

## Useful Information

#### **Doctors and Healthcare**

Doctors Surgery: 01647 24272 or 01647 24025

Surgery: 8.00 to 9.30 am, Monday to Friday - no appointment needed. Out of Hours: Call 111. Emergency: Call 999

The Patient Group: Amanda Vooght (Chair) - 01647 24593, Steve Colderick (Secretary) - 01647 24818

TALKWORKS Depression & Anxiety Service (South & West Devon): 0300 555 33 44

Minor Injuries Unit: Okehampton Medical Centre, 8.15 am to 6.00 pm, Monday to Friday

**Emergency Services** 

Electricity: 0800 365 900 Non-emergency:

Water: 0344 346 2020 Neighbourhood Watch: Jean Martin - 01647 24586

101

**Highways Agency:** 0300 123 5000

Streetlights, potholes: 0345 155 1004 • csc.roads@devon.gov.uk

#### **Schools and Local Organisations**

Cheriton Bishop Primary School: 01647 24817 (term time only)

Head Teacher: Alex Waterman, Secretary: Linda McCracken, Chair of Governors: Jo Carter, PTFA: Dee Studholme-Côté

Cheriton Bishop Pre-school: 01647 281205 - Play Leader: Christine Grist

Acorn Community Support: 01647 252701

Beavers: Rachel Barclay - 01647 24575 • Cubs: James Morris - 01647 252375 • Scouts: Ollie Milverton - 07706 695928

Young Farmers: Georgia Pearce - 07563 382705

Walking Group: Dennis Milton - 01647 272844 and Jon Whitehead - 01647 281454

Farming Community Networks (FCNs) helpline: 0300 111999 or Joanne Jones - 07897 540278

#### Churches

Anglican Team Ministry: Rev. Martin Wood, The Rectory, Church Lane, Cheriton Bishop - 01647 24119, Tuesday to Sunday

Church Warden: Alan Greenslade - 01647 24002

Crockernwell Church: Rev. Julian Albrow, 21 Dunsford Road, Exeter, EX4 1LG - 01392 255791

Church Secretary: Mrs A MacDonald - 01647 24446

West Down Chapel: Derek Coren - 01647 24264

#### Halls & Meeting Rooms

Village Hall: Tim Gorringe - 01647 24789

Spalding Hall: Jean Martin - 01647 24586 (if no reply after 24 hrs, call Paul Mitchell - 01647 24405)

#### **Local Authorities**

Parish Councillors: Mid Devon District Councillors:

 Dennis Milton (Chair)
 01647 272844
 Derek Coren
 01647 24264

 Tim Vooght (Vice Chair)
 01647 24593
 Stuart Penny
 01363 85197

Peter Endacott (Vice Chair) 01647 24580

Phil Dicker 01647 24450 County Councillors:

 Andrea Wood
 01647 272786
 Nick Way (Cheriton Bishop)
 01363 777903

 Kim Bastyan
 07966 478054
 James McInnes (Crockernwell)
 01837 861364

CB Parish Clerk: Peter Dunn - 01363 460046 or mobile 07903 171897 • clerk@cheritonbishop-pc.org.uk

3 Drakes Meadow, Cheriton Fitzpaine, Crediton, EX17 4HU • www.cheritonbishop-pc.org.uk

 $\textbf{Drewsteignton Parish Clerk:} \ \ \textbf{Alice Turner - 01837 83484} \bullet \textit{clerk@drewsteigntonparish.co.uk}$ 

Rowans, Kings Farm Lane, Winkleigh, EX19 8HF

Tedburn S M Parish Clerk: Jane Clark - 07932 386023 • parishclerktsm@yahoo.co.uk

Crockernwell Parish Cllrs: Ysanne James (Chair) • ysanne.james@drewsteigntonparish.co.uk

Peter Brennan (Vice Chair) • p.brennan@drewsteigntonparish.co.uk

West Devon Borough Cllr: Paul Ridgers - 01822 813600 • cllr.paul.ridgers@westdevon.gov.uk

Member of Parliament: Mel Stride MP (Central Devon) • House of Commons, London, SW1 1AA

# April Newsletter...

## Welcome to the April 2020 Edition

Dear readers.

I started my introduction to this issue a few weeks ago, but have since re-written it.

This is a lovely time of year, Easter - the weather is picking up and flowers are coming out. However, due to recent worries about the Coronavirus, my intro is going to be unusually sombre to reflect the serious nature of what has been happening in recent weeks.

You will find a few events in the 'What's On' section - this information was correct at the time of production. However, you will also find quite a few cancellations and postponed events due to the uncertain course of the Coronavirus (Covid-19) epidemic.

### Coronavirus, Covid-19

Please take care of your vulnerable friends and relatives, and try to reduce the spread of any illness wherever you can. If you have any concerns, the following statement is from Devon County Council:

We understand that our residents and visitors may have concerns about coronavirus. We would like to reassure you that the government and NHS are well prepared to deal with this virus.

The council is monitoring the situation closely and coordinating with Public Health England. We are taking all possible steps to keep you safe.

Visit the NHS website, www.nhs.uk/
conditions/coronavirus-covid-19/, for
the latest information and advice and
the current situation in the UK or you can
follow Public Health England's Facebook
page or Twitter feed for the latest
updates, information and advice.

Also, I have been given this message from **Acorn Community Support**:

The physical well-being of our clients is our priority, however we equally value psychological well-being. We are therefore setting up a telephone befriending service with immediate effect. Our office remains open so if you need support please do ring our usual number - **01647 252701** 

All messages on the answer phone will be picked up regularly.

This is a very worrying time, and we all need to get through the next few weeks in a calm and sensible manner. Take care.

#### Lucy x

## Newsletter Team

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Christine Jillians

# Dates for your Diary

Due to the uncertain course of the Coronavirus Covid-19 epidemic, many events and regular meetings have been cancelled or postponed this month and until further notice.

## **April 2020**

7	Mobile Library	See below	
13	Parish Council Meeting	Spalding Hall	7.30pm
25	Village Clean-Up	Stone Cross	9.30am

## **Forthcoming Events**

2 May	Spring Plant Sale Drewsteignton Village Hall	10am
9 May	Coffee Morning & Plant Sale Spalding Hall	10.30am
23 May	Gardening Club Cream Tea Spalding Hall	TBC
30 May	Willow Workshop at Spalding Hall	TBC
25 Jun	Gardening Club Visit at Day Spring Nursery	2.30pm
26 Jun	Grand Summer Ball - YFC	TBC
4 Jul	Gardening Club - Hand Tied Arrangements	TBC
From 31	Jul - 2 Aug Secret Art Auction at Caribarn Stu	udio TBC
8 Aug	Gardening Club - Village Show	TBC

## Mobile Library Tuesday 7th April

Village	Stop	Arrive	Depart
Drewsteignton	Square	12:10	12:30
Clifford Bridge	Clifford Bridge	13:30	13:50
Crockernwell	Stanbury's Orchard	14:10	14:40
Cheriton Bishop	Glebelands	14:50	15:45

Date of next visit will be Tuesday 2nd & 30th June

## May Issue Deadline

All copy for the May 2020 edition needs to be received by

## Monday 20th April

Please email your copy to cheritonnews@gmail.com or call if you can only supply a paper copy.

