

**Cheriton Bishop & Crockernwell**

# *Newsletter*

**March 2022**



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# Useful Information

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## Doctors and Healthcare

**Doctors Surgery:** 01647 24272 or 01647 24025

**Surgery:** 8am to 9.30am, Monday to Friday - no appointment needed. **Out of Hours:** Call 111. **Emergency:** Call 999

**The Patient Group:** Amanda Vooght (Chair) - 01647 24593, Steve Colderick (Secretary) - 01647 24818

**TALKWORKS Depression & Anxiety Service** (South & West Devon): 0300 555 33 44

**Minor Injuries Unit:** Okehampton Medical Centre, 8.15am to 6pm, Monday to Friday

## Emergency Services

**Electricity:** 0800 365 900

**Gas:** 0800 111 999

**Water:** 0344 346 2020

**Highways Agency:** 0300 123 5000

**Streetlights, potholes:** 0345 155 1004, email: [csc.roads@devon.gov.uk](mailto:csc.roads@devon.gov.uk)

## Police

**Non-emergency:** 101

**Crimestoppers:** 0800 555 111

**Neighbourhood Watch:** Jean Martin - 01647 24586

## Schools and Local Organisations

**Cheriton Bishop Primary School:** 01647 24817 (term time only)

Head Teacher: Robin Scott, Secretary: Linda McCracken, Chair of Governors: Jo Carter, PTFA: Dee Studholme-Côté

**Cheriton Bishop Pre-school:** 01647 281205 - Play Leader: Christine Grist

**Acorn Community Support:** 01647 252701

**Beavers, Cubs & Scouts:** Ollie Milverton - 07706 695928

**Young Farmers:** Georgina Bowden - 07713 164553

**Walking Group:** Dennis Milton - 01647 272844 and Jon Whitehead - 01647 281454

**Farming Community Networks (FCNs) helpline:** 0300 111999 or Joanne Jones - 07897 540278

## Churches

**Anglican Team Ministry:** Rev. Martin Wood, The Rectory, Church Lane, Cheriton Bishop - 01647 24119, Tuesday to Sunday  
Church Warden: Alan Greenslade - 01647 24002

**West Down Chapel:** Derek Coren - 01647 24264

## Halls & Meeting Rooms

**Village Hall:** Janet Jeffery - 01647 24414

**Spalding Hall:** Jean Martin - 01647 24586 (if no reply after 24 hrs, call Paul Mitchell - 01647 24405)

## Local Authorities

### Parish Councillors:

Toby Ball 01647 244100

Emma Benjamin (Chair) 01647 24848

Tracy Edwards 01647 272714

Ruth Salmon 07970 615280

Genevieve Tomlinson 01647 244100

Gill Westcott 01647 24789

Andrea Wood 01647 272786

### Crockernwell Parish Councillors:

Ysanne James (Chair)

[ysanne.james@drewsteigntonparish.co.uk](mailto:ysanne.james@drewsteigntonparish.co.uk)

Peter Brennan (Vice Chair)

[p.brennan@drewsteigntonparish.co.uk](mailto:p.brennan@drewsteigntonparish.co.uk)

### Parish Clerks:

Rachel Hodder (Cheriton Bishop) 01363 85523

Alice Turner (Drewsteignton) 01837 83484

Jane Clark (Tedburn St Mary) 07932 386023

### Mid Devon District Councillors:

Derek Coren 01647 24264

Stuart Penny 01363 85197

James McInnes (Crockernwell) 01837 861364

### Devon County Councillor:

Frank Letch (Cheriton Bishop) 01363 775739

[frank.leitch@devon.gov.uk](mailto:frank.leitch@devon.gov.uk)

### West Devon Borough Councillor:

Paul Ridgers 01822 813600

[cllr.paul.ridgers@westdevon.gov.uk](mailto:cllr.paul.ridgers@westdevon.gov.uk)

### Member of Parliament:

Mel Stride MP (Central Devon)

House of Commons, London, SW1 1AA

# Welcome to the Newsletter

## March 2022 Edition

I hope you are all ok after the horrible windy weather we've had. We've had a few trees and shrubs down, but thankfully, no power outages (that I'm aware of). My sister and I popped into the school on the evening of storm Eunice just to make sure that it was still standing.

I work at the primary school at lunchtime, and the children and I have been buffeted by the elements every day for the last few weeks with either wind, rain or hail! Just when you think you'd better get them indoors, the sun comes out! It is so hard to get children to put their coats on too - it's almost as if they all have an allergic reaction to them. I don't think I have ever met a child that is happy to wear a hat, coat and gloves.

In other school news, we are rather desperate for a Catering Assistant at lunchtimes. Please help! If any of you lovely readers would like to help out, or know someone who might be interested, please respond to the advert as soon as possible. It would be a great job for mums with kids at school. The full advert can be found online at <https://app.kallidusrecruit.com/NPSGroup/VacancyInformation.aspx?VId=138354>

### Catering Assistant

- Mon to Fri, 10.45am to 2pm, 16.25 hours per week (term time only)
- Full training given & uniform provided.
- DBS check will be carried out for this role.
- Use of own vehicle is required.

Please contact [philippa.ruggier@ncsgrp.co.uk](mailto:philippa.ruggier@ncsgrp.co.uk)

Well, that's all from me. Please let me have any articles you would like featured.

Take care all.

Lucy x

## Newsletter Team

<b>Editor:</b>	Lucy Cooper 01647 272765 <a href="mailto:cheritonnews@gmail.com">cheritonnews@gmail.com</a>
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<b>Collation:</b>	Anne Welham Paul Mitchell Patience Netherway
<b>Web Editing:</b>	James Jillians Christine Jillians

## Advertising Rates

### Ads in the White Pages (per issue):

- Black & White: Full page = £25
- Black & White: Half page = £12.50
- Colour: Full page = £50

Please email Jo at [cheritonnews@gmail.com](mailto:cheritonnews@gmail.com)

### Flyer Inserts

**We can insert an A4 Flyer, single or double-sided. Please supply 275 copies**

- Cost of inserting A4 flyer = £10

Please email Jo at [cheritonads@gmail.com](mailto:cheritonads@gmail.com)

### FREE Classified Advertising

Email your advert with a contact number to Lucy at [cheritonnews@gmail.com](mailto:cheritonnews@gmail.com)

## Yellow Pages Ads

If you would like to advertise in our Yellow Pages section, please email [cheritonads@gmail.com](mailto:cheritonads@gmail.com)

# Regular Diary Dates

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## Meetings, Hobbies & Interests

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### **Art @ Caribarn Studio, Pitton Barton**

Every last Friday of the month 9.30am - 12.30pm. Contact: Sue Bloomfield - 01647 24840

**Beavers (6 - 8 yrs)** - Every Thursday (term time only). Contact: Ollie Milverton - 07706 695928

### **Cheriton Bishop Baby & Toddler Group**

Fridays, 9am - 11am, School Hall. Find us on FaceBook

### **Cheriton Bishop Lunch Club**

The first Tuesday of each month at The Red Lion. Contact: Jean Martin 01647 24586

**Cubs (8 - 10 yrs)** - Thursdays (term time only). Contact: Ollie Milverton - 07706 695928

**Cuppa and a Chat at Spalding Hall** - Every third Monday in the month, 2pm - 4pm

Contact: Paul Mitchell 01647 24405 or Jean Martin 01647 24586

**Quiz at The Old Thatch Inn** - Every third Sunday in the month at 7.30pm.

Contact: 01647 24204

**Gardening Club** - Every third Monday evening in the month (Autumn & Winter)

Contact: Janet Jeffery - 01647 24414

### **Live & Kicking in the Village**

Every first Tuesday evening in the month at The Old Thatch Inn. Contact: 01647 24204

### **Parish Council**

Every second Monday evening in the month. Contact: Rachel Hodder - 01363 85523

**Pilates** - Thursday morning, 8.55am (term time). Contact: Adele - 07976 427941

**Pre-School** - Monday to Thursday, 9am to 3.15pm, Contact: Christine Grist - 01647 281205

**Scouts (10 - 14 yrs)** - Monday evenings (term time). Contact: Ollie Milverton - 07706 695928

**Short Mat Bowling** - Wednesday evenings 7.30pm - 9.30pm, September to May,

Contact: David Tripp - 01647 24582

**Spiritual Discussion Group** - Contact: Penny Gare - 01647 24639

**Monthly Walking Group** - For daytime walks see the CB Walking Group FaceBook page

Contact: Dennis Milton - 01647 272844 or Jon Whitehead - 01647 281454

**West Country Embroiderers** - Every first Tuesday afternoon in the month

Contact: Elaine Clark - [elainejclark@hotmail.co.uk](mailto:elainejclark@hotmail.co.uk) Website: **wcecheritonbishop**

### **West Down Bible Study & Prayer**

Every Monday evening from October to May. Contact: Derek Coren - 01647 24264

### **Young Farmers**

Every 1st and 3rd Tuesday evening in the month. Contact: Georgina Bowden - 07713 164553

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## Keep Me Updated

Please email [cheritonnews@gmail.com](mailto:cheritonnews@gmail.com) if you need to add a fixture, or update / delete details and information on an existing fixture in this section. Thank you.

