

Cheriton Bishop & Crockernwell

Newsletter

December 2019 and January 2020



In this issue

- **Father Christmas Comes to Castle Drogo**
- **Join in the Fun at the Santa Run!**
- **Singing, Nativity, Concerts, Pantomimes...**

Useful Information

Doctors and Healthcare

Doctors Surgery: 01647 24272 or 01647 24025

Surgery: 8.00 to 9.30 am, Monday to Friday - no appointment needed. **Out of Hours:** Call 111. **Emergency:** Call 999

The Patient Group: Amanda Vooght (Chair) - 01647 24593, Steve Colderick (Secretary) - 01647 24818

TALKWORKS Depression & Anxiety Service (South & West Devon): 0300 555 33 44

Minor Injuries Unit: Okehampton Medical Centre, 8.15 am to 6.00 pm, Monday to Friday

Chiropody Home Services: Julie Chatfield NMChs SRCH - 01647 24382 (paid advert)

Emergency Services

Electricity: 0800 365 900

Gas: 0800 111 999

Water: 0344 346 2020

Highways Agency: 0300 123 5000

Streetlights, potholes: 0345 155 1004 • csc.roads@devon.gov.uk

Police

Non-emergency: 101

Crimestoppers: 0800 555 111

Neighbourhood Watch: Jean Martin

01647 24586

Schools and Local Organisations

Cheriton Bishop Primary School: 01647 24817 (term time only)

Head Teacher: Alex Waterman, Secretary: Linda McCracken, Chair of Governors: Jo Carter, PTFA: Dee Studholme-Côté

Cheriton Bishop Pre-school: 01647 281205 - Play Leader: Christine Grist

Acorn Community Support: 01647 252701

Beavers: Rachel Barclay - 01647 24575 • **Cubs:** James Morris - 01647 252375 • **Scouts:** Ollie Milverton - 07706 695928

Young Farmers: Georgia Pearce - 07563 382705

Walking Group: Dennis Milton - 01647 272844 and Jon Whitehead - 01647 281454

Farming Community Networks (FCNs) helpline: 0300 111999 or Joanne Jones - 07897 540278

Churches

Anglican Team Ministry: Rev. Martin Wood, The Rectory, Church Lane, Cheriton Bishop - 01647 24119, Tuesday to Sunday
Church Warden: Alan Greenslade - 01647 24002

Crockernwell Church: Rev. Julian Albrow, 21 Dunsford Road, Exeter, EX4 1LG - 01392 255791
Church Secretary: Mrs A MacDonald - 01647 24446

West Down Chapel: Derek Coren - 01647 24264

Halls & Meeting Rooms

Village Hall: Tim Gorringer - 01647 24789

Spalding Hall: Jean Martin - 01647 24586 (if no reply after 24 hrs, call Paul Mitchell - 01647 24405)

Local Authorities

Parish Councillors:

David Tripp (Chair) 01647 24582

Dennis Milton (Vice Chair) 01647 272844

Phil Dicker 01647 24450

Chris Carter 01647 24774

Tim Vooght 01647 24593

Peter Endacott 01647 24580

Andrea Wood 01647 272786

Kim Bastyan

Mid Devon District Councillors:

Derek Coren 01647 24264

Stuart Penny 01363 85197

County Councillors:

Nick Way (Cheriton Bishop) 01363 777903

James McInnes (Crockernwell) 01837 861364

Parish Clerk:

Diane Shepherd - 01363 85051 or 07903171897 (mobile)
clerk@cheritonbishop-pc.org.uk • Squirrel Lodge, Colebrooke, EX17 5JH
www.cheritonbishop-pc.org.uk

Crockernwell Parish Councillors:

Ysanne James (Chair) ysanne.james@drewsteigntonparish.co.uk

Peter Brennan (Vice Chair) p.brennan@drewsteigntonparish.co.uk

Drewsteignton Parish Clerk: Lucy Bruckner - 07538 130973 • clerk@drewsteigntonparish.co.uk
27 Court Street, Moretonhampstead, Newton Abbot, TQ13 8LG

West Devon Borough Cllr: Paul Ridgers - 01822 813600 • cllr.paul.ridgers@westdevon.gov.uk

Member of Parliament: Mel Stride MP (Central Devon) • House of Commons, London, SW1 1AA

Season's Greetings



Welcome to the Double Edition for December 2019 and January 2020



Dear Readers,

Before I begin as your new editor, I would like to say a huge 'thank you' to Andrea Wood for all her hard work and dedication as Editor to our wonderful village newsletter. Andrea gave me a very warm welcome in her last issue - the November edition - and I hope I can fill her shoes and live up to expectations.

As Andrea mentioned, I was a graphic designer for many years, so you may notice a few visual changes as you browse this and future editions of the newsletter. This is a double issue, so remember to pick up your next copy at the very end of Jan / beginning of February. It seems a far way off, but we all know how quickly the Christmas season whizzes by.

It's Christmas!

Along with the usual over-eating and festivities, I am particularly looking forward to carol singing around the village and the primary school's Nativity performance which has been written wonderfully by our very own Richard and Nicola Miners. They have done an amazing job in writing both the script and original songs for the production which will include performances from every child at the school. All of our children and the teachers at Cheriton Bishop have been working extremely hard to bring Christmas cheer and make us proud. I work part-time at the School, so I am hoping to get myself a front row seat, and as the newsletter editor - I feel I am duty-bound to write a rave review!

I would like to thank everyone who submitted copy for this edition of the Newsletter, and I hope you all continue to make this an interesting and informative read for the community, from the community.

New Year Celebrations

The heavy rain and strong winds at the beginning of last month meant that there were a lot of cancelled events on Guy Fawkes night. However, there may be a few fireworks let off as we head into 2020, so remember to keep your pets inside for the evening where possible.

I wish you all a very merry Christmas and a happy new year for 2020!

Lucy Cooper



Newsletter Production Team

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Christine Jillians

Dates for your Diary

December 2019

5	Acorn 'Christmas' Lunch	The Red Lion	12.30pm
5	Wildlife of Dartmoor	Fingle Bridge Inn	7pm
8	Walking Group	Fingle Bridge	10am
8	The Santa Run	Fingle Glen GC	10am
8	Pre-school Nativity Play	St Mary's Church	11am
9	Parish Council Meeting	Spalding Hall	7.30pm
10	WC Embroidery Group	Village Hall	12 - 4pm
10	Acorn Trip to Tavistock		9am - 2pm
11	Acorn Trip to Sainsburys		
12	Teign Valley Memory Café	Strawberry Hill	10.30 - 12pm
12	TCC Christmas Concert	Fingle Glen GC	7.30pm
14	Xmas Coffee Morning	Spalding Hall	10.30 - 12pm
14	TCC Christmas Concert	Tedburn Methodist	7.30pm
16	Cuppa and a chat	Spalding Hall	2 - 4pm
16	Gardening Club	Village Hall	7.30pm
20	Carol Singing	Memorial Cross	6pm