#### **Editorial:**

Lucy Cooper 01647 **272765** 

## **Advertising:**

Patience Netherway 01647 **24350** 



## Looking to buy or have something to sell?

If you would like to advertise ad-hoc, please email: cheritonnews@gmail.com

Charges for lineage ads are £1 per line to include a contact number.

## What's On?

## Gardening Club News & Events

Because of the events recently we cancelled the last winter meeting, apologies to anybody who didn't get the message in time. We have also decided to cancel the Spring Show, planned for 4th April. However we do have plans for later in the year:

### **Cream Tea**

#### Saturday 23rd May

An afternoon Cream Tea and mini-show in the Spalding Hall.

## **A Willow Workshop**

#### Saturday 30th May

Making plant supports. This can be done either as a half-day or a whole-day event, further details next month.

## **Day Spring Nursery**

#### Thursday 25th June, 2.30pm

A visit to Day Spring Nursery, Exeter, which specialises in perennial plants.

## **Hand-Tied Arrangements**

#### Saturday 4th July

We are trying to organise a half-day Saturday event on making hand-tied arrangements, taught by Mary Tasker. The cost will be £5, details and date to be confirmed next month.

## The Village Show

### Saturday 8th August

With all the extra time when we are confined to barracks, why not make something for the handicraft section of the Village Show? It is planned for Saturday 8th August. The handicraft section will be as follows:

### Photography, 3 classes

'Close Up' a photo of a flower, bird, insect etc 'A Landscape Scene'

'The Four Seasons', a collection of 4 photos

#### Art

**'A Landscape Picture'**, (no bigger than A3 if mounted and framed); a drawing in charcoal, pencil or ink; a topical cartoon.

#### **Crafts**

Item made for the home from fabric; a piece of jewellery any medium; item made from wool, (knitted, crochet, felt etc); a modern nursery rhyme; item made from recycled materials; and the catch-all class, any homemade object not covered by the above.

We look forward to a bumper show this year!

**Janet Jeffery** 01647 24414

## Acorn Community Support

"It is with a very heavy heart that the Trustees of Acorn Community Support have decided to suspend all clubs and minibus trips with immediate effect.

The physical well-being of our clients is our priority, however we equally value psychological well-being. We are therefore setting up a telephone befriending service with immediate effect.

Our office remains open so if you need support please do ring our usual number - **01647 252701**. All messages on the answer phone will be picked up regularly."

COMMUNITY

## What's On?

## Confirmed Cancelled | Postponed Events

## Community Defibrillator Awareness Session

The community awareness session on Tuesday 21st April has been postponed. We will rearrange once things have calmed down.

A new date for the session will be confirmed in the newsletter.

## Spring Show

We have also decided to cancel the Spring Show on Saturday 4th April, but there are plans for an event to be held later in the year

## Car Treasure Hunt Cheriton & Tedburn YFC

The event on Sunday 5th April, has been postponed.

Please note: All YFC Events have been cancelled until further notice

## West Country Embroiderers

Cancellation of the April 7th meeting at Cheriton Bishop Village Hall

**Spring Fair** 

Postponement of this event on April 18th & 19th at CB Village Hall

## Holcombe Burnell Church Concert

Postponement of the Friday 17th April concert with Lily Ballard

## League Of Friends AGM

The Annual General Meeting of the Crediton Hospital League of Friends on Thu 16th April has been cancelled.

The Crediton Hospital LOF Committee helps the community with charity funding and projects.

www.crediton-hospital-lof.com

### The Stella Maris Trio

Cancellation of the Saturday 18th April concert at Whitestone Parish Hall

## Cuppa and a Chat

Monday 20th April, Spalding Hall All events at Spalding Hall have been postponed until further notice

## Here Comes The Sun Tedburn St Mary Community Choir

We have regrettably had to cancel the Spring Concert that was to be held on Friday 24th April from 7:30pm at Cheriton Bishop Village Hall

### Tea-Time Concerts

Sorry to announce that the following Concerts at St Mary's Church Dunsford, have been postponed:

- 29th March Skylark Quintet
- 26th April Piano Duets

Concerns over exposing audience to possible infection plus the risk of a low turnout force the postponement. We hope to re-arrange the concert in the Autumn or early next year.

## What's On

## Cheriton Bishop Spring Clean

#### Saturday 25th April, 9.30am. Meet at the stone cross

Your help and support is needed for litter picking and tidying. Please come along and bring your own hand tools.

Contact: Peter - 01647 24580 or Tim - 01647 24593

The village spring clean is an open air event, so it will go ahead as planned. If you feel you would rather avoid it, not a problem, maybe you could just tidy the area outside you home.



# Food Delivery & Takeaway Service

#### The Red Lion Inn, Tedburn St Mary - 01647 61374

A delivery and takeaway menu has been launched to help the local community in the current situation. They are offering *free delivery* to help those who can't get out. Call them before midday for a lunch delivery or after 5.30pm for dinner. Collections are between 12-2pm for lunch and 6-9 for dinner. For payment methods or other information please call **01647 61374** 

## Old Thatch Takeaways

#### The Old Thatch Inn, Cheriton Bishop -01647 24204

Available from 12 noon till 8pm, Weds to Sat, 12 till 3pm Sunday. Collection only from the 'other' front door (away from the bar). Order and pay over the phone.

# Spring Plant Sale Drewsteignton Garden Club

### Saturday 2nd May, 10am until sold out! Drewsteignton Village Hall

Come early, don't miss out! All sorts of plants for sale at bargain prices. Refreshments / Tombola.

# Grand Summer Ball Cheriton & Tedburn YFC

#### Friday 26th June

Tickets are available now. Please contact **07563 382705** 

More details to follow...

# Coffee Morning & Plant Sale

## Saturday 9th May, 10.30am to 12 midday Spalding Hall and churchyard if fine

Cake stall, raffle, bedding and vegetable plants.

In aid of St. Mary's church funds.

