Useful Information

DOCTORS

Doctors Surgery: 01647 24272 or 24025 Patient Participation Group, Contacts: Jean Martin 24586, Caryn Tripp 24582 Surgery (No Appointment Necessary) 8 – 9.30 am Monday to Friday. Out of Hours: Ring 111 IN EMERGENCY RING 999

MINOR INJURIES UNIT

Okehampton Hospital, open 7 days a week, 8 am - 10 pm

POLICE

For all *non emergency* contact please ring **101**

Crimestoppers Neighbourhood Watch:

Cheriton Bishop Primary School

0800 555 111 Jean Martin Brian Bryon-Edmond

24817

24264

24586 24696 EMERGENCY SERVICESElectricity0800Gas0800Water0844Highways Agency0845Streetlights, potholes etc:0845

0800 365 900 0800 111 999 0844 3462020 0845 955 6575 0845 155 1004 csc.roads@devon.gov.uk

SCHOOL, PRESCHOOL, YOUTH and OTHER ORGANISATIONS

Head Teacher: Mrs Sue Leyman Secretary: Mrs Linda McCracken Cheriton Bishop Preschool Play Leader: Christine Grist	281205	Fed. Chair of Governors: Terry PTFA Chairman: Sarah Walker Cubs : Karen Morris	
Young Farmers: Emily Sizmur Walking Group: Jane Hancock	07792 518439 24092 LOCAL	Scouts: Ollie Milverton	07706 695928
Anglican Team Ministry: Rev. Martin Church Wardens: Alan Greenslade Crockernwell Methodist Minister: R	24002, Janet Jeffery 2441	4	'91

HALLS & MEETING ROOMS

VILLAGE HALL Bookings: Tim Gorringe 24789

West Down Chapel: Derek Coren

Church Secretary: Mrs A MacDonald 24446

SPALDING HALL Bookings: Les Gare 24639 Key: Jan Mitchell, Underhill, Church Lane.

ACORN COMMUNITY SUPPORT CO-ORDINATOR: Sylvia Tripp 24267

LOCAL AUTHORITIES

Parish Councillors			Mid Devon District Councillors	
Chairman	Gill Westcott	24789	Derek Coren	24264
Vice Chairman	Tim Vooght	24593	Peter Heal	01363 884277
Councillors	Phil Dicker	24450		
	Paul Mitchell	24405	County Councillors	
	Peter Endacott	24580	Nick Way (CheritonBishop)	01363 777903
	Leigh Rix	07767 795116	James McInnes (Crockernwell)	01837 861364
	Kim McDonald	07966 478054		
	Sasha Metters	24146	Members of Parliament	
Parish Clerk	Derek Madge		Mel Stride MP (Central Devon)	
	01392 833969		Write to: House of Commons, London,	SW1 1AA
	Mob: 07780 82651	16		
	49 Crockwells Rd,	Exminster		
Crockernwell				
Crockernwell Ward Parish Co	ouncillors: Bill Sava	age, email: b <u>ill.savage@drewste</u>	igntonparish.co.uk	
Clerk to Drewsteignton PC:	Bella Sn	nook, 01647 231046 clerk@dr	ewsteigntonparish co uk	
	Bolia Oli			
West Devon Borough Cour	cillor: Paul Ridgers	01822 813600, email: cllr.pau	ll.ridgers@westdevon.gov.uk	
C C	0			

LOCAL SERVICES (Paid adverts)

CHIROPODY HOME SERVICES Mrs Julie Chatfield NMChs SRCH 24382

FUNERAL DIRECTORS C. Burrows & Son Tel: 01363 83258 Mob: 07803 142357

[Updated October 2014]

The News Letter, March 2015

This month's newsletter is deceptively slender, only 19 pages long and yet, looking through the diary dates, there is a huge amount going on in March and something for all age groups. It must be the 'spring effect' that gets us all out and about again with the start of that annual run of events that traditionally happens in Cheriton Bishop, and it's all here, concisely included.

A busy day

One particularly busy day this year is Mothering Sunday whereby you could reasonably start your day, after breakfast brought to you in bed (mothers only), by a little trip to church (pages 8 & 9), followed by a lovely walk in the afternoon (page 15), rounded off with a quiz in the evening (page 6) and all meals provided at either a local hostelry or out the back of a car (page 15 again)!

Enrich your plot

Others, and those whose mothers are happiest in the garden, could instead spend the same day spreading the finest quality farmyard manure that our local young farmers can supply, on our gardens (pages 8 and 18).

As an added incentive towards horticultural pursuits, the results of your hard work could then find a place on a forthcoming show bench (page 14), and the bounty that ensues could even enhance the garden of someone else if you take your surplus to the plant sale (page 14 again).

Race to the Race!

Please note the stop press item on page 6, which came in at alarming velocity this week in order to catch early readers of the newsletter. If you have just picked your copy up and it is before 7.25 pm (I'm allowing for travelling time of 5 minutes) please turn immediately to page 6 for details of an un-missable event.

Happy Anniversary

Is it really a year? Well yes, apparently so and presumably the lithe and vital members of this one-year-old group are now showing signs of enviable fitness with a spring in their step and a brightness of eye – find out how you can join them and reap the same rewards on page 15.

