

Valentines Day (14th) and Volunteering!

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Useful Information

Doctors and Healthcare

Doctors Surgery: 01647 24272 or 01647 24025

Surgery: 8am to 9.30am, Monday to Friday - no appointment needed. Out of Hours: Call 111. Emergency: Call 999 The Patient Group: Amanda Vooght (Chair) - 01647 24593, Steve Colderick (Secretary) - 01647 24818 TALKWORKS Depression & Anxiety Service (South & West Devon): 0300 555 33 44 Minor Injuries Unit: Okehampton Medical Centre, 8.15am to 6pm, Monday to Friday

Emergency Services

Police

Electricity:	0800 365 900	Non-emergency:	101
Gas:	0800 111 999	Crimestoppers:	0800 555 111
Water:	0344 346 2020	Neighbourhood Watch:	Jean Martin - 01647 24586
Highways Agency:	0300 123 5000		
Streetlights, potholes:	0345 155 1004, email: csc.roads@dev	on.gov.uk	

Schools and Local Organisations

Cheriton Bishop Primary School: 01647 24817 (term time only) Head Teacher: Robin Scott, Secretary: Linda McCracken, Chair of Governors: Jo Carter, PTFA: Dee Studholme-Côté Cheriton Bishop Pre-school: 01647 281205 - Play Leader: Christine Grist Acorn Community Support: 01647 252701 Beavers, Cubs & Scouts: Ollie Milverton - 07706 695928 Young Farmers: Georgina Bowden - 07713 164553 Walking Group: Dennis Milton - 01647 272844 and Jon Whitehead - 01647 281454 Farming Community Networks (FCNs) helpline: 0300 111999 or Joanne Jones - 07897 540278

Churches

Anglican Team Ministry:		
	Church Warden: Alan Greenslade - 01647 24002	
West Down Chapel:	Derek Coren - 01647 24264	

Halls & Meeting Rooms

Village Hall:	Janet Jeffery - 01647 24414
Spalding Hall:	Jean Martin - 01647 24586 (if no reply after 24 hrs, call Paul Mitchell - 01647 24405)

Local Authorities

Parish Councillors:		Mid Devon District Councillors:	
Toby Ball	01647 244100	Derek Coren	01647 24264
Emma Benjamin (Chair)	01647 24848	Stuart Penny	01363 85197
Tracy Edwards	01647 272714	James McInnes (Crockernwell)	01837 861364
Ruth Salmon	07970 615280		
Genevieve Tomlinson	01647 244100	Devon County Councillor:	
Gill Westcott	01647 24789	Frank Letch (Cheriton Bishop)	01363 775739
Andrea Wood	01647 272786	frank.letch@devon.gov.uk	
Crockernwell Parish Councillors:			

Ysanne James (Chair) ysanne.james@drewsteigntonparish.co.uk Peter Brennan (Vice Chair)

p.brennan@drewsteigntonparish.co.uk

Parish Clerks:

Rachel Hodder (Cheriton Bishop)01363 85523Alice Turner (Drewsteignton)01837 83484Jane Clark (Tedburn St Mary)07932 386023

West Devon Borough Councillor:

Paul Ridgers 01822 813600 cllr.paul.ridgers@westdevon.gov.uk

Member of Parliament:

Mel Stride MP (Central Devon) House of Commons, London, SW1 1AA

Welcome to the Newsletter

February 2022 Edition

Hello again everyone! It feels like an age since I last wrote an introduction for the Newsletter as December and January were a joint issue and the Newsletter Team all had the month off. We are all volunteers here at the CB&C Newsletter and I would like to say a huge thank you for their hard work and dedication over the years, but especially during the pandemic.

We didn't miss a single edition throughout 2020 and 2021, which is a remarkable achievement. I know how much we all appreciate having the Newsletter even though, what with all the events being cancelled, there wasn't much going on a lot of the time. We still printed useful information about how to get help with food and prescription deliveries and which local establishments were supplying takeaways.

According to Google, 62% (approximately 28 million people in England) have

volunteered in some way in the last 12 months, and 41% (approximately 19 million people in England) at least once a month. The statistics also show that, by age, those in the 35-44 and the 45-54 groups claimed the highest volunteer rates (31.5 and 30.8%, respectively). The top three motivations listed in order are:

- wanting to improve things/help people
- it is for a 'worthy' cause
- having spare time

So, I would like to thank, not only the Newsletter volunteers, but everyone who steps up to help out. There are so many volunteers and carers who need our appreciation for all of the work they do on behalf of others. It really doesn't matter if you do a little or a lot - thank you.

Take care all.

Lucy x

Advertising Rates

Ads in the White Pages (per issue):

- Black & White: Full page = £25
- Black & White: Half page = £12.50
- Colour: Full page = £50

Please email Jo at cheritonnews@gmail.com

Flyer Inserts

We can insert an A4 Flyer, single or double-sided. Please supply 275 copies

• Cost of inserting A4 flyer = £10

Please email Jo at cheritonads@gmail.com

FREE Classified Advertising

Email your advert with a contact number to Lucy at *cheritonnews@gmail.com*

Newsletter Team

Editor:	Lucy Cooper 01647 272765 cheritonnews@gmail.com
Advertising:	Jo Carter 01647 24774 cheritonads@gmail.com
Production:	Jan Mitchell Patience Netherway Caryn Tripp Tracy Edwards
Collation:	Anne Welham Paul Mitchell Patience Netherway
Web Editing:	James Jillians Christine Jillians

Regular Diary Dates

Meetings, Hobbies & Interests

Art @ Caribarn Studio, Pitton Barton

Every last Friday of the month 9.30am - 12.30pm. Contact: Sue Bloomfield - 01647 24840

Beavers (6 - 8 yrs) - Every Thursday (term time only). Contact: Ollie Milverton - 07706 695928

Cheriton Bishop Baby & Toddler Group

Fridays, 9am - 11am, School Hall. Find us on FaceBook

Cheriton Bishop Lunch Club

The first Tuesday of each month at The Red Lion. Contact: Jean Martin 01647 24586

Cubs (8 - 10 yrs) - Thursdays (term time only). Contact: Ollie Milverton - 07706 695928

Cuppa and a Chat at Spalding Hall - Every third Monday in the month, 2pm - 4pm Contact: Paul Mitchell 01647 24405 or Jean Martin 01647 24586

Curry and a Quiz at The Old Thatch Inn - Every third Sunday in the month at 7.30pm. Contact: 01647 24204

Gardening Club - Every third Monday evening in the month (Autumn & Winter) Contact: Janet Jeffery - 01647 24414

Live & Kicking in the Village

Every first Tuesday evening in the month at The Old Thatch Inn. Contact: 01647 24204