## Online Newsletter

We may need to reduce printed copies of the Newsletter for the foreseeable future, but we will still be producing it.

Find the Newsletter online at www.cheritonbishop.org.uk

## Memories of a WW11 Evacuee - Part 3 of 3

Here is the final instalment of Beryl Redbourn's childhood memories of evacuation to Cheriton Bishop, as told to her daughter Wendy:

"The evacuees went to the village school but were not popular with the local children, who called them 'Vaccies'. Mum remembers the evacuees racing out of school to the Post Office across the road, all longing for a letter from their parents. Her parents always sent letters and her father sent her comics.

Mum has a clear memory of her mother struggling along the road to visit her. Her mother would be dressed beautifully in very high heels, difficult on country paths! She would try and visit her three evacuated children (in adjoining villages I believe) when she could, but of course travel in the war years was very challenging. At this time mum's eldest sister was working in London and her eldest brother (who was later shot down and killed over the Channel) was flying with the RAF.

Eventually, mum's father was able to relocate the family to Brighton so her time in Cheriton Bishop came to an end and the family was reunited. My mother can't remember how long she was living

with Aunt Bess Drake in the village, but I feel it was at least a year.

The village of Cheriton Bishop and the surrounding countryside had a lasting effect on my mother. She was so very grateful for the care Aunt Bess gave her and she also loved the village. All my life she has told me how pretty the village was and how beautiful the countryside.

Whenever my mother, over the years, spoke to people who were planning to visit England she would always urge them to visit beautiful Devon 'and if you can, go to the lovely village of Cheriton Bishop.'"

Beryl is now 92, and living in Australia. Sadly, Aunt Bess died in 1948 and Beryl still regrets not being able to say thank you to her again. We are hoping that by writing these memories here, her kindness will never be forgotten.

#### Wendy Stace, Australia

Christine Jillians has been corresponding with Wendy to record some of Beryl's memories of life in the village. If anyone has any information please could you contact Christine at: cheritonbishopwebsite@gmail.com

## Cheriton & Tedburn YFC - News Update

The end of 2019 saw the club raising money for charity with our bonfire night, pizza and prosecco quiz, and apple picking. We also went to several Dinner & Dances, Sports Competitions, Christmas Bingos, and the Devon County Christmas Ball. Over the past few weeks we've been busy with members representing Haldon YFC at County Five-A-Side Football, placing third. We've also had members compete at the recent county Commercial Dancing competition who came third, the team did an absolutely amazing job and it was great to see members new and old participating as a team.

## Thank you

We had our annual Dung Sale in March, which involved many of our members – we had a cracking day raising over £800 for the Stroke Association.

### **Grand Summer Ball**

Finally and most importantly we will be having our Grand Summer Ball on **Friday 26th June**.

Tickets are available now. Please contact me on **07563 382705** 

#### Georgia Pearce

## CB Parish Council - Coronavirus Covid 19

Information on coronavirus coming from central government changes almost daily and we are all being asked to restrict our movements and actions.

This involves us washing our hands for 20 seconds often, keeping a distance of 2 metres or more, not to visit where there are a lot of people, not to travel unless it is very important to do so, not to use public transport if at all possible, isolate if you develop a persistent cough or high temperature, stay away from the doctor/surgery if you think you have the virus and instead take advise by telephoning **111**.

Pubs, clubs, theatres, cinemas, restaurants, cafés and places of worship where people congregate should not be visited to prevent the spread of the virus. These establishments are in the process of closing if not already done so.

The parish council would like to reassure the community that it will help where ever it can. The virus in this country would appear to be at an early stage with numbers affected climbing. The requirements and needs of Cheriton Bishop may change in the coming weeks.

The village previously has pulled together when there has been a need requiring it to do so. With the current situation we all find our selves in, it is just such a situation. All healthy and able people must keep a watch on our more elderly and vulnerable people among us including friends, family and neighbours for their needs, wellbeing, shopping and medication.

People who live alone and those that are isolated must be remembered and checked upon. Almost everybody will be anxious and careful considerate reassurance is required so that they know there is help and what is happening. Help is available from Acorn who have set up a befriending service for its clients based around welfare, needs and transport to medical appointments.

Jean Martin of Neighbourhood Watch has set up a line for people who are going shopping and could shop for someone else. Details on these are to be found in this issue of the Newsletter.

Also, Robert Bugler has written an excellent piece in the Newsletter on the circumstances that people now find themselves in.

We ask all villagers if they feel there is a contribution that they could make to please let us know. All suggestions welcomed. Parish Councillor contact details are on the inside of the front cover of the Newsletter. We will help where ever we can and will be monitoring the situation closely within the village.

## Cheriton Bishop Support Group - Hello!

If you need some help as you're self-isolating, or would like to volunteer, give us a ring.

#### Phone Emma on **01647 24848**

We are a group of volunteers who would like to support the community that we live in and ensure that nobody is left isolated or without support. We don't ask for anything in return, we just believe in helping each other in a time of difficulty.

We will endeavour to help you if you need support during this trying time with such things as picking up shopping, dog walking, urgent supplies, posting mail or a friendly phone call.

We are your local neighbours and not a professional body. We can only offer help within reason, and where we can all stay safe.

- If you need medical advice, use the online service at 111.nhs.uk/covid-19/
- If you have no internet access, call NHS **111** from your phone.
- In a medical emergency, dial 999

Other useful contacts:

Acorn: 01647 252701 • Samaritans: 116 123

## News from the Castle

Hi everyone,

I hope that you are all keeping safe and well. As you can imagine, we are keeping a very close eye on guidance coming through from government regarding Coronavirus.

As of today, (Tuesday 17th March) the following statement has been issued by the National Trust:

#### Coronavirus update

The safety and wellbeing of our staff, volunteers and visitors is our priority.

Following the Prime Minister's advice on Monday 16th March the National Trust's Director General Hilary McGrady said the National Trust's pay-forentry sites including houses, cafés, restaurants and shops, would close by Friday 20th March.

We'll work, where possible, to keep as many of the Trust's gardens and parklands open, free of charge, alongside coast and countryside, to encourage the nation to enjoy open space if at all possible, while observing social distancing measures.

Hilary McGrady said: 'The National Trust was

founded 125 years ago for the benefit of the entire nation. We want to honour our mission – to enable people and nature to thrive. Over the coming weeks we will do all that we can to keep on providing public benefit through caring for places and giving people access wherever possible.

'While we will close our indoor areas to help fight the spread of coronavirus, we recognise that people are likely to need access to open space.'