# Dates for your Diary

## March 2022

1st	Pancake Day - 'Shrove Tuesday'	See page 22
1st	Acorn Lunch	The Red Lion 12.30pm
1st	Open Mic Night	The Old Thatch Page 4
1st	West Country Embroiderers	CB Hall 10am-4pm
3rd	World Book Day	See page 12
5th	'Wild Food' Course - GU Cookery School	All Day
7th	Acorn Minibus trip to Sainsbury's	See page 7
18th	Red Nose Day	See page 12
19th	'Street Food' Course - GU Cookery School	All Day
20th	Newsletter deadline for articles and information	
20th	Quiz Night	The Old Thatch 7.30pm
21st	Cuppa & a Chat	Spalding Hall 2-4pm
21st	Acorn Minibus trip to Sainsbury's	See page 7
21st	Gardening Club: Primulas	CB Village Hall 7.30pm
27th	Mother's Day	
31st	Stone Lane Exhibition: Call for entries deadline, 12 noon	

## Mobile Library

Tuesday 8th March 2022

Village	Stop	Arrive	Depart
Drewsteignton	Square	12:10	12:30
Clifford Bridge	Clifford Bridge	13:30	13:50
Crockernwell	Stanbury's Orchard	14:10	14:40
Cheriton Bishop	Glebelands	14:50	15:45

**Future visits, 2022:** 5th Apr, 3rd & 31st May, 28th Jun, 26th Jul, 23rd Aug, 20th Sep, 15th Nov, 13th Dec

**Disclaimer:** Due to operational circumstances, the mobile library may need to be off the road and unable to visit on some dates. Details will be publicised closer to the time.

For information, visit [FaceBook.com/devonmobilelibraries](https://www.facebook.com/devonmobilelibraries), [twitter.com/devonmobilelibs](https://twitter.com/devonmobilelibs), [devonlibraries.org.uk](https://www.devonlibraries.org.uk) or contact [info@librariesunlimited.org.uk](mailto:info@librariesunlimited.org.uk) or **0345 155 1001**



## Copy Deadline

**All articles and information for the April edition, needs to be received by:**

**Sunday 20th March**

Please email your copy to [cheritonnews@gmail.com](mailto:cheritonnews@gmail.com) or call if you can only supply a paper copy.

### Editorial:

Lucy Cooper  
[cheritonnews@gmail.com](mailto:cheritonnews@gmail.com)  
01647 272765

### Advertising:

Jo Carter  
[cheritonads@gmail.com](mailto:cheritonads@gmail.com)  
01647 24774

**FREE**

## Classified Advertising

**Looking to buy?  
Something to sell?  
Items to Free-Cycle?**

If you would like to advertise your items in our Classifieds section, please email:  
[cheritonnews@gmail.com](mailto:cheritonnews@gmail.com)



# What's On?

## Acorn Lunch

**Tuesday 1st March,  
12.30pm, The Red Lion,  
Tedburn St Mary**

### Menu

1. Cottage Pie & Veg
2. Scampi, Chips & Peas
3. Vegetable Lasagne
4. Jam Sponge & Custard
5. Strawberry Delight
6. Ice Cream

£9 per person,  
£10 with tea or coffee

Please call Jean on  
**01647 24586** to book your  
place (including transport,  
if required) and to give her  
the numbers of your menu  
choices *before 27th February*.

## Open Mic Night

**Live Music  
in the village**

**Tuesday 1st March,  
The Old Thatch Inn**

Open Mic night runs  
on the first Tuesday of  
each month. If you want  
to find out what it's all  
about, join us at the  
next Open Mic – see you  
there.

**Steve Colderick**



## West Country Embroiderer, Textiles & Mixed Media

**Multi Media Scrolls with Laura Wood**

**Tuesday 1st March, 10am - 4pm, CB Village Hall**

We are so fortunate to have such talented members.  
This month, Laura will guide us through making textile  
scrolls. Our workshop will be a wonderful way to use up  
precious heirlooms, fabric pieces and create a decorative  
scroll. Over the years, we have all accumulated buttons,  
lace, threads, pictures, fabrics and threads so this is an  
opportunity to up cycle them to create a new artefact.

### Become a Member of the Club

Annual membership is just £25 and new members are  
always welcome; you do not have to be an accomplished  
crafter, just bring enthusiasm and have a go. Contact me  
on the email address below if you have any questions.

**Elaine Clarke, [elainejclark@hotmail.co.uk](mailto:elainejclark@hotmail.co.uk), 01647 24218**

## Ground Up Cookery School

**Wild Food Foraging & Cookery**

**Saturday 5th March - £145, full day**

**Asian Street Food**

**Saturday 19th March - £155, full day**

**Wild Food Foraging & Cookery**

**Saturday 2nd April - £145, full day**

Ground Up Cookery School, Higher  
Fingle Farm, Crockernwell, EX6 6NP **01647 782022**  
(9:30am - 5pm) [info@groundupcookery.co.uk](mailto:info@groundupcookery.co.uk)



## CB Walking Group

It is always pleasing to welcome new people joining our  
walks as well as old faces returning. Currently, our walks  
are 'weather permitting' and are often organised at short  
notice. Our evening walks will recommence in April. Watch  
the FaceBook page or join the mailing list if interested.

**Jon & Dennis**

# What's On?

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## Chagford Singers, Rehearsals

**Wednesdays, 7.30pm - 9.30pm,  
Jubilee Hall, Chagford**

The choir has just restarted rehearsals in the Jubilee Hall, for two hours with a mid-time break.

*We are a friendly choir. Pop along and try us out!*

- Vivaldi - Gloria 29:00
- Gibbons - Silver Swan 1:23
- Stanford - Magnificat 11:15
- Farmer - Fair Phyllis 1:19
- Morley - The Month of Maying ...
- Gjeilo - The Ground 3:38
- Lauridsen - Sure on This Shining Night 4:56
- Franck - Panis Angelica's 3:45
- Bruckner - Ave Maria 3:10
- Rutter - Gaelic Blessing

### Performance Date:

The concert will be on Saturday 7th May in Drewsteignton parish church at 7.30pm

**Frances Spencer**, [frances56spencer@gmail.com](mailto:frances56spencer@gmail.com)

## Cuppa and a Chat

**Monday 21st March, 2pm - 4pm,  
Spalding Hall**

Everyone welcome; coffee, tea, soft drinks, biscuits and sometimes cake. No charge but small donations always welcome to help with the costs.

If you'd like to, please bring something of interest that we could talk about!



**Paul Mitchell, 01647 24405**

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## Gardening Club

### Why Primula Sieboldii?

**Monday 21st March, 7.30pm,  
Cheriton Bishop Village Hall**

The season of winter talks draws to an end with Penny Jones of Penny's Primulas giving a talk.

**Janet Jeffery, 01647 24414**

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## Stone Lane Gardens Sculpture Exhibition

### Open Call for Entries

Applications are invited from emerging/early career sculptors based in or connected to the South West. Submissions are free. It is a selling exhibition. Please submit photographs of your work or details of proposed work including dimensions and weight if possible.

