------

Sunday 5th: 3rd before Lent

9.30am	Holcombe Burnell	Holy Communion	Rev V Lee
9.30am	Whitestone	Holy Communion	Rev Prof Tim Gorringe
11am	Tedburn St Mary	Family Service	Lay Led
6pm	Cheriton Bishop	Evening Prayer	Lay Led

Sunday 12th: 2nd before Lent

9.30am	Holcombe Burnell	Morning Prayer	Lay Led
9.30am	Whitestone	Parish Communion	Preb. P Sourbut
11am	Cheriton Bishop	Family Service	Lay Led
3pm	Pathfinder	Prayer and Fellowship	
3pm	Tedburn St Mary	Evening Prayer	Lay Led

Thursday 16th

10.30am	Pathfinder	Holy Communion	Rev M Greig
---------	------------	----------------	-------------

Sunday 19th: Next before Lent

9.30am	Cheriton Bishop	Parish Communion	Canon M Hall
11am	Whitestone	Parish Worship	Lay Led
6pm	Holcombe Burnell	Evening Prayer	Lay Led

Wednesday 22nd: Ash Wednesday

10.30am	Pathfinder	Holy Communion	Rev M Greig
---------	------------	----------------	-------------

Sunday 26th: Lent 1

9.30am	Cheriton Bishop	Morning Prayer	Lay Led
9.30am	Tedburn St Mary	Parish Communion	Preb P Rapsey
11am	Holcombe Burnell	Family Service	Lay Led
3pm	Pathfinder	United Service	
6pm	Whitestone	Evening prayer	Rev Prof Tim Gorringe

Church Messages

Churchwarden's Ramblings

Thank You

The Christmas services were well attended, many thanks to Keith and Sarah Rowell who donated the tree and all who helped with the decoration of the church, especially those families who made tree decorations to share with us. The collection at the Christmas Eve service was in aid of the Children's Society and a cheque in the sum of £94.80 has been sent to them.

Next Month

Looking forward to March, as we leave Christmas and plan for Lent and Easter please put Mothering Sunday, which this year falls on **19th March** in your calendar, the service will be lead by Canon Michael Hall and there will be a distribution of posies of flowers and seasonal refreshments after.

Rev Wood's Sabbatical

Rev Martin Wood is taking a Sabbatical until the end of March; he has put a paragraph explaining this in his letter elsewhere in the Newsletter, so the service type and pattern is different until April. Please take careful

note of the times and service types; there will always be a Communion Service somewhere in the Team on each of the Sundays.

Coffee Morning & Plant Sale

The date of the churchyard coffee morning and plant sale has been brought forward to **29th April** to avoid the Coronation. We would still be grateful if you could plant a few extra seeds and grow on a few plants and cuttings to donate on the day, maybe we need to start our seeds a couple of weeks earlier this year.

Bell Ringing

You may have noticed an increased sound of bells on Thursday evenings, we have a new Team of learners and we aim to be able to ring for the King's Coronation on 6th May. It's not too late to join in, so head for the sound of the bells on a Thursday night.

While Martin is away please contact me, in the first instance, if you have any queries on church matters. Thank you.

Alan Greenslade, 01647 24002

West Down Evangelical Chapel

Yeoford Road,
Cheriton Bishop,
EX6 6HG

Telephone:
01647 24264 or
01647 24660

February 2023

Communion & Service:

Sunday 5th, 11am, with Mark Stanbury
Sunday 12th, 11am, with Rev David Cole
Sunday 19th, 11am, with sermon from the internet
Sunday 26th, 11am, with John & Jane Wibberley

Home Prayer Fellowship & Support Group

Sunday 19th, 3pm

Friends & Neighbours meeting

Thursday 16th, 2-4pm: Bring your knitting, sewing, a game or puzzle etc, and join us for a cup of tea and biscuits. Everyone welcome

CB Parish Council

Boundary Anomaly: Some Good News

The Parish Council has been responding to concerns about Teignbridge Council's plan for a potential significant housing development (25-40 homes) in Cheriton Bishop. I'm pleased to say that – in their Council meeting on 12th January – Teignbridge have decided not to include the proposed development area in their current Local Plan.

We had raised the matter at a briefing with John Hart, Leader of Devon County Council, and included the leaders of Teignbridge and Mid Devon District in subsequent email discussion about a more collaborative planning approach between the two District Councils. We are pleased to see that a reason given by Teignbridge for not progressing the Cheriton Bishop site is:

"Most of Cheriton Bishop is within Mid Devon District and a site (Bunny Homes) has recently been allocated within their Local Plan."

However, this decision doesn't guarantee that the area won't be considered by

Teignbridge as part of future allocation to housing. The Parish Council intends to continue to aim for the long term solution of a Boundary Review so that Cheriton Bishop is not split between two different District Councils. As part of our task group's short term plan, we are requesting a clear approach to future collaborative planning. We have proposed a motion on this and the Boundary Review to the County Committee of DALC (Devon Association of Local Councils) to be discussed on 6th February.

If you would like further information, have suggestions for the task group or would be willing to help with distributing a petition, please contact one of our parish councillors. Contact information is on our website www.cheritonbishop-pc.org.uk, or email: clerk@cheritonbishop-pc.org.uk

Peter O'Neill

Chair, Cheriton Bishop Parish Council

07932 660550

poneill@cheritonbishop-pc.org.uk



CB Parish Council

Community Speedwatch Group

Our Community Speedwatch group is a step closer to starting operations!

You may be aware that we are re-starting the village Speedwatch group to monitor and report traffic speeds on some of our roads. The admin requirements with D&C Police have been taking some time, but our trained volunteers are nearly ready to be issued with our equipment. The sites we have requested for monitoring have now been reviewed and there are just a couple of permissions to ask for from nearby householders. After that, we will arrange a final on-site briefing from the Police and be ready to go!

It's great to already have a few volunteers, but more would be welcome so that we can operate more frequently at each site. As a volunteer you would be fully trained and provided with high visibility jackets and able to take part in as many sessions as you wish. If you are interested in helping to keep our community safe, please contact me, or visit the Speedwatch website at www.communityspeedwatch.org

Peter O'Neill
Speedwatch Coordinator

Tel: **07932 660550**

Email: poneill@cheritonbishop-pc.org.uk



Minutes of the Parish Council Meeting

Held at Spalding Hall, Cheriton Bishop on Monday 12th December 2022

Present: Cllr Ball, Cllr Marshall, Cllr O'Neill (Chair) and Cllr Coren (MDDC)

In attendance: The Clerk and one member of the public

Cllr O'Neill was elected as Chair (Proposed – Cllr Marshall, Seconded - Cllr Ball).
The Declaration of Acceptance was received.