This means that Castle Drogo, Finch Foundry and Lydford Gorge will be closed. This includes shops and cafés. Please visit the main National Trust website for updates or please do contact me directly. Thank you all for your continued support and kind messages as we all support each other through this difficult time.

Take care of yourself, and each other.

Best wishes,

#### Paula

Community Engagement Officer paula.clarke@nationaltrust.org.uk

## Crediton Hospital League Of Friends

People may not be aware of the League of Friends of Crediton Hospital. It was set up shortly after the hospital was opened in 1988 to help provide equipment to support the work of the Hospital.

Since then it has raised thousands of pounds and bought many items for the hospital and its patients, including curtains, beds, wheelchairs and chairs. Although the hospital no longer takes in-patients, it is still a busy building with various well attended clinics.

The League fully appreciates the generous donations given by families and friends of the ex-patients of the hospital. The interest this

money generates, gives grants to projects that fall within the health and well-being criteria of the League, in Crediton and a large surrounding area.

We welcome anyone wishing to find out more, or indeed put across their views about the League and its funding projects.

The League has been considering whether it could or should fund a local project of its own - ideas welcome. Tea, coffee and home-made cakes will be available.

Email: secretary@crediton-hospital-lof.com Web: www.crediton-hospital-lof.com

## Notes From A Fellow Villager (very over 70)

Many, many years ago I was a GP and then a Psychiatrist which has prompted me to write the notes that follow...

During the coming months it is going to be difficult to keep body and mind healthy. I think that possibly one of the most difficult things will be to stop putting on weight. It's very tempting to have a comfort snack or a small treat to cheer ourselves up especially when the food is under our nose all the time. When a nibble looms in my mind, I find it helpful to have a drink of water with the chill taken off and to try to find something to distract me.

There are things that happen in our bodies that make it worse. When we are worried, we make more adrenaline which makes us hungry. When we eat we also produce insulin, that indirectly helps digestion but insulin increases our appetite, so we often still feel hungry at the end of a meal because of the insulin. When that happens we could try to put off having another bite for 10 minutes by which time the appetite often gets less.

I won't go on about fruit, vegetables and fibre as we have all been told about that year in year out but it is even more important when we are limited to a more sedentary life.

The big thing is of course is to have a bit of exercise and doing it every day helps us to keep the habit up. Half an hour would be a good target and if it makes us a little breathless that would be no bad thing. It's also a good idea to remember to make sure we stand up and stretch ourselves at least every hour when we've been watching the telly.

Physically and psychologically it is probably best for us to have something of a rhythm to our lives that we stick to. To eat exercise and sleep if possible about the same time each day, our bodies seem to work better with a bit of a clock.

It's a good thing to find something that we look forward to, a favourite programme, a favourite meal of the day.

Seven or eight hours sleep is healthy for us but getting off to sleep can be fragile particularly if we have been distracted by something that has happened or a late meal that has not suited our digestion. It's a strange thing that many of us fall

asleep watching the screen early in the evening but watching it just before we want to go to sleep will probably prolong the time that it takes to get off. We all like different things at night, fresh air with the open window or the window closed, heavy blankets or a soft duvet, warm bed or one that is cool. If we are having trouble sleeping it might be a good idea to try something different. I find leaving the radio or CD on helpful, just very soft voices without troubling what they are saying or soft music. I tried a CD of seashore sounds but that was no better than soft music.

We really need to keep occupied when we are confined. I am sure that gardeners will find enough to do but some of us find gardening less than compelling. Perhaps now is the time to start a new interest, such as painting, engraving or even just getting into the habit of reading more. But whatever it is, an inertia sets, in just like training for the marathon, and early stages have to be worked through before any lasting enthusiasm can be found.

# Start a new interest – painting, engraving or just reading more

Husbands and wives will be lucky in being together but both need to take a bit of time on their own otherwise it's easy to get on each other's nerves. Otherwise, perhaps it's time to start doing something new together such as crosswords, sudoku or even massaging each other's shoulders.

Conversation with us oldies can go around in circles or be one-sided and we never know when to stop. It's always important for conversation to alternate and everyone to be included. Have you noticed on the telly how one partner always wants to do the talking – usually the men.

Its good for us all to actually see someone face to face every day, even shouting through closed windows!

Good luck to everyone.

#### Robert Bugler

Cheriton Bishop resident

## Create a 'Postcard from The Trafalgar Way'

In 1805 Cheriton Cross had a brush with history when the messenger delivering news of victory and the death of Lord Nelson at The Battle of Trafalgar passed through the village. Now *The Trafalgar Way* are inviting local residents to take out their brushes (and cameras) to create their own 'Postcard from the Trafalgar Way'.

The messenger himself was called Lieutenant Lapenotiere and he undertook his important journey travelling by post-chaise express coach - the fast (and very expensive) taxis of the day. His claim for expenses for his journey to the Admiralty in London has survived showing that he paid out over £46 for the 37 hour trip, approximately £4000 in modern money. This was spent at the coaching inns where he changed horses every 10 to 15 miles as he travelled non-stop, day and night. For example at Crockernwell he had to shell out £1,16 Shillings and 6 pence.

Lieutenant Lapenotiere's was not aware of it at the time but he was in a race with

another officer - Captain Sykes - who also carried news of Trafalgar. Had he lost the race Lapenotiere would not have received the £500 reward and promotion to Post Captain with which he was rewarded for his service. As it was it is estimated that he beat Sykes by about an hour.

This year *The Trafalgar Way* want you to create a 'Postcard from the Trafalgar Way' highlighting a feature on the route. There are categories for adults and children and you could win £1000. You can see all details about the competition here and can find out exactly where the route runs: *www.thetrafalgarway. org/postcards* whether you are an amateur or a professional, an artist or a photographer, this is a great opportunity with more than 40 prize categories - a chance to have your own brush with history!

#### **Adam Preston**

The Trafalgar Way is an initiative of The 1805 Club, a charity registered in England and Wales (No 1071871), funded by the Chancellor of the Exchequer using LIBOR funds.

## Announcement of Death

Nancie Grist: It is with great sadness that I have been told that Nancie, aged 90, died peacefully after a prolonged illness on Thursday 20 February. She will be sadly missed by her family and many friends both in Cheriton Bishop and other parts of the country where her husband, Rev Bob Grist served the church. He was Priest in Charge at Cheriton Bishop between the years 1979 and 1988.

## Cheriton Bishop Village FaceBook Page

The 'Cheriton Bishop Village' FaceBook page is for the residents of Cheriton Bishop and the surrounding area. It was created to complement the monthly newsletter. We currently have in the region of 280 members - residents and local businesses. If you would like to be part of this please send a request to join via our FaceBook page.