January 2020

7	WC Embroidery Group	Village Hall	12 - 4pm
7	Acorn Coffee Morning	Teign Valley Hall	10.30 - 12pm
8	Acorn Trip to Sainsburys		
9	Acorn 'New Year' Lunch	The Red Lion	12.30pm
10	PTFA Meeting	Drake's Farm	1 - 3pm
11-18	Robin Hood Pantomime	Dunsford Hall	Times vary
13	Parish Council Meeting	Spalding Hall	7.30pm
18	Acorn Panto Trip	Dunsford Hall	1 - 5pm
20	Cuppa and a chat	Spalding Hall	2 - 4pm
20	Gardening Club	Spalding Hall	7.30pm
21	Acorn Coffee Morning	Teign Valley Hall	10.30 - 12pm
22	Acorn Trip Sainsburys		
25	Burns Night	Village Hall	7.30pm
26	Pilgrim's Progress	Dunsford Hall	3 - 4pm
30	Teign Valley Memory Café	Strawberry Hill	10.30 - 12

February Issue Deadline

All copy for the February 2020 edition needs to be received by Monday 20th January

Please email your copy to cheritonnews@gmail.com or call if you can only supply a paper copy.

Editorial:

Lucy Cooper
01627 272765

Advertising:

Patience Netherway
01627 24350



Classified Advertising

Looking to buy or have something to sell?

Check out our classified page. If you would like to advertise ad-hoc, please email cheritonnews@gmail.com

Charges for lineage ads are £1 per line to include a contact number.

Dates for your Diary

Regular Meetings

Art @ Caribarn Studio, Pitton Barton

Every last Friday of the month 9.30 am - 12.30 pm. Contact: Sue Bloomfield - 01647 24840

Baby Clinic - Cheriton Bishop Surgery. Every 4th Wednesday of the month 2.00 to 3.00 pm

Beavers (6 - 8 yrs) - Every Thursday (term time only). Contact: Rachel Barclay - 01647 24575

Cheriton Bishop Baby & Toddler Group - Find us on Facebook

Cheriton Bishop Lunch Club

The first Thursday of each month at The Red Lion. Contact: Jean Martin 01647 24586

Cubs (8 - 10 yrs) - Every Thursday (term time only). Contact: James Morris - 01647 252375

Cuppa and a Chat at Spalding Hall

Every third Monday, 2 - 4pm. Contact: Paul Mitchell 01647 24405 or Jean Martin 01647 24586

Gardening Club

Every third Monday evening in the month (Autumn & Winter) Contact: Janet Jeffery - 01647 24414

Parish Council

Every second Monday evening in the month. Contact: Diane Shepherd - 01363 85051

Pilates (paid advert)

Every Thursday morning, 8.55 am and 10.00 am (term time only). Contact: Adele - 07976 427941

Pre-School - Monday to Thursday, 8.45 am to 3.15 pm, Contact: Christine Grist - 01647 281205

Scouts (10 - 14 yrs)

Every Monday evening (term time only). Contact: Ollie Milverton - 07706 695928

Short Mat Bowling

Every Wednesday evening 7.30 - 9.30 pm, September to May, Contact: David Tripp - 01647 24582

Spiritual Discussion Group - Contact: Penny Gare - 01647 24639

Monthly Walking Group - For daytime walks see the CB Walking Group Facebook page

Contact: Dennis Milton - 01647 272844 or Jon Whitehead - 01647 281454

West Country Embroiderers - Every first Tuesday afternoon in the month

Contact: Elaine Clark - elainejclark@hotmail.co.uk Website: [wcecheritonbishop](http://www.wcecheritonbishop.org.uk)

West Down Bible Study & Prayer

Every Monday evening from October to May. Contact: Derek Coren - 01647 24264

Young Farmers

Every 1st and 3rd Tuesday evening in the month. Contact: Georgia Pearce - 07563 382705

Online Info – Cheriton Bishop Website

For more information about Cheriton Bishop, Crockernwell and the surrounding area please visit our website: www.cheritonbishop.org.uk

Dates from ACORN



Christmas & New Year Lunches The Red Lion, Tedburn St Mary



Christmas Lunch

Thursday 5th December, 12.30pm

Turkey and all the trimmings or
Vegetarian Mediterranean Wellington

Christmas Pudding or Yule Log

A glass of wine or soft drink

Finishing with a cup of tea or coffee
and a Mince Pie

£15.00 per person



If you have never joined us before, why not make this your first of many. We would love to see you. Call Jean on 01647 24586 by 2nd December to let her know if you need a lift.



New Year Lunch

Thursday 9th January, 12.30pm
(2nd Thursday for this month only)

1. Cottage Pie
2. Fish and Chips
3. Mushroom Korma & Rice
4. Apple Crumble
5. Cheesecake
6. Ice Cream

£9.00 per person or £10 with tea or coffee

Call Jean on 01647 24586 with the number of your meal and desert choice before 6th January and to let her know if you need a lift.

Acorn Events in December & January

Minibus trips to Sainsburys

11th December and 8th January - £5 per trip.

Coffee Morning

7th & 21st January

The Bowden Room, Teign Valley Community Hall 10.30 - 12pm. Drop in for a tea or coffee, a slice of homemade cake & meet up with friends, everyone welcome.

Minibus Outings

10th December: Tavistock

Leaving at around 9am and returning at about 2pm. The cost will be £5

18th January: 'Robin Hood' Pantomime

To book a ticket for the matinee of Robin Hood, contact: Dennis 01647 272844 or Jan 01647 24405 as soon as possible please. The cost is £6 plus £7 for Panto ticket (see pg 8). Contact Acorn to book your bus seat for these outings on 01647 252701. It is first come first served, so please book early.

Teign Valley Memory Café

12th December and 30th January

Held at Strawberry Hill, Dunsford on the B3212 - look out for the sign. 10.30 - 12pm

Cheriton Bishop Lunch Club

Lunches are held at The Red Lion on the first Tuesday of the month.

Come along and meet new people. Contact: Jean on: **01647 24586**

What else we do...

We have a fantastic group of volunteers who help to provide transport to medical and well-being appointments, we can deliver prescriptions, we can also loan equipment to assist you in the home.

Further information or to join our wonderful team of volunteers, contact the Acorn Community Support Office: **01647 252701**
www.acorncommunitysupport.co.uk

Letters to the Editor

Jean Martin & Caryn Tripp from The Patient Group

Eight years ago, **Jean Martin & Caryn Tripp** were approached by the Surgery to help set up The Patient Group as Chair and Secretary respectively. Jean and Caryn were instrumental in achieving this and continued to take the group forward over the ensuing years. Jean and Caryn both decided it was time to step down from these roles in March of this year, and are highly deserving of an expression of gratitude for the work they've done over the years, so Caryn and Jean – thank you very much!

Amanda Vooght and Steve Colderick have taken on the roles of Chair and Secretary respectively. Caryn and Jean continue to contribute to the group as committee members.