Elections

Are you happy with local government? Do you applaud the way our country is run? Whether you want to keep the status quo or make changes you will of course need to take action on Election Day. If you want to do more than that and get involved in making local decisions you will need to begin by getting yourself nominated to stand as a candidate for the Parish or District Councils. Stand up and be counted and turn to page 5!

Travel back in time

How far back do you go? Chances are that if you are over 25 or so your memories, photos and any other ancient paraphernalia will be in much demand by a local museum.

If however, your interests (rather than your age) date back more in millennia then you might well want to find out more about a local archaeology club. For both items see our News from Elsewhere on pages 18 & 19.

Grandparents get together

A new group is being set up especially for Grandparents whose grandchildren live a long way away. It sounds as though a warm welcome and empathetic support will greet you if you go along to their first get together in Credito this month. Please see page 14 for all the details.

Don't forget to collect!

If you want to be as helpful as you can to support our local surgery, be sure to read page 12 for the low-down on how important it is to help the pharmacist regarding prescription ordering and collecting. Unfortunately "a spoonful of sugar" isn't automatically provided.

With best wishes for March from Jenny and the News-letter team.

DON'T FORGET THE DEADLINE FOR THE NEXT ISSUE!: Friday 20th March at 6PM. Copy should be left in the newsletter box at South Orchard, Woodbrooke Rd, or sent by email (word .doc please) to: <u>jennygrist@talktalk.net</u> Enquiries: Editorial – Jenny 281110 Advertising – Patience 24350

The News-letter Production Team				
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	assisted by Jan Mitche	ell 24405		
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	Caryn Tripp, John Cla	ırk.		
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	Patience Netherway,	John Clark. Maddie		
	Thomas			
Editor:	Jenny Grist	281110		
Front cover	r: designed by	Richard Bower		

Regular Meeting dates

Parish Council Contact: Derek Madge 01392 833969

Coffee Mornings at Crockernwell Contact: Mrs A MacDonald 24446

Preschool Contact: Christine Grist 281205

Scouts Contact: Ollie Milverton 07706 695928

Cubs Contact: Karen Morris 01647 252375

Pilates Contact Adele 07976 427941

West Down Bible Study & Prayer Contact: Derek Coren 24264

Horticultural Society Contact: Marilyn Brook 24419

West Country Embroiderers Contact: Janet Grist 281637

Short Mat Bowling Contact No's: Pat Hill 24201 or David Tripp 24582

Baby Clinic The Surgery 24272

Cheriton Bishop Baby and Toddler Group

Contact: Find us on Facebook

Young Farmers Contact: Emily Sizmur 07792 518439

Art at Caribarn Studio, Pitton Barton Contact: Sue Bloomfield 24840

Spiritual Discussion Group Contact: Penny Gare 24639

Walking Group

every second Monday evening in the month

every second Saturday in the month

Mon, Tue, 9.00 – 11.30, Wed, Thurs 9 – 3.20 Contact: "Lunch Club" until 12.50 pm on Mon/Tues. All during term time only

every Monday evening during term time

every Thursday during term time

every Friday morning, 8.55 am and 10.00 am, during term time

every Monday evening from Oct - May

usually the third Monday evening in the month during the Autumn and Winter

every first Tuesday afternoon in the month

every Wednesday, Sept - May (Membership full at present)

every Thursday 2 - 3 pm (Clinics held in Tedburn Methodist Chapel)

In the school hall every Friday 9-10.30am

Term time only

every 1st and 3rd Tuesday evenings

usually every last Friday of month 9.30-12.30

Monthly

usually 3rd Sunday in month 1.45 pm (see posters and CB Website for details)

Contact: Jane Hancock 24092 Has your organisation been left out? Please let us know so that it can be included on this regular page. Has someone just moved in next door? Why not pop round with this newsletter and let them know what goes on in Cheriton Bishop and Crockernwell?

The Mobile Library: Monthly on Tuesdays (2015 - Mar 17, Apr 14, May 12, Jun 9, Jul 7, Aug 4, Sep 1, 29, Oct 27, Nov 24, Dec 22.)						
Crockernwell:						
Stanbury's Orchard Cheriton Bishop:	Arrives 14.35	Departs:	14.55			
Glebelands	Arrives: 15.05	Departs:	15.35			
Hescane Park	15.40	·	16.10			

[amended December 2014] STOP PRESS ITEMS!

Saturday 28 th Feb	YFC Dung Sale (Please place your order now!)		
Saturday 28th Feb	YFC Advisory Race Night	Fingle Bridge Inn	7.30 pm

Diary Dates for March

Tuesday 3 rd Wednesday 4 th Thursday 5 th Monday 9 th Tuesday 10 th Wednesday 11 th	WCE Embroiderer's Group Lent Course Acorn Lunch Parish Council Meeting Flower Festival meeting Acorn Trip to Sainsbury's	Village Hall Pathfinder Church Woodleigh CH Spalding Hall Spalding Hall	1.30 pm 7.30 pm 12.30 pm 7.30 pm 7.30 pm
Wednesday 11 th	Lent Course	Longdown VH	7.30 pm
Sunday 15 th	Mothering Sunday	Parish Church	9.30 am
Sunday March 15 th	Walking Group	Meet at Mulberry	
Sunday 15 th	Fun Quiz	Old Thatch Inn	8.00 pm
Monday 16 th	Cuppa and a Chat	Spalding Hall	2 – 4 pm
Monday 16 th	Horticultural Society meeting	Spalding Hall	8 pm
Monday 23rd	Annual Parish Meeting	Spalding Hall	7.30 pm
Wednesday 18th	Lent Course	T St Mary Methodist Hall	7.30 pm
Wednesday 25 th	Acorn Trip to Sainsbury's		
Wednesday 25 th Saturday 28 th Sunday 29 th	Lent Course Spring Show Open Mic Night	Spalding Hall Village Hall Old Thatch Inn	7.30 pm 2.30 pm 8.00 pm