# Neighbourhood Watch

We have all seen on our TVs or heard on the radio that the country is rapidly closing down in large areas and the restrictions being put in place by the government will affect us all in some way. Our way of life is going to be greatly affected and restricted for the foreseeable future. The great thing is to care for and check up on each other especially the senior citizens in our community and those living alone and perhaps isolated as well.

Our local Neighbourhood Watch representative, Jean Martin, has sent out an email saying the village of Cheriton Bishop at times of need, always pulls together when required to do so. The vulnerable, elderly and less able inhabitants must be looked out for and helped as much as possible.

The email goes on to say: If you are going to a supermarket, could you do a shop for someone else? OR You cannot get to a supermarket and need essential shopping. Send Jean an email - nwatchcb@gmail.com or phone **01647 24586** who will endeavour to marry the two parties together.

At this evolving time, it is most important to check on the elderly in our community by phone or a visit on a regular bases, to provide confidence. Also for those that are isolated or without known family or friends a conversation or visit could boost their spirits and their actual wellbeing is being thought about.

Acorn has set up a telephone befriending service for their clients. If any of the clients or any one else in the Cheriton Bishop area for that matter would like to be part of this service then call the Acorn office - **01647 252701**. Car transport to medical appointments are intended to be provided. Also volunteers of Acorn will be available to obtain food or supplies. They are very much around and present to provide help and comfort to the elderly. Unfortunately all Acorn clubs and minibus trips are suspended.

We have heard at this time of uncertainty for every one, hackers are sending out fake emails about the virus and the actions that the receiver should take. The aim as always is for the individual to reveal their financial information. Please be very careful and weary of any strange emails that arrive and do not click to open them. If you want to know if the email is genuine you should phone the organisation (assuming you recognise the organisation) using a phone number you already know.

Always be observant, vigilant and keep your eyes open when out and about. Keep safe.

#### Contact:

Neighbourhood Watch: Jean Martin - **01647 24586** Police: **101**, or **999** for an emergency

## **Coronavirus**

# Isolate yourself Stay at home



- Stay at home for 7 days from the first symptom and keep away from others.
- DO NOT go to the GP or hospital.
- Go to NHS.UK to check your symptoms and follow the specialist medical advice.
   Only call NHS 111 if you can't get online or your symptoms worsen.
- Protect older people and those with existing health conditions by avoiding contact.

Find our how to isolate at home at nhs.uk/coronavirus

PROTECT YOURSELF. PROTECT OTHERS AND PROTECT THE NHS

## Stay at home guidance

#### Stop the spread of Coronavirus

- Plan ahead and ask your employer, friends and family to ensure that you can successfully stay at home.
- Stay at least 2 metres (about 3 steps) away from other people in your home whenever possible.
- Use separate facilities in your home as much as possible. Sleep alone and use a separate bathroom, if available.
- Have food, medication and other supplies delivered to you.
- Do not share cups, eating utensils, towels, bedding or other items with other people in your home.
- All waste, including used tissues, should be put in a rubbish bag and then placed in a second bin bag and tied
- Stay away from vulnerable individuals such as the elderly and those with underlying health conditions as much as possible.
- Do not have visitors in your home.

**Wash your hands more often and for 20 seconds** Use soap and water or a hand sanitiser when you:

- Get home or into work
- Blow your nose, sneeze or cough
- Eat or handle food

Cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze and throw the tissue away straight away.



# Church Messages

## Easter and New Beginnings

It always seems odd to remind people when Easter is celebrated. It is Sunday 12th April which makes it slightly late. Easter is a movable feast and varies from year to year. It would be a lot easier if we fixed on a single date. However, it needs to be on a Sunday to follow the events of Holy Week.

Easter Day can occur on a Sunday from 22nd March to 25th April, which you can see is a large range of possible dates. It is set by the lunar calendar (rather than the solar calendar) and is linked to a full moon in Spring. The full moon this year is on Wednesday 8th April assuming there are clear skies you can look out for the full moon. You might ask why the moon is so important to Easter? It is linked to Jesus going to Jerusalem to celebrate the Passover with his disciples. The Passover celebrations started over three thousand years ago when God's people escaped slavery in Egypt. They escaped in the middle of the night and the full moon was essential for them to see as much as possible in the dark.

We are also told it was Spring, a new beginning. The Easter celebration is linked to the Passover celebration. You might think it is a happy coincidence, however I might argue that there is parallel with Jesus' death delivering us from the hold of death for our wrongdoing. We are given a new beginning and new hope. It seems much more than a coincidence. It is as if Jesus was building on the work God had already started, and Jesus is the Passover lamb.

As Easter is tied to Spring, we remember all sorts of new life and we have the images

of baby chicks, new lambs and baby rabbits mixed into the images of Easter. I am not really convinced that the Easter Bunny with chocolate eggs is really that closely connected! Easter is very much a package which has evolved over time and it is sometimes hard to see all the connections.

I always want to remind people that Easter is the last day of Holy Week. It is a week of watching the last week of Jesus' earthly life. It starts brightly on Palm Sunday when Jesus is welcomed into Jerusalem with palms and people praising God. There is a real expectation that Jesus has come to be a Saviour. By Thursday he is betrayed by a friend and handed over to the authorities.

On Good Friday the same crowd shout "Crucify, Crucify, Crucify!". It all seems over on Friday as Jesus is dead and buried. His disciples are lost and confused.

Easter Sunday heralds a new order as his followers encounter Jesus alive in a new way. Easter comes to us after Jesus' death. It is not just a celebration but a painful journey that we travel before we get to Easter Sunday.

It makes no sense to celebrate Easter Sunday if we do not acknowledge that our wrongdoing, leads Jesus to Good Friday and his death. The remarkable thing is that death is not the end in God's world!

#### Rev. Martin Wood

The Rectory, Church Lane, Cheriton Bishop EX6 6HY Tel: **01647 24119** (Tues to Sun) Email: revwood163@gmail.com

## Church Grass Cutting

We are looking for someone to cut the grass in the area of Churchyard immediately behind Church Cottage, we are able to pay for labour but would also be open to volunteers.

For further details, please contact Alan Greenslade - 01647 24002

# Church Messages

## Churchwarden's Ramblings

With the development and increased incidence of the Coronavirus (Covid-19), all church services and meetings have been paused through April, and possibly into May, to minimise the risk of infection being spread through the population in the Parish and beyond. The situation will continue to change and will be kept under review by following the National guidelines.

Rev Martin Wood is available and can be contacted on **01647 24119**.