Parish Council

Every second Monday evening in the month. Contact: Rachel Hodder - 01363 85523

Pilates - Thursday morning, 8.55am (term time). Contact: Adele - 07976 427941

Pre-School - Monday to Thursday, 9am to 3.15pm, Contact: Christine Grist - 01647 281205

Scouts (10 - 14 yrs) - Monday evenings (term time). Contact: Ollie Milverton - 07706 695928

Short Mat Bowling - Wednesday evenings 7.30pm - 9.30pm, September to May, Contact: David Tripp - 01647 24582

Spiritual Discussion Group - Contact: Penny Gare - 01647 24639

Monthly Walking Group - For daytime walks see the CB Walking Group FaceBook page Contact: Dennis Milton - 01647 272844 or Jon Whitehead - 01647 281454

West Country Embroiderers - Every first Tuesday afternoon in the month Contact: Elaine Clark - *elainejclark@hotmail.co.uk* Website: *wcecheritonbishop*

West Down Bible Study & Prayer Every Monday evening from October to May. Contact: Derek Coren - 01647 24264

Young Farmers

Every 1st and 3rd Tuesday evening in the month. Contact: Georgina Bowden - 07713 164553

Keep Me Updated

Please email *cheritonnews@gmail.com* if you need to add a fixture, or update / delete details and information on an existing fixture in this section. Thank you.

Dates for your Diary

February 2022

1st	Acorn Lunch	The Red Lion	12.30pm
1st	Open Mic Night	The Old Thatc	h Page 4
1st	West Country Embroiderers	CB Village Hall	12-4pm
7th	Acorn Minibus trip to Sainsbu	ıry's	See page 5
12th	Food & Drink Course - GU Co	okery School	2-4pm
14th	Valentine's Day		
21st	Cuppa & a Chat	Spalding Hall	2-4pm
21st	Acorn Minibus trip to Sainsbu	ıry's	See page 5
21st	Gardening Club	CB Village Hall	7.30pm

Mobile Library

Tuesday 8th February 2022

Village	Stop	Arrive	Depart
Drewsteignton	Square	12:10	12:30
Clifford Bridge	Clifford Bridge	13:30	13:50
Crockernwell	Stanbury's Orchard	14:10	14:40
Cheriton Bishop	Glebelands	14:50	15:45

Future visits, 2022: 8th March, 5th April, 3rd & 31st May, 28th June, 26th July, 23rd August, 20th September, 15th November, 13th December

Disclaimer: Due to operational circumstances, the mobile library may need to be off the road and unable to visit on some dates. Details will be publicised closer to the time.

For information, visit **FaceBook.com/devonmobilelibraries**, **twitter.com/devonmobilelibs**, **devonlibraries.org.uk** or contact *info@librariesunlimited.org.uk* or **0345 155 1001**

Yellow Pages Spaces!

We have spaces available in our Yellow Pages section. If you would like to advertise with us, please email *cheritonads@gmail.com*

Advertising in 10 issues: $\frac{1}{4}$ page = £45, $\frac{1}{2}$ page = £90



All articles and information for the March edition, needs to be received by:

Sunday 20th February

Please email your copy to *cheritonnews@gmail.com* or call if you can only supply a paper copy.

Editorial:

Lucy Cooper cheritonnews@gmail.com 01647 272765

Advertising:

Jo Carter cheritonads@gmail.com 01647 24774

FRFF Classified Advertising

Looking to buy? Something to sell? Items to Free-Cycle?

If you would like to advertise your items in our Classifieds section, please email: cheritonnews@gmail.com

What's On?

Acorn Lunch

Tuesday 1st February, 12.30pm, The Red Lion, Tedburn St Mary

Menu

- 1. Liver & bacon with mashed potato
- 2. Fish, chips & peas
- 3. Vegetable stew
- 4. Apple crumble & custard
- 5. Chocolate brownie
- 6. Ice cream
- £9 per person, £10 with tea or coffee

Please call Jean on **01647 24586** to book your place (including transport, if required) and to give her the numbers of your menu choices *before 30th January*. Thank you.

Open Mic Night Live Music in the village

Tuesday 1st February, The Old Thatch Inn

Open Mic night runs on the first Tuesday of each month. If you want to find out what it's all about, join us at the next Open Mic – see you there.

Steve Colderick

West Country Embroiderer, Textiles & Mixed Media

Tuesday 1st February, 12pm - 4pm, CB Village Hall

Machine Embroidery & Shibori

Our design and sewing machine skills will be challenged when Alan Dilly leads us through machine embroidery techniques. He has exhibited throughout the South West including a very successful exhibition at Rosemoor last year.

Alongside this workshop, members will have the chance to complete shibori projects which will be dyed and embellished in the future. Intricate designs are worked with running stitches to gather up and create a resist design.

Become a Member of the Club

Annual membership is just £25 and new members are always welcome; you do not have to be an accomplished crafter, just bring enthusiasm and have a go. Contact me on the email address below if you have any questions.

Elaine Clarke, elainejclark@hotmail.co.uk

Cuppa and a Chat is Back!

Monday 21st February, 2pm - 4pm, Spalding Hall

Everyone welcome; coffee, tea, soft drinks, biscuits and

sometimes cake. No charge but small donations always welcome to help with the costs. We really look forward to seeing you all.

If you'd like to, please bring something interesting that we could talk about!



Paul Mitchell, 01647 24405

Gardening Club

Monday 21st February, 7.30pm, CB Village Hall

Devon Violets

Sue Hedgeland will be coming from Honiton, where she has a nursery to talk about Devon Violets. All are welcome.

Janet Jeffery, 01647 24414

Update from Acorn



"There is always in February some one day, at least, when one smells the yet distant, but surely coming, summer." Gertrude Jekyll

AND just like that the year is moving on! The days are slowly getting longer and the sun, sometimes, has that edge of warmth. We are definitely heading towards Spring!

In January Acorn lunches/coffee mornings and outings were well attended and much appreciated especially as January can be rather long and somewhat grey!

There is aways room and a big warm welcome for a few more at the Cheriton Lunch Club, at The Red Lion in Tedburn St Mary, so, if you are interested, please contact Jean Martin on **01647 24586** to book. The next one is on Tuesday 1st February 2022.

Dunsford Coffee Morning

The Dunsford Coffee morning events have now been discontinued.

We would like to extend our warmest thanks to Margaret Barker, and indeed John Barker too, for giving so much time and energy to this lovely Coffee Morning for so many years. They will be sorely missed.

Social Trips

From Cheriton Bishop Sainsbury's: Mondays 7th & 21st February Outing: date and venue yet to be decided. Please call Mandy or Fran at the Office on **01647 252701** to find out more.