The Patient Group (originally called the Patient Participation Group) was set to encourage GP Surgeries to strengthen and develop liaison between themselves and patients.

Steve Colderick - The Patient Group

Book Sale 2019

Thanks to...

The collectors of the Sainsburys boxes
The depositors of books on the doorstep of South Orchard
The erectors of the tables in the Village Hall
The carters of the books to and from the Hall
The purchasers of said books - a vital component
The collectors of the donations on the door
The van men who collect the remaining books for FORCE
and all because people still enjoy reading the print on paper!

And finally...

Thanks to all those who are ACORN, because without them, there would be no need to raise funds. May they regard the small donation of £370 as a thank you and token of appreciation for all their work.

Also, a very special thank you to all those children who donated their books so others can enjoy them.

Persis Bower

(who now has some reading matter to last a few months)

Remembrance Sunday

Thank you to everyone who attended the Act of Remembrance service at Cheriton Cross on Sunday 10th November. The collection for 'Help for Heroes' amounted to £206.02



From Pat...

I would like to wish all my friends and family in Cheriton Bishop and surrounding parishes a very merry Christmas and happy new year.

After six months at Copellia House, Moretonhampstead, I have settled in and made a few new friends, both residents & staff, and the days are filled with plenty of activities, outings and laughter.

Please continue to visit me as I do look forward to seeing you all.

Love from **Pat Hill**

Letters to the Editor

A Chance to Submit Your Ideas

Dear Members,

The Devon Climate Emergency Response Group, chaired by Phil Norrey and comprising of public and private sector organisations, has appointed a Net-Zero Task Force to deliver a Devon Carbon Plan.

The Net-Zero Task Force is chaired by Professor Patrick Devine-Wright, a leading climate expert, and it includes experts drawn from environmental, economic, health and academic organisations.

The Task Force has issued an invitation - a 'call for evidence' - to all Devon residents to submit their ideas about how Devon can reduce carbon emissions as quickly as possible.

It will be conducting a series of hearings to help gather views, evidence and data that will

be used to develop recommendations for the Devon Carbon Plan.

A new Devon Climate Emergency website detailing the work of the Devon Climate Emergency Response Group and the Net-Zero Task Force, can be viewed at www.devonclimateemergency.org.uk/

Please take a moment to have a look at the website, specifically the information about the Devon Carbon Plan, which can be viewed at www.devonclimateemergency.org.uk/devon-carbon-plan/

Kind regards

Mike Bomford

Media and Public Relations Manager

Devon County Council

www.devon.gov.uk

News from Castle Drogo

We had an amazing Takeover Day last month with children from Okehampton Primary School. The children spent 4 weeks learning about Castle Drogo and what makes a great day out before welcoming lots of visitors. The children were brilliant - you may have seen them on BBC Spotlight. The feedback from everyone has been so wonderful, we plan to make this an annual event. It was just joyous.

Fencing is nearly completed in Rectory/Drewston woods near Drewsteignton - you may have seen the fenceline and new gates going in. Once the entire wood is properly fenced, we will be in a position to have ponies in the wood. Once the ponies are in, please help us by encouraging people to keep their dogs under close control. I'm sure that nobody wants panicked ponies! We are always grateful for anyone who wants to keep an eye on them and let us know if they spot any issues.

We are also planning to thin the Beech trees along the castle drive in winter 2020-21.

These trees are very large and close together and are suffering damage by grey squirrels. We want to thin them to increase light levels to enable us to underplant with young trees, whilst allowing the original trees room to spread. It won't be easy as the areas are small and we won't be shutting the castle when we do it.

We hope that as much as possible of the good timber can go for high quality, long lived uses such as furniture.

Best wishes,

Paula

Community Engagement Officer

Castle Drogo, 01647 434130

paula.clarke@nationaltrust.org.uk

What's On?

Christmas Tree Sale

Saturday 7th December, 10am - 4pm
Sunday 8th December, 10am - 12 noon
Crofters Mead, Cheriton Bishop EX6 6JU

- Range of sizes available from £15 - £30
- Choose your own tree
- Tea, coffee & mince pies
- Recycle your tree for free in January



All proceeds to support young people and their scouting in your local area.

Contact Christine for more information:
tedburnandcheritonscouts@gmail.com

Wildlife of Dartmoor

Thursday 5th December, Fingle Bridge Inn, Drewsteignton at 7pm (1-2 hours)

Renowned Devon naturalist, ecologist and artist, John Walters, will talk about the wildlife of Dartmoor.

John draws and paints wildlife directly from life in the field as he feels this is the only way he can capture the life and vitality of his subjects.

This talk features his field sketches, photos and videos and will include a wide variety of birds, mammals, insects, and also, the world's largest slug, adders and roe deer.

Info: finglewoods@woodlandtrust.org.uk

The Santa Run

Sunday 8th December from 10am
Fingle Glen Hotel Golf & Country Club, Tedburn St. Mary

Chase Santa on his golf buggy around our beautiful Golf Course on the hills of Devon. If you manage to keep up with him and find his Devon Head Quarters, you will receive a medal for completing the run and he has presents wrapped and ready for all the children! This is also a charity fundraiser giving 10% of all revenue made to Cancer Research UK.

- Bring spare shoes for in the club house
- Fancy dress welcome!
- Bring a water proof, we plan to run no matter the weather!!
- This is not a timed race, although Gold medal for first finishers
- All runners entered receive a medal
- All children under age 13 must be accompanied by an adult
- All children on the 1k Run must be accompanied by an adult. Children aged 0-12 will receive a present

This event is organised by the British Speedgolf Association - please arrive 20mins before the race time

Register online:

www.finglegolfhotel.co.uk



West Country Embroiderers

Christmas Party & 'A Stitch in Time'

Tues 10th Dec, Village Hall, 12 noon - 4pm

With finish off the year with our Christmas party and a talk by Shelley Tobin, the costume curator of Killerton House and the Royal Albert Museum, Exeter.

Transferring design to print

Tues 7th Jan, Village Hall, 12 noon - 4pm

We start the year with Mary Needham who will be guiding us through the process of turning an idea into a design. Everyone will have the opportunity to design and print with lino cuts which we will embellish next month.

What's On?

Robin Hood



Dunsford Amateur Dramatic Society

DADS proudly presents Robin Hood at Dunsford Village Hall. Written and directed by the Sharland family.

In the heart of dear ol' Devon, trouble is afoot. The wicked Prince John is spreading evil throughout this once green and pleasant land. But wait, what's this... someone's coming to help fight this wickedness... a man in tights... it's, it's Robin Hood!!!

With your help, Robin and his merry men, will fight the rich to feed the poor and do away with evil once and for all! Hurrah! But will all this be at the cost of his true love, Maid Marion?

Will everyone remain 'side by side' and ahem... merry?

Come and join us for an evening of excitement and intrigue as good triumphs over bad... or will it?