Although services will not take place, St Mary's will remain open and available for private prayer, although I would ask visitors to take their own precautions to sanitise themselves when entering and exiting the church. The following address will take you to a website with some prayers which you may like to use. https://www.churchofengland.org/more/media-centre/coronavirus-liturgy-and-prayer-resources

We still intend to hold the Plant Sale in May; if you are planting seeds or taking cuttings we should be grateful if you would do a few extra and consider donating them to us for the sale.

We pray that you, your family and your friends stay safe and well.

Alan Greenslade 01647 24002

# Coffee Morning & Plant Sale

Saturday 9th May, 10.30am to 12 noon, Spalding Hall and churchyard

Cake stall, raffle, bedding and vegetable plants. In aid of St. Mary's church funds.

## Holy Trinity, Yeoford

The Messy Church in March was a happy afternoon thinking about the breaking of bread following the story in Act's when Paul preaches in a crowded room and a boy falls asleep falls from an upstairs window is killed and Paul brings him back to life. Beware falling asleep during sermons.

There are several books kindly donated by Yvonne Cant, in the church for everyone to borrow. Please return when read with a small donation to church funds.

As all services are now suspended the church will be open for private prayer.

The present situation allowing we intend to have a Safari Supper for Church Funds on Friday 8th May. Tickets costing £18 for a three course meal including coffee (please bring your own wine) will be available from church members from the beginning of April.

This event will take place probably at a later date when the current crisis is over.

## **Helping Hands**

There are people who have offered to help with shopping picking up prescriptions and helping to order shopping online they are:

Emma Martin - **07412600520** Steve and Dee Elston - **07731477627** Jane Messenger - **01647 24332** Or contact me for a chat or information.

**Carol Price** 

## West Down Evangelical Chapel

Yeoford Road, Cheriton Bishop EX6 6HG. Telephone 01647 24264/24660

Due to the current situation and government recommendations all services will be cancelled for April

# Cherry-Bee School Days

### Science Week

Classes 1 & 2 joined together to learn about diversity in places, people and animals. They were explorers for the week travelling to the Amazon Rainforest, Sahara Desert and Antarctica.

The children discussed what they might see and researched the animals and sights they might find. They also dressed each other up as explorers for our different places, considering the different climates. They explored how animals are camouflaged and even made camouflage butterflies for the playground.

Classes 3 & 4 have been focusing on one area each - the Amazon Rainforest or Antarctica. Each Class has explored the climate, investigated the best material for a coat in each

environment, researched native peoples and discussed animals and plants in the different habitats. Lots of fabulous worldly science! Well done all.

# World Book Day & The Grand Opening!

Despite the Baltic weather, we had a fabulous World Book Day and Grand Opening of the new playground equipment. The children's costumes were fantastic and it was lovely to see them on parade.

The new playground was opened by our visiting author, Sam Goddard, who had spent time reading her book to the school. We also had a visit from Owen Williams, an illustrator, who taught Classes 3 and 4 different drawing techniques.

The new playground is a brilliant addition to our school's play provision. Once again, a massive thank you to the old and new PTFA members for all their hard work and to everybody for their generous contributions! The Crediton Tesco voting is still open, so please do continue to vote for us!

### **Great Hall Event**

The children in Class 4 performed at The Great Hall in Exeter in the 'All That Jazz' concert with the other Crediton schools.

Their performance was magnificent! Not only did they play and sing with clarity and skill, the children's enthusiasm and enjoyment really shone through! Well done to all of you, you were amazing! Many thanks to Mr Miners and Mrs Miners for teaching the children so well!

## Spaces Available at Pre-School

Our friendly local pre-school is dedicated to providing pre-school education to the children of Cheriton Bishop and surrounding areas. We respond to the individual needs of every child within a caring, safe and stimulating environment.

We welcome visits from prospective families, so please get in touch and we will be happy to show you what we have to offer you and your children.

With fun and exciting activities linked to the Early Years Foundation Stage Curriculum, we have a spacious setting with a wide variety of equipment and secure outside play area. By the time our pre-school children start school, they will be very ready to do so!

For information and session times, please call our Play Leader, Christine Grist on **01647 281205** or **07977 777318** or email *christine.grist@thelink.academy* 

Visit the Pre-School's web pages at: www.cheriton-bishop-primary.devon.sch.uk

# Cherry-Bee School Days

## **Shaldon Zoo Visit**

There was much excitement when Pre-school and Class 1 had their first trip out together on a coach!

The children travelled to Shaldon Zoo where they saw many animals including monkeys, frogs and insects. The children also had the opportunity to feed the meerkats. All the children were really sensible and beautifully behaved. Well done to all of you.

### **World Book Week**

We launched our Book Week with a visit from Crediton Community Bookshop. The staff read extracts from some super books to the children and many children chose to purchase a book! Many thanks Crediton Bookshop.

Events began with much excitement as the children arrived at school in some super costumes and children in Class 4 enjoyed a visit from Pre-school to share some super stories!

All the children were really enthusiastic about The Sponsored Read. Many thanks for your generous support in this.

### Coronavirus Info

Devon Public Health have put together a website aimed at residents which brings together all the relevant public links to information about Coronavirus.

The school has been asked to direct parents to this Website as it is makes finding the right national information easier.

The link is on the front page of the DCC website and also here for your information:

www.devonnewscentre.info/ coronavirus-advice-frompublic-health-england/

## School Diary Dates

## **April**

Tuesday 14th April	First day of Summer Term	
Tuesday 28th April	Year 3 and Year 4 Orienteering	

## May

Friday 8th May	May Bank Holiday
Mon 11th to Thu 14th May	Year 6 SATS
Tuesday 19th May	Year 5 and Year 6 Netball
Mon 25th to Fri 29th May	Summer Half Term

### June

Wednesday 10th June	Parent Forum
Tuesday 16th June	Year 5 and Year 6 Athletics
Tuesday 23rd June	Year 6 Junior Life Skills
Friday 26th June	Sports Afternoon (reserve 3.7.20)
Tuesday 30th June	Year 3 and Year 4 Cricket
Tuesday 30th June	Parent's Evening

## July

Thursday 2nd July	Parent's Evening
Wednesday 8th July	Year 6 Transition to QE day Class swap day!
Monday 13th July	Whole School Trip
Friday 17th July	Leaver's Assembly 1pm in the Church
Friday 17th July	Last Day of Term, 2pm closure

# Health & Lifestyle

## Wellness, Fear and the Immune System

Our emotions change the way that our bodies work! I have observed many people overcome enormous physical barriers by addressing and creating changes in their emotional wellbeing.