From the Teign Valley

Sainsbury's: Fridays 4th & 18th February

Outings: Mondays 7th & 21st February (venue TBA)

Coffee Mornings & Lunch Clubs:

Tuesdays, 1st and 15th February for Coffee Morning at the Teign Valley Church Hall.

Tuesdays 8th and 22nd February are the dates for Lunch Club (venues TBA).

Please contact the office if you would like to boon on either or both these activities. We ask that EVERYONE whilst inside (buildings or transport vehicles) wears a face mask and observes safe hand sanitising practices. We would also ask that everyone takes a lateral flow test on the morning of any Acorn activity. Acorn can supply these tests if you are unable to source them. We want you all to have fun and keep safe!

If you would like to book a seat on the minibus for any of our trips or coffee mornings, then please contact Mandy or Fran at the Office on **01647 252701.**

Acorn continues with all its usual services so please do call us and if you just want a chat then you know where we are.

Best wishes,

The A(corn) Team

How Can You Help?

All our services are supported by volunteers and even volunteering for one day a month can make an enormous difference in the services we can provide. We'd love to hear from you.

If you would like to support us by becoming a volunteer then please contact the Acorn office on **01647 252701.**

"Volunteers are unpaid - not because they are worthless, but because they are priceless"

Letters to the Editor

Scouts News Update - With Lots to Celebrate!

Christmas Tree Sales

First, a huge thank you to everyone who bought their Christmas Tree from us. We raised £1200 which will help improve the facilities at Crofters Mead and increase the range of experiences we can offer.

The 'Explorers' are Back

As reported last time, and by the time you read this, our Explorer section will have reopened giving 14-18 year olds the opportunity to continue their Scouting journey. I also teased you in the last newsletter with us having a second reason for celebration in 2022 but didn't tell you what it was. Well, we are 50! The Scout group was formed in 1972 and have been helping the young people in our area learn new skills, make new friends, grow both mentally and physically, and (most importantly) have a lot of fun, ever since. We will be marking this milestone throughout the year so you can expect updates in future newsletters.

Well Done, Cubs

Next, we need to say well done and congratulations to Isabelle and Bridget, two of our Cubs, who attained and were presented with their Chief Scout Silver Awards just before Christmas. Bridget also managed a feat that I'm not sure has ever been achieved by a Cub in our group before; she has earned every Cubs activity badge it is possible to get, all 40 of them! I'm surprised there was room on the arm of her jumper.

Shooting Success

Our next piece of good news is for success in air-rifle shooting. A number of our young

people and adults took part in the Devon County Scouts Target Shooting competition in the Autumn, and the results are in. We did well in all the categories we entered with a number finishing in the top 20 but huge congratulations go to Bethan and John, who won the Intermediate and Leaders categories respectively.

World Scout Jamboree

The last piece of news only just missed the last newsletter but is no less amazing for you having to wait to read about it. I ask you to forgive the proud Daddy moment when I tell you that, following an application and a wet, very muddy weekend under canvas being scrutinised the whole time, Alice has been selected to represent Devon at the next World Scout Jamboree. This will take place for 12 days in August 2023 in South Korea and will bring together 50,000 Scouts from all over the world.

The World Scout Jamboree is held every four years and is the largest event organised by the global scouting movement.

It is above all an educational event to promote peace and understanding with many of the programme features engaging young people in developing leadership and life skills. It will challenge participants to learn about global issues, sustainable development and promote diversity and inclusion.

This is a fantastic opportunity which previous attendees have described as a once in a lifetime trip. Congratulations Alice!

Andrew Smith Chairman



Letters to the Editor

Message from Trustees Acorn Community



Support Through the Covid -19 pandemic of 2020 and 2021, Acorn Community Support Trustees have prioritised the health and welfare of clients, volunteers and staff. Very quickly, back in March 2020, we restructured all our services so that we could maintain our engagement with clients and provide support where necessary, all in a covid secure way.

In May 2021 Acorn cautiously resumed some face to face services as a result of having been offered vaccinations for 30 of our volunteers. As services re-opened, we constantly consulted with clients, volunteers and staff to ensure that we all moved forward together and in a collaborative manner ensuring that everyone felt safe.

Throughout this challenging period, the Trustees of Acorn have taken very seriously their commitment to consulting the emerging science and medical evidence to further ensure the safety of everyone in the Acorn family.

It is our belief that all of our clients, volunteers and staff have taken up the opportunity to receive Covid-19 vaccinations and are intent on following the booster vaccination programme. We believe, having consulted the science and medical evidence, that this offers the best protection for everyone who engages with Acorn and it is enabling us to maximise the services that we offer.

For any new clients, staff or volunteers who wish to join Acorn we would prefer that you are vaccinated and are following the booster programme. For anyone who is unvaccinated and wishes to join Acorn as either a client or volunteer, we would ask that you please contact the Chair of Trustees, Jo Clunie on **01647 252701.**

Best wishes for 2022

The Trustees of Acorn Community Support

Village Hall News Thank You Tim & Gill

Sadly, I have to report that Tim Gorringe has resigned as Chairman of the Village Hall Committee after many years. This is because he and Gill are hoping to move soon, probably out of area.

I do not know how long Tim has been chairman, but one of his major achievements was the installation of photo-voltaic panels on the roof. These have now paid for themselves and contribute a regular sum to the hall for units of electricity generated and fed into the national grid. These payments have contributed substantially to the hall's finances for the last 12 years out of the 25 years we are expecting to profit from them.

So thank you Tim for your hard work for the Hall. Hopefully one day Covid will no longer be such a threat and we can reinstitute the Harvest Suppers, and look forward to you and Gill coming as customers not organisers.

Committee Vacancies

There are vacancies for new people on the committee. We do not meet very often, so if you are interested in keeping this facility going for the village and you have a few hours to spare every two months or so, please let me know.

I shall be taking over as Bookings Clerk from the beginning of February, so please contact me and leave a message on the answer machine if I am out, and I will get back to you as quickly as I can.