- 1. To receive and accept apologies:** Apologies received and accepted from Cllr Benjamin, Cllr Jackson, Cllr Salmon and Cllr Letch (DCC)
- 2. To receive declarations of personal and disclosable pecuniary interests in respect of items on the agenda:** None
- 3. Public Discussion – an opportunity for members of the public to make representations, answer questions and give evidence in respect of any item on the agenda:** One member of the public spoke in objection to Planning Application 22/01756/ARM.
- 4. Cheriton District Parish Council Meeting Minutes 14th November 2022 – to consider the approval of the minutes as a correct record:** The minutes were approved as a correct record.
- 5. To receive reports from MDDC Councillors – for information only:** Cllr Coren reported that, despite funding pressures, MDDC intends to keep its leisure centres open as they are beneficial for the health and wellbeing of residents.

CB Parish Council

6. To receive a report from Councillor Letch (DCC) – for information only:

Cllr Letch had submitted a written report that DCC had appointed a new Chief Executive and Central Government is allowing high level councils to raise maximum increases to council tax to 3% and precept for social care to 2%. Each percentage increase of the DCC precept raises £4.3 million in income. The DCC Scrutiny Committee is to create a task group to look at speeding and road safety in the county.

7. Mid Devon District Council Planning Applications – to consider the following application upon which the Council has been asked to comment:

Reference: 22/01756/ARM

Proposal: Reserved Matters application (appearance and landscaping) for the erection of 2 dwellings and alterations to existing vehicular access following outline approval 18/01633/OUT

Location: Land at NGR 276783 94569 (Little Mounson) Cheriton Bishop

Applicant: Mr G Smith

Councillors noted the numerous objections submitted to MDDC regarding this application and that the new documents submitted to the planning portal were pictures rather than plans. After discussion it was resolved to object to this application for the reasons set out in the objection already submitted to MDDC dated 11th October and to comment that the Council has concerns about the accuracy of the plans dated 22nd November and strongly recommends that any decision made in relation to this application now or in the future is based upon information obtained on a site visit.

8. Mid Devon District Council Planning Applications – to note that consent has been granted for the following application with conditions as filed:

Reference: 22/01924/HOUSE

Proposal: Erection of single storey rear extensions to include indoor swimming pool, sauna and fitness studio, sun room, kitchen and dining space with first floor terraces and associated works

Location: Drummers Well Cheriton Bishop

Applicant: Mr A Cock

9. Road Safety – to receive an update on road safety issues in the village and agree associated actions:

Cllr O'Neill reported that the Speedwatch group is waiting for approval of five sites in the village. Once approval is received, training the volunteers can commence. The village hall committee has asked the contractors who will be carrying out the repairs to the village hall roof to put up signs warning of the site entrance and pedestrians on the road as soon as possible. DCC has said they may agree to a temporary speed limit whilst the works are being carried out and Cllr O'Neill has submitted a risk assessment for this.

10. Boundary Anomaly – to receive a report from the task group:

Councillors discussed the report dated 9th December, which had been circulated prior to the meeting. It was resolved to adopt the recommendations identified in the report. The long term goal is to change the parish boundary so that it reflects all current and projected expansion to Cheriton Bishop village. The short term goals are:

- Equal involvement for all Cheriton Bishop residents (including those in Moor Park) in consultation on future planning applications which affect the village.
- Full consultation and assessment (including impacts on school, surgery and other village services and assets) of any plans or planning applications under the current remit of Teignbridge District Council which increase the built area and/or population of Cheriton Bishop village.
- A collaborative and integrated approach to planning decisions between Mid Devon and Teignbridge District Councils for any future developments under the remit of either Council affecting the village.

It was resolved to take the following actions:

- Cllr O'Neill to hold initial discussions with Tedburn St Mary PC to evaluate shared interests and assess the potential for shared action
- Cllr O'Neill to refer the boundary anomaly to the DALC County Committee with the potential for them to escalate the issue to NALC

CB Parish Council

- Cllr Marshall and Cllr Coren to refer the issue to Mel Stride MP
- Cllr Ball to research a past planning application for work units relating to land adjoining Moor Park, which was rejected by Teignbridge DC

11. Landmark Tree – to consider planting a Landmark tree in the parish as part of the Saving Devon’s Treescap Project:

It was resolved to request a free tree. Clerk to action.

12. Defibrillator – to receive an update on the second defibrillator:

The second defibrillator has been installed and is in use. Clerk to contact Community Heartbeat Trust to arrange a training session for the community and to offer up potential dates of the 14th, 21st or 28th of January at 10am in the Spalding Hall. Course to be advertised when a date has been agreed.

13. Play Equipment and Public Open Spaces in the Village - to discuss the provision of more play equipment on the Village Green and the potential S106 payment from Bunnyhomes:

The Village Green licence allows the Church Commissioners to terminate at any time upon notice of 12 months and it is therefore not appropriate to install expensive equipment on the village green. The PC has been informed MDDC is requesting a large contribution (£57,567) from Bunnyhomes towards the provision of public open space in Cheriton Bishop against planning application 22/01375/MFUL (development off Church Lane). The amount Bunnyhomes will pay has yet to be agreed but it is hoped that the sum received will be available for the provision of new or improved public open space or associated facilities, to include play, sports/exercise and recreation, within the parish of Cheriton Bishop. This can include the purchase of land. A decision on this planning application is expected in January.

14. Budget 2023/24 – to discuss the draft budget and agree associated actions:

Carried forward to January meeting.

15. Repairs & Maintenance - to consider any repairs and maintenance needed for PC assets:

Carried forward to January meeting.

16. Accounts & Budget – the following payments were approved:

Payee	Budget	Amount
Clerk - Salary (November)	Salary	£326.58
HMRC	Salary	£2.00
Cartridge People (refund to clerk)	Admin	£22.30
Clarity (Invoice 298176)	Newsletter	£77.38
DALC (Invoice 4295)	Training	£18.00

17. To receive a report from the Chair (for information only):

Cllr O’Neill plans to attend DCC Cllr John Hart’s briefing for Mid Devon Town and Parish Councils on 15th December and has submitted a question about the boundary anomaly to Cllr Hart.