### **Immune System**

The immune system (the body's built-in line of defence after the skin and mucus barriers) is an incredibly complicated chemical and cell reaction within your body there to protect you from unfamiliar material (such as fungus, bacteria, virus etc). Lots of different cells in your blood, mucus, saliva and other body fluids work around the clock to recognise unfamiliar material, identify it, alert the body and hopefully destroy it. The cells also often make a blueprint of this response and store it in the body so that if the same invader comes again, the body has a much quicker and coordinated reaction – amazing and intelligent!

#### **Fear**

Fear is a very powerful emotion; one that has motivated us since the dawn of time to run away, fight predators, and overcome physical threats so that we can procreate and feed successfully. Usually these fears were short lived; either we succeeded, or we didn't. In the 21st century, however, we face a different type of fear – a much more long-term, anxious, worrying fear.

Fear is a very powerful emotion; one that has motivated us since the dawn of time

### Impact of Fear on Immune System

We now rarely deal with true life-or-death physical threats; we deal much more regularly, however, with constant low to moderate level stresses, which often don't have a direct end or conclusion. No matter what the stress, this fear reaction triggers a very powerful cascade of chemicals, which among many other things tend to directly slow the immune reactions – not ideal!

Why is that? It seems on the surface to be a very counter-intuitive reaction from our body, but here is an example that will highlight why this happens. Imagine that you were in a tent in the African savannah suffering from a bacterial infection and upset stomach. You hear the growl of a lion just outside. In this instant your brain has to make the snap decision about which is the greater threat to your continued existence – the infection or the lion! It will do you no good if your immune system conquers the bacteria at the expense of being eaten by the lion. Your body in this instance halts the immune response in favour of mobilising all energy to run away from the threat. Of course this is a very extreme example, but there is mounting research to show that chronic stress, fear in particular, limits our immune response.

#### **Present Day Stress**

During this time of increased fear and anxiety, it will be of huge benefit to your immune system and health to take precautions, but also to endeavour to live with love and happiness as opposed to fear. The external situation will be the same either way, but your health could be drastically different... something to think about.

I have taken a lot of this information from: "Biology of Belief" by Dr. Bruce Lipton, and if this information interests you his website is: www.brucelipton.com

With love and appreciation!

#### Joe Arnold

Doctor of Chiropractic, MChiro, Dartmoor Chiropractic

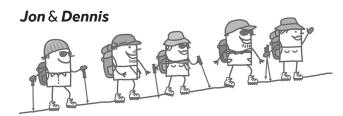
# Health & Lifestyle

## Cheriton Bishop Walking Group

Sadly the March walk fell victim to the weather and the risk from the Corona Virus.

Whether the April walks continue depends upon the advice at the time, but since the risk of walking on the open moor is fairly low, we may be able to meet, but with certain safeguards like keeping apart and no car sharing etc.

Please see our FaceBook page and emails for more information.



## Gardening Jobs in April

April is an exciting month in the garden - especially if you have to stay at home. It is not too late to plant trees and shrubs, which are available online if you can't get out to choose them yourself. Summer bulbs and corms such as lilies and gladioli can be planted now but will appreciate a layer of gravel underneath them if the soil is very wet.

The water in ponds will be warming up and so it is the ideal time to plant new aquatic plants such as water lilies. If you already have established water lilies they can be divided now. Lift them out and rinse soil from the roots. With a sharp knife, cut off any dead pieces and divide the rhizome into sections, each with a shoot. Put each piece into a mesh container and fill in with fresh soil or aquatic compost, finishing the top with a layer of gravel. A pond is a wonderful way to encourage wildlife into the garden. As

the weather warms up, out come the slugs and snails ready to taste (and demolish) all the new shoots and seedlings you have been nurturing. Frogs and toads are just what you need to keep the slug population under control.

April is early enough to sow your tomato seeds. You should be able to grow them on in good conditions to keep them from becoming etiolated. Courgettes, cucumbers and sweet corn can be sown towards the end of April for the same reason.

If you have potato shoots emerging, make sure you cover them with a layer of soil to prevent the potatoes going green in the soil.

Enjoy the wonderful display of spring blossom from magnolia and prunus trees down to daffodils and daisies.

Sally Rix

## Would you like to do a First Aid Course?



The Parish Council is proposing to organise a First Aid course in the village hall taking place it is hoped in June of this year. The course will either run during the day, evening or on a Saturday. Numbers are limited but the Parish Council would consider a second course if needed. To gauge interest, please contact: Dennis Milton on **01647 272844** or email: dennismilton.design@gmail.com

## Cheriton Bishop Parish Council

## Draft Minutes of the Parish Council Meeting

Meeting held on Monday 10th February 2020 at Spalding Hall, Cheriton Bishop

Present: Clirs D Milton (Vice Chair), D Tripp (Chair), P Dicker, K Bastyan, T Vooght,

A Wood, C Carter and D Coren (MDDC)

In Attendance: D Shepherd (Clerk)

**To receive and accept apologies:** It was resolved to receive and accept apologies from Cllrs Endacott, Way (DCC) and Penny (MDDC)

Minutes of the Cheriton Bishop Council Meeting held on the 13th January 2020: It was resolved to approve and sign the minutes as a correct record (Proposed Cllr Tripp)

It was resolved that the detailed objections re Planning Application 18/01633 would be published and appended to the minutes (Proposed Cllr Tripp)

MDDC Planning Applications: MDDC had asked for comments on the following Planning Applications:

Reference: 20/00082

Proposal: Hedgerow Removal Notification for the removal of a 4.5 m of hedgerow

Location: Land at Medland Lane

Applicants: Mr W Cull

It was resolved that the Council was neutral in respect of this application but sought conditions to ensure there was sufficient provision for drainage to prevent run off to the Highway and to ensure that the existing drain and service access is maintained (Proposed Cllr Vooght)

Reference: 19/02088

Proposal: Formation of an agricultural access

Location: Land at Crossways Farm

Applicant: Mr M Chatfield

It was resolved that the Council was neutral in respect of this application (Proposed Cllr Vooght; For: Cllrs Carter, Bastyan and Dicker; Against: Cllrs Tripp, Milton and Wood) with the condition that there is adequate drainage to prevent run off

Planning Decisions: MDDC had approved the following application with conditions as filed:

Reference: 19/01569

Proposal: CLU for the existing use of land for the storage of a caravan in excess of 10 years

Location: Little Mounson

Applicant: D Powell Reference: 19/01952

Proposal Change of use of land to domestic garden and erection of garage and garden store