The theme this year is 'connectivity'. Connectivity may be interpreted in terms of materials, form, growth, and especially potential energy.

£1000 Ashburner prize, supported by Caradon Granite, to be awarded for the sculpture that best represents the 'connectivity' theme.

**Closing date: 31st March, 12 noon**

Stone Lane Gardens Charitable Trust  
Stone Lane Gardens, Stone Farm,  
Stone Lane, Chagford, Devon TQ13 8JU

Email: [sculpture@stonelanegardens.com](mailto:sculpture@stonelanegardens.com)

Website: <https://stonelanegardens.com/>

**Notification of selection:** 21st April

**Installation:** 13th and 15th June

**Exhibition:** 1st July to 31st October 2022

Our 2022 selectors are ceramicist Sandy Brown, arts author and academic Penny Florence and Stone Lane trustee Sandy Lipo.

**Anna Imrie**

Press Office, Stone Lane Gardens

# What's On?

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## *Homes For A Low Carbon Future*

### **Energy Advice Session**

**Wednesday 6th April, 7pm,  
Cheriton Bishop Village Hall**

*With Tara Bowers, Exeter Community Energy's  
Project Manager*

Many people are thinking about heat pumps, which use electricity very efficiently to get heat from the air or the ground (like a reverse fridge), and have already installed in some homes in Cheriton and Crockernwell. But is this expensive? And how much disruption does it cause? These are some of the topics on the agenda.

There will be a talk and questions followed by refreshments and a chance for further informal discussion. So do save the date, and get your questions ready!

### **Rising Energy Costs**

Heating bills are skyrocketing - how can we reduce them and stay comfortable? Whether we want to save on monthly expenses or help cut the climate impact of our homes, trying to find the answer to this question online gets you a lot of conflicting advice! Probably there is no one answer, because our houses are so different. There are many ways to use less energy, some cheaper than others, and several possible options for generating our own electricity or heat. There seems to be no 'one size fits all' solution and each home needs its own individual approach.

After getting a lot of thumbs up on our village FaceBook page to the idea of having a Cheriton Energy Advice session, I turned to someone who has been doing this work for quite a while, Tara Bowers, Exeter Community Energy's Project Manager.

Exeter Community Energy (ECOE) is a community owned company which has managed many large renewable installations in and around Exeter, mainly on commercial and farm buildings, and uses its earnings for further investment in renewables and charitable support for community projects. It also runs funded programmes to help people cut their bills and assist those in fuel poverty or with special heating needs due to health conditions.

Tara joined ECOE in 2017 as a Home Energy Advisor and has since become the Project Manager. She also holds one of the volunteer Director positions at ECOE and was Chair in 2019/20. ECOE's Home Energy Advisors visit people at home and run drop in 'energy clinics', advising on cost effective ways to heat homes, reduce energy consumption and signpost to grants and finance available. They also have a 'healthy homes' advice line **0800 772 3617** available to all.

I want to know more about the options and costs for making homes more energy efficient and/or generating your own energy.

**Gill Westcott**

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## *Cheriton Bishop Village FaceBook*

The FaceBook page is for the residents of Cheriton Bishop and the surrounding area. It has been created to remind people of events that are taking place, clubs etc. somewhere to post photographs of the village, gardening, nature, if you need help that someone in the village maybe able to assist with, plants to swap or sell, pretty much anything really. If you would like to be part of this, please send a request to: **[www.FaceBook.com groups/433590694063276](https://www.facebook.com/groups/433590694063276)**



# Update from Acorn



*“It was one of those March days when the sun shines hot and the wind blows cold, when it is summer in the light and winter in the shade.” Charles Dickens*

Who can believe it's now the third month of the year? It's a bittersweet moment when you realise you have moved quickly past the darkest months of the year, but you want to hold on to the glorious days of Spring.

At Acorn we have Spring in our hearts always, and we hope we made the darker months more enjoyable. We have such plans for the warmer months but may have to wait for the Mad March Winds to dissipate first.

The Cheriton Lunch Club, at The Red Lion in Tedburn St Mary, always has a big warm welcome and room for a few more, so if you are interested then please do contact Jean Martin on **01647 24586** to book. The next lunch is on 1st March followed by 5th April.

## Social Trips

### From Cheriton Bishop

Sainsbury's - Monday 7th and 21st March

Outing: Details yet to be decided. Please phone Mandy or Fran at the Office for info.

### From the Teign Valley

Sainsbury's: Friday 4th and 18th March

Outings: Monday 7th and 21st March (TBA)

### Coffee Mornings & Lunch Clubs:

Tuesdays 1st and 15th March for Coffee Morning at the Teign Valley Church Hall.

Tuesdays 8th and 22nd March are the dates for Lunch Club (different venues each time)

*Please contact the office if you would like to book on either or both these activities.*

We ask that EVERYONE whilst inside (buildings or transport vehicles) wears a face mask and observes safe hand sanitising practices. We would also ask that everyone takes a lateral flow test on the morning of any Acorn activity. Acorn can supply these tests if you are unable to source them. We want you all to have fun and keep safe!

If you would like to book a seat on the minibus for any of our trips or coffee mornings, then please contact Mandy or Fran at the Office on **01647 252701**.

*Acorn continues with all its usual services so please do call us and if you just want a chat then you know where we are.*

Best wishes,

**The A(corn) Team**

## How Can You Help?

All our services are supported by volunteers and even volunteering for one day a month can make an enormous difference in the services we can provide.

If you would like to contribute some time to Acorn Community Support by becoming a volunteer then please contact the office on **01647 252701**. We'd love to hear from you.



*“Volunteers are unpaid - not because they are worthless, but because they are priceless”*

# Letters to the Editor

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## News from the Moor

### Spring in Dartmoor

We are starting to see little hints of Spring in the garden at Castle Drogo and I am already day-dreaming of swathes of daffodils.

The teams across Dartmoor are turning their attention to re-opening the built places in our care. The deep clean of Drogo is well underway and each time I walk around the castle, there is an extra sparkle to the precious items on display.

The garden team have been busy too, working on the parking area next to the castle. They are using the historic architectural drawings as inspiration to transform this area in to the 'servants garden' Lutyens originally imagined. The area has been transformed and looks incredible.

At Finch Foundry, maintenance work is taking place on the historic machinery so it will be ready to wow visitors once again when it re-opens on 30th March for pre-booked guided

tours. At Lydford Gorge, the Ranger team are working their way through a long list of jobs including path maintenance, tree checks and rock face inspections.

If you have taken a drive from Okehampton to Tavistock recently, you may have noticed some scaffolding at Wheal Betsy engine house. We were able to secure some funding to undertake re-pointing work to the house and it certainly looks impressive.

Finally, I would like to share news of a lovely activity the Drogo team did just before Christmas where they worked with local care homes and an organisation called Ladder to the Moon to create a virtual tour. It was very well received by all of the residents who took part and it was a joy to share our beautiful castle with people who would find it tricky to visit in person.

#### **Paula**

Volunteering & Community Manager, Dartmoor  
**01647 434130**, [paula.clarke@nationaltrust.org.uk](mailto:paula.clarke@nationaltrust.org.uk)

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## Thrive: The New Business Support Service

If you are looking to start or grow your business this year, you'll be pleased to hear that a new business support service called Thrive has been launched across Devon and Somerset to support the self-employed and small to medium size businesses.

### FREE Business Review

Business Information Point are delivering this support which includes a FREE one-to-one business review with an expert advisor and access to a range of online workshops on topics such as social media, finance, and business planning. This equates to a day and a half of free business support and provides a fantastic opportunity to learn new skills and get an outside view of your business.

Full details can be found on the Business Information Point website **[businessinfopoint.co.uk/thrive](http://businessinfopoint.co.uk/thrive)** or by calling **0800 592 872**.



*The Heart of the South West Growth Hub Service for All is receiving up to £781,965 of funding from the England European Regional Development Fund (ERDF). The accountable body for this programme is Devon County Council.*

#### **Louise Turley**

Marketing Executive  
Business Information Point  
Okehampton Business Centre

# Letters to the Editor

## Waitrose Charity Support

Here at Waitrose & Partners in Okehampton we are keen to be involved in supporting as many local charities and community groups as we can. This usually takes the form of financial assistance, but as a result of the pandemic shutting down a lot of regular activities and groups, we are finding ourselves a bit short of nominations for good causes to support.