A hilarious, traditional pantomime for the whole family.

Saturday 11th - Saturday 18th January 2020

Matinees (£7): 2.30pm, Sat 11th, Sun 12th and Sat 18th.

Evenings (£8): 7.45pm, Tues 14th - Sat 18th.

Tickets: 01647 252795 or online at www.dadsbookings.com

Pilgrim's Progress



Oddments Theatre Company

OTC are coming to Dunsford on **Sunday 26th January** to perform their adaptation of the classic novel by John Bunyan which was first published 340 years ago. The performance is suitable for children of all ages and adults too.

"John Bunyan would be spinning in his grave with delight, that was absolutely fantastic!"

It is a 50-60 minute interactive theatre show for children and families and will take place in the Village Hall at 3pm.

Tickets: Dunsford Stores or call 01647 252519 to book.

Advance tickets £8 for adults, £5 for children, £20 family ticket (up to 2 adults and 2 children). On the day prices are £10 adult, £7 children and £26 family ticket.

Tedburn Community Choir

'Christmas Concerts'

Mike Canning
Musical Director



Fingle Glen Golf Hotel

Thurs 12th Dec, 7.30pm,

With guest choir directed by **Julia Green**

Raising Funds for the Golf Captains' Charities: Jay's AIM and Age Concern's 'Budding Friends'

Tickets: Adults - £6, under 16 - £2, available from Jemima Gladwell **01647 61491** or Mike Rodda **01647 270241**



Tedburn Methodist Church

Sat 14th Dec, 7.30pm

Joined by children from Tedburn Primary School, raising Funds for the Methodist Church. Please come along and join in the singing. Refreshments at the interval

Tickets: Adults - £6, under 16 - £2, available from the School or Ken Macpherson **01647 24088** or Hilary Pook **01647 61389**

What's On?

Christmas at Drogo

Castle Drogo is open for Christmas from Saturday 30th November - Monday 23rd December. The castle will be dressed in 1920's style to celebrate the time when the Drewe family moved in to a not-quite-completed castle just for Christmas.

We will be visited by a certain gentleman with a white beard and wearing a big, red coat. There is a treat in store for children on the weekends of the 14th, 15th, 21st and 22nd (and Friday 20th) of December as they can follow the trail around the garden and grounds to find Father Christmas in the Library at the castle and receive a special present. (£5) Tickets to see Father Christmas are available to book on the website: www.nationaltrust.org.uk/castle-drogo

Christmas Coffee Morning

Saturday 14th December
10.30 - 12 noon at The Spalding Hall

Come & Join Us for:

- Seasonal fayre to enjoy and buy
- Mince pies, mulled wine, raffle and more

Proceeds to go towards funding the Hall



The Chagford Singers 'Winter Concert'



Musique de Minuit

Saturday 7th December, 7.30pm
St Michael's Church, Chagford



Lux Aeterna - Morten Lauridsen

Messe de Minuit - Marc-Antoine Charpentier

Tickets: £10, £5 (concession, students and under 18's) from Sally's Newsagents and on the door. Contact: 01647 221363

Visit: www.thechagfordsingers.co.uk

Cuppa & a Chat at the Spalding Hall

Monday 16th December, 2 - 4pm

and in the new year on

Monday 20th January, 2 - 4pm

Everyone is very welcome!

Choice of hot and cold drinks, and biscuits

There is no charge but we do put out a pot for any donations towards the cost of hiring the hall. Need a lift from your home?

Ring Paul on **01647 24405** beforehand



Burns Night 2020 Fundraiser!

Saturday 25th January 2020

Come and celebrate Burns Night in the Village Hall. The haggis will be piped in at 7.30pm and addressed! We will have traditional haggis and a vegetarian option, please let us know which you would prefer.

Tickets: £10 and can be reserved through Janet Jeffrey on **01647 24414** or by email to Elaine at elainejclark@hotmail.co.uk

All proceeds will be used to update our Village Hall kitchen.

In true Cheriton Bishop tradition, we would welcome dessert contributions and hopefully a touch of tartan will be worn.

This is a family event, so everyone is welcome.

Messages from St. Mary's

Looking forward to Christmas

Christmas has often been used as a timely deadline for various activities. Most hauntingly in the First World War when everyone believed that the war would be over and the troops would be home for Christmas. I now realise how it must have felt to have had war over four successive Christmases when the soldiers were not home. They were fighting and being killed on and around Christmas day. It was an unbelievably long time to wait for the safe return of family or a loved one. It makes the story of the football match on no man's land on Christmas Day 1914 all the more remarkable during an informal truce. It is interesting to note that such a truce was against orders and viewed as deeply subversive!

I have always wanted to build my own house and have followed Grand Designs over the last twenty years. It has cured me of any aspiration to build my own house. Instead, I admire the courage and hard work of others, when things are going badly wrong and people are missing completion dates. They talk of finishing and being moved in time for Christmas. It never seems to come true, and is said more in hope than expectation.

I wonder how much Mary was looking forward to the first Christmas. It was her first child and she would have had no idea of what was to come. I do wonder if she thought that she had more time before that baby was born and so undertook the journey to Bethlehem. Perhaps she knew the baby

was about to be born but she had no choice and had to go to be registered. The registration was ordered by the occupying Roman army - it was a census for taxation purposes and was extremely unpopular and inconvenient!

In many examples I have looked at, Christmas seems to often transcend our human toil and involves real struggles with success and failure. It finds a new level where new possibilities can be imagined and sometimes even realised. It can provide a place where people can reach out to help others whether they are family or even strangers. For me, it allows new possibilities or even healing of old wounds. It is no real coincidence that it has a lot of the hallmarks of how we might imagine God to work in our world.

It is always important to focus on what Christmas is about. It is about a gift of love and what new possibilities that might afford. It is not about long lists, too much food and drink. It is not about how many presents we receive or how much we spend. It is about spending time with people we love and sharing joy. It is about love overflowing into our world and bringing hope to those who have become lost or isolated.

Rev. Martin Wood

The Rectory, Church Lane, Cheriton Bishop
EX6 6HY Tel: 01647 24119 (Tuesday to Sunday)
Email: revwood163@gmail.com



Churchwarden's Ramblings

A thank you to those who helped tidy the churchyard on 16th Nov, including the catering squad. Many thanks also to those who were unable to come along on the revised date but carried out work beforehand, and for those who have been cutting the grass and looking after the borders. We are developing a wild flower strip along the eastern boundary, if you would like to help with this or generally looking after the churchyard, please contact me.

We have our usual run of Christmas services, please see the published list for full details of the service times. If you would like to help with decorating the church for Christmas please contact Juliet on 24415.

Now, here it is, my Annual plea for cleaners to help look after the interior of St Mary's. We have a band of volunteers, not all of whom are regular worshippers at the church, who help to keep everything spick and span by taking turns in pairs, for a fortnight, every 4 months or so. Please contact me if you would be prepared to join the rota.