18. To receive reports from Councillors (for information only):

Cllr Ball reported that a parishioner had asked how to arrange for grit bins to be refilled. Any member of the public can report this issue on the DCC website (Report a problem - Roads and transport [devon.gov.uk](https://www.devon.gov.uk)). There is also a link to the website on the PC website [cheritonbishop-pc.org.uk](https://www.cheritonbishop-pc.org.uk). If Cheriton Bishop is typed in on the interactive map the grit bins in the village will show. Each bin on the map should have a location description and also a number, which should correspond with the number on the side or under the lid of the bin. Cllr Marshall reported on the planned Plymouth and South Devon Freeport.

19. Correspondence/Clerk’s Report (for information only): None

20. Dates of Next Meetings (all commencing at 7 pm at the Spalding Hall unless otherwise notified):

9th January, 13th February, 13th March, 11th April (Tuesday due to bank holiday), 9th May (Tuesday due to bank holiday), 12th June, 10th July, 11th September, 9th October, 13th November, 11th December

CB Parish Council

Minutes of the Parish Council Meeting

Held at Spalding Hall, Cheriton Bishop on Monday 9th January 2023

Present: Cllr Ball, Cllr Benjamin, Cllr Jackson, Cllr Marshall, Cllr O'Neill (Chair) Cllr Salmon and Cllr Coren (MDDC)

In attendance: The Clerk

- 1. To receive and accept apologies:** Apologies received and accepted from Cllr Letch (DCC)
- 2. To receive declarations of personal and disclosable pecuniary interests in respect of items on the agenda:** None
- 3. Public Discussion – an opportunity for members of the public to make representations, answer questions and give evidence in respect of any item on the agenda:** None
- 4. Cheriton District Parish Council Meeting Minutes 12th December 2022 – to consider the approval of the minutes as a correct record:** The minutes were approved as a correct record.
- 5. To receive reports from MDDC Councillors – for information only:** Cllr Coren updated Councillors on an enforcement issue and reported that the MDDC Planning Committee had voted unanimously in favour of the Bunnyhomes application for development off Church Lane.
- 6. To receive a report from Councillor Letch (DCC) – for information only:** None
- 7. Mid Devon District Council Planning Applications – to note that consent has been granted for the following applications with conditions as filed:**

Reference: 22/01630/FULL
Proposal: Erection of an agricultural storage building
Location: Old Tellams Yard Cheriton Bishop
Applicant: Mr P Pearce

Reference: 22/02051/FULL
Proposal: Conversion of barn to dwelling
Location: Land & buildings at NGR 277871 94436 Mounson Farm Cheriton Bishop
Applicant: Mr & Mrs D Reynolds
- 8. Mid Devon District Council Planning Application – to note that consent has been refused for the following application for reasons as filed:**

Reference: 22/01756/ARM
Proposal: Reserved matters application (appearance and landscaping) for the erection of 2 dwellings and alterations to existing vehicular access following outline approval 18/01633/OUT
Location: Land at NGR 276783 94569 (Little Mounson) Cheriton Bishop
Applicant: Mr G Smith
- 9. Boundary Anomaly – to receive an update:** Cllr O'Neill reported that he had raised the issue at Cllr John Hart's DCC Autumn Briefing to Mid Devon Councils. This had resulted in the issue being earmarked to be raised at 'Team Devon' and the Chief Executive of MDDC had also responded, as had Roland Pyle, the Head of Policy at DCC. Both had asked whether the PC is seeking a boundary review but Cllr O'Neill explained that at present the PC is looking for collaborative planning between Teignbridge DC and MDDC. A boundary review is a longer term objective which would need the support of both District Councils.

Cllr O'Neill has also referred the issue to the Devon Association of Local Councils (DALC) who have asked him to present a motion on the anomaly at County level on 6th February. He hopes to meet the Chair of Tedburn St Mary PC soon. Cllr O'Neill has spoken to the Practice Manager at the Doctors' Surgery who confirmed that

CB Parish Council

there is capacity to absorb the residents of the Church Lane development. He had also informed the School Head of the Bunnyhomes S106 money (approximately £94,000) which has been earmarked as being solely for the enhancement of the education of children of Cheriton Bishop. Councillors expressed concern that this should happen, rather than the money being allocated more generally within the Academy Trust. All agreed the £94,000 and its purpose should be publicised as much as possible.

Cllr Ball reported that he has read that Teignbridge DC had released its Local Planning Policy report which was expected to be agreed on 12th January. The recommendation in the report is NOT for the land adjoining Moor Park to be earmarked for housing. (Although this could happen in the future).

Councillors resolved to proceed with the objective of achieving collaborative planning.

- 10. Vehicle Activated Speed Sign (VAS) – to consider information received from DCC and agree associated actions:** The Clerk reported that DCC had provided more information about how to request a SCARF assessment for a VAS and that Cllr Letch (DCC) will have to make the request. The Clerk of Bow PC had confirmed they remain interested in jointly purchasing a VAS and have also found it extremely difficult to elicit information from DCC. Councillors discussed the information DCC requires and it was resolved to set up a task group to move this forward. The members are Cllr Salmon, Cllr Marshall and the Clerk.
- 11. Budget 2023/24 – to agree the draft budget:** Cllr O’Neill suggested that £120 be reserved in the budget to fund a Volunteering Day to encourage more volunteers to come forward in the Parish. He also suggested that £150 be reserved as a contribution to reviving the previous ‘Village Fair’ events, perhaps in conjunction with the Coronation weekend. It was resolved to agree these and that ways of encouraging volunteers should go on the February Agenda. It was resolved to earmark £10,000 from unallocated reserves for the provision of public open space in the village. It was resolved to approve the draft budget as presented.
- 12. Precept – to agree the precept request for 2023/2024:** After discussion of the PC’s reserves and the objective of increasing and equipping additional public open space in the village it was resolved to request a parish precept of £14,262, which is the same as 2022/23.
- 13. Repairs & Maintenance - to consider any repairs and maintenance needed for PC assets (including signs):** Cllr Jackson reported that he awaits a quote for replacing the village signs on the Crockernwell side of the village. The existing signs are unsafe. Cllrs Benjamin and Ball reported on plans to resurface around the War Memorial. Cllr Salmon will join this task group. To go on the February agenda.
- 14. Accounts & Budget:** Budget report for the 3rd quarter was noted and the following payments were approved:
- | Payee | Budget | Amount |
|---|------------|---------|
| Clerk - Salary (December) | Salary | £326.38 |
| HMRC | Salary | £2.20 |
| Spalding Hall (Inv 97622) | Admin | £36.00 |
| Spalding Hall (Inv 97622) | Newsletter | £144.00 |
| Hospicecare (refund to clerk for Christmas Cards) | Admin | £10.40 |
- 15. To receive a report from the Chair (for information only):** The Speedwatch Group now has 8 volunteers but is still waiting for the police to approve the proposed sites.
- 16. To receive reports from Councillors (for information only):**
Cllr Marshall will publicise the CPR training locally. Cllr Benjamin reported that the PC Facebook page now has 164 members and encouraged Councillors to post information about their various projects. Cllr Benjamin will write an article for the Newsletter about planning issues relating to hedgerows and gateways.
- 17. Correspondence/Clerk’s Report (for information only):** One application has been received for the advertised vacancy for a replacement clerk. An interview is to be arranged with the panel being Cllr O’Neill, Cllr Salmon and Cllr Ball (if in January) or Cllr Marshall (if in February).
- 18. Dates of Next Meetings (all commencing at 7 pm at the Spalding Hall unless otherwise notified):**
13th February, 13th March, 11th April (Tuesday due to bank holiday), 9th May (Tuesday due to bank holiday), 12th June, 10th July, 11th September, 9th October, 13th November, 11th December