Diary Dates for April

Wednesday 1 st	Lent Course	Pathfinder Church	7.30 pm
Thursday 2 nd	Acorn Lunch	Woodleigh CH	12.30 pm
Wednesday 8 th	Acorn Trip to Sainsbury's		
Monday 13 th	Parish Council Meeting	Spalding Hall	7.30 pm

Forthcoming Events

Weekend 18 th – 19 th April	Textile Fiesta	Village Hall
Thursday 7 th May	General, District & Parish Elections	Village Hall
Saturday 16 th May	Spring Plant Sale	Village Hall
Friday 26 th June 2015	YFC 70 th Anniversary Celebrations	-
Saturday 27 th June	Mid Summer Show	Village Hall
Weekend 17 th – 19 th July	St Mary's Flower Festival	Parish Church
Saturday 15 th August	Village Show	Village Hall
Saturday 14 th November	Annual Supper	Village Hall

If your organisation has a one-off event planned for 2015, why not let other organisations know in advance so that dates don't clash?

For much more information about Cheriton Bishop, Crockernwell and the surrounding area please visit the Cheriton Bishop Web Site: www.cheritonbishop.org.uk Contact for Website: Tony Bott email: anthonydbott@aol.com

CHERITON BISHOP PARISH COUNCIL REPORT

Elections 7th May 2015

There will be all-out District and Parish Council elections on 7 May 2015, together with a Parliamentary General Election on the same day.

All the current Parish Councillors will retire in May

The nomination period runs from 10 March to 9 April. Nomination papers will be available from Mid Devon District Council.

The Timetable is:

- 10 March Notice of Election (District and Parish)
- 2 April Notice of Election (Parliamentary)
- 9 April Statement of Persons Nominated, Notice of Poll and Situation of Polling Stations (Parliamentary)
- 10 April Statement of Persons Nominated (District and Parish)
- 10 April Uncontested Election Result
- 28 April Notice of Poll (District and Parish)

7 May polling day

11 May – Results notices (all)

18 May First meeting of Cheriton Bishop Parish Council for elected Councillors

further information at: www.middevon.gov.uk/election and <u>www.gov.uk/yourvotematters</u>

CHANGE TO BUS TIMETABLE

Western Greyhound have given notice to withdraw their Service 510, Exeter - Okehampton - Launceston - Wadebridge, after operation on Saturday 21st February.

From Sunday 22nd February, Stagecoach will operate a new timetable, this being an enhancement of their existing Services X9 and X10, which they are renumbering 6 and 6A. Most services are commercially operated, but some journeys will be financially supported jointly by Devon County Council and Cornwall Council.

Crockernwell, Cheriton Bishop and Tedburn St. Mary also retain Service 173 which is not affected by these changes.

John Richardson-Dawes, Principal Transport Co-ordinating Officer, Transport Co-ordination Service, Devon County Council, Matford Offices, County Hall, Exeter, Devon, EX2 4QD.

Tel. 01392 382952; Fax 01392 382904 john.richardsondawes@devon.gov.uk

Please go to the website or phone Devon County Council for the new timetables.

THIS COMING SATURDAY (FEB 28TH)

Cheriton / Tedburn YFC Advisory Committee invite you to join them at Fingle Bridge Inn at 7.30pm for a Race Night. A fun and entertaining evening with light refreshments to help raise funds towards this year's 70th Anniversary celebrations of Cheriton / Tedburn Young Farmers Club. We are very proud to be part of this club and all they achieve, and therefore try to take every opportunity to support them whenever we can. As many of you will remember they were extremely successful with their entertainments programme last year, which took them to Blackpool and the National Finals. At the time of writing this, they are currently rehearsing hard towards this year's Panto competition, of which they have already been selected to represent their group at the County Final on Sat. 21st Feb. We look forward to hearing the results. They also work hard entering various speaking/sports competitions throughout the year usually with good results, as well as helping out in the community and raising money for charities.

So please come along on Saturday evening, chance your luck and pick a winner. Help us to help them and then come along to the 70th Anniversary Grand Ball on 26th June here in Cheriton Bishop. (Tickets for this will be on sale soon).

Villages in Action

Many thanks to all the people who came to the Lady Maisery concert, especially to those who gave raffle prizes, and to Jan at the shop for selling the tickets. After we have paid our dues to Villages in Action (who subsidise us to the tune of £250!), and the Village Hall fee, we are still able to send Medecins sans Frontieres £166.

Lady Maisery were excellent, and it was a great pleasure to have a purely acoustic band. We learn about next year's options in April.

Tim Gorringe

Quiz Night

The Fun Quiz returns to the Old Thatch on Sunday March 15th starting at 8pm. With it being Comic Relief weekend and close to St Patrick's Day, you can do doubt expect some themed questions. Entries are £1 per player and as usual whilst the top teams win the cash, other teams as usual benefit from a range of fun prizes, including a CD from the quiz master's fabulous music collection! There's also a second chance to win with the Snowball jackpot rolling over again and is likely to reach £200 on the night! To keep up to date with all of the latest news from the Fun Quiz, visit http://www.facebook.com/theFunQuiz and like the page!