The church is open on most days and provides a quiet space in the dry if not the warm, we also have a Prayer Tree for prayer requests that we use and share at the Evening Prayer service each month. Please visit St Mary's and enjoy the peace.

Alan Greenslade



Church Services

December 2019 - Services at St Mary's Cheriton Bishop and other Churches in the North Kenn Mission Community

Sunday 1st

9.30am Whitestone
 9.30am Holcombe Burnell
 11am Tedburn St Mary
 3pm Pathfinder
 6pm *Cheriton Bishop*

Advent 1

Holy Communion Revd Martin Wood
 Holy Communion Revd Prof Tim Gorringe
 Informal Worship Revd Martin Wood
 Holy Communion Revd Martin Wood
Evening Prayer Lay Led

Thursday 5th

10.30am Pathfinder

Holy Communion Revd Martin Wood

Sunday 8th

9.30am Holcombe Burnell
 9.30am Whitestone
 11am *Cheriton Bishop*
 3pm Pathfinder
 3pm Tedburn St Mary

Advent 2

BCP Communion Revd Martin Wood
 Parish Communion Revd Prof Tim Gorringe
Pre-School Nativity
 Prayer and Fellowship
 Evening Prayer Revd Martin Wood

Thursday 12th

10.30am Pathfinder

Holy Communion Revd Martin Wood

Sunday 15th

9am Tedburn St Mary
 9.30am *Cheriton Bishop*
 11am Whitestone
 3pm Oldridge
 3pm Pathfinder
 6pm Holcombe Burnell

Advent 3

Holy Communion Revd Prof Tim Gorringe
Parish Communion Revd Martin Wood
 Family Service Revd Martin Wood
 Carols Revd Martin Wood
 Evensong Lay Led
 Evensong Revd Martin Wood

Thursday 19th

10.30am Pathfinder

Holy Communion Revd Martin Wood

Sunday 22nd

3pm Pathfinder
 3pm Whitestone
 3pm Tedburn St Mary
 6pm *Cheriton Bishop*
 6pm Holcombe Burnell

Advent 4

United Service
 Carols and Christingle Revd Prof Tim Gorringe
 Carols Revd Martin Wood
Carols Revd Prof Tim Gorringe
 Carols Revd Martin Wood

Tuesday 24th

4pm Tedburn St Mary
 11pm Tedburn St Mary
 11.15pm Whitestone

Christmas Eve

Crib Service Revd Martin Wood
 Midnight Revd Martin Wood
 Midnight Revd Prof Tim Gorringe

Wednesday 25th

10am *Cheriton Bishop*
 10am Holcombe Burnell

Christmas

Christingle Communion Revd Prof Tim Gorringe
 Family Communion Revd Martin Wood

Sunday 30th

10.30 Pathfinder

Christmas 1

Team Communion Revd Martin Wood

Church Services

January 2020 - Services at St Mary's Cheriton Bishop and other Churches in the North Kenn Mission Community

Thursday 2nd

10.30am	Pathfinder	Holy Communion	Revd Martin Wood
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Sunday 5th

9.30	Whitestone	Epiphany Holy Communion	Revd Prof Tim Gorringe
9.30	Holcombe Burnell	Holy Communion	Revd Martin Wood
11am	Tedburn St Mary	Informal Worship	Revd Martin Wood
3pm	Pathfinder	Holy Communion	Revd Martin Wood
6pm	<i>Cheriton Bishop</i>	<i>Evening Prayer</i>	<i>Revd Martin Wood</i>

Thursday 9th

10.30am	Pathfinder	Holy Communion	Revd Martin Wood
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Sunday 12th

9.30am	Holcombe Burnell	Baptism of Christ BCP Communion	Revd Prof Tim Gorringe
9.30am	Whitestone	Parish Communion	Revd Martin Wood
11am	<i>Cheriton Bishop</i>	<i>Family Service</i>	<i>Revd Martin Wood</i>
3pm	Pathfinder	Prayer and Fellowship	
3pm	Tedburn St Mary	Tea and Fellowship	Revd Martin Wood

Thursday 16th

10.30am	Pathfinder	Holy Communion	Revd Martin Wood
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Sunday 19th

9am	Tedburn St Mary	Epiphany 2 Holy Communion	Revd Prof Tim Gorringe
9.30am	<i>Cheriton Bishop</i>	<i>Parish Communion</i>	<i>Revd Martin Wood</i>
11am	Whitestone	Unity Service	Revd Martin Wood
11am	TSM Methodist	United Service	
3pm	Pathfinder	Evensong	Revd Martin Wood
6pm	Holcombe Burnell	Evensong	Lay Led

Thursday 23rd

10.30am	Pathfinder	Morning Prayer	Lay Led
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Sunday 26th

8am	<i>Cheriton Bishop</i>	Epiphany 3 <i>Holy Communion</i>	<i>Revd Prof Tim Gorringe</i>
9.30am	Tedburn St Mary	Parish Communion	Revd Prof Tim Gorringe
11am	Holcombe Burnell	Family Service	Lay Led
3pm	Pathfinder	United Service	
3pm	Whitestone	Evensong	Lay Led

Thursday 30th

10.30am	Pathfinder	Morning Prayer	Lay Led
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Please Note: The **Spalding Hall** is open for the use of the toilets during *highlighted* service times

*We invite everyone, including children,
to attend all of our services*

Church Services

West Down Evangelical Chapel Yeoford Road, Cheriton Bishop

December 2019

- Sunday 1st:** Morning Worship - 11am
Family Service with Mr Reg Cade - 3pm
- Monday 2nd:** Prayer & Bible Study - 7.30pm
- Sunday 8th:** Morning Worship - 11am
Family Service with Mr Ken Harris - 3pm
- Monday 9th:** Prayer & Bible Study - 7.30pm
- Sunday 15th:** Morning Worship - 11am
Family Service with Mr Denis Hayes - 3pm
- Monday 16th:** Farmers Carol Service,
Exeter Livestock Market - 7.30pm
- Sunday 22nd:** Morning Worship - 11am
Carols by Candlelight followed by Tea - 3pm
- Christmas Day:**
Family Service from 10.30 to 11.15am
- Sunday 29th:**
Family Service with Communion - 11am

January 2020

- Sunday 5th:** Morning Worship - 11am
Family Service with Mr John Hawkins - 3pm
- Sunday 12th:** Morning Worship - 11am
Family service with Rev Godfrey Bell - 3pm
- Thursday 16th:**
Friends and Neighbours meeting - 2-4pm
- Sunday 19th:** Morning Worship - 11am
Family Service with Mr John Allan - 3pm
- Sunday 26th:** Morning Worship - 11am
Family service with Rev David Cole - 3pm
- Mondays:** Prayer and Bible study - 7.30pm

*A Blessed Christmas and a
Happy New Year to all*

Yeoford Road, Cheriton Bishop EX6 6HG
Contact: 01647 24264 or 01647 24660

Holy Trinity, Yeoford

December is with us once again and we hope to see many of you at our services this Christmas.