Devon County Council

County Councillor's Report

I look back at 2022 and see a tumultuous 12 months. Devon County Council has lost 5 senior officers in that time. This is rather disturbing as we all like continuity.

I have attended several important county meetings and will give a summary of the good and not so good news. It seems that Covid is posing less of a problem at the moment. Last month there were 95 people in hospitals throughout Devon with Covid of whom 2 were on ventilators. The vaccination programme is going very well with a high take up of all ages.

One of the County's scrutiny groups is to set up a focused task group to look at speeding and road safety. We were pleased to hear that over the past year traffic collision numbers are down (we must not call them accidents).

Money or lack of it is a big concern as officers and members look at balancing the budget for the current year and to set the budget for 2023-2024. One thing I can guarantee is that we shall be paying more next year. In order to help councils central government will allow them to increase council tax up to 3% (2% last year) and precept for social care to 2% (1% last year) Each 1% of the precept is equal to just over £4 million. In order to achieve a balanced budget, the county will need to do two things; obviously council tax etc will increase, but this will not be enough. They will be looking at cuts in services and possible redundancies. We have hard times ahead.

Happy New Year

May I take this opportunity to wish all readers in my county division, district and council ward a happy new year. We have said goodbye to a very dramatic 2022. It has been a year of extremes, high temperatures and drought, high winds and floods to say nothing of ice and snow. We seem to be getting over Covid only to find that many of the services on which we depend are now under threat from strikes. We have seen the death of the Queen and on a personal note the death of my mother at the age of 102. Let

us hope that 2023 brings a more settled and happy life. One thing that it will bring is the elections in May. You will have the opportunity to vote for parish or town councillors and district councillors.

I am sure that you will have heard or read in the media of the national crisis in children's services where dependence on agency workers means that many councils, which includes Devon, are heavily overspent in this service. For the last year I have been the vice-chairman of the working group that has looked at the special educational needs provision in the county. This follows three fairly critical Ofsted reports. The working group has made a number of suggestions that they hope will improve the service. We are very mindful of the fact that we are dealing with young people's lives. We are told that the Department of Education is on the case and is looking to help the counties turn around this dramatic situation. I shall keep my toes crossed and you can cross your fingers!

By April we shall all know just how much council tax we have to pay. Even at this early stage we know that it will be more than last year, possibly considerably more. People will start to moan and ask 'what are we getting for our money?' I'm afraid that we councillors often get it 'in the neck', this is one of the prices we pay for getting elected. Our role is to scrutinise the decisions of the executive cabinet and the performance of the officers. We should not be seen as being 'in opposition' but rather as critical friends who represent the concerns that our constituents have. This is why when the better weather arrives I shall continue with my monthly surgeries in all the parishes of my division.

As it is Winter, I shall not be holding my surgeries, so any problems you can email me or phone. I will take this opportunity to send you season's greetings! I hope you stay warm enough and have enough to eat and drink.

Cllr Frank Letch MBE

Devon County Councillor

01363 775739, frank.letch@devon.gov.uk

Situations Vacant

Cheriton Bishop Parish Clerk & Responsible Financial Officer

CB Parish Council is looking for someone to provide administrative and clerical support to the Council and manage the Council's finances.



Duties will include:

- Managing the day to day business and correspondence of the Council
- Attending evening Council meetings, preparing agendas and taking minutes
- Keeping financial records and preparing them for audit
- Providing advice and ensuring decisions are followed through The Clerk will work from home except for attending meetings (mainly monthly evening PC meetings.)

Salary will be dependent upon qualifications and experience but as a guide the starting point is between £11.63 and £12.73 per hour - 7 hours per week. A working from home allowance is payable.

Previous experience is desirable but not essential. Computer literacy is essential. Training & support for the undertaking of the CILCA qualification will be available if required.

Please send CV and covering letter via email to clerk@cheritonbishop-pc.org.uk. The closing date for applications is 12 noon on 28th February 2023. For informal discussions about the role, please email a request with your contact number.



Care and support
through terminal illness

Marie
Curie

Volunteer With Us

Be Part of the Companion Support Team

We're looking for volunteers, aged 18 or over, who can give three hours each week to chat to people who have been recently bereaved on the telephone.

Phone **0800 3047 400** or email: southwesthelper@mariecurie.org.uk.

Visit mariecurie.org.uk/volunteering and 'search all roles' to find the perfect role.

Sarah-Jane Trevor

Volunteer Services Coordinator Marie Curie

Charity reg no. 207994 (England & Wales)

How Can You Help?



All Acorn services are supported by volunteers and even volunteering for one day a month can make an enormous difference in the services we can provide

If you would like to contribute some time to Acorn Community Support by becoming a volunteer then please contact the office on **01647 252701**.

We'd love to hear from you...