Richard Purser 1924-2015

Geoffrey and Jean would like you to know how much we have appreciated the support, words of comfort and practical help, that have been received at this sad time. It is yet another example of what a loving caring place, we live in. So many thanks from us both.

Poppy Appeal 2014

I apologise for taking so long to announce the sum raised, £455.55, by The Old Thatch, Woodleigh Café, Checkers and myself. Many thanks to all who gave so generously.

Pauline Scanes

Open Mic at The Old Thatch Inn

Sunday 29th March - Open Mic Night at the Old Thatch Inn, 8.00pm start.

YFC DUNG SALE

28TH FEBRUARY

£3 BAG

CALL 07792 518439

Churchwarden's Notes

First a belated 'thank you' to Jennie Cornewall-Walker for allowing her house to be the venue for the Cheese and Wine Evening in January. Despite the fact that many people were suffering from colds and coughs and were unable to attend it was a very pleasant evening for those who did go which raised £182.

Plans for the Flower Festival go ahead – the next planning meeting is on Tues 10th March at 7.30pm in the Spalding Hall. We hope to finalise which theme people are choosing and which part of the church they will be decorating at this meeting. Everybody who is interested is welcome to come.

A reminder that March 15th is Mothering Sunday and as usual we shall be giving out posies at the 9.30am service.

SERVICES AT ST MARY'S CHERITON BISHOP AND OTHER CHURCHES IN THE NORTH KENN MISSION COMMUNITY

MARCH 2015

SUND 9am 9.30 11am 3pm 6pm	AY 1 st Whitestone Holcombe Burnell Tedburn St Mary Pathfinder Cheriton Bishop	<i>Lent</i> 2 Holy Communion Holy Communion Family Service Holy Communion Evening Prayer	Revd Prof Tim Gorringe Canon John Tutton Revd Martin Wood Revd Martin Wood Revd Martin Wood
	AY 8 th Holcombe Burnell Whitestone Cheriton Bishop Pathfinder Tedburn St Mary	<i>Lent 3</i> Holy Communion Parish Communion Family Service Prayer and Fellowship Evening Prayer	Revd Prof Tim Gorringe Revd Martin Wood Revd Martin Wood Revd Martin Wood
SUND/ 9.30 11am 3pm 3pm 4pm	AY 15 th Cheriton Bishop Whitestone Tedburn St Mary Pathfinder Holcombe Burnell	Mothering Sunday Parish Communion Family Service Mothering Service Evensong Evensong	Revd Prof Tim Gorringe Revd Martin Wood Lay Led Revd Martin Wood Canon John Tutton
8am 9.30	AY 22 nd Cheriton Bishop Tedburn St Mary Holcombe Burnell Pathfinder Whitestone	<i>Lent 5</i> Holy Communion Parish Communion Family Service United service Evensong	Revd Martin Wood Revd Martin Wood Revd Martin Wood Revd Martin Wood
	AY 29 th Tedburn St Mary	<i>Palm Sunday</i> Team Communion	Revd Martin Wood
<u>30th Ma</u> 8pm	<u>arch</u> Holcombe Burnell	<i>Holy Monday</i> Compline	Revd Martin Wood
<u>31st Ma</u> 8pm	<u>arch</u> Cheriton Bishop	Holy Tuesday Compline	Revd Martin Wood
<u>EACH</u> 10.30	THURSDAY Pathfinder	Holy Communion	Revd Martin Wood

A warm welcome to all who attend our services. Please note that the Spalding Hall is open for the use of the toilets during service times.

Lent Course 2015

The Lent course will follow the pilgrim course looking at the Lord's Prayer. The course will run for six evenings on a Wednesday at 7.30pm. It will rotate around the villages.

Date and Time	Venue
Wednesday 25 th February 7.30pm	The Billiard Room, Whitestone Village Hall
Wednesday 4 th March 7.30pm	Pathfinder Church
Wednesday 11 th March 7.30pm	The Lounge Longdown Village Hall
Wednesday 18 th March 7.30pm	Tedburn Methodist Church Hall

Wednesday 25 th March 7.30pm	Spalding Hall Cheriton Bishop
Wednesday 1 st April 7.30pm	Pathfinder Church

From the Rector

Is Spring Here?

I was amused to see what comes after Christmas in the different shops in January. As the aisles were cleared of unwanted Christmas tinsel and baubles there was new stock waiting to take its place. In the supermarket the Christmas sweets were immediately replaced with Easter Eggs. It is hard to imagine people thinking in the first week in January, I must buy some Easters Eggs for April. In the pound shop the Christmas stock was replaced with gardening equipment and seeds. In the DIY shops it is the season of redecoration and paint. Most exciting of all, was the chemist in which Christmas gifts for him or her were replaced with aisles of sun cream. If I was given a choice in the first week of January it would not be Easter eggs or gardening or decorating it would be somewhere hot where I would need plenty of sun cream!

The shops reflect what we might want or need as customers. In fairness to the shops they are gearing up for spring although, by my timing, it is a little premature. It is always intriguing as to when spring has sprung. However spring refers both to the season of weather and time, and also to ideas of rebirth, rejuvenation, renewal, resurrection and regrowth. None of that long list happens all on one day. Spring has sprung when you determine what you base it on. For most of us it is when it gets warmer and brighter which changes each year depending on which weather system is in control. Perhaps we need to rely on nature to tell us: when we see the bulbs appearing and blossom in the trees again - it is not an exact science.