Yeoford Christmas Fair is on December 7th from 10 am till 12 mid day. The church will be serving bacon rolls coffee, tea and cake.

The Carol Service on December 15th will be in Church which will be completely lit by candles. Following the service we will serve mince pies and spiced apple juice.

The crib figures will once again travel around the village and come to Church on **Christmas Eve for the Crib Service at 4pm.**

Cafe Company on Mondays from 9.30 till 11am all welcome. We will take a break from 16th December till 6th January 2020

December Services

- Sunday 8th:** Holy Communion, 9.30am
- Sunday 15th:** Candlelit Carol Service, 5pm
- Christmas Eve:** Crib Service, 4pm
Holy Communion, 9pm

January Services

- Sunday 12th:** Christingle Service, 10am
- Sunday 26th:** Holy Communion, 9.30am
- Saturday 18th:** 'Messy Church' in the Village Hall, 3.30 - 5pm

*May I wish you all a very
Happy Christmas*

Health & Lifestyle

Can you be seen?

The roads immediately around the village have banks and overhanging trees, making them quite dark even during daylight hours in winter.

I fully appreciate that those stepping out to achieve 10,000 steps or just going from point A to point B do not want to wear full fluorescent kit.

But there are alternatives, like reflective strips, gloves, ankle and wrist straps. Those with back packs or bags can attach a reflective strip to them.

Anything which will alert the driver or car, lorry or tractor that someone is walking along the side of the road.

You may think that you can be seen in your bright red jacket or black Lycra but in the shadows you may not stand out.

For everyone's sake, make sure you can be seen.

Persis Bower

.....

The Cheriton Bishop Walking Group

We were lucky again on the November walk when seventeen of us (plus dogs) walked around Belstone Common in perfect walking weather. It was dry enough for us to leave the tracks and climb the Tors and walk back along the ridge.

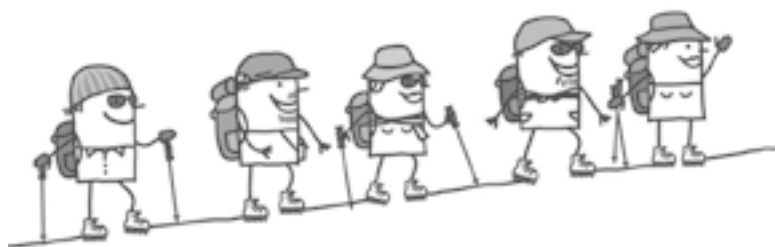
The December walk will be on Sunday 8th December meeting at **Fingle Bridge** at **10am** followed by lunch in the Fingle Inn.

The date for the January walk will be announced nearer the time by email and Facebook page.

Anyone, of any age, is welcome to join us. If you do not like our walks, feel free to suggest one for us to do!

Look forward to seeing you in December or the new year.

Jon & Dennis



The Big Three

1. Pneumonia

2. Stroke

3. Heart Attack

Protect yourself against the biggest three threats to your health this winter.

- Keep your home warm to a minimum of 18° C
- Wear layers, and try wearing a scarf around loosely around your face. Wear appropriate footwear when there's snow and ice about.
- Keep moving. Exercise can boost your immune system, helps speed up recovery from illness and keeps you warm.
- Eating healthy, well-balanced meals can help you strengthen your immune system
- Keep an eye on your blood pressure
- During the winter, your body has to fight against cold temperatures. Getting a good night's sleep will make your body stronger.
- Get vaccinated against Flu and Pneumonia
- Remember to take your medication and take it regularly - the same time every day!

Health & Lifestyle

The Body That Heals Itself

With the abundance of health (and sick) care options we have available to us today in our society, it can be very easy to forget that our own body is the greatest healing physician and pharmacy shop out there; we sometimes just need to give our body all the ingredients it needs, and step out of the way, to experience wonderful healing and health - believe me I've seen it many times!

Take for example a cut or a broken bone – although we may apply creams, splints and bandages, it is totally out of the doctor or surgeon's control when it comes down to the complex chemical and neurological sequences required to form a scab or mend a bone. Given the right environmental conditions (internally and externally) a human body can exhibit truly remarkable healing prowess.

Our internal and external environment can make a huge difference on how our body exhibits its healing potential. Take for example a plant that is not flourishing in the way that you would expect; firstly, you would check the soil quality and make sure there was all the correct nutrients, then it would be sensible to make sure it was well watered (but not too much), and finally you would check that it was getting the adequate amount of sunlight and warmth. Now compare this analogy with the vital pillars of our own health: physical, chemical, emotional, social and spiritual. Just as we cannot expect the plant to show its full beauty and potential when missing vital elements such as warmth, water and nutrients, we can't expect ourselves to heal and thrive at our optimum if we are not moving properly, eating junk, and not nourishing ourselves mentally, emotionally and socially.

So, remember next time you're not feeling so great, attempt to remove as much (physical, chemical and emotional) stress from your body as possible and marvel at your own healing power.

Of course, utilising Chiropractic care provided at Dartmoor Chiropractic can be a great way to remove interference, caused by stresses, from the nervous system!

Joe Arnold

Doctor of Chiropractic, MChiro

Dartmoor Chiropractic

07308 148159

dartmoorchiropractic@gmail.com

www.dartmoorchiropractic.co.uk



Acorn Community Support

ACORN is a small registered charity, founded in 1989, which works closely with the Cheriton Bishop & Teign Valley GP team.

Dedicated volunteers provide services which compliment and expand on the services provided by the Practice.

We also help people living in our area who use other GP surgeries. Funding is provided by DCC Adult & Community Services and via donations and legacies received mainly from the local community.

Our charitable purpose is the advancement of health and well being with elderly, frail and disabled people in our community who with additional help can continue to live independently with privacy and dignity in their own homes.

Visit our website: www.acorncommunitysupport.co.uk/

Email: office@acorncommunitysupport.co.uk

Call: **01647 252701**

The Winter Garden

Gardening Club News

The annual dinner was a very enjoyable event so thank you to all who contributed or came to the evening.

In December we have yet another event which involves food! On 16th Dec (note this is different from the date advertised in the members programmes) there is an opportunity to make a Christmas wreath for your front door, and the evening is open to everybody, including older children. This time we are in the Village Hall, starting at 7.30pm, and seasonal refreshments and mulled wine will be served. Greenery, cones and some ribbons will be provided but please bring any special ornaments you wish to include.

In January those members who have ordered seeds can collect them from 1 Woodpecker

Way, courtesy of Jean Martin, on Sat 4th between 10.30am - 12 noon.

The January meeting is on Monday 20th at 7.30pm in the Spalding Hall, when we have a quiz evening. As usual Drewsteigton Gardening Club are invited to join us and the evening is open to all. Nobody needs to worry about not knowing the answers - everybody draws lots to decide which team they are in. While scores are being added coffee and cake will be served.