Janet Jeffery, 01647 24414 janetejeffery@yahoo.co.uk

Health & Lifestyle

Cheriton Bishop & Teign Valley Practice

Surgery timetable:

Cheriton Bishop appointments: morning

Dr Hayter	Tuesday
Dr Hayter	Friday (alternate)
Dr Hamilton	Mon, Weds, Thurs
Dr Vaile	Monday & Thursday
Dr Vaile	Wednesday
Dr Abeywardena	Thursday & Friday
Dr Stonehewer	Tuesday & Friday
Practice Nurse	Monday
Practice Nurse	Wednesday
Practice Nurse	Thursday
Practice Nurse	Friday
Health Care Assistant	Mon, Tues & Weds
Health Care Assistant	Thursday & Friday

9.30am to 10.30am
9.30am to 10.30am
9.30am to 11.35am
8.30am to 11am
10am to 10.50am
9.30am to 11am
8.30am to 10.30am
9am to 12.50pm
9am to 12.10pm
9am to 12.20pm
9am to 12.20pm
9am to 12.0pm
8.30am to 12.30pm
8.30am to 11.30am

Cheriton Bishop appointments: afternoon

Dr Clunie	Monday
Dr Clunie	Tuesday (alternate)
Dr Hayter	Monday
Dr Clunie / Dr Hayter	Tuesday (alternate)
Dr Hayter	Thursday
Dr Hamilton	Tuesday
Dr Vaile	Wednesday
Dr Abeywardena	Friday
Dr Stonehewer	Monday
Dr Stonehewer	Tuesday
Practice Nurse	Monday
Nurse Clinic	Thursday

2.50pm to 5.10pm 2.50pm to 5.10pm 2.50pm to 5.10pm 2.50pm to 5.10pm 2.50pm to 5pm 2.30pm to 4.45pm 2.30pm to 4.30pm 3pm to 4.20pm 3pm to 5pm 2.30pm to 4pm 2pm to 4.50pm 1pm to 3.50pm

Christow Branch – by appointment only

Dr Hayter	Monday
Dr Stonehewer	Monday
Dr Hamilton	Tuesday
Dr Clunie	Wednesday
Dr Abeywardena	Thursday
Dr Clunie / Dr Hayter	Friday (alternate)
Dr Stonehewer	Friday
Practice Nurse	Tuesday
Practice Nurse	Wednesday
Practice Nurse	Friday
Health Care Assistant	Monday & Tuesday

8.30am to 10.30am 8.30am to 10.30am 8.30am to 11.35am 2.30pm to 4.30pm 2.50pm to 4.50pm 3pm to 4.30pm 3pm to 5pm 8.30am to 11.30am 2pm to 5pm 8.30am to 11.30am

Open Surgery

8am to 9.30am Monday to Friday

Two doctors will be available for the open surgery each morning. No appointment necessary.

Appointments

To make an Appointment for any surgery or speak to a Doctor, please call **01647 24272** Monday to Friday, 8am to 6pm (except Bank or statutory holidays)

Out of Hours:

When the surgery is closed and you need to speak to a doctor, please call: 111 In an emergency, please call: 999

Evening Surgery

Cheriton Bishop only

We recognise the need for those who work to be able to access a convenient surgery appointment time, so there will be an evening clinic on Tuesdays run by Dr Clunie and Dr Hayter by appointment.

Health & Lifestyle

What's in a Smile?

A lot of my clients, after care, ask me: "what can I do now to help support my care?" Usually, I think people are expecting me to prescribe lots of exercises or movement – which I agree is incredibly important. But honestly, my main recommendation beyond anything else, is to smile. This could come across as flippant or odd, but the chemical domino-effect associated with more smiling is immense; let me share just a few benefits with you:

- Probably the most acknowledged side effect of a genuine smile is stress reduction. The hormones and chemicals of stress can have many harmful effects on people's health and are often the root cause of many symptoms, such as chronic pain, insomnia, gut health changes, libido loss, weight change, mood change etc.
- Potential immune system boosting, this is

again mainly related to the lowering of stress hormones such as cortisol, which is an immune system suppressant. It stands to reason that when there is lowered stress hormones there will be greater function of the immune system, who doesn't want that!

• You look great! Seriously, you look your best when you smile; that's why we do it in pictures!

The nature of the recommendation is lighthearted, but the message is important, and I truly believe that if we can authentically smile just a little more, life can offer more peace, joy, and an elevated level of health. DO try this at home!

With love and appreciation!

Joe Arnold

Dartmoor Chiropractic dartmoorchiropractic@gmail.com

Waste Collection Calendar



Food waste, recycling boxes (black & green) & black sacks. Every other week.

Food waste and opt-in garden waste sacks / 'pay as you go' sacks. Every other week.

Bank Holidays: * Collection is 1 day late, ** Collection is 2 days late

Neighbourhood Watch

Welcome to 2022

NW hopes that everyone has had a good, safe and healthy festive time. The safety precautions we hope that you took at Christmas are just as relevant for the rest of the year:

- Keep bags and belongings close by when out and about and stay aware of your surroundings.
- Put valuables out of sight inside of vehicles even if stepping away for a brief moment..
- Always lock your vehicle when not using it.
- Dispose of delivery boxes at recycling centres rather than in the black box collection, which is a give away to a thief.
- With the darker time of year use timers to switch on lights in the evening.

Fraud Safety

Devon & Cornwall Police have reported an increase of bank and police impersonation style frauds. This is where people receive calls from individuals claiming to be from a bank, building society, or from the bank's fraud department, the Financial Conduct Department or a Police Officer from the fraud department. Banks, Building Society, Financial Conduct Authority or Fraud Departments will NEVER:

- ask you to move money to a new bank account.
- ask you to become involved in an investigation or assist by transferring money or using callers own money.
- ask for your card pin number or card details.
- ask you to withdraw your money to be collected by a courier.

Unexpected Phone Calls

- Do not carry on a conversation with the caller, hang up and wait for at least 5 minutes for the line to clear, better still phone a friend from another phone that is not on the same line.
- Contact the bank only on a number you know is genuine or visit the local bank branch to discuss what has happened.
- To check that a police officer is who they say they are, contact local police by phoning **101**.

Reporting Suspicious Emails

If you receive an email which you are not sure about and were not expecting, do not click to open, but either delete it or report it by forwarding the email to the Suspicious Reporting Service at: report@phishing.gov.uk

Suspicious text messages should be deleted and not opened. These can also be reported to your mobile provider for free by forwarding the text to **7726** or by contacting the provider directly.

Dog Theft & Security

Dog owners should think about their situations and security measures to ensure appropriate security is present on buildings and gardens. Dogs must be microchipped with up to date contact details and a wear a collar with tag. Having recent photos that include markings and charactaristics can assist in identification.

Knives

Recently the D & C Police carried out a knife amnesty which resulted in nearly 150 knives being handed in at police stations. If you wish to dispose of any knives before another amnesty these can be taken to the local recycling centre.

The good news is that statistics show and the police confirm that Devon and Cornwall are two of the safest places to live and work and knife crime is relatively low compared to other areas.