Just for Fun! Winter Wordsearch

D	S	N	O	W	F	L	A	K	E	L	L
C	O	A	T	S	L	K	D	O	K	N	T
D	A	N	B	L	A	N	K	E	T	S	E
S	G	T	E	F	D	P	K	H	W	N	S
D	N	S	G	L	R	D	M	O	L	N	G
F	I	O	O	R	T	E	O	L	E	D	L
I	T	C	W	S	O	L	E	T	D	A	O
R	I	E	O	M	L	D	T	Z	G	R	V
E	E	R	C	Y	A	I	W	N	I	K	E
P	F	Z	H	I	M	N	I	E	R	N	S
L	L	A	L	N	Z	W	N	W	Y	S	G
A	T	G	C	N	O	K	D	L	L	N	C
C	G	L	O	N	T	A	Y	W	T	N	O
E	W	S	S	A	E	W	L	S	D	K	L

COLD
GLOVES
SNOWING
SNOWMAN
COATS

WINDY
BLANKETS
ICE
FIREPLACE
FREEZING

FROST
SNOWFLAKE
MITTENS
WOOLLY HAT
DARK



Yellow Pages Advertising Rates & Info

Advertising in 10 issues: ¼ page = £45, ½ page = £90

Your ad should be supplied in A4 size (portrait for quarter page, landscape for half page) so that we can re-size the artwork to fit our template. We cannot print adverts with a black/grey background or with large blocks of black/grey. Please email cheritonads@gmail.com.

BARRY WARE DECORATORS

EXTERIOR PAINTING

INTERIOR PAINTING

WALL PAPERING

TILING AND GLASS REPAIR

OVER TWENTY YEARS EXPERIENCE

TEL **01837 659958**

MOB **07974 388034**

EMAIL barrydecorators@hotmail.co.uk



STANBURY WILD GAME

Seasonal Local Wild Game

- Venison (various cuts) •
- Pheasant, Partridge, Pigeon •
- Selection of Multi Award Winning
Homemade Game Pies •
- Wild Game Pate •

Please email for information about our
FREE local delivery service

Email: stanburywildgame@gmail.com
Nel Stanbury: 07980750693



UNIT 1 MERRIVALE ROAD EXETER ROAD INDUSTRIAL ESTATE OKEHAMPTON DEVON EX20 1UD

Suppliers and Installers of:

Conservatories – Porches – Sun Lounges

Windows – Doors – UPVC – ALUMINIUM – TIMBER

Fascias – Soffits – Cladding – Guttering – Hygiene Cladding

Cut Glass – Greenhouse Glass – Double Glazed Units – Glass Roof Systems

Mirrors – Balustrades – Glass Shelves – Splashbacks – Shower Screens

Putty – Adhesives – Silicone Sealants – Fascia Nails – Fixing Foam

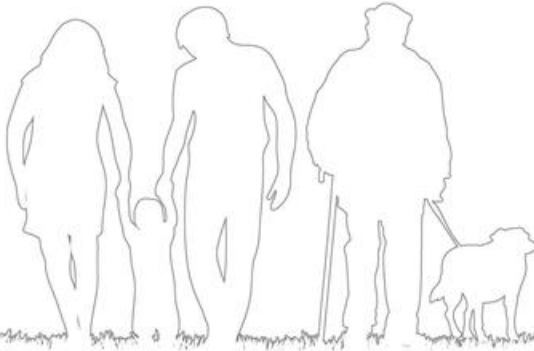
VISIT OUR TRADE COUNTER OR COME IN TO SEE OUR PORTFOLIO

PHONE – 01837 54019

FAX – 01837 658770

enquiries@okehamptonglass.com

www.okehamptonglass.com



Solicitors

Legal advice for every chapter in life

Visit our Crediton Office @

1, Westward Business Centre, Mill Street, Crediton, EX17 1HB

☎ **01363 77 55 66** ✉ law@gilbertstephens.co.uk

or visit gilbertstephens.co.uk for more information

Crediton / Okehampton / Sidmouth / Ottery St. Mary / Exeter / Budleigh Salterton



Wedding, celebration or special event?

Our vintage hire service can supply:

- Gorgeous crockery for afternoon tea including cake stands and tea trolleys
- Beautiful glassware to build your own bar, sweet trolley or elegantly grace your table
- Vintage props and decorations to fully create the vintage theme
- Lawn games and croquet set to entertain your guests
- A friendly, reliable service

For more information call Sarah on 07956466349

or Email: theoldchapelvintagesupplies@gmail.com

Visit our Website: oldchapelvintagesupplies.co.uk

Follow us on Facebook and Instagram

Whiteley Podiatry

BSc (Hons) Pod. MCPod

CHIROPODIST and PODIATRIST

Friendly, caring & professional HCPC registered Podiatrist's with over 10 years experience serving the local community.

We offer a wide range of treatments and advice for all aspects of foot care including:

- Nail Care • Ingrown Toenail • Corn and Callus •
- Cracked Heels • Diabetic Foot Checks • Foot Pain •

Clinic appointments available at:

**3 Church Court, St. James Street,
Okehampton EX20 1DJ**

Tel: 01837 338672



Opening hours:
Monday to Friday, 9am - 4:30pm
Closed on Saturday and Sunday





DREW & SONS

Longhayes, Venton, Drewsteignton, Exeter, EX6 6PG

- Building Contractors
- New build
- Renovation specialists
- Estimates given

- Plant Hire
- Groundworks

- www.drewandsons.co.uk
- drewandsonsmail@yahoo.co.uk

Tel/Fax: 01647 231306
 Mobile: 07836 684 660 Ken Drew
 07770 442 210 Jamie Drew



ANNIE MARTIN

*Award-winning
 RIBA-registered
 local architect*

01647 272839
 07793 054118

Little Thorne, Cheriton Bishop
 Exeter, Devon EX6 6HN

architect@anniemartin.co.uk
www.anniemartin.co.uk

RIDE ONS GARDEN TRACTORS CHAINSAWS TILLERS QUADS LEAF BLOWERS

PRESSURE WASHERS SMALL PLANT MOWERS

MOWERS STRIMMERS CHAINSAWS QUADS

MOWERS AND STRIMMERS



**YOUR LOCAL GARDEN
 & SMALL MACHINERY SPECIALIST**

**SERVICING REPAIRS RE-BUILDS
 BLADE & CHAIN SHARPENING
 LOCAL COLLECTION & DELIVERY**

CONTACT MARK:

01647 61360 - 07989 218181

STRIMMERS GARDEN TRACTORS CHAINSAWS HEDGE CUTTERS BLOWERS

BURGESS BRICKWORK
QUALITY BRICKWORK
AFFORDABLE RATES

All aspects of masonry work undertaken

Brick, block, stone, flint, etc

Extensions

Fireplaces

New Build

Chimneys

Renovations

Barbeques

Garden walls

Paths and patios

Free advice with planning and design

Fully qualified and insured with over 30 years' experience

For a quick, clean, reliable and friendly service
call Neil on:

07717 750926

or email at neil360uk@yahoo.co.uk

BURGESS BRICKWORK, 9 WOODPECKER WAY,
CHERITON BISHOP, EXETER. EX6 6JW



DIRTBUSTERS

*For all your Carpet and
Upholstery Cleaning
requirements*

NO HIDDEN EXTRA COSTS

Free Estimates and Advice

Tel: 01647 252990



MC SERVICES LTD



Motor Care

- All Vehicle Servicing and Repair
- Class IV + VII MOT

Machinery Care

- Arb Machinery Servicing and Repair
- Vehicle Lift Platforms

- Diagnostics
- Air Conditioning
- Garden Machinery
- Trailers etc

Tedburn St Mary

Exeter

EX6 6EH

Email: info@mc-services-ltd.co.uk

Tel: 01647 61222

Peter Guscott

Construction & Fencing Contractor

Typical Projects Include:

New sustainable builds. Listed Building Work. Insurance work.

Extensions, Conversions, Renovations & General Repairs.

Decking, Hard Landscaping & Garages.

Stock Fencing. Post & Rail. Garden Fencing.

Over 30 years construction industry experience Inc. Full City & Guilds Carpentry & Joinery Certs.

Tel: 07974 246 473

Email: peterguscott235@btinternet.com

Cheriton Bishop

WOODLEIGH
COACH  HOUSE
Cafe & Guest House

**A friendly welcome and
delicious home cooked food**

01647 24711

woodleigh16@gmail.com

www.woodleighcoach.com

Woodleigh Coach House

Cheriton Bishop

Exeter, EX6 6JL



If you would like a last resting place
in beautiful countryside
overlooking Dartmoor

Phone 01647 24382
and speak to
Julie or Martin Chatfield

www.crosswayswoodlandburials.co.uk

HLC HOLSWORTHY TRAVEL LTD

With over 60 years' experience between us we are proud to offer an un-rivalled choice of holidays to suit every taste and budget from Snow, Sun, City Breaks, Coach Tours, Theatre & Theme Breaks, Cruising, Group Holidays, Hen/Stag Breaks and Tailor Made Tours.

Let us help choose the right holiday for you.

Please call our office for details.

Tel: 01409 253962

Email: sales@holsworthytravel.co.uk

Bank House, Holsworthy, Devon, EX22 6DY

Masons Kings

www.masonskings.co.uk

WE'VE GOT YOUR OUTDOOR NEEDS COVERED

GARDEN MACHINERY CENTRE

Lawn mowers, chainsaws,
garden tools

PRODUCT SUPPORT

Parts, servicing & expert advice

TOOL SHOP

Draper tools & consumables
including oil, bulbs & Lighting

 JOHN DEERE  STIHL  VAP VAPORMATIC

EXEBRIDGE,
SOMERSET, TA22 9BL
01398 322140

CHUDLEIGH,
DEVON, TQ13 0BY
01626 852140

ST COLUMB,
CORNWALL, TR9 6DH
01637 881814

www.masonskings.co.uk

Jonathan Wood Veterinary Surgeons

We are a mixed animal veterinary practice with our heart in the community, providing a high level of personal, professional care. We treat your animals as we would our own.

RCVS practice standards accredited
Cat Friendly accredited clinic

Web: www.jwoodvet.co.uk

Email: hospital@jwoodvet.co.uk

Tel: **01363 772319**

24 hour emergency service



Fine MEMORIALS

COVERING DEVON AND SOMERSET

"Your independent local Mason"

VISIT OUR SHOWROOM:

11 HEAVITREE ROAD,
EXETER, EX1 2LD

TEL: (01392) 250084



- HEADSTONES, TABLETS & VASES
- COMMEMORATIVE PLAQUES
- ADDITIONAL INSCRIPTIONS
- RENOVATIONS
- FREE NO OBLIGATION QUOTES
- HOME VISITS AVAILABLE

OR VISIT OUR WEBSITE:
WWW.FINEMEMORIALS.CO.UK



Northcott
tree solutions

Tree Surgery Pruning & Felling

07770 391850

With over 20 years of experience,
we cover all aspects of tree surgery,
pruning and felling.

Fully qualified and insured.

For a FREE quotation and
expert advice, call Pete Northcott

on 07770 391850

or email pknorthcott@gmail.com

Tom Jansonu Painting and Decorating

- Interior and exterior work
- Cabinet painting specialist
- 15 years' experience in Exeter and the Teign Valley
- Tidy and reliable

Please contact for an estimate

Tel: 01392 811956 / 07919 676002

Email: tomas.bob@icloud.com

heltor

Heating Oil & Fuel Specialists

**CALL TODAY FOR LATEST HEATING
OIL & AGRICULTURAL FUEL PRICES**

Competitive Prices

Tank Replacements

Budget Payment Options

Small Delivery Vehicles

AGA and Boiler additives

Fast, Reliable Service

NEWTON ABBOT
01626 832357

PLYMOUTH
01752 425135

ST AUSTELL
01726 72890

www.heltor.co.uk

Could you be a carer?

- No previous care experience required (full training provided)
- Personal qualities such as empathy and compassion are more important than formal qualifications
- Flexible shift patterns to suit you, from 4 to 40 hours per week!