### Can We Help?

Waitrose & Partners Okehampton are your local Waitrose branch. We love to be involved in our local community and are always keen to hear from charities and community

groups who are active in the area and would benefit from our support. You don't have to be a registered charity, just an organisation working in some way to benefit your community. If this sounds like you, or perhaps you know of someone who is, then please get in touch!

You can write to me, Jude Swift, at Waitrose & Partners Okehampton using the email [communitymattersokehampton@waitrose.co.uk](mailto:communitymattersokehampton@waitrose.co.uk)

### Jude Swift

Community Champion, Waitrose & Partners Okehampton

# Waste Collection Calendar

## Mondays

Mar	7	14	21	28	
Apr	4	11	20**	26*	
May	3*	9	16	23	30
Jun	7*	13	20	27	
Jul	4	11	18	25	
Aug	1	8	15	22	30*
Sep	5	12	19	26	

## Tuesdays

Mar	1	8	15	22	29
Apr	5	12	21**	27*	
May	4*	10	17	24	31
Jun	8*	14	21	28	
Jul	5	12	19	26	
Aug	2	9	16	23	31*
Sep	6	13	20	27	

▲ Food waste, recycling boxes (black & green) & black sacks. Every other week.

☞ Food waste and opt-in garden waste sacks / 'pay as you go' sacks. Every other week.

**Bank Holidays:** \* Collection is 1 day late, \*\* Collection is 2 days late

# Health & Lifestyle

## The Power of Choice

A few years ago, I was in a bit of a pickle. I felt lost, had no idea of how to get out of the rut I was in, and I was generally just disappointed that life wasn't going the way I had expected.

I was at the point of complete apathy and demotivation, when a wise person spoke the following four words to me:

*"You always have choices!"*

Simple words, yet this was a completely liberating and empowering lightbulb moment for me. I had somehow forgotten that I was the choice maker in my life, and that if I wanted a different situation, I just had to choose to change it.

After choice, comes action. I now choose to take the following two actions every day:

- Gratitude practice: before going to sleep, I think of three things to be thankful for in life
- Take a small step to improve health, work-life and home-life (small actions done consciously and consistently create habits which over time lead to significant change). This ultimately creates the life I want to live step-by-step.

As humans, we have the gift of choice to be able to create our own lives through the actions we take – let's use it!

With love and appreciation!

**Joe Arnold**

Dartmoor Chiropractic  
[dartmoorchiropractic@gmail.com](mailto:dartmoorchiropractic@gmail.com)

## Cheriton Bishop & Teign Valley Practice

### Surgery timetable:

#### Cheriton Bishop appointments: morning

Dr Hayter	Tuesday	9.30am to 10.30am
Dr Hayter	Friday (alternate)	9.30am to 10.30am
Dr Hamilton	Mon, Weds, Thurs	8.30am to 11.35am
Dr Vaile	Monday & Thursday	8.30am to 11am
Dr Vaile	Wednesday	10am to 10.50am
Dr Abeywardena	Thursday & Friday	9.30am to 11am
Dr Stonehewer	Tuesday & Friday	8.30am to 10.30am
Practice Nurse	Monday	9am to 12.50pm
Practice Nurse	Wednesday	9am to 12.10pm
Practice Nurse	Thursday	9am to 12.20pm
Practice Nurse	Friday	9am to 12 noon
Health Care Assistant	Mon, Tues & Weds	8.30am to 12.30pm
Health Care Assistant	Thursday & Friday	8.30am to 11.30am

#### Cheriton Bishop appointments: afternoon

Dr Clunie	Monday	2.50pm to 5.10pm
Dr Clunie	Tuesday (alternate)	2.50pm to 5.10pm
Dr Hayter	Monday	2.50pm to 5.10pm
Dr Clunie / Dr Hayter	Tuesday (alternate)	2.50pm to 5.10pm
Dr Hayter	Thursday	2.50pm to 5pm
Dr Hamilton	Tuesday	2.30pm to 4.45pm
Dr Vaile	Wednesday	2.30pm to 4.30pm
Dr Abeywardena	Friday	3pm to 4.20pm
Dr Stonehewer	Monday	3pm to 5pm
Dr Stonehewer	Tuesday	2.30pm to 4pm
Practice Nurse	Monday	2pm to 4.50pm
Nurse Clinic	Thursday	1pm to 3.50pm

#### Christow Branch – by appointment only

Dr Hayter	Monday	8.30am to 10.30am
Dr Stonehewer	Monday	8.30am to 10.30am
Dr Hamilton	Tuesday	8.30am to 11.35am
Dr Clunie	Wednesday	2.30pm to 4.30pm
Dr Abeywardena	Thursday	2.50pm to 4.50pm
Dr Clunie / Dr Hayter	Friday (alternate)	3pm to 4.30pm
Dr Stonehewer	Friday	3pm to 5pm
Practice Nurse	Tuesday	8.30am to 11.30am
Practice Nurse	Wednesday	2pm to 4.30pm
Practice Nurse	Friday	2pm to 5pm
Health Care Assistant	Monday & Tuesday	8.30am to 11.30am



# Health & Lifestyle

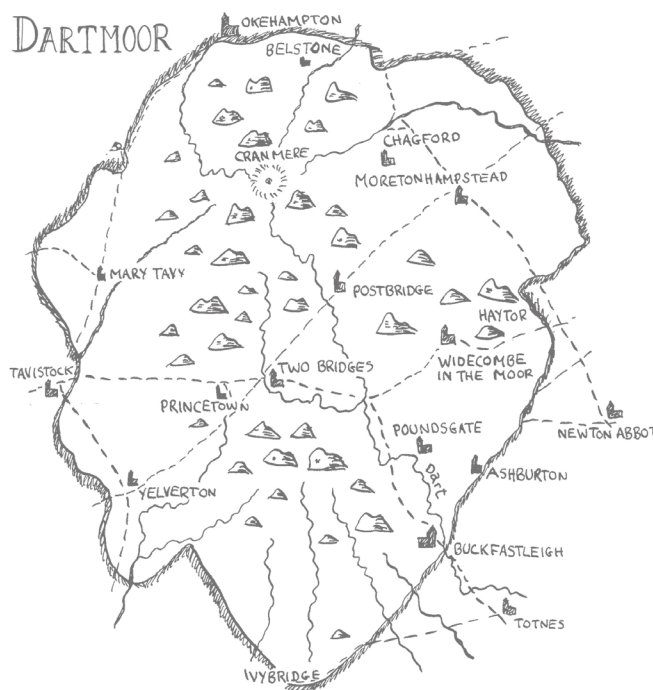
## Time To Get Walking Again!

At this time of year we start to think about the mud drying up and getting out to walk in the beautiful English Countryside again, but where to find new and interesting walks?

'Walking in Devon', [www.walkinginengland.co.uk/devon](http://www.walkinginengland.co.uk/devon), has hundreds of walks to download and print for free. It also has books of walks, details of all the walking groups in the county and much more. Whether you want to walk on your own or with a group all the information is there in one place.

There is so much walking information on the web but it is difficult to find. 'Walking in Devon' (part of the 'Walking in England' website) has brought it together in one place so whether you are walking from home, or away on holiday, you will be able to find a walk suitable for you.

With walks from only half a mile to 12+ miles long, and a note of suitability for pushchairs and wheelchairs, everyone can find a walk to enjoy.



So home or away, check out the websites and get walking!

**John Harris**  
Walking In Devon

## Coming Soon: Teign Valley Men's Shed!

We're hoping to open a Teign Valley Men's Shed in April, initially on a week day. 'Sheds' are kitted-out community spaces where men can enjoy practical hobbies.

They're about making friends, learning and sharing skills - and for a bit of banter over a cup of coffee or tea. The initial focus will be on woodwork, but this could broaden depending on the available skills. Everyone is welcome - don't miss an opportunity to meet new friends and learn/share some practical skills. We will be using a workshop kindly made available by Embercombe,



and will be working with the UK Men's Shed Association who support over 550 independent sheds around the country.