N W 40th Anniversary

This year 2022 is the 40th anniversary of Neighbourhood Watch with themed week being 30th May - 5th June. Further events are being prepared for the whole year. The first scheme of N W was set up in Cheshire in 1982 to support communities and adapt to the ever changing nature of crime and the circumstances that will inevitably come about with the passage of time.

We ask you to consider not who is my neighbour, but how is my neighbour and support them how best you can. But always bear in mind your own safety at all times.

Always be observant & vigilant and keep your eyes open when out & about

Contacts:

Jean Martin: 01647 24586 Police: 101 or 999 for an emergency

Earth Corner

Lend & Borrow for a Greener Tomorrow

It is said that the average electric drill is used for 15 minutes per year. I'm not sure whether the statistics bear that out but certainly many tools spend their life in the cupboard or shed and are only used occasionally.

To counter this, some communities are holding a 'Library of things' – items you need once or twice but might not be worth owning if you knew you could borrow one. Otherwise known as a 'Share Shed', there's a system where, effectively, you join a club and can book online and borrow a range of equipment for garden and household, DIY use etc. The most borrowed items are apparently carpet cleaners and dehumidifiers.

The principle is similar to Car Clubs. You pay a joining fee and a modest user charge for the time you use an item. Responsibility for breakages rests with the borrower to repair or replace. There is usually an organising committee or part time employee to supervise the scheme.

What Can We Do?

Smaller communities, such as Cheriton, might not have resources to run a share shed, but did you know, Cllr Emma Benjamin has set up a



Virtual Share Shed on FaceBook for residents to offer and borrow items of equipment? The idea and conditions are clearly set out on the Cheriton Bishop Share Shed page *www.facebook.com/groups/1014065086123354*.

We can lend at our own risk, and the borrower should return the item in the same condition as they found it (replace if broken). It's a greener alternative to us all individually purchasing all the equipment we will ever need, and if it works well it will save us money and time and help us get to know our neighbours.

Please join, and consider whether there's something you're willing to offer; post your offer on the page (ideally with a picture!) – and let's see how we go!

Gill Westcott

Wind Turbines: We Should Know This...

Nationally, wind turbines kill 10,000 - 100,000 birds per year. Cats kill 55 million birds per year. If you paint 1 turbine blade black, resulting bird deaths decline by 70% (BBC Science). The RSBP says "in suitable locations, turbine impact on birds is minimal".

World expert on bats, Dr. C Voight, says that one turbine kills 10 bats per year.

There is no detailed knowledge on turbine effect on insects, but this year, the UK Govt. gave sugar beet farmers permission to use the most harmful chemical (neonicotinoids) against bees!

New generation turbines make the same noise level as a tractor at the same distance from you: a gentle swish (Danish Govt.) When we buy electricity, we subsidise the electricity company. How much do we pay? Nuclear energy costs nearly £92 per unit. Wind energy costs £45 per unit. Which do you prefer?

Our landscape is beautiful. Let's keep it that way with sustainable electricity. Climate change is a real issue. The last 7 years were the hottest

since records began (Met Office).

When your children and grandchildren ask what you did to slow climate change, what will you say?

Jeremy Hall 01647 24460



Cheriton Bishop School

Our Reading Systems

We have 2 different reading systems in operation...



Banded Books

First, the children access our banded books, which support children in building confidence in their phonetical segmenting and blending skills. The books the children bring home are carefully selected by the adults and match the

Dates for your School Diary

7th - 13th February	Mental Health Week
8th February	Safer Internet Day
17th February	Cross County Event
21st - 25th February	Half Term
3rd March	World Book Day
18th March	Red Nose Day
8th April	Easter Assembly (from 9.30am) End of Spring Term

phonemes, digraphs or trigraphs that are being taught on that day or week.

Accelerated Reader

Once the children become more confident in the mechanics of reading, they will move onto choosing books within the second system, 'Accelerated Reader'. This system focuses on developing the children's comprehension skills and requires the children to be able to read with fluency. They are able to follow the narrative and are asked to answer related comprehension questions.

Pre-School Spaces Available! Taking children from ages 2 - 5 years



We provide pre-school education with fun and exciting activities linked to the Early Years Foundation Stage Curriculum. All in a spacious setting with a wide variety of equipment and secure outside play area.

Up to 15 hours free for over 3 year olds, using Early Years Funding, 25 hours of the extended entitlement for those who qualify, or just £4.25 per hour. We accept funding for 2 year olds. For free places for 2 year olds, please call for details.

Please call Play Leader Christine Grist on **01647 24314** or **07977 777318** or email: *christine.grist@thelink.academy* and visit our pages on the school's website for more information: **www.cheritonbishop.thelink.academy**

Sessions: Monday, Tuesday, Wednesday, Thursday. **Drop off:** 9am to 9.15am, **Pick up:** 3pm to 3.15pm

We have spaces available for all sessions. Please call or email to book your child's place.

In the Garden

The Return of Colour!

After its winter rest, the garden shows subtle signs of bursting back into life by February. Any flowers that appear are much appreciated even if you have to look carefully for them, and they are often scented to make the most of any insects venturing out. If you don't have any blossom at all, there is still time to plant Sarcococca, Daphne and Hamamelis to lift your spirits on the gloomiest of days.

Mulching is a good February job, especially ensuring that any tender plants (such as Dahlias left in the ground) have a thick cover to protect them from frost. If you did lift your Dahlias, you can now start them into growth. Place them in a tray of compost in a light, frost free place and spray occasionally with water to encourage shoots.

Early potatoes can be placed on a light, frost free windowsill to be chitted (encouraged to

produce shoots prior to planting)too. An egg box makes an ideal container.

Late flowering Clematis, such as Clematis viticella, can be pruned back to about 25cms above the ground. Cut above an emerging bud and take care when removing the brittle stems.

Fruit trees can be pruned now to give the tree a wine goblet shape, allowing air to circulate through the centre. Remove any damaged branches and cut last year's growth back by about a third.

Enjoy the snowdrops and don't forget that the best time to propagate them is just after flowering, by division.



Sally Rix

Cheriton Bishop Village Website

For more information about Cheriton Bishop, Crockernwell and the surrounding area, please visit our website: **www.cheritonbishop.org.uk**

If you have anything you would like to add to our website, (information, village life images etc.) Please contact the newsletter or visit *cheritonbishop.org. uk/contact/*



Please check out this link to a postcard collection of the village: cheritonbishop. org.uk/photos-andpostcards/

Kedburn St Mary



Do You Wish For an Allotment?

From time to time we get plots available. Currently all plots are taken, but, if you wish to join the waiting list, then please let me know. Plots are allocated on a first come basis. Currently no one is on the waiting list so act quickly to get on the top!