As we move through March there will be events and dates that will tell us that spring has finally come. From the point of resurrection we will not to have to wait much longer for Easter which is on Sunday 5th April. The last week of March starts us in Holy Week. It begins on Palm Sunday on 29th March. Palm Sunday is so called because as Jesus enters Jerusalem the capital city of Israel, the crowds lay down palm branches and their coats to make a special path for Jesus' entry to the city. It would be like the entrance of a King. There is great excitement and expectation that Jesus is going to do something special. For many they hoped that Jesus might liberate them from control by the Roman Empire. They pictured God working against the oppressors, in terms of power overcoming power. Those same crowds would later call for Jesus' death by crucifixion. Jesus came to show that love and forgiveness provide more hope than mortal or earthly power. March will end with the dark shadow of death hanging over Jesus. We have to wait for April to spring Jesus from the tomb. We will get a glimpse of God's amazing love.

Rev. Martin Wood. The Rectory, Church Lane, Cheriton Bishop EX6 6HY 01647 24119 (Tuesday to Sunday)

WEST DOWN EVANGELICAL CHAPEL

Yeoford Road, Cheriton Bishop. Telephone 01647 24660/24264

Services for March 2015

Sunday 1st March 11.am Morning Worship 3.pm Family Service with **Nick Labiche - London City Mission**

Sunday 15th March <u>Mothering Sunday 11.am</u> Family Service with Communion No afternoon service.

Sunday 29th March 11.am Morning Service 3.pm Family Service with **Mr Alan Woodcock** Sunday 8th March 11.am Morning Worship 3.pm Family Service with **Mr Keith Moast**

Sunday 22nd March 11.am Morning Worship 3.pm Family Service Rev Ray Murden will be speaking at both services

Bible Study and Prayer Meeting on Monday evenings at 7.30pm, 2nd Home Prayer Fellowship, 9th Allerbridge Chapel - Slavic Gospel Association. 16th Reg Cade , 23rd Ray Murden, 30th Mission Focus speaker Danny Chipps

Holy Trinity Yeoford

When you read this we will already be well into Lent. The ecumenical group of Christians in Yeoford who run Messy Church and the Café Company led by Eleanor Moffett are going to run an event for the school in Holy Trinity.

As the school children enter, the floor will be littered with palms depicting the entrance into Jerusalem. The Easter story will then be explained in a series of interactive tableaux around the church. This will take place on 23 &24 March.

An all age Easter Service will be in the village hall on 3rd April at 10-00 am.

Open the Book in School continues fortnightly and the café is open on Monday mornings from 9-30 till 11-30.

March Services Sunday 8th communion by extension 9-30 Sunday 22nd Holy Communion 9-30

Carol Price 01647 24468

Please take the time to read this important message That may affect you.

Ask your friends, who do not live in the area, if they can see a doctor any weekday morning without an appointment and then take a few steps to a dispensary and pick up prescribed medication? Or re-order medication with 2 working days notice? I feel certain very few will have the facility that we are so fortunate to have.

So my point is, LET'S MAKE THE MOST OF IT, and support it as best we can.

How do we do that?

Prevent Waste.

At our surgery the average items dispensed **each day** is 400.

The cost of each item can range from pennies to many pounds. A few items can be as much as $\pounds 80$.

I have been informed that £5.5 million is wasted each year in Devon alone.

This waste could provide

730 Heart bypass operations

1,000 Hip Replacement operations

2,235 Knee operations

10,720 Cataract operations.

The monthly wastage for our surgery is approximately £2-3,000.

How can you help?

Before you place an order check what it is you actually need. There have been many instances of returned medication, following a change of prescription, which include many unopened boxes of the same item.

These cannot be used again, even though they are unopened, they have to be destroyed. The dispensary would not know if they had been kept safely. For example, they could have been left in bright sunlight and therefore some of the ingredients destroyed.

Time scale for re ordering.

Imagine you are working in the dispensary; there are 400 items to be dispensed, labelled and checked. You're half way through a prescription and the telephone rings, you stop what you are doing to answer it and the caller says "I put in an order yesterday, is it ready?"

The answer would be NO we need 2 FULL WORKING DAYS.

The dispenser then goes back to the prescription that they started to fill and has to start the whole process from the beginning, to comply with safety procedures. Put in place for our benefit. Please allow at least a full 48 **working hours**, before collecting your order. If at all possible why not allow an extra day? (For items that go to Dunsford Post Office, this is a little different, 1 week please, as they cannot guarantee a daily delivery.)

If there is going to be a problem obtaining supplies of your medication, the dispensary staff will make every attempt to call you.

Let's support our all of the dedicated staff at our surgery, and keep the wonderful service that we have.

Jean Martin (Chair person, Cheriton Bishop and Teign Valley Patient Participation Group) <u>ACORN COMMUNITY SUPPORT</u>

> ACORN LUNCH THURSDAY 5th March 12.30 P.M. at

THE COACH HOUSE

Fish and Chips , Dessert and tea or coffee Come and join us for a very chatty lunch. $\pounds 7.00$

PLEASE PLACE YOUR ORDER BY 1st March. With Jean 01647 24586. Tell her if you need transport.