### Register Your Interest

If you would like to register an interest, so we can keep you informed of developments, please email [tvmensshed@gmail.com](mailto:tvmensshed@gmail.com)

If you have unwanted tools (good condition!) or good quality wood that we could use, then please also contact us (details above). We will arrange for someone to call and see if we could take them off your hands!

**Steve Cook**  
Church Administrator  
Teign Valley & Haldon Hill Mission Community



# *Cheriton Bishop School*

The past few weeks have further shown what an incredible community we are. Thank you for putting your trust in the school through a challenging few weeks whilst lots of our families and staff have experienced Covid first hand.

All of the staff would like to thank you for being so proactive in reducing the spread and supporting us in minimising the impact of it. You have borne with us whilst we have experienced staff shortages and supported your children at home with their home learning, thank you for doing this.

We have an incredible team in school who have gone above and beyond to minimise the impact of staff absence and I would like to thank them for their resilience and hard work.

The children have been stars, as they always are. Their positive attitude, kindness to each other and support for each other shows what an incredible bunch they are. We look forward to seeing them all back in action after a well deserved rest.

## **World Book Day**

We are looking forward to celebrating World Book Day on **Thursday 3rd March 2022**

The PTFA are assisting us by organising a book swap, dressing-up parade and cake sale (to raise money for more books). We would like to invite parents in at 3pm for the Parade and Cake Sale in the Playground.

- **Book swap** - Please send your children in with any pre-loved books that they are willing to swap.
- **Dressing up** - We would like to invite the children to dress up as their favourite word from a book they have enjoyed.
- **Cake sale** - We would very much appreciate your contributions. Cakes, buns, cupcakes or any other creations would be greatly received.

## **NSPCC Number Day**

Thank you for all of your support, we had a great day and really enjoyed our onesie, funsie, runsie! We are incredibly grateful for your contributions on the day and the massive amounts the children raised through their sponsorships. So far the count is up to just over £240!

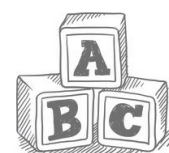
We want to use the money raised to build a recycling collection point to the left-hand side of the playground when you enter the school - I wonder if there are any parents who could help us with building this? Mr Bosence and the Eco Council would love to hear from you if you are able to support.

## **Dates for your Diary**

3rd March	World Book Day
18th March	Red Nose Day
8th April	Easter Assembly at 9.30am
8th April	End of Spring Term

## ***Pre-School Spaces Available!***

### **Taking children from ages 2 - 5 years**



We provide pre-school education with fun and exciting activities linked to the Early Years Foundation Stage Curriculum. All in a spacious setting with a wide variety of equipment and secure outside play area.

Up to 15 hours free for over 3 year olds, using Early Years Funding, 25 hours of the extended entitlement for those who qualify, or just £4.25 per hour. We accept funding for 2 year olds. For free places for 2 year olds, please call for details.

Please call Play Leader Christine Grist on **01647 24314** or **07977 777318** or email: [christine.grist@thelink.academy](mailto:christine.grist@thelink.academy) and visit our pages on the school's website for more information: [www.cheritonbishop.thelink.academy](http://www.cheritonbishop.thelink.academy)

**Sessions:** Monday, Tuesday, Wednesday, Thursday. **Drop off:** 9am to 9.15am,  
**Pick up:** 3pm to 3.15pm

We have spaces available for all sessions. Please call or email to book your child's place.

# *In the Garden / Earth Corner*

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## *Time to Get Your Boots Muddy!*

Even the most reluctant gardener will feel like getting their boots on by the end of March. The days are getting longer and the hedges are getting greener.

There is no rush, but seeds can be sorted out and preparations made for sowing outside.

Hardy herbs can be sown in the same way as vegetables. Parsley, Coriander, Chives and Dill grown in rows now will soon be large enough to transplant. They look good planted amongst flowers and are always more useful if planted near your kitchen.

If you have early potatoes, they can be planted out now, but leave main crop potato tubers for another few weeks. Dahlia tubers that you lifted can now be cleaned (removing any rotting sections) and potted up.

If you planted Sweet Pea seeds earlier in the year, don't forget to pinch out the tips of the seedlings to create bushier plants. But don't worry if you

haven't, there is still plenty of time, and ideally you sow at intervals so that you have flowers all summer and into autumn.

With secateurs in hand, prune back colourful Cornus and Willow stems before they come into leaf. I always stick them in the ground to make cuttings to give away, but the main reason is so that the plant produces fresh bright stems for next winter. Honeysuckle and Winter Jasmine can both be cut back to tidy them up before they make new growth.

This is the month that roses are pruned to give them a compact but open shape. If you have rabbits or deer however, you might find that this has already been done for you! Lawns have grown well so you might already have started mowing. If you do so, remember to cut them with the blade set high. Cut back perennials now in order to make way for new leaves and gardens will altogether be coming back to life.

**Sally Rix**

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## *FREE Energy Bills Advice*

With rising energy bills and intense pressures on household finances this winter, independent charity *Devon Communities Together* is providing 1-2-1 support to individuals who are struggling with fuel bills and heating their homes, thanks to funding from Western Power Distribution.

The charity can offer home visits, video calls and telephone support, with trained experts giving practical advice on tackling energy issues tailored to each household. The support *Devon Communities Together* is offering includes:

- Practical help dealing with energy suppliers and finding the right tariff
- Checking eligibility for schemes such as the Priority Service Register and Warm Home Discount
- Assistance accessing financial support
- Help understanding the terminology around domestic energy
- Looking at alternative energy sources/suppliers

- Improving your energy efficiency

As well as providing personalised help with energy bills, *Devon Communities Together* will be able to support people with related issues, such as housing and health challenges, by working with other organisations to ensure that people receive the help they need.

### **How to book**

People can book an individual support session by clicking the link below and choosing an available time that suits them. If anyone has any questions or would like to discuss a session outside office hours, please get in touch with Martin on **07984 001542** or [martin@devoncommunities.org.uk](mailto:martin@devoncommunities.org.uk).

### **Book a Free Advice Session Here:**

**<https://linktr.ee/DCTenergyadvice>**

Devon Communities Together  
Unit 73 & 74 Basepoint Business Centre,  
Yeoford Way, Exeter EX2 8LB  
[info@devoncommunities.org.uk](mailto:info@devoncommunities.org.uk)

# Services at St Mary's

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## St Mary's, Cheriton Bishop & North Kenn Mission Community Churches

### March 2022

#### Wednesday 2nd Ash Wednesday

10.30am	Pathfinder	Holy Communion	Revd Martin Wood
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#### Sunday 6th Lent 1

9.30am	Holcombe Burnell	Holy Communion	Revd Martin Wood
9.30am	Whitestone	Holy Communion	Revd Prof Tim Gorringe
11am	Tedburn St Mary	Informal Worship	Revd Martin Wood
6pm	Cheriton Bishop	Evening Prayer	Revd Martin Wood

#### Sunday 13th Lent 2

9.30am	Holcombe Burnell	Holy Communion	Revd Prof Tim Gorringe
9.30am	Whitestone	Parish Communion	Revd Martin Wood
11am	Cheriton Bishop	Family Service	Revd Martin Wood
3pm	Pathfinder		Prayer and Fellowship
3pm	Tedburn St Mary	Evening Prayer	Revd Martin Wood

#### Thursday 17th

10.30am	Pathfinder	Holy Communion	Revd Martin Wood
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#### Sunday 20th Lent 3

9am	Tedburn St Mary	Holy Communion	Revd Prof Tim Gorringe
9.30am	Cheriton Bishop	Parish Communion	Revd Martin Wood
11am	Whitestone	Family Service	Revd Martin Wood
3pm	Pathfinder	Evening Prayer	Revd Martin Wood
6pm	Holcombe Burnell	Evening Prayer	Lay Led

#### Sunday 27th Mothering Sunday

8am	Cheriton Bishop	Holy Communion	Revd Prof Tim Gorringe
9.30am	Tedburn St Mary	Parish Communion	Revd Martin Wood
11am	Holcombe Burnell	Family Service	Revd Martin Wood
3pm	Pathfinder	United Service	
3pm	Whitestone	Evening prayer	Revd Martin Wood

#### Thursday 31st

10.30am	Pathfinder	Holy Communion	Revd Martin Wood
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### Welcome to St Mary's

We invite everyone, including children, to attend all of our services.