A Happy Christmas and New Year to all, and next year the sun will shine, the slugs go on strike, every seed will germinate and every cutting strike, and our gardens will be as we have always dreamt.

Janet Jeffery

December and January in the Garden

It does get harder to go out and enjoy gardening as the days get progressively colder and darker. However, when there is a break from the rain, there is always something useful and satisfying to do in the garden.

Soggy, dead growth and clumps of leaves can be cleared from flower beds and added to the compost heap. When there is some clear soil then it is the perfect time to add mulch. This will feed the soil, taken down by worms, and also suppress the growth of weed seedlings. The mulch also makes the garden look neat and tidy.

Most trees are best pruned in the winter, the exception being Prunus, which are susceptible to Silver Leaf Disease in wet weather. Leave those until a dry day in the summer. Magnolias are prone to die-back and prefer to be pruned in the Spring.

Most other trees can be cut back now using a pruning saw to take out dead, diseased or damaged branches.

Having just visited Stone Lane Gardens, I have been out with some warm soapy water to wash the bark of my birch trees. They were too gnarled to make much difference, but if you have a young tree with attractive bark (like a Prunus Serrula) it can make them shine beautifully in the winter light.

If you have bird boxes which were used this year, now is a good time to clean them out to make them inviting for next year's brood. And whilst on cleaning, all those trusty tools in your shed would probably benefit from sharpening and oiling.

Check apples in storage and remove any rotten ones before they infect the others.

January is a much more hopeful month for gardeners than December because we are past the shortest day. With more light, bulbs begin to show and snowdrops emerge to start a new year of gardening promise.

Sally Rix

The Arts & Crafts

The Chagford Singers Love to sing?

We are a choir of 45+ members who would still welcome more singers. We have an exciting programme for the spring featuring Brahms German Requiem, which we will be performing in concert on 4th April in association with the Dartmouth Orchestra and professional soloists. Rehearsals are on Wednesdays 7.30 - 9.30pm from 8th January in Endecott House, Chagford. We are a friendly non-auditioning choir and focus on modern and classical choral music. Come and try us out during January. For info: thechagfordsingers.co.uk or contact: **01647 221363**



Xmas Decorations

Bringing nature indoors is an easy way to create an inviting, seasonal and sustainable eco-friendly festive style. Swap glitter and tinsel for natural foliage, and if you have holly branches, berries or ivy growing in your garden you can use these to give your home a rustic Christmas charm.

Opt for cards made from sustainably sourced or recycled paper and avoid choosing glittery cards. Making your own Christmas cards will cut down on packaging and is a fun festive activity for all the family.

Don't use sticky tape, use with string. It's a bit fiddly, but looks very effective.

Consider wrapping your gifts with reusable materials and decorate with a spring of holly.

Use LED fairy lights to enjoy the sparkle of Christmas. You can try solar-powered lights but be aware that limited hours of daylight may curb their sparkle a little.

Christmas crackers come in handy for when you need a miniature screwdriver, but reusable crackers can also be filled with small but useful zero-waste items.

West Country Embroiderers



Every month, we have been fortunate to engage experienced speakers, professionals in their field and consolidated skills from embroidery to machine stitching, embellishment to fabric manipulation.

Our 2020 program includes felting, lino printing, red work, etui boxes and 3D butterflies as well as a trip to the American museum, Bath.

We are a group of embroiderers who also work with a variety of textiles and mixed media techniques. Our meetings are held on the first Tuesday of the month at Cheriton Bishop Village Hall, led by a wide range of tutors.

From April to September we meet from 1.45 to 4.30pm and in the winter we finish at 4pm. Our annual fee is £25 and a 6 monthly fee is £12.50 if joining after June. Visitors welcome at £2 per session (max 2 visits). Membership gives many advantages: affiliation to West Country Embroiderers, monthly sessions, monthly Group Newsletter, discount at some craft and fabric shops and concessions to Westpoint craft shows.

As well as our yearly exhibition, we also organise three Day Schools (10am to 4pm) to develop our ideas. Books can be borrowed for a month from our extensive library. We are a friendly group who always manage to take a break for tea and cake! Visitors and new members are very welcome.

We have been fortunate to be asked three times by the National Trust to exhibit at Castle Drogo. Some of our members have exhibited internationally. We have always been very keen to encourage anyone of any age or ability to be part of our group. All that is needed is a creative interest in embroidery and textiles.

Cheriton Bishop Pre-School

School links

Our developing links with school have progressed extremely well. We share yoga sessions with the reception class on Monday afternoons which is enjoyed by all. We also join the whole school for playtime. Our children wear red tabards so that we can keep a close eye on them, with the older school children looking out for them too.

We also have regular visits to the Scout field with the reception class on Tuesdays.

Treelands

We have approached Treelands Care Home, just past Pathfinder village, and started to develop links between Pre-school and their residents. The children have sent over paintings and pictures and will be making Christmas cards. We hope to visit the home in December to sing our Christmas songs.

Christmas Time

The children will all be making Christmas craft items to be sold at the public nativity performance. Everyone is welcome to this performance and afterwards in the school hall for refreshments and the children's craft sale!

Costumes are available to borrow on a first come, first served basis.

Please let us know if your child won't be able to make it.



Christmas Party

We will confirm details nearer the date, but all children, plus younger siblings are very welcome.

The party will start off with a 'bring & share' lunch. **We will also have a very important visitor towards the end of the afternoon!** The Christmas party will end at 3.15pm.

Pre-School Diary



Mon 2nd Dec	Nativity rehearsals at 9.30am
Weds 4th Dec	Nativity rehearsals at 9.30am
Thur 5th Dec	Nativity at 9.30am (recorded)
Sun 8th Dec	Nativity Public Performance in Church at 11am
Tues 10th Dec	Christingle at 2.30pm
Thur 12th Dec	Treelands Carol Singing
Fri 13th Dec	Pre-School Christmas Party
Weds 18th Dec	Children's Christmas Party
Thur 19th Dec	Last day of Pre-School

The children and staff at Cheriton Bishop Pre-School would like to thank everyone for their continued support over the last year, and wish you all a great Christmas and a happy New Year!

Get in Touch

We provide pre-school education with fun and exciting activities linked to the Early Years Foundation Stage Curriculum, all in a spacious setting with a wide variety of equipment and secure outside play area.

By the time our pre-school children start school, they will be very ready to do so!

We currently have spaces available for all sessions

For information and session times, please call our Play Leader, Christine Grist - **01647 281205** or **07977 777318** or email christine.grist@thelink.academy

Visit the Pre-School's web pages at: www.cheriton-bishop-primary.devon.sch.uk

School News...



It has been another busy month at school! The children have had flu vaccinations, anti-bullying week and Children In Need!



Thank you from Mrs. Madge

Mrs. Madge, who retired from working at the School last term, would like to say a big thank you for your gifts, cards and kindness.