Give us a call to see if becoming a carer is right for you:

01647 279211

Apply online: nedcare.org/jobs

Computer Service & Support
throughout Dartmoor and South Devon

SUPPORT

- In your office
- At your home
- By remote link

REPAIRS

- System Upgrades
- Virus removal
- Maintenance
- Software installs

SALES

- Desktop PCs
- Laptops
- Refurbished
- New or Custom

NETWORKS

- Wireless
- Broadband
- Installations
- Improvements

WINDOWS

APPLE

Tel: 01647-277127

Email: info@dartmoorpc.co.uk



West Country Rural Ltd

Chartered Surveyors, Valuers and Land Agents

Approachable ♦ Practical ♦ Professional

Our professional services include advice and assistance with;

Planning applications for agricultural buildings, new AOC houses & lifting AOC ties

Basic Payment Scheme (BPS) applications, appeals & BPS entitlement trading

Countryside Stewardship Grant Scheme applications

Farm Business Tenancies & Agricultural Holdings Act Tenancies

Landlord and Tenant matters – dispute resolution, rent reviews, lease renewals, re-letting etc

Grazing/cropping licences and contract farming agreements

Valuations of residential and agricultural property

Inheritance and Capital Gains Tax planning appraisals in conjunction with your accountant

Compensation claims related to utility projects (pipelines, highways etc)

Contact: Lizzie Chance MSc MRICS FAAV VRS RICS Registered Valuer for more information

t: 01647 24831 m: 07738 162673 e: lizzie@westcountryrural.co.uk

This half page advertising space is available.
If you would like to advertise here,
please contact Jo Carter at
cheritonads@gmail.com

SARAH'S

BARBER SHOP

85 High Street, Crediton

Haircuts for
Men & Boys

Last Entry
15 minutes
before
closing

Opening Times

Walk Ins: Monday 9am - 5pm &
Tuesday 9am - 4.15pm
Wednesday - Closed

Appointments: Thursday 9am - 6.30pm,
Friday 9am - 5pm & Saturday 8am - 2pm

Call: **01363 899269** or **07772 336489**
to book, or use the booking app 'Nearcut' -
location 'Crediton, Sarah's Barber Shop'

Benbrit Ltd

Hydraulic Engineers

**specialists in hydraulic cylinder
manufacture & repair**

The Old Orchard, Cheriton Bishop,
Exeter, Devon EX6 6JD
01647 24565

benbrit@btconnect.com
www.benbrit.co.uk



A1 DIGITAL

AERIAL, SATELLITE AND AV SPECIALISTS



- * Wired and Wireless Networking
- * WiFi systems including building to building
- * AV & CCTV systems
- * 4G Broadband solutions
- * Motorised & Fixed Dish Systems
- * Aerial and Satellite Installations & Servicing
- * TV installations
- * Commercial & Domestic Systems

Tel: 01392 427001

Email: info@a1digital.tv

www.a1digital.tv



DREW & SONS
FUNERAL DIRECTORS

Longhayes, Venton, Drewsteignton,
Exeter, EX6 6PG

Independent family run Funeral Directors
Private Chapel of Rest
Traditional ~ Humanist ~ Woodland

We care because you care.

01647 231306

www.drewandsonsfunerals.co.uk

Need your chimney swept?

Contact your local
Cheriton Bishop sweep!



**ELLIS
SWEEPS**

For Quality & Service you can trust

HETAS Registered - Certificate Provided

0800 2982 595

✉ info@ellissweeps.co.uk



J.W. BODYWORK



General & Insurance Bodywork
MOT Welding

Free Estimates and Collection Service

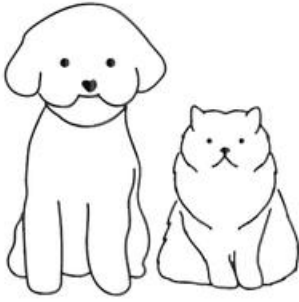
**We have moved to new premises
closer to Cheriton Bishop**

**Telephone 01647 281308
or 07436 797955**

or contact:

J. Warren

**Brindlewood Barn
Drewsteignton EX6 6NN**



— **NIC'S PET SPA** —
GROOMING CATS AND DOGS SINCE 1999

Nicola Bridges - Fully qualified
Professional & modern facilities
Warm water hydro-bath
Full grooming & styling, Nail clipping
Puppy packages

07795 380 003

Hawthorns, Cheriton Bishop, EX6 6BP

Fingle Bridge Inn

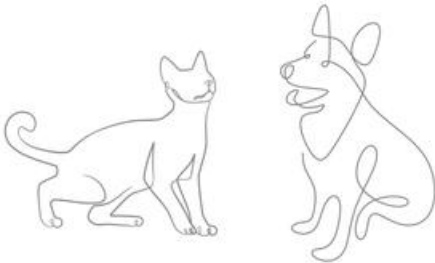
Sunday carvery lunch
in the restaurant
(booking advisable)

Bar Menu also available

Cream Teas

Wonderful venue for any type of function
Families and well-behaved dogs welcome

Tel: 01647 281287



St. Boniface
Veterinary Clinic

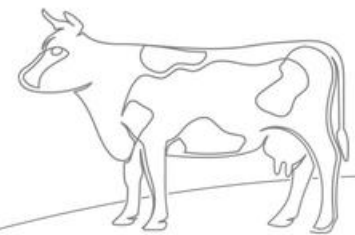


We are a friendly, mixed practice with dedicated
Farm, Equine and Small Animal teams.

We aim to offer you a professional and highly
skilled service from our branches in
Crediton and Tedburn St Mary.

24/7
emergency
cover by our
own vets

For latest news and
updates find us on



01363 772860



Visit us online: www.stbonifacevets.co.uk
Exeter Road, Crediton, Devon EX17 3BN

South West Window Cleaners

All types of Window Frames
and Sills
Conservatories
Gutter Cleaning
One Off / Regular Visits

Call for a free
quote/appointment

07877 210333



SYMMETREE

Professional Tree Surgeons

Over a decade of experience in tree and hedge care for locals and businesses who want a clean and friendly service.

WHAT WE DO

- Storm Damage
- Stump Removal
- Hedge Maintenance
- T.P.O Applications
- Tree Reduction
- Tree Dismantle
- Tree Pruning
- Diseased Trees

GET IN TOUCH

☎ 07494 990210 (Bow)

✉ symmetreedevon@gmail.com

📷 @symmetree.devon

FULLY
INSURED
WITH PLI



City & Guilds
NPTC
Qualified



FREE
QUOTATIONS



CARER/PERSONAL CARE ASSISTANT

DBS checked (NO JOB TOO SMALL)

Covering all areas from Okehampton through to Pathfinder (Sticklepath, Tedburn, Cheriton Bishop, Crockernwell and surrounding area)

Friendly and Professional Service:

- Personal Care
- Assisting with jobs in the home
- Cooking
- Hospital visits
- Company
- Shopping and much more!
- Pet Care
- Cleaning

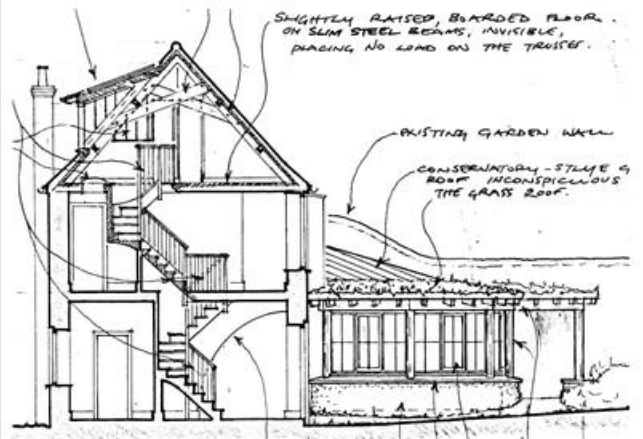


Please call Sonia France on

07896 226546

References available on request

www.TomFosterArchitecture.co.uk



Specialist in new, old and historic buildings for work or home.