Cheriton Bishop Lunch Club – Are now having 1 lunch a month which will be the first Thursday of each month, this month it will be 5th March followed by 2nd April. If you like would to come along please phone Jean Martin 01647 24586 for more details.

Minibus trips to Sainsbury's from Cheriton – Dates are Wednesday 11th, 25th March and 8th April. Please phone Sylvia on 01647 24267 or Jackie on 01647 252701. Help is provided in store and a wheelchair service is also available. The fare is now £4 return.

Teign Valley Memory Café - This month it will be 12th, 26th March and 9th April. Please call Margaret on 01647 252622 for more details. Meetings are held at Strawberry Hill, Dunsford on the B3212 – look out for the sign.

Acorn Coffee Morning at Teign Valley Hall – The Bowden Room, Teign Valley Community Hall 10.30 - 12. This month it will be Tuesday 10th, 24th March and 7th April. Please do pop in for a coffee and a slice of homemade cake and meet up with friends, everyone welcome. Please ring Jackie on 06147 252701 if you need a lift.

Acorn Services - Should you need transport to an appointment, a prescription delivered or any other Acorn service, please phone Sylvia Tripp on 01647 24267. Please leave a message on her answering machine if she is not at home and she will call you back. If you have not heard back within 24hours please call Jean Martin on 01647 24586 or the Acorn office 01647 252701.

Please check out our website www.acorncommunitysupport.co.uk



pop in for a chat and a drink

on Monday 16th March 2015 at The Spalding Hall any time between 2pm and 4pm

Do come and join us, or if you'd like more information just phone one of the numbers below There is no charge but we do put out a pot for any donations towards costs Choice of hot and cold drinks

Need a lift from your home? Ring Paul on 24405 or Jean on 24586 beforehand and we'll arrange to drive you whenever you are ready to come and go.

Cheriton Bishop Horticultural Society

(Your local gardener's club - not as posh as we sound...)

This Month's meeting: This month we will be having a visit from a very local Herb farm from Whiddon Down, with a talk on herbs to "see, smell and sense". The meeting is on **Monday 16th March at 8 pm in the Spalding Hall**.

Also this month: The Spring Show, Saturday 28th March.

The Spring Show schedule is now on the village Web site and being distributed in hard copy around the parish. If you have any trouble obtaining one please give Persis a call on 24303. This year we have all the usual flower classes plus in the cookery section there is a recipe supplied for Easter Biscuits, and a class for a jar of marmalade – another good reason to be creative in the kitchen this spring! The Floral Art class is "An arrangement of Seasonal Flowers". There is also a special Children's class to decorate the shell of a hard-boiled egg (nicely in time for Easter decorating). The show is open to the public at 2.30 pm, but if you are entering you will need to have filled in your entry form by 7 pm on Friday 27th March and stage your entries in the hall between 9 and 10.30 am on the morning of the show.

Looking ahead: Please don't forget the Plant Sale coming up on May 16th and bear it in mind if you have surplus plants from dividing or propagating over the next couple of months.

Happy Gardening!

The West Country Embroiderers in March Tuesday March 3rd Village Hall 1.30 for 2pm start

This month our visiting tutor, Lynn Bennett, will be showing new techniques to create dimensional embroidery. The afternoon gives both experienced and novice crafters a chance to broaden their knowledge as well as an opportunity to have a chat and cup of tea.

New members are always welcome, pop in and see if WCE is for you. Please contact Nicky Westcott 01835 82517 or <u>westcottnicky@gmail.com</u> for the list of things you will need for this month's class.

Tea and Cake for Grandparents denied contact with their grandchildren

There are over one million grandparents in the UK who are denied contact with their grandchildren, due to family breakdown. This can be a result of separation/divorce/drug/alcohol issues, domestic violence, bereavement or family feud.

To be denied contact is like a living bereavement and you are enveloped with feelings of isolation. We are setting up a support group for grandparents who find themselves in this heartbreaking situation, so if you are one of those grandparents we would like to invite you to come for a cuppa and piece of cake on Friday 20th March from 2.30pm.

Venue: Long View, 10 Murley Close, Crediton Telephone: Sandra 07807291196 Bernie and Gloria 01363 772468 Email address: <u>bernie.little@btinternet.com</u> Email address: <u>s_laccohee@hotmail.com</u> We look forward to seeing you, *Sandra, Gloria and Bernie*

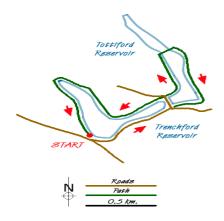


Walking Group News March '15

The C B walking group started a year ago. Our first walk was in Feb '14 to Fingle Bridge so it was appropriate that this month we should walk there again, although we took a slightly different route this time. Fourteen people and three dogs walked, a number of us meeting at The Mulberry to share transport and others joining us en route. Once again we were very fortunate with the weather, it was dry and surprisingly warm. Coats were removed by many of us as we set a cracking pace in order to get back to the tea room at Drogo before closing time! We did it with time to spare. As usual it was a very pleasant afternoon.

There are a number of 'regulars' who come on the walks, but we welcome all-comers. If you fancy joining us, either regularly or as a one off, it would be great to see you so please come along.

We have probable routes for the next two walks, March 15th and April 19th, but watch out for information on posters and the village web site. In March we plan to go to Tottiford and Trenchford Reservoirs. This is a level and easy walk of about 3 miles.