Nigel Cause

Secretary Tedburn SM Allotment Assoc. tedburnallotments@gmail.com

Services at St Mary's

St Mary's, Cheriton Bishop & North Kenn Mission Community Churches

February 2022

Thursday 3rd			
10.30am	Pathfinder	Holy Communion	Revd Martin Wood
Sunday 6th	4th before Lent		
9.30am	Holcombe Burnell	Holy Communion	Revd Prof Tim Gorringe
9.30am	Whitestone	Holy Communion	Revd Martin Wood
11am	Tedburn St Mary	Informal Worship	Revd Martin Wood
6pm	Cheriton Bishop	Evening Prayer	Revd Martin Wood
Sunday 13th	3rd before Lent		
9.30am	Holcombe Burnell	Holy Communion	Revd Martin Wood
9.30am	Whitestone	Parish Communion	Revd Prof Tim Gorringe
11am	Cheriton Bishop	Family Service	Revd Martin Wood
3pm	Pathfinder	Prayer and Fellowship	
3pm	Tedburn St Mary	Evening Prayer	Revd Martin Wood
Thursday 17th			
10.30am	Pathfinder	Holy Communion	Revd Martin Wood
Sunday 20th	2nd before Lent		
9am	Tedburn St Mary	Holy Communion	Revd Martin Wood
9.30am	Cheriton Bishop	Parish Communion	Revd Prof Tim Gorringe
11am	Whitestone	Family Service	Revd Martin Wood
3pm	Pathfinder	Evening Prayer	Lay Led
6pm	Holcombe Burnell	Evening Prayer	Revd Martin Wood
Sunday 27th	Sunday before Lent		
8am	Cheriton Bishop	Holy Communion	Revd Martin Wood
9.30am	Tedburn St Mary	Parish Communion	Revd Prof Tim Gorringe
11am	Holcombe Burnell	Family Service	Revd Martin Wood
3pm	Pathfinder	United Service	
3pm	Whitestone	Evening prayer	Revd Martin Wood

Welcome to St Mary's

We invite everyone, including children, to attend all of our services. Spalding Hall is open for the use of the toilets during *highlighted* service times.

Cheriton Bishop Village FaceBook

The FaceBook page is for the residents of Cheriton Bishop and the surrounding area. It has been created to remind people of events that are taking place, clubs etc. somewhere to post photographs of the village, gardening, nature, if you need help that someone in the village maybe able to assist with, plants to swap or sell, pretty much anything really. If you would like to be part of this, please send a request to: **www.FaceBook.com groups/433590694063276**

Messages from St. Mary's

Churchwarden's Ramblings

St Mary's is now open each day and can provide a quiet space for prayer or just to gather your thoughts. If you visit please use the hand sanitiser and leave the inside door as you find it but close the outside mesh gate.

We intend to hold a Coffee Morning and Plant Sale in the Spalding Hall and Churchyard at the beginning of May, usually the second Saturday, more details will be published in due course.



We look for donated plants so please consider planting a few extra seeds and taking some cuttings to share on the day.

Alan Greenslade, 01647 24002

Why is February the Shortest Month?

I was wondering why February only has twentyeight days. It turns out that it is not quite as simple an answer as you may have hoped! The easy answer is that the Romans believed that even numbers were unlucky. They wanted all the months to be odd numbers either twentynine days or thirty-one days. This proves mathematically impossible; to have ten odd months adding up to an odd number, you always get an even number!

The new Numa calendar (753BC) had 12 lunar months, adding two more months and it was decided that February would be an even month by removing a day from 29 to make it 28. Now the year had an odd number so was no longer unlucky! However, they only had 355 days in the year and the lunar calendar quickly became out of alignment with the seasons and the solar calendar. This meant that a leap month was required every three years to realign the seasons.

Julius Caesar (BC 49) would sort out a solar calendar with eleven months of thirty days or thirty-one days but February was stuck with 28 days unless it was a leap year when it had 29. So perhaps February is lucky in leap years!

The interesting underlying cause of February having 28 days is superstition. It is interesting that superstition still plays a part in peoples lives. From the trivial, it being unlucky to see a black cat or things come in threes to the more serious where people will not venture out of their house because they have a real fear of something bad happening to them. This idea of superstition speaks of how our world is ordered and how what we do might affect that ordering. I believe that when I do things wrong other people can be hurt by my actions, there are real consequences that cannot be denied. However, I want to affirm that God is really in charge. I would want to deny that my choices would make me either luckier or unlucky. I think luck is more a matter of chance and the maths of probability are as good an explanation as any.

Often behind superstition is the fear of making things worse or hoping for better things. I have found in my limited experience that making good choices and helping other people in need is a good start to making a more positive world. This is very much affirmed in the Christian faith which reminds us to be generous as God is generous to us. Equally, when we do not get things right we are reminded that God forgives us as we acknowledge what we have got wrong.

One of the most corrosive and difficult parts of life is when people will not admit their mistakes. Often people lie to cover up their wrongdoing which often only compounds the original wrongdoing. The troubles of the world need acknowledging and efforts made to restore fairness and justice. This is the healing and realignment that God desires in the most difficult situations we encounter. This brings some hope in the face of despair.

Rev. Martin Wood

The Rectory, Church Lane, Cheriton Bishop **01647 24119** (Tues to Sun) *revwood163@gmail.com*

Church Messages

Holy Trinity, Yeoford

We were able to have all our Christmas Services as normal at Christmas although the Crib Service was held outside. It was wonderful to be more normal this year.

All our services are now being held as usual.

Carol Price, 01647 24468

Messy Church

Saturday 5th February, Village Hall, 3.30-5.30pm

Community Lunch Monday 7th February, 12.30 for 1pm

Café Company Mondays, 10am till 11am

Services for February

Holy Communion, 13th February, 9.30am Family Service, 27th February, 9.30am

West Down Evangelical Chapel

Yeoford Road, Cheriton Bishop, EX6 6HG 01647 24264 or 01647 24660

Face Masks are currently required. Social distancing and all Covid-19 regulations adhered to.

Should you require any further information please contact one of the telephone numbers listed.

Communion Services

Sunday 6th February, 11am Sermon from the internet

Sunday 13th February, 11am Speaker John Allan

Sunday 20th February, 11am Speaker Rev Godfrey Bell

Sunday 27th February, 11am Sermon from the internet

Family Service

Sunday 20th February, 3pm Speakers: John & Jane Wibberley

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Friends & Neighbours

Thursday 17th February, 2-4pm Everyone welcome.

Bring your knitting, sewing etc, join in a table game or enjoy a chat and a cup of tea.