PTFA - Monsters Ball

Thanks to all who came to the Monster's Ball. It was a very successful event and the kids all had a blast! Also, thank you to all who gave a hand setting up, tidying and helping in the kitchen. We raised around £300!

Accelerated Reader

We have recently been setting up our book scheme and the library ready for using 'Accelerated Reader'. The scheme helps to motivate, monitor, and manage independent reading and will enable students to develop a true love for reading. Many thanks to all who have helped scanning and sorting the books in order to get the programme started.

Remembrance

This year the school held Remembrance Day on Friday 8th November. Mr Miners played 'The Last Post' on his trumpet and there was a two minute silence.

Children in Need

We enjoyed a lovely day. The children held a cake sale and the Student Council worked hard painting faces and selling ducks. Class 2 joined Joe Wicks for a special 'live' Children In Need workout. Lots of the children also entered and watched the Children In Need Duck Race - where the winner was Beakwell Tart duck! In total the school raised £170.62. Many thanks for all your donations.

Bringing Stories to Life

Class 4 have been using the book 'The Shadow Cage' by Phillippa Pearce to bring a story to life. The children acted out the story.

Christmas Tree Competition

This year we will be entering the 'recycling themed' Christmas tree competition at Crediton Church. The Student Council will be setting up the tree on Weds 4th December.

Christmas Performance

There is a real buzz of excitement as the children have begun rehearsals for our Christmas performance.

We are making costumes for some of the characters, so if you have any of the following items to donate, please give them to Mrs Miners or Miss Fletcher: white sheets, cowboy hats, walking sticks, Bling! (gold necklaces, chains, beads, medallions etc).

School Diary Dates

Sun 1st Dec	PDFA Cycle Stop Fundraiser
Weds 4th Dec	Christmas Tree Competition
Sun 8th Dec	Pre-school Nativity
Tues 10th Dec	Christingle - 2.30pm
Tues 10th Dec	PTFA Parents/Carers Dinner
Weds 11th Dec	Treelands Carol Singing
Thur 12th Dec	Christmas Performance 10am
Fri 13th Dec	Christmas Performances 2pm and 6pm
Mon 16th Dec	PTFA Christmas Party Lunch
Tues 17th Dec	School Christmas Lunch
Weds 18th Dec	Whole School Pantomime
Fri 20th Dec	Christmas Jumper Day
Fri 20th Dec	Village Carolling Evening 6pm from Memorial Cross
Tues 7th Jan	Children return to School

Neighbourhood Watch

With shorter day light hours and the festive season almost upon us, we would like to deal with the subject of burglary. It is something we all hope will never happen to us... but it can. A little thought, care and action can put off an intruder.

To remind you of what you should do to secure your home and possessions, Neighbourhood Watch has set out a checklist to help focus your thoughts and actions.

Burglary Prevention

- Are spare keys left in accessible places - ie under a plant pot, door mat or stone ? NO
- Are ground floor external doors and windows closed and locked ? YES
- If you have euro cylinder locks on your PVCU doors do they meet TS 007 [3 star] or Secure Diamond Standard [SS312] ? YES
- Are keys to windows and external doors left in them on the inside ? NO
- Is the burglar alarm always used ? YES
- Are possessions displayed near windows that can be seen from outside ? NO
- Are curtains drawn when away to prevent internal viewing from outside ? YES
- Are vehicle keys placed near the external door on the inside and could be seen ? NO
- Are external doors kept locked with the keys removed, kept out of sight and reach, but to hand in case of an emergency ? YES
- Do you use timer light switches and also for radio switching on when leaving the house unoccupied ? YES
- Are attractive items such as jewellery, car keys, laptops, tablets, cash, phones and sentimental items kept out of sight ? YES
- Are chargers and cables for laptops, tablets and phones kept out of sight ? YES
- Has a written and photographic record of any items of value [financial or sentimental] taken place ? YES
- Is the area around the house free from items that a burglar could use - bricks, rubble, ladders, garden equipment ? YES
- Are sheds, garages and outbuildings locked with good quality locks at all times ? YES
- Does the boundary to the front of the house allow surveillance from the road ? YES
- Is there any packaging from expensive items left against or poking out of refuse bins - ie from laptops, tablets, phones, game consoles ? NO
- Are vehicles at the property left secure when not in use ? YES
- Are items always removed from vehicles when they are not in use or locked in the boot - ie laptops, tools, shopping bags, boxes, satnavs, cash ? YES
- If you have a garage, is it used to secure the vehicle/s as opposed to being used as a storage space ? YES
- Are there tall fences, hedges and walls with locked side gates to prevent rear access to the property ? YES
- All toys and bikes are locked away each night ? YES

IF any one of these measures required your action and stops a burglary happening to you then it was well worth the read. But of course you will never know !!!

Always be observant, vigilant and keep your eyes open when out and about. Keep safe.

Neighbourhood Watch Contact:
Jean Martin - **01647 24586**



Police: **101** or **999** for an emergency

*Neighbourhood Watch Team
wish you all Seasons Greetings*

Just for Fun! Word Search

S R S U G A R P L U M E G E
T W R T L E L S M E O J N E
A R D O U C T E E T E Q I R
R E S Y U H R R E N P N K E
E A U S G R T L A Y R A C E
S T A I Y I T C G R E M O D
L H L O D S Y P S A S W T N
E R C N I T L E S W E O S I
I I A M P M H A L K N N P E
G N T S C A O C O V T S O R
H O N L A S L E R C S O L A
E R A E N O S B A S X R E A
A T S C D M G F C Y L L O H
I H O U Y R E B M E C E D S

CANDY
CANE
CAROLS
CHRISTMAS
DECEMBER
HOLLY
LIGHTS
MERRY
MISTLETOE
NORTH
POLE
PEACE
PRESENTS
REINDEER
SANTA CLAUS
SLEIGH
SNOWMAN
STAR
STOCKING
SUGARPLUM
TOYS
TREE
WREATH



Classified Ads

NEWSLETTER CLASSIFIED ADS...

It costs just £1 per line to advertise in the Classifieds. Please include a contact number

SELLING SOMETHING?

If you want to list something to sell, contact Lucy Cooper: cheritonnews@gmail.com

Advertising in the Newsletter

Charges for advertising in 10 issues are as follows: ¼ advert = £45, ½ advert in = £90

- Your advert should be supplied in A4 size (portrait for quarter page, landscape for half page) so that we can re-size the artwork to fit our template.
- To reduce print costs, please do not produce adverts with a black/grey background or with large blocks of black/grey. Adverts will be printed in black/white and greyscale.
- Emailed documents can be supplied as PDF, DOCX, PNG, JPG or EPS format.



Join our healing and thriving community!

What are your health goals?
Unsure about Chiropractic?

LIMITED
INTRODUCTORY
OFFER
AVAILABLE!

We'd love to
hear from you!



07308 148 159

dartmoorchiropractic@gmail.com



Strawberry Hill,
Dunsford, EX6 7HE