Spalding Hall is open for the use of the toilets during *highlighted* service times.

# Message from St. Mary's

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## *Are We There Yet?*

These four short simple words can send shivers down your spine and drive you to distraction. So let me explain, the situation is a family outing with small children. You get in the car and explain that it is a long journey of three hours and you will stop halfway there in an hour and a half. Everyone is excited by the prospect of a big and long adventure, you drive the usual roads before you get to new uncharted territory.

A whole ten minutes have elapsed, before the question is asked, "Are we there yet?" You explain that there are over eighty minutes to go before your first stop and two hours and fifty minutes until you arrive. This repeats itself every five to ten minutes, it is a real skill not to explode before you reach your destination.

When I first started this destructive dialogue, I had to guess how much longer was left and I often just guessed badly which made things worse. Now with the help of satellite navigation, there is an estimate of the time of arrival.

However, as you encounter traffic and hold-ups even this slips away from the intended arrival time.

## **Is it Spring yet?**

In March we ask the same question, is it Spring yet? This can be a difficult question to answer because Spring incorporates many different features.

However, Spring refers both to the season of weather and time. It also incorporates ideas of rebirth, rejuvenation, renewal, resurrection and regrowth. None of that long list, happen all in one day. Spring has sprung when you determine what you base it on.

For most of us, it is when it gets warmer and brighter which changes each year depending on which weather system is in control.

Perhaps we need to rely on nature to tell us, when we see the bulbs appearing and the blossom on the trees again, it is not an exact science it can be early or late.

To avoid this interpretation of the season, Spring starts on 1st March for the Meteorological calendar, 20th March at the equinox or perhaps British Summer Time on 27th March, take your pick!

As we move through March there will be events and dates that will tell us that Spring has finally come. It could be the daffodils, the tree blossom or the spring lambs. From the point of view of resurrection, you still have a long wait as Easter is Sunday 17th April.

I suspect by Easter people will complain that we have missed Spring altogether! Unless there is a very long and cold period in the next month or two, which I do not wish for.

Instead of asking the question, are we there yet? We should focus on the journey and what it reveals to us, it is easy to miss important details if our focus is elsewhere.

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*I like the idea that at this very moment all that matters is what I do now in this present moment.*

*Each new moment is unique and to be cherished.*

*There is so much more to engage with if we stop and look around.*

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I am sure God is present in each moment, it would be a waste to miss out!

**Rev. Martin Wood**

The Rectory, Church Lane, Cheriton Bishop  
**01647 24119** (Tuesday to Sunday)  
[revwood163@gmail.com](mailto:revwood163@gmail.com)

# Church Messages

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## Churchwarden's Ramblings

The Ash Wednesday Holy Communion service this year is at Pathfinder Church at 10.30am on the 2nd March, so make sure you have the pancake ingredients ready for the day before.

### Musicians Needed

Calling all musicians, we have occasional weeks when we do not have an organist available to lead the singing at St Mary's, if you are able to play the organ, piano or other instrument and would be prepared to play at one of the services please contact me for further details.

### Coffee Morning & Plant Sale

**Saturday 7th May, Spalding Hall & Churchyard**



Please reserve the date, and, as we rely on donated plants we would be most grateful if you would please take a few extra cuttings, sow a few extra seeds and pot up to share on the day.

**Alan Greenslade, 01647 24002**

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## Holy Trinity, Yeoford

Rev. Jenny Francis blessed a kneeler in memory of Fred Saunders presented to Holy Trinity by Sue Read. It is a beautiful picture of a bird among trees.

We are very pleased to have a Baptism on 6th March, so please join us to welcome a new member into our church family.

I am running a Lent group if you are interested in joining, please contact me to find out details, time and location yet to be confirmed.

**Carol Price, 01647 24468**

**Café Company:** Mondays, 10am till 11am

**Community Lunch:** Monday 7th, 12.30pm

**Messy Church:**

Saturday 12th, Village Hall, 3.30-5pm

### Services for March

**Baptism:** Sunday 6th, 11.30am

**Holy communion:** Sunday 13th, 9.30am

**Mothering Sunday Family Service:**

Sunday 27th, 9.30am

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## West Down Evangelical Chapel

Yeoford Road,  
Cheriton Bishop,  
EX6 6HG  
**01647 24264 or 01647 24660**

*Face Masks are optional, but consideration when in close contact with other people is requested.*

*Should you require any further information please contact one of the telephone numbers listed.*

### Communion Services

**Sunday 6th March, 11am:** Sermon from the internet

**Sunday 13th March, 11am:** Service with Denis Hayes

**Sunday 20th March, 11am:** Service with Denis Hayes

**Sunday 27th March, 11am:** Service with Rev David Cole

**Family Service:** Sunday 20th, 3pm: A talk about Connect and the work in schools and colleges with Ashley & Rachel Taylor

**Friends & Neighbours:** Thursday 17th March, 2-4pm

Everyone welcome. Bring your knitting, sewing etc, join in a table game or enjoy a chat and a cup of tea.



# CB Parish Council

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## *Minutes of the Parish Council Meeting*

**Held at Cheriton Bishop Village Hall on Monday 14th February 2022**

Present: Cllr Benjamin (Chair), Cllr Edwards, Cllr Westcott, Cllr Wood and Cllr Coren (MDDC)

In attendance: The Clerk and 3 members of the public

- 1. To elect a Vice Chair or Vice Chairs:** Item carried forward to the next meeting.
- 2. To receive and accept apologies:** Apologies were received and accepted from Cllr Ball, Cllr Salmon, Cllr Tomlinson, Cllr Letch (DCC) and Cllr Penny (MDDC)
- 3. To receive declarations of personal and disclosable pecuniary interests in respect of items on the agenda:** None
- 4. Public Discussion – an opportunity for members of the public to make representations, answer questions and give evidence in respect of any item on the agenda:** One member of the public spoke in objection to Planning Application 21/02539/FULL.
- 5. Cheriton Bishop Council Meeting Minutes 10th January 2022 – to consider the approval of the minutes as a correct record:** It was resolved to approve the minutes as a correct record.
- 6. To receive reports from MDDC Councillors - for information only:** Cllr Coren reported that in the ongoing Parish Boundary Review Hittisleigh PC have submitted a request to alter the boundary between Hittisleigh and Cheriton Bishop. If approved, the change would move some land and a couple of properties from Cheriton Bishop to Hittisleigh. Councillors noted that MDDC should consult Cheriton Bishop Parish before making any changes.
- 7. To receive a report from Cllr Letch (DCC) – for information only:** Cllr Letch had submitted a written report that he has referred a recent traffic incident on the Yeoford Road, in which a pedestrian was knocked over by a car, to the DCC's Parking Enforcement Officer. He has asked DCC's Highways Officer for a timetable of SCARF meetings for the Parish. He has handed to DCC a petition of 951 signatures for the upgrading of Yeoford Station.
- 8. MDDC planning applications– to comment on the following applications:**

Reference: 21/02539/FULL

Proposal: Erection of 2 agricultural buildings

Location: Woodland at NGR 278916 95136 & 278998 95166 Road from Froggy Mill to Twisted Oak Cheriton Bishop

Applicant: Mrs E Roblyn

The Parish Council were informed at the meeting that the plan submitted in the application includes land which is owned by another party and the planning notice was not put up until 8th February, giving local residents too short a period to respond. The Parish Council noted that the applicant stated that it is intended to establish an agricultural enterprise on the land but that a business plan for the enterprise has not been provided.