Location: Land at Coxland Farm

Applicant: Ms T Physick

**Devon Air Ambulance Night Landing Sites:** Cllr Dicker reported that the landowner had met with DAA and that two issues were unresolved and a further meeting was planned with DAA

Playground: Cllr Bastyan advised Cllrs re the draft lease and suggested one small amendment re the plan being edged in red to show the land referred to. The Clerk had circulated the information requested by Cllrs and Cllrs noted the work required to bring the existing site up to standard. Cllr Wood undertook to visit the site and to report back to Cllrs on any additional works that are required. Cllr Vooght expressed a number of concerns about the Council taking on the Playground and confirmed that he would support the Council if they wished to take on the Playground but he would not be able to commit any of his time to this project. It was noted that the Cllrs would like to use some of the Sec 106 monies to refurbish the War Memorial It was resolved that the Clerk would advise MDDC that the Council requires MDDC to bring the site up to the required standards before they would consider next steps (Proposed Cllr Vooght)

**Village Spring Clean:** Cllr Vooght confirmed that this would take place on the 25th April. It should be advertised in the Parish Magazine seeking helpers and ideas re specific tasks

**Climate Change:** Cllr Carter reported on his meeting with Hittisleigh PC Chairman and the steps being taken there. Cllr Carter referred to a meeting at Ide which Cllrs Wood and Milton would attend and the possibility of arranging a talk re effective use of home energy. Cllr Coren reported that MDDC now had a Cllr holding a Cabinet post on this issue. This matter to be a standing item on the Council agenda

## Cheriton Bishop Parish Council

**Letter from Savilles re the Glebe:** Cllrs discussed the 8% price increase for the License for the Green which is linked to the RPI and noted that previous efforts to negotiate had not been successful

It was resolved that the Clerk should write to Savilles to confirm the increase was acceptable (Proposed Cllr Vooght)

#### MDDC Ground Maintenance Charges: To consider email re increase

Cllrs discussed the proposed increase to £834.94 for 10 cuts of the Green as MDDC move towards full cost recovery. It was resolved that the Clerk should write to MDDC to challenge the argument re full cost recovery (Proposed Cllr Vooght)

**Flags:** Cllr Vooght reported that the maintenance work was due to take place next week. Cllr Vooght gave details of the three suppliers he had approached re flags

It was resolved to approve a budget of £120 for flags (Proposed Cllr Carter)

**Repairs and Maintenance in the Parish:** To discuss progress and to identify any further works required *The Clerk reported that the inside of the noticeboard has still not been replaced* 

**Roads and Footpaths in the Parish:** To consider issues relating to roads and footpaths in the parish Cllrs discussed the DCC correspondence re responsibility for roads and drainage and Cllr Wood said that she would summarise for the newsletter

It was resolved that the Clerk should ask who is responsible when the pipe goes under the road (Proposed Cllr Dicker)
Cllr Milton referred to an issue on the Yeoford Road near Glebelands which he will report on the DCC Report a Problem website

#### **Correspondence:** To consider the report circulated by the Clerk

The report was noted and the Clerk referred to the additional correspondence re consultation re the Management Plan for Dartmoor National Park. This will be in the newsletter and on the noticeboard

Accounts: The following receipts were noted:

Newsletter £535

It was resolved to approve the following payments:

Diane Shepherd (February/March)

HMRC (PAYE February/March)

Diane Shepherd (Travelling)

Phone rental

Clarity

Jan Mitchell (stamps)

\*\*E321.21 x 2

£80.20 x 2

£17.55

£6.79 x 2

£85.36

£0.80

Village website £30
VisionIct £150

The Clerk reported that the newsletter wish to refund an advertiser who did not want to continue advertising

#### Report from the Chair: To consider a report from the Chair. For information only

The Chair read out a letter received from a parishioner. Cllrs discussed minutes, draft minutes and agendas. It was noted that the agenda for each meeting was published at least three working days before a Council meeting on the noticeboard and on the website. All members of the public are welcome to attend the Council meeting and to speak on any item on the agenda

#### **Report from Councillors:** To consider reports from Councillors. For information only

Cllr Dicker and Cllr Vooght reported on the successful use of the Council's defibrillator to save a life. Cllrs thanked Cllr Vooght for all his efforts in securing the defibrillator for the village and the staff of Woodleigh Coach House who assisted at the time. Cllr Vooght is arranging further defibrillator training in April (21st or 22nd April) and this will be advertised when confirmed. Cllr Milton will research the provision of First Aid Training. Cllr Wood reported on an enforcement issue which MDDC is dealing with and Cllr Coren agreed to follow up on this Cllr Bastyan reported a parishioners concern re the state of the garages at Glebelands and Cllr Coren agreed to look into this

#### Report from Cllr Coren (MDDC): For Information Only

Cllr Coren reported that Higher Shippon had won an award and confirmed that the Whiddon Down appeal had been overturned. Cllr Coren thanked the Clerk for all her support and wished her well for the future

Date and Time of Next Meeting: March 9th 2020 at 7.30 pm

#### Part 11

In accordance with section 1(2) of the Public Bodies (Admission to Meetings) Act of 1960 the Press and the Public Will be excluded from the meeting when the Council considers a staffing matter

**Recruitment of Clerk:** Cllr Tripp reported on the recruitment of the new Clerk and confirmed that the Human Resources Committee had appointed Peter Dunn who commences on 1st March.

# Just for Fun! Word Search

R L B L Y S R Ε M W S Α G Ε Ε R A N R Ε D X Т N B N S S Т Н N Т Ε W S R F S G R 0 L S Ε R Ε Н E N Н S B S Т R S M D L R S M Ε B Ε

**APRIL BABY ANIMALS BIRDS** BIRTH **BLOOMS BLOSSOMS** BUDS **EASTER FLOWERS GARDENING GROWTH** MAY MII D MOTHER'S DAY MUD **PLANTING** RAIN **SHOWERS** THAW **UMBRELLA** 

# Classified Ads

#### **NEWSLETTER CLASSIFIED ADS...**

It costs just £1 per line to advertise in the Classifieds. Please include a contact number

#### **SELLING SOMETHING?**

If you want to list something to sell, contact Lucy Cooper: cheritonnews@gmail.com

## Advertising Rates for the Yellow Pages

Charges for advertising in 10 issues: ¼ page advert = £45, ½ page advert = £90 Please contact Patience on 01647 24350

Your advert should be supplied in A4 size (portrait for quarter page, landscape for half page) so we can re-size the artwork to fit our template. To reduce print costs, please do not produce adverts with a black/grey background or with large blocks of black/grey. Adverts will be printed in black/white and greyscale. Email documents in PDF, DOCX, PNG, JPG or EPS format.