Devon County Council

Councillor's Greeting

I am sure like me you are wondering just where that year has gone! It has been a year like no other made so by Covid. I was delighted to be elected as a Devon County Councillor in May and have spent quite a bit of time getting to know all the villages in my division. I have done this by attending Parish Council meetings and holding surgeries at Cheriton Bishop, Yeoford, Bow and Copplestone.

One thing I have learnt about being a county councillor is that the responsibilities of the Council are very wide and so there is a lot of reading to do. I have chosen to be a member of the children's scrutiny committee because of my teaching background. It is a fascinating and important committee because children are our future! As we move into 2022 I hope to get round to as many of you as I can by knocking on doors and hoping that I don't annoy you by doing so! I feel that this is probably more fruitful and a better way of engaging than holding surgeries where hardly anybody comes along.

I would like to thank you all for supporting me during this time as your county councillor and I look forward to meeting you all in 2022, a new year which may hopefully be less stressful and allow us to get back to something approaching normal! The best way to contact me is via my county e-mail below.

Cllr Frank Letch MBE, Devon County Councillor 01363 775739, *frank.letch@devon.gov.uk*

Cheriton Bishop Parish Council

Minutes of the Parish Council Meeting

Held at Spalding Hall on Monday 10th January 2022

Present: Cllr Ball, Cllr Benjamin (Chair), Cllr Edwards, Cllr Salmon, Cllr Westcott, Cllr Letch (DCC) and Cllr Coren (MDDC)

In attendance: the Clerk and 5 members of the public

- 1. To elect a Chair and receive the Declaration of Acceptance of Office by the Chair. Cllr Benjamin agreed to take on the role of Chair for a period of 3 months and was elected as Chair (Proposer: Cllr Westcott, Seconder: Cllr Salmon). The Declaration of Office was received.
- 2. To elect a Vice Chair or Vice Chairs. Item carried forward to the next meeting.
- 3. To receive / accept apologies: Apologies were received / accepted from Cllr Tomlinson, Cllr Wood and Cllr Penny (MDDC)
- 4. To receive declarations of personal and disclosable pecuniary interests in respect of items on the agenda. Cllr Salmon declared a personal interest in item 9 and stated she would not take part in discussions or a vote.
- 5. Public Discussion an opportunity for members of the public to make representations, answer questions and give evidence in respect of any item on the agenda. Two members of the public spoke in objection to the planning application in Item 9.
- 6. Cheriton Bishop Council Meeting Minutes 14th December 2021 to consider the approval of the minutes as a correct record. It was resolved to approve the minutes as a correct record.
- 7. To receive reports from MDDC Councillors for information only. Cllr Coren confirmed that he will call Planning Application 21/02038 (Red Ridges, Cheriton Bishop) into full Planning Committee if MDDC planning officers are minded to approve. He updated Councillors on the work of the MDDC Environment Policy Development Committee.
- 8. To receive a report from ClIr Letch (DCC) for information only. ClIr Letch confirmed that he will be attending and representing parishioners' views at the DCC Development Management Committee on 26th January at which the planning application at Item 9 is likely to be considered. DCC is currently consulting Committees on the budget for the coming financial year. There is a lack of clarity on responsibility for clearing flooding and drains on rural roads and he has asked Highways for a written explanation which can then be published. Government rules on monitoring home schooling are changing. This may affect DCC's monitoring. There is £4000 left in the Locality Fund for this year. Some monies from the Fund have been used to provide books for local schools to help teach children how to be "tech savvy".
- 9. Devon County Council to note that the following application is likely to be taken to the DCC Development Management Committee on 26th January and agree associated actions (see email circulated 10th January): Reference: DCC/4231/2021

Proposal: Retrospective change of use from small scale specialist waste incinerator to receipt and temporary storage of animal by-products

Location: Old Tellams Yard, road from Pitton Cross to Hook Farm, Cheriton Bishop

Applicant: B G Pearce

It was resolved that the Council's previous objection to this objection which was submitted to DCC on 6th August 2021 stands. (Cllr Salmon abstained).

10. Storage of Grit/Salt – to consider the storage of salt/grit for use by the Snow Warden. The Clerk reported that MDDC have agreed that salt/grit can be stored in the car park at Glebelands but that it should be secured behind fencing or in a bin at the PC's cost. Clerk to report back on the price of a bin at the next meeting and in the meantime free fencing to be investigated.

11. MDDC planning applications- to comment on the following application.

Reference: 21/01782/HOUSE and 21/01783/LBC

- Proposal: Erection of garage with office over and erection of garden room
- Location: Gorwyn House Cheriton Bishop
- Applicant: B MacDonald

It was resolved to support this application with the recommendation that if approved the ecological enhancements mentioned in the application be a condition of the consent.

12. Mid Devon District Council Planning Decision – to note the following approval with conditions as filed.

Reference: 21/02084/CLP

- Proposal: Erection of covered area
- Location: 8 Glebelands Cheriton Bishop

Applicant: Mr Frankum

- **13.** Precept 2022/23 to agree the precept request. It was resolved to request a precept of £14,262 which is a slight increase but, as MDDC are expecting a higher collection rate for Council Tax this year, the increase for parishioners with regard to the PC precept will be very small.
- 14. Village Green Grass Cutting 2022/23 to consider the quotation received from MDDC. The clerk reported that the quotation received for 12 cuts a year is slightly higher than this year. Clerk to contact Lawrence Wilson to see if he would be interested in taking on the cutting and report back at next meeting.
- 15. Mid Devon District Council Parish Review 2021/22 to consider a response to the first stage of consultation on the current and future governance and structure of parish councils across Mid Devon. After consideration it was resolved to respond with a request that the parish boundary be altered so that Moor Park and land around it falls within the Parish. (Currently this area is in Tedburn St Mary Parish but this is an administrative anomaly as the land reaches almost into the centre of the village.) Cllr Tomlinson to be asked to survey the residents of Moor Park to find out to which parish they feel they belong. Cllr Benjamin asked whether the review will cover settlement areas. Cllr Coren will check.
- **16. Virtual Share Shed.** Cllr Benjamin reported on this green initiative which aims to reduce the need for new equipment, the idea being that parishioners can list equipment wanted to borrow or available for loan. It was resolved to set up a virtual share shed from the PC's FaceBook account. Cllr Benjamin to action.
- 17. Climate Change to receive an update on Climate Change initiatives. No report this month.
- 18. Social Media to receive an update on PC social media activity. No report this month.
- **19.** Roads & Footpaths to receive an update on roads and footpaths in the Parish. Cllr Wood reported via the Clerk that she has fixed some of the new numbers on footpath signs but has more to do. When finished she will write a piece for FB and the Newsletter. Cllr Coren highlighted the atrocious condition of the Yeoford Road outside the land at Little Mounson where the hedge was breached by a developer. DCC are aware.
- 20. Newsletter to receive an update on Newsletter activities. Nothing to report this month.
- 21. Repairs & Maintenance to consider any repairs and maintenance needed for PC assets. None reported

22. Accounts & Budget - the following payments were approved:

Payee	Budget	Amount
Clerk	Salary (December)	£322.08
A Wood (refund for PC Christmas cards & postage)	Admin	£19.94
A Wood (refund for snow warden equipment)	R & M	£34.00
A Wood (refund for hardware for footpath numbers)	R & M	£29.25
Cheriton Bishop Village Hall	Admin	£41.00

Councillors noted the end of quarter budget monitor. Councillors discussed the possibility of purchasing a second defibrillator for the village. Clerk to research cost and Cllr Benjamin/Cllr Salmon to approach the school as a possible location. To go on February agenda.