It was resolved to object to this application under MDDC Local Plan Policy DM20 or the following reasons:

- 2 large barns are not reasonably necessary to support farming activity for the land. They are over-sized for the area of land covered by the application.
- The building identified as Barn 1 by the applicant will be visible from the adjoining road/byway and therefore does not respect the character and appearance of the area.
- The development will generally have an adverse impact on the environment. In particular the proposed fenestration will cast light on surrounding wildlife.
- The development will have an undesirable impact on nearby listed II\* Tillerton Farm

If MDDC is minded to approve the application the Parish Council recommended that inaccuracies in the application should first be corrected and the following conditions be applied:

- The agricultural building(s) and access approved shall be used for agricultural purpose only and shall not be used for separate self-contained residential accommodation (C3) or other non-agricultural uses.
- To protect wildlife no fenestration shall be permitted

Reference: 21/02447/FULL

Proposal: Conversion of barn to dwelling

Location: Land & buildings at NGR 277886 94434 Mounson Farm Cheriton Bishop

Applicant: Mr & Mrs Reynolds

It was resolved to support this application and recommend the following conditions:

- The mitigation/ecological measures set out in the application be fulfilled

# CB Parish Council

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- There be fenestration on the south side of the dwelling to maximise solar gain
- Action be taken to reduce light spill from the north side of the property to protect wildlife and bats in particular
- Green energy solutions such as air source heat pumps and photovoltaic panels to be installed.

## **9. Mid Devon District Council Planning Decision – to note the following approvals with conditions as filed:**

Reference: 21/02138/HOUSE  
Proposal: Conversion of garage to living accommodation, alterations to windows, doors and porch  
Location: Homefield Church Lane Cheriton Bishop  
Applicant: Mr & Mrs C Lee

Reference: 21/01597/FULL  
Proposal: Erection of dwelling  
Location: Land & buildings at NGR 275254 93843 (Southcombe Hill Farm) Cheriton Bishop  
Applicant: Mr S Keeves

(Councillors noted that there was an error on MDDC's Planning Portal in relation to the above application as Parish Council comments relating to another application had been uploaded.)

Reference: 21/01868/HOUSE  
Proposal: Erection of a side extension following removal of garage  
Location: 31 Glebelands Cheriton Bishop  
Applicant: Mrs W Endacott

## **10. Internal Audit 2022 – to appoint an auditor:** It was resolved to appoint Mrs Penny Clapham.

- 11. Annual Parish Meeting 2022 – to agree a date between 1st March and 1st June:** It was resolved to hold the Annual Parish Meeting on 11th April starting at 18.30, to be immediately followed by the Parish Council meeting. All parishioners and also representatives of local clubs/groups are invited to come along. Meeting to be advertised on FaceBook, the Newsletter and noticeboards. Clerk to action.
- 12. Grass Cutting 2022 – to consider information and quotation(s) received and agree associated actions:** At present the only quotation received for cutting the Village Green is from MDDC. The Clerk has had contact from another possible contractor who she will contact.
- 13. 20's Plenty for Devon – to consider whether to become involved in the 20's Plenty for Devon campaign:** It was resolved to support this campaign by adapting Exminster Parish Council's resolution which had been circulated by 20's Plenty for Devon. Clerk to action.
- 14. Devon CPRE – to consider whether to join Devon CPRE:** Whilst acknowledging the good work done by Devon CPRE it was resolved not to join.
- 15. Assets of Community Value – to update Councillors on applications relating to the Village Green and the field next to the Village Hall:** Cllr Benjamin reported that she had prepared the applications. It was resolved that they should be sent.
- 16. Defibrillators - to consider acquiring an additional defibrillator for the Parish:** Cllr Benjamin reported that she and Cllr Salmon had met with Robin Scott, the head of the village school and a potential site at the school (but open to the public 24 hours a day) had been identified. The School PTFA has funding of £400 available. All agreed to proceed and the Clerk to further research costs and available equipment. Cllr Benjamin will apply to the Locality Fund for a grant of £500 towards the cost. To go on the March agenda.
- 17. Application to use S106 /CIL money for a new bench at Glebelands Play Area:** Cllr Wood updated Councillors. It was resolved to submit an application to use S106/CIL funding to enhance the seating available in the Play Area by provision of an extra picnic bench (of solid recycled plastic construction to reduce ongoing maintenance), set on permeable gravel and eco decking. The estimate cost for the project is £1470.
- 18. Grant Applications - to consider applications received from Mid Devon Mobility and Citizens Advice:** It was resolved to make a grant of £50 to Citizens Advice, which had provided information that it supported 19 parishioners between April 2020 and March 2021 and 13 parishioners between April 2021 and January 2022. It was also resolved to support Mid Devon Mobility with a grant of £50 as it too supports parishioners.
- 19. Dartmoor National Park Authority – to consider a request for nominations from West/Mid Devon to fill a casual vacancy which has arisen:** It was resolved not to make a nomination.
- 20. Platinum Jubilee – to receive an update and agree associated actions:** Cllr Benjamin reported that she and Cllr Salmon had a very positive meeting with Robin Scott and village groups and that plans to celebrate are being made. There will be a further meeting at the Spalding Hall at 10 am on 28th February and representatives of all village groups are very welcome to attend to contribute to the meeting and hear more about what is being planned.
- 21. Wildlife Wardens – to receive an update and agree associated actions:** Cllr Westcott reported that Hittisleigh PC has expressed interest in this project and that she will approach Newton St Cyres PC who have an active biodiversity and

# CB Parish Council

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climate change group. Cllr Westcott had previously circulated a draft budget for a Pilot Wildlife Warden Scheme. She is planning to apply to Devon Community Foundation and the Locality Fund for grants to fund a co-ordinator to organise training for volunteer wildlife wardens. It was resolved that the PC will set aside £400 for this Pilot Scheme and make a contribution of this amount if the two grants are agreed.

- 22. Climate Change – to receive an update:** Cllr Wood reported that she has planted 25 beech saplings and 10 spindles at the edge of Glebelands Play Area. Hornbeam saplings have also been planted in the verge on Church Lane and on C50 verges. In addition, 50 hedgerow whips have been planted at the edge of the Village Green.
- 23. Social Media – to receive an update:** Cllr Benjamin reminded Councillors to turn off the comment option on information posts on the PC FaceBook page. The issue of whether or not to post planning applications on social media to be considered at the next meeting.
- 24. Roads & Footpaths – to receive an update:** Cllr Wood will report to DCC that the footpath to Medland Manor (Cheriton side) through the forest is impassable due to mud and suggest putting in steps.
- 25. Newsletter – to receive an update:** Nothing to report
- 26. Repairs & Maintenance – to receive an update:** Nothing to report
- 27. Accounts & Budget – the following payments were approved:**

Payee	Budget	Amount
Clerk - Salary January	Salary	£305.08
HMRC	Salary	£17.00
Clarity (Invoice 290789)	Newsletter	£95.02
Scribble & Ink (Invoice 501549)	Newsletter	£359.28
Slateworks (new benches on V Green)	Grants-Biodiversity	£430.00
Visionict (website) (Invoice 14258)	Websites & Email	£150.00
Merlin Howse (Village website)	Websites & Email	£30.00

- 28. To receive a report from the Chair (for information only):** Cllr Benjamin reported that she had been contacted by a resident who had been knocked over by a passing car when walking around cars parked on Church Lane near the Surgery. The incident has been reported to the police. DCC Highways have also been informed and the Highways Officer has said he will arrange a speed survey. DCC have delivered salt/grit to the Glebelands car park for use by the Snow Warden. A storage bin is being purchased. The double yellow lines (approved by DCC HATOC) have been painted at the top of Church Lane.
- 29. To receive reports from Councillors – for information only:** Cllr Westcott plans to arrange an Energy Efficiency Day run by Exeter Community Energy. It will be advertised on FaceBook once the date (hopefully in March) and location are confirmed. It will be open to all residents. More volunteers for the Play Area inspection rota are needed. Clerk to advertise.
- 30. Correspondence/Clerk's Report (for information only):** Waiting to hear from DCC in response to a request for information about when the Speed Compliance Action Review Forum will assess or confirm suitability for a PC shared Vehicle Activated Speed Sign in the village.
- 31. Dates of Next Meetings (all commencing at 7 pm at the Spalding Hall unless otherwise notified):** 14th March, 11th April (18.30 start Annual Parish Meeting followed by PC meeting), 9th May, 13th June, 11th July, 12th September, 10th October, 14th November, 12th December.