Expert in Eco-Building, 'Passive House', DNPA, Planning Permission, Building Regs, build-contract admin, or just some can-do advice.

Ring **01647 24436**
to bring your vision closer

Central Convenience Stores & Post Office

Your neighbourhood store offering...

Newsagents	Groceries
Greetings cards	In store bakery
Coal & logs	Fresh fruit & veg
Lottery	Fresh salad
Licensed sales	Cheeses
Stationery	Pies
Mobile top ups	Selection of meats

Opening Times:

Shop:	Monday to Sunday	8am - 7pm
Post Office:	Monday to Sunday	8am - 6.30pm

Cheriton Bishop – 01647 24440

Yoga Classes



Mondays:

Tedburn St Mary Methodist Church
10.45am to 11.30am ~ Seated Yoga

Practised in a chair for those with less mobility, still a good work out!

Thursdays:

The Spalding Hall Cheriton Bishop
6pm to 7pm ~ Beginner Friendly Hatha Yoga

Last Saturday of the month:

The Ockment Centre, Okehampton
10.30am to 12pm ~ Self Care Yoga

An hour of physical Yoga followed by a deep guided relaxation.

Hello, I'm Katie, I teach friendly and welcoming Yoga classes. Beginners are very welcome and encouraged to join us.

All classes available as Zoom option.

Also as Zoom ~ Mondays 6-7pm

Please visit my website for more information.

Contact me with any questions and to book your classes.

www.devonrootsyoga.co.uk

katie.furler@yahoo.com – 07923 886720



Drakes



Oinkers Farm Shop & Drakes Farm Café

We sell a wide range of local produce in our farm shop.
Weekly deliveries are available in the Teign Valley.

Our café serves a delicious selection of breakfasts, lunches,
Sunday roasts, coffee, cakes, ice cream, milkshakes & sundaes.

Come meet and feed our farm animals.

We also run a farm school called 'Little Farmers' for pre-school aged children.

Higher Fingle Farm, Crockernwell, Exeter, EX6 6NP

Shop: 01647 281580 Café: 01647 281111

The shop & cafe have different opening times, so please check before heading over to us.

www.drakesfarm.net

PLUMBING & HEATING

GAS, OIL, LPG & SOLAR INSTALLATIONS
OIL TANK REPLACEMENT
BOILER SERVICING & REPAIRS
COMPLETE HEATING SYSTEMS
BATHROOMS & ALL GENERAL PLUMBING
COMPREHENSIVE, COMPETITIVE
PERSONAL SERVICE

CALL CLIMATE SOLUTIONS

LONGDOWN
01392 811420



Dan Bridges, Heating engineer

07979 156 146

Boiler servicing & repair
Central heating
General plumbing
Bathroom installations
Landlord services
Natural gas, LPG & oil

GAS
safe

 **WORCESTER**
Bosch Group
Registered Installer

MATT BRYANT

Fencing

*All aspects of domestic
agricultural, and commercial
fencing.*

Hard landscaping

Ground works

Firewood/logs

Email-
matt@mattbryantfencing.com

www.mattbryantfencing.com

GET IN TOUCH NOW!

07419752673

Established for over 20 years

Member of the FSB

Cathie's Careful Cleaning

Domestic and Commercial Cleaning

House Moves and End of Tenancy Cleans

One-Offs and Regular Cleaning

Carpet and Upholstery Cleaning

Free Estimates Given

References available

T: **01647 24174**

M: **07523 412781**

E: **cathiescarefulcleaning@yahoo.co.uk**

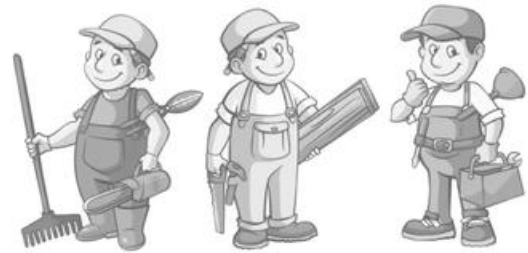
or visit us at:

www.cathiescarefulcleaning.co.uk

Odd Jobs Man

**Do you need any
odd jobs doing
around the house
or garden?**

If so, please give me a call



Contact Andy on **07713481295**

Email: claydon.ac@gmail.com



ENERGY Est. 1984
SYSTEMS
(SW LTD)
OIL & GAS FIRED HEATING SPECIALISTS



info@energysystems-sw.co.uk

www.energysystems-sw.co.uk

OIL & GAS FIRED HEATING SPECIALISTS
BOILER AND SYSTEM MAINTENANCE
AGA & RAYBURN SERVICE ENGINEERS
OIL STORAGE TANKS & HEATING CONTROLS



TEL: (01392) 860558



MOOR PARK GARAGE  **01647 252 458**

“A GREAT **LOCAL** GARAGE
YOU CAN TRUST”

- MOT Testing
- Servicing
- Fuel
- Tyres
- Courtesy Cars
- Air Conditioning
- Breaks
- Diagnostics
- Clutches
- Exhaust Systems
- Steering
- Suspension
- **FREE** Collection and Delivery

WHY NOT GIVE US A TRY?



Dunsford | Exeter | EX6 7HD www.moorparkgarage.com

Teignvale

Plumbing & Heating Ltd

Oil Fired and Wood Pellet Heating Specialists

Installation – Repair – Servicing

All General Plumbing Work Undertaken

Based in Cheriton Bishop 07968617775 24 hr: 01647 272827

info@teignvaleplumbingandheating.co.uk