- 23. To receive a report from the Chair (for information only). Cllr Benjamin reported that she had been contacted by a resident concerned about sewage from an overflowing septic tank which is running along the side of the road. Cllr Benjamin understood that it had already been reported to Environmental Health. Cllr Ball suggested that the resident should contact the Environment Agency as it may be running into a watercourse. Cllr Benjamin has found MDDC's Cheriton Bishop Open Space & Play Area Strategy which acknowledges that the village has very limited open space. Clerk to investigate whether the Village Green can be made an Asset of Community Value. To go on the February agenda.
- 24. To receive reports from Councillors (for information only). Cllr Westcott updated Councillors on the activities of the Village Environment Group which include the Share Shed (see above). Further ideas being worked on include a repair café, an energy advice day and more wildlife ecology projects later in the year.

Also trying to progress the Mid Devon Wildlife Warden Scheme by working with neighbouring parishes. The Scheme needs a volunteer to co-ordinate training etc.

Cllr Edwards reported that getting the Community Speedwatch up and running is proving problematic . It has been difficult to get responses from the police and there have of course been delays due to the Covid pandemic. Some volunteers are put off by the amount of time they are required to commit to training. Councillors discussed whether just a Vehicle Activated Speed Scheme would be a better option. Clerk to progress the latter, which will be on the February agenda.

24. Correspondence/Clerk's Report (for information only). The clerk reported that Cllr Wood had provided a quote for a new picnic bench at the Glebelands play area, to be put on eco deck. The quote is £1386 including VAT which can be reclaimed. The clerk reported that MDDC have indicated this project will qualify for S106/CIL funding. Clerk to liaise with Cllr Wood regarding making an application. To go on the February agenda.

The vacancy for a Councillor can be advertised after 12th January if there is no request for an election.

25. Dates of Next Meetings (at 7 pm at the Spalding Hall unless otherwise notified): 14th February, 14th March, 11th April.

Situations Vacant

Parish Councillor Vacancy

- Do you have a few spare hours each week to make a difference?
- Become a Councillor and have a say in what happens where you live.
- Be involved in decision making, community projects, local planning applications and other issues affecting your community.
- All you need is time, enthusiasm and to enjoy working as part of a team.
- No experience is necessary as support and training will be provided.

Invitation to Tender

Our four wooden village signposts are tired and wonky and in need of a facelift. They require repairing, preservative painting and resetting in concrete to restore them to their former glory. We would like to invite any competent tradesman to give us a quote for this work.

If you would like to submit a quote, please email *clerk@cheritonbishoppc.org.uk* with your contact details, the PC team will be in touch.



To become a Councillor, you must be at least 18 years old and meet citizenship, residence and other criteria – more information is available from the Parish Clerk.

To apply, and for more information, please contact Rachel Hodder, the Parish Clerk to *clerk@cheritonbishop-pc.org.uk* or **01363 85523**

Closing date for applications: 4th March 2022

Catering Assistant

- Monday to Friday, 10.45am to 2pm (16.25 hrs per week, term time only)
- £513 per month (12 months per year)
- Full training given & uniform provided.
- Devon Norse DBS check will be carried out for this role.
- Use of own vehicle is required.

For information and to apply, please contact *philippa.ruggier@ncsgrp.co.uk*

Become a NEDCare Carer

Help Out Your Local Community

NEDCare provides care at home in the local community, enabling clients who wish to remain in their own homes to do so for as long as possible. From ensuring care visits are never rushed, to paying staff for travel time in between clients, NEDCare looks after both its clients and carers and is on the lookout for friendly, caring and patient people to join their Care Team.

Mags Naylor, NEDCare's CEO, highlights that, 'this is a difficult time for the care industry, what with the implications of Covid and the changing government stance on social care, and we are struggling to offer support for everyone who needs it in our local community. Even if you've never considered a career in care before, you could be just who we are looking for'.

NEDCare provides full training and ongoing



support, and pays above the living wage, with enhanced rates for experience, evening and weekend work. NEDCare values their ethos and of their carers over formal qualifications.

NEDCare's Registered Manager, Simon, comments that, 'your attitude, your values and why you want to make a difference to other people's lives are the most important things to us'. NEDCare have a range of hours available, and can give flexible shifts to work around your schedule. Simon continues, 'whether you want to work 4 or 40 hours per week, we can accommodate you. Just give us a ring to see if being a carer is right for you.'

If you are interested in finding out more, give Simon a call on **01647 279211** or email *info@nedcare.org*

Just for Fun! Corona Crossword

Across

- 1 SARS-CoV-2 is a virus of this type
- 3 Herd <u>refers to a population's ability to resist</u> an infectious disease
- 7 A highly contagious person is called a super-____
- 8 Some research suggests that the T ____, a type of leukocyte, might provide some Covid-19 immunity
- 10 What's needed to measure the spread of SARS-CoV-2
- 11 City where the first cases of Covid-19 were reported
- 13 An epidemic that occurs on a large geographical scale
- 16 Many places had a second one; others had three or four (and may have more)
- 17 ____ period measures the time between exposure to a disease and the emergence of symptoms
- 18 We experienced this, and it prevented us from leaving our homes during the pandemic
- 20 One of the European countries hardest hit in the early months of the pandemic
- 21 International organization that declared a Covid-19 pandemic in March 2020

Down

- 1 This type of trial is used to test vaccines
- 2 Many places forced travellers to quarantine here during the pandemic
- 4 Something anyone could wear to stop to spread of Covid-19
- 5 What a coronvirus is
- 6 Moderna made one; Pfizer was responsible for another

- and 18 Across is intended to flatten this
- 12 A protein that the body produces to fight an infection
- 14 _____ tracing describes efforts to identify the transmission of Covid-19
- 15 Animal that was likely the source of SARS-CoV-2
- 19 Work from home, abbrev.



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