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## Cheriton Bishop Annual Parish Meeting

### Monday 11th April, 6.30pm, CB Village Hall

Is there an issue or activity in the parish that you would like to talk about or hear about? If so, please join this year's Annual Parish Meeting. This is not a council meeting (although parish councillors will attend) and anyone in the parish can contribute.

Local groups are invited to join and speak for

a few minutes to update the community and talk about their plans. Join us if you can.

If you would like more information, please contact: Rachel Hodder, the Parish Clerk on **01363 85523** or email [clerk@cheritonbishop-pc.org.uk](mailto:clerk@cheritonbishop-pc.org.uk)

The Parish Meeting will be followed by the April Parish Council Meeting.

# Devon County Council

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## Councillor's Greeting

As the first snowdrops have appeared in the garden it makes you think that spring is close at hand but of course it's not. I wonder how many new year's resolutions still remain intact.

## Budgets

This time of the year sees the three tiers of local government busy drawing up their budgets and precepts. We all realise that in a few months time the dreaded letter will pop through the letterbox telling us how much more we have to pay for our council tax. As somebody involved at all three levels, town, district and county, I can tell you that it is an exhausting process. Councillors have to challenge the officers to present the lowest budget to achieve aims and ambitions. We all want to keep the many services we have. Unfortunately these services are going up with the rise in salaries, utilities and materials. If we want these services to continue at their current levels we need to pay extra.

## Surgeries

Over the cold winter months I have not been out doing my usual surgeries. I shall start them again in March and would remind you of the order of events. First Saturday is in Crediton, second Saturday in Cheriton Bishop followed by Yeoford, third Saturday in Copplestone and the fourth in Bow.

## Complaints

My e-mail inbox is ever filled with complaints about potholes, condition of the roads, litter and parking. The only thing a councillor can do is to contact the relevant officer and hope that something will come of it. As ever, I do urge people to e-mail me their complaints as it is easier to forward.

## Yeoford Station Upgrade

I have a challenge before me at the moment. I do relish challenges. This is to persuade the railway authorities to upgrade Yeoford station so that trains from Okehampton to Exeter can stop there. This is a challenge that will not be solved in a few weeks or even months but I'm sure with local support we will eventually succeed!

## Speed Watch

I am a member of the local Speed Watch team and I am always on the lookout for new recruits. We have a small team in Crediton, too small, which means that we are limited in the number of times we can get out to monitor speeding cars. So I urge those who think speeding is a problem to put themselves forward and join us.

**Cllr Frank Letch MBE**

Devon County Councillor

**01363 775739**, [frank.letch@devon.gov.uk](mailto:frank.letch@devon.gov.uk)

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## *Cheriton Bishop Village Website*

For more information about Cheriton Bishop, Crockernwell and the surrounding area, please visit our website: **[www.cheritonbishop.org.uk](http://www.cheritonbishop.org.uk)**

If you have anything you would like to add to our website, (information, village life images etc.), please contact the newsletter or visit **[cheritonbishop.org.uk/contact/](http://cheritonbishop.org.uk/contact/)**

Please check out this link to a postcard collection of the village: **[cheritonbishop.org.uk/photos-and-postcards/](http://cheritonbishop.org.uk/photos-and-postcards/)**

# Situations Vacant

## Parish Councillor Vacancy

- Do you have a few spare hours each week to make a difference?
- Become a Councillor and have a say in what happens where you live.
- Be involved in decision making, community projects, local planning applications and other issues affecting your community.
- All you need is time, enthusiasm and to enjoy working as part of a team.
- No experience is necessary as support and training will be provided.

To become a Councillor, you must be at least 18 years old and meet citizenship, residence and other criteria – more information is available from the Parish Clerk.

To apply, and for more information, please contact Rachel Hodder, the Parish Clerk to [clerk@cheritonbishop-pc.org.uk](mailto:clerk@cheritonbishop-pc.org.uk) or **01363 85523**

Closing date for applications: 4th March 2022



## Play Area 'Volunteers'

Could you spare 10 minutes to check the play equipment at Glebelands play area?

It is checked every week and Councillors are looking for a few more people to join the rota.

It will not be a weekly commitment, just every few weeks.

Please contact Andrea Wood on **01647 272786** or [awood@cheritonbishop-pc.org.uk](mailto:awood@cheritonbishop-pc.org.uk)



## Catering Assistant

- Monday to Friday, 10.45am to 2pm (16.25 hrs per week, term time only)
- £513 per month (12 months per year)
- Full training given & uniform provided.
- Devon Norse DBS check will be carried out for this role.
- Use of own vehicle is required.

For information and to apply, please contact [philippa.ruggier@ncsgrp.co.uk](mailto:philippa.ruggier@ncsgrp.co.uk)

## Become a NEDCare Carer

### Help Out Your Local Community

NEDCare provides care at home in the local community, enabling clients who wish to remain in their own homes to do so for as long as possible. From ensuring care visits are never rushed, to paying staff for travel time in between clients, NEDCare looks after both its clients and carers and is on the lookout for friendly, caring and patient people to join their Care Team.

Mags Naylor, NEDCare's CEO, highlights that, 'this is a difficult time for the care industry, what with the implications of Covid and the changing government stance on social care, and we are struggling to offer support for everyone who needs it in our local community. Even if you've never considered a career in care before, you could be just who we are looking for'.

NEDCare provides full training and ongoing

support, and pays above the living wage, with enhanced rates for experience, evening and weekend work. NEDCare values their ethos and of their carers over formal qualifications.

NEDCare's Registered Manager, Simon, comments that, 'your attitude, your values and why you want to make a difference to other people's lives are the most important things to us'. NEDCare have a range of hours available, and can give flexible shifts to work around your schedule. Simon continues, 'whether you want to work 4 or 40 hours per week, we can accommodate you. Just give us a ring to see if being a carer is right for you.'

If you are interested in finding out more, give Simon a call on **01647 279211** or email [info@nedcare.org](mailto:info@nedcare.org)





# Just for Fun! Pancake Recipe

## Pancakes

Pancake Day, or Shrove Tuesday, is the traditional feast day before the start of Lent on Ash Wednesday. Lent – the 40 days leading up to Easter – was traditionally a time of fasting.

Shrove Tuesday was the last opportunity to use up eggs and fats before embarking on the fast, and pancakes are the perfect way of using up these ingredients.

An English pancake is very thin and is traditionally served with golden syrup or lemon juice and caster sugar, but you can try other toppings such as chocolate spread and sliced bananas!

Shrove Tuesday always falls 47 days before Easter Sunday, so the date varies from year to year and falls between February 3 and March 9. In 2022 Shrove Tuesday will fall on **Tuesday 1st March**.

### Ingredients

- 1 cup plain flour
- 1½ cups milk
- 1 large egg or 2 medium eggs
- 20g butter
- 2 tbsp vegetable or sunflower oil
- Caster sugar and lemon wedges

### Method

- 1 Tip the flour and a pinch of salt into a large mixing bowl. Make a well in the centre. Pour in the milk and egg.
- 2 Whisk together to create a smooth batter. It should be the thickness of double cream with no lumps.
- 3 Heat a little of the butter and oil in a non-stick frying pan. Add a sixth of the batter to the pan, quickly swirling it so there are no holes. Fry on one side for 1-2 mins then flip over and cook for a further 1 min. Keep on a plate, covered, in a warm oven. Repeat to make six pancakes in total.
- 4 Serve with sugar and lemon.



**1** Add flour, egg and milk to a bowl.

**2** Whisk together ingredients.



**3** Cook the mixture in a frying pan.

**4** Serve with lemon and sugar.

## Yellow Pages Advertising Rates & Info

Advertising in 10 issues: **¼ page = £45, ½ page = £90**

Your ad should be supplied in A4 size (portrait for quarter page, landscape for half page) so that we can re-size the artwork to fit our template. We cannot print adverts with a black/grey background or with large blocks of black/grey. Please email [cheritonads@gmail.com](mailto:cheritonads@gmail.com)