Hopefully we will see the beginnings of Spring there as it is fairly sheltered. There is no local tea room, so perhaps it will be the roaming cafe from the back of my car again! Bring your own mugs and a few pence to cover provisions please.

The April walk will probably be led by Sue and Pete Kiff. Watch out for information closer to the time.

For more information call Jane on 24092

Cheriton Bishop Community Primary School

Snippets from the Classroom and Beyond

No 167 March 2015



Wow, it's Friday morning (20th) and I am still marvelling at the musical skills and versatility shown by the three young ladies of 'Lady Maisery' - Rowan, Hannah and Hazel - last evening in the village hall. They sang with and without musical accompaniment, they made music with their voices and they played a variety of instruments, fiddle, banjo, concertina, accordion, harp and ankle bells. There was also a super display of clog dancing by Hannah for the last item. Altogether, it was a very rewarding experience for all those who gathered in the village hall to hear them. Thanks are due to Tim Gorringe who arranged the occasion and to the 'Villages in Action' charity and organisation which subsidised the groups appearance. For those of you who are unaware of this set up, 'Villages in Action (ViA)' subsidises visits of top class entertainers to local village halls and the like, to give all of us a chance to see the acts in our own areas. If you see an event that is backed by ViA then it will be well worth going to see. Those of you that weren't there last evening missed out on a great evening's entertainment.

OK then, what of the school. Well, as most of you will know, it is half term at the moment. By this stage I would hazard a guess that quite a number of parents are looking forward to the start of the second half of the term. As you will see from the calendar of events for the school, there are still a number of interesting events yet to happen. Arguably the biggest of the events is the Residential Course for years five and six at Paignton Zoo. For many of the children it will be the first time they will have spent any real time living away from home. Don't worry, oh 'Worried Parentage', they will be alright and most will certainly enjoy the course and learn a lot from it. The other major activity will be the 'World of Song Performance' which will be held in the Great Hall at Exeter University. On past form, this should provide an enjoyable chance for the children to shine in a competitive environment. Of course, it is not without a lot of hard work by pupils and staff alike to achieve a polished performance. Go for it Cherry B!

Also on the schedule you will see a number of sessions down to Bikeability. These are almost an essential part of a child's education, teaching them safe cycling and all that that entails. Also to do with bicycles, Calamaty Cann will be holding a session of 'The Bike Clinic' on 26th February. If your child's bicycle is suffering from poor brakes or most basic shortcomings, now is the time to get a check up and repair of all defects for a small fee. I'm sure that cycling children will benefit from both Bikeability and the Bike Clinic.

The term ends with the celebration of Easter. I'm sure that the calendar will grow before the next issue of Snippets. The calendar for the rest of this term is:

23rd February - Non-pupil day 26th February - Bike clinic with Calamaty Cann (Y3,4 & 5) 5th March - World Book Day (dress as your favourite book character) 9th - 13th March - Y5/6 Residential @ Paignton Zoo 9th March - Bikeability Y3 & 4 9:15-11:45 12th March - Bikeability Y3 & 4 9:15-11:45 24th March - Open-afternoon 3:30pm- 4:45pm 26th March - World of Song Performance – Great Hall, Exeter 27th March - Easter Celebration and End of Spring Term 13th April - Summer Term begins

Now, what has been happening in the first half of the term? One thing we won't have to worry about is first aid! Class Three took part in a First Aid Day at the beginning of February. They learned how to cope with various situations that they might be faced with and, hopefully, they will remember what to do in future.

In the meantime Class Two had a great time at the 'Space Lab' set up in Yeoford Village Hall. They learnt all about the Space Race between the two big powers, the USA and the USSR. They also experienced the sky at night in the Planetarium set up there. All good stuff!

In this day and age, one of the most essential requirements for our children is to ensure that they don't get into trouble on the internet. To this end a day was set aside to teach the children all about operating safely on the internet including, of course, internet games. This session was augmented by a chance for the parents to attend during the evening showing the adults how dangerous the internet can be for a child and indicating how they can access sites which could lead to problems. All in all I believe it was a successful day.

Also in the first half of the term our local constabulary visited the school to talk about keeping safe and 'stranger danger'. It's so sad that the children have to learn about all these things in this day and age but their safety is paramount.

OK, that's all I have to do with the school this month – you'll have to put up with my meanderings now. How many of you are aware of the significance of the flags that fly from the flagpole at the top of Church Lane? Did you know that the Union Flag – that's the correct title for the Union Jack – indicates that there is a national event/holiday on that day. The flag of Devon indicates that there is an event taking place in the village on that day. The flags of St George, St Andrew, St Patrick and St David will indicate those saints days that are relevant to the countries of the United Kingdom. There is also the Gibraltarian flag, flown on Gibraltar National Day in September. How many of you realised that Gibraltar is included in the South West's European Parliamentary Constituency? Most events occurring when the Devon flag is flying will be shown in the diary of events in the monthly newsletter. If it isn't then ask at the shop and you <u>should</u> get an answer there.

Pottering around the village as I am wont to do, there are certain things that catch the eye. Planning permission has been applied for, for developing the fields below Hescane Park for housing. Don't worry, this development is not going to happen for some considerable time. At least this will be development within the local settlement. More alarming, when I was going to Crediton via Froggy Mill, I noticed a planning application posted up alongside Higher Mounson. Further inspection showed that it was for the development of housing up in that area. I would have thought that we could do without even more traffic

on that narrow lane. There are already too many cars that are driven too fast on that road. What think you?

Guess what? It's time for an update on the railway. Most preserved railways publish their timetables and events before Christmas in the year before operations commence. In our case we have only just got word that we will be able to operate trains from Easter until late October. An operational plan and timetable is currently being worked on and will be published as soon as is possible. In the meantime the Bulleid Buffet at the station is open every weekend on Fridays, Saturdays and Sundays. I hope you'll drop in. Another piece of good news is that the Sunday Rover from Exeter will operate again on summer Sundays. First Great Western are responsible for this train and the timings will be appearing in their summer timetables. Okehampton is included in the Barnstaple line publication.

That's all for this month PGR



Cheriton & Tedburn YFC update

The last month has been pantomime mayhem, with practices 3 times a week and various performances as well. We are doing a sequel to Robin Hood: 'Rehooded' written and directed by Richard Tucker.

Our Group round of the panto was on 8th Feb at QE Lower School. Devon Federation of Young Farmers consists of 6 'Groups'. We are in Haldon group along with Okehampton, Bow, Newton St Cyres, Kenn and Chagford. Unfortunately the other clubs that were going to compete at the group round had to drop out so it was more of a practice with professional judges! The performance went very well and the judges loved it. Dan Grist won best actor and I won best actress. Also on the 8th at QE the group competition of 'Member of the year' was held, this is a competition that goes all the way to national level. We had Katie Grist competing for the junior title and Dan Grist, Vicki Gilbert and Harriet Bowden competing from our club for the senior title. Katie won her section beating two other members and Dan was placed third for the senior. Good luck to Katie at the next round. Thank you to all who came to our charity performance on Tuesday night at Tedburn village hall. It was great to see so many of you come and support the club and we were able to raise a great amount for our chosen charities this year.

We have the county round on Sat 21st Feb and we can't wait to compete against 5 other clubs.

As well as the panto competition we have a lot more to look forward to this year, with preparations currently taking place for our 70th anniversary grand ball (26th June – save the date!) and also lots of sports, competitions and club & group events coming up plus our annual dung sale on 28th February (please see our advert elsewhere)!

If you want to find out any more information about what our club is up to or you're aged between 10 and 26 and want to become a member, then don't hesitate to contact me on 07792518439. Remember you don't need to be a farmer to join!

Emily Sizmur- Secretary

News from Elsewhere

Chagford Singers Spring Concert	
Saturday 28th March 2015.	
Karl Jenkins Requiem and Haydn Little Organ Mass,	
7.30pm. St Michael's Church, Chagford.	
Tel. (01647) 433770	

Crediton Museum

The subject of this year's exhibition at Crediton Museum, opening Tuesday 22 April, is Entertainment how local people have amused themselves over the years. In our archive we have much material, photos, posters, programmes etc., on plays, pantos etc, which have been put on but we could always do with more! For instance, we do not have a poster advertising the Devon County Agricultural Shows at Crediton and I'm sure we're missing many programmes and photos for plays etc. held in schools and village halls throughout the area.

I am writing to ask if you could please advertise as widely as possible our appeal for people to let us know whether they can help by lending us suitable material for the exhibition, which will end in October. Any help you and your residents can give will be greatly appreciated.

Best wishes

David Nation, Secretary, Crediton Area History & Museum Society 3 George Hill, Crediton, Devon, EX17 2DT Tel. 01363774441 email: <u>nationdandm@yahoo.co.uk</u> CONCERTS IN THE CHURCH Holcombe Burnell Church Alaw Trio Thursday April 16th 7.30 pm Tickets £8.00 from Jane 01392 811246 or Sue 01392 816 A famous and talented Welsh Folk Group (www. alaw-band.com) Supported by Villages in Action All Profits to Church Funds.

ACE Archaeology Club

Since I last wrote we have sorted out all the pottery from this year's dig. This involved an ACE day in October when members sorted through bags and checked that they had all the correct information on them. Finds had been coming out of the ground so quickly on the Moistown dig that it wasn't always possible to do more than the basics.

In October we tried out Pole Archaeology. This isn't what you might at first think. Dr Sandy Gerrard took us out to Merrivale to try taking overhead photos of sites using a camera on a pole. November is our AGM month and we had a good meeting, short on the business side and that left us time for a good shared lunch followed by an excellent discussion about the dig and how people felt it went and what we needed to do next. In December two of our members arranged a visit to the Whitehorse Hill Cist exhibition at the Plymouth Museum. If you are interested in finding out more about the Cist burial check out Dartmoor National Parks website http://www.dartmoor-npa.gov.uk. We had a great visit to an amazing exhibition and wound up the day at the member's house for our Christmas get together.

Unfortunately, as so often happens, our January walk was cancelled due to the weather!

A list of only some of what we will be doing for the next few months - In April we will be willow shield making; May, we will be digging just for a week at Moistown; July, Sat 18th & Sun 19th; Festival of Old Technology and Archaeology. 22nd August to 6th September; Excavation at Moistown. 5th September; Moistown excavation open day 11.00am to 4.00pm, tell your friends.

For more information on any of these events please go to our website or contact me through <u>ace@acearch.org.uk</u>. Some events do need to be booked and for non-members there is a